

Adult & Commuter Connection

Volume 2, Issue 3

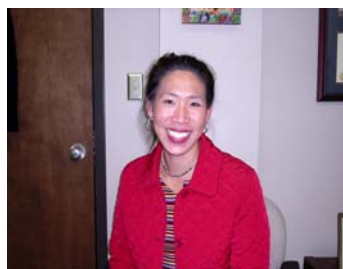
November 2004

Student Highlight

The University of Memphis

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Elaine Leo explains why she has decided to pursue her dreams.

Elaine Leo is a returning adult student who is taking math and science classes to fulfill the core requirements for medical school. Elaine received a bachelor's degree in Business Administration from Washington University in 1994 and a Master's in Health Administration in 1996.

Interviewer: Why did you decide to return to college?

Elaine: I've always wanted to go to medical school, but my family did not support me. My family is traditional in nature and believes that being a physician is a man's job. At the time, even the women in church supported

this idea and tried to guide me in traditional roles for women. Since I did not have the support I needed, I decided to pursue another career path.

Interviewer: Why did you move to Memphis?

Elaine: I got a Manager position at Methodist Healthcare where I worked for six years in the corporate world. My job was great. I had a management position that paid fairly well, got along with my boss and staff, and really enjoyed what I was doing. However, one day, I woke up and just started dreading going to work. At that point, I knew it was time for a change. I never gave up on becoming a doctor, so I decided to have another talk with my parents about medical school.

Interviewer: So your family support was very important to you?

Elaine: Yes, without my family support, there is no way I could pursue going to medical school. Medical school is difficult and I needed their emotional support and approval. My parents are great.

Interviewer: What has been your biggest challenge as an adult student?

Elaine: Living on a limited income after working full-time, balancing school and friends (because I am always studying), and getting used to the younger students in class. However, I like not having to wear a suit everyday, not having set hours, having access to a good library, and recreation center. I also like getting immediate feedback on my progress, whereas when I worked full-time, I only got evaluated once a year.

Interviewer: Any other thoughts you want to share with others?

Elaine: People should follow their dreams. If the Lord has truly given me the desire, then he'll get me through this.

From the ASA President...



Our year is continuing with several programs that should be of interest. **Thursday, November 11th, is Veterans' Day.** The Adult Student Association (in conjunction with Golden Key, the Veterans' Service Office, and the Office of the Registrar) will hold a Veterans' Day ceremony at the flagpoles near the administration building (near the fountain). The short ceremony will begin at 11 a.m. We're asking all veterans to come in uniform (if you can still fit them). If the uniform doesn't fit, come anyway. We'll try to have the veterans in some sort of formation. The ceremony will include a prayer by Rev. Pfohl, the Presbyterian chaplain on campus, and the playing of Taps by two buglers. All are invited.

Lou Paris, ASA President

On **Saturday, November 13th**, we will have our last workshop of the semester. This one will be "**Returning to the Workforce.**" It will delve into issues and solutions for "mature" people returning to the workforce after completing their degrees. For example, how does an older applicant (of course, I'm not included in that group) sell a potential employer on the value of his or her previous experience? How much should you ask for, etc. The workshop will begin at 9:30 a.m. and conclude at 11:30 a.m. As usual, we'll have a continental breakfast and give participants a voucher to get lunch in the UC.

Finally, we have submitted our request to the Student Activities Council for funds to conduct next semester's workshops. If you have anything you'd like the ASA to address, please call me at 848-3036 or e-mail me at LParis@memphis.edu. Have a GREAT month.

Lou Paris, President

Adult Student Association

Office Scrapbook

Volunteer of the Month



Doug Roark,
Volunteered for Campus Day on Saturday, Oct. 9. Roark talked to potential students about U of M.

Senior Birthday Celebration



Ms. Johnnie Evans cuts her birthday cake as Lou Paris, assists.

ASA Semester Potluck



Food, Fun, and Fellowship.

This Month in History

November 3, 1957 - The Soviet Union launched the world's first inhabited space capsule, Sputnik II, which carried a dog named Laika.

November 6, 1860 - [Abraham Lincoln](#) was elected as the 16th U.S. President and the first Republican.

November 9, 1989 - The Berlin Wall was opened after standing for 28 years as a symbol of the Cold War.

November 11 - Celebrated as Veterans Day in the U.S. (formerly called Armistice Day).

November 13, 1942 - The five [Sulli-](#)

[van Brothers](#) from Waterloo, Iowa, were lost in the sinking of the cruiser *USS Juneau* by a Japanese torpedo off Guadalcanal during World War II in the Pacific. Following their deaths, the U.S. Navy changed regulations to prohibit close relatives from serving on the same ship

November 15, 1969 - The largest antiwar rally in U.S. History occurred as 250,000 persons gathered in Washington, DC, to protest the Vietnam War.

November 19, 1978 - The biggest mass suicide in history occurred as

Reverend Jim Jones led over 900 followers to their deaths at Jonestown, Guyana.

November 22, 1963 - President John Fitzgerald Kennedy, 35th President of the United States, was assassinated in Texas.

November 26, 1703 - A "Great Storm" lasting two days struck southern England, flooding the Thames and Severn rivers, killing at least 8,000 persons.

<http://www.historyplace.com/specials/calendar/november.htm>

Upcoming Campus Events

Nov. 9	<i>Comedy Slam w/Megan Mooney & Damon Williams</i>	8 pm, Rose Theatre
Nov. 10-12	<i>Independent Film Festival</i>	8 pm, Rose Theatre
Nov. 12	<i>Football vs Southern Miss (Home)</i>	7 pm
Nov. 18	<i>Tom Deluca (hypnotist)</i>	7 pm, Rose Theatre
Nov. 20	<i>SAC Cinema-Elf</i>	2 pm, Faulkner Lounge
Nov. 25-26	<i>Thanksgiving Holiday</i>	No school

Get involved!
See your
student activity
fees at use!

Inspirational Corner

What You Are Is As Important As What You Do

by: Patricia Fripp

It was a sunny Saturday afternoon in Oklahoma City. My friend and proud father Bobby Lewis was taking his two little boys to play miniature golf. He walked up to the fellow at the ticket counter and said, "How much is it to get in?"

The young man replied, "\$3.00 for you and \$3.00 for any kid who is older than six. We let them in free if they are six or younger. How old are they?"

Bobby replied, "The lawyer's three and the doctor is seven, so I guess I owe you \$6.00."

The man at the ticket counter said, "Hey, Mister, did you just win the lottery or something? You could have saved yourself three bucks. You could have told me that the older one was six; I wouldn't have known the difference."

Bobby replied, "Yes, that may be true but the kids would have known the difference."

As Ralph Waldo Emerson said, "Who you are speaks so loudly, I can't hear what you're saying." In challenging times when ethics are more important than ever before, make sure you set a good example for everyone you work and live with."

The University of Memphis

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We encourage you to visit our website:
<http://www.memphis.edu/acss>

Office Hours:

M-Th: 8:00 am-6 pm

Fri: 8:00 am-4:30 pm



Mission: The office of the Adult and Commuter Student Services' mission is to serve the learning needs of adult and commuter students and provide leadership in advancing the practice of lifelong learning.

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Seminar Review



Dr. Bekis emphasizes how to become an
A student

On Wednesday, November 6, 2004, Dr. Barbara Bekis, Education Support Coordinator, facilitated the seminar on ***Everything You Need to Know to Be an A Student*** on behalf of the Office of Adult and Commuter Student Services.

Some suggestions of becoming an A student include: get to know your professor, attend class, spend at least two hours studying for every hour in class, participate in class, and find a study partner/groups.

Skills needed to become an A student include, but are not limited to, listening, paying attention, focus, reading, pacing, being prepared, and following directions.

Dr. Bekis emphasized staying on track with studying and the proper way to take notes. She encouraged students to get a "buddy" to assist them in studying. Finally, before and during an exam, she encouraged students to get plenty of rest the night before, arrive early, and read all exam directions carefully.

In summary, A students "do homework/assignments, read the textbook, review the last lecture notes, and have questions.



Students write down responses