

The University of Memphis

# Adult & Commuter Connection

## Honor Students Inducted into PINNACLE

Twenty-nine students were inducted into the PINNACLE Honor Society on Sunday, April 2, 2006. PINNACLE is designed specifically for adult or non-traditional students, who typically are not invited into traditional honor societies.

The 2006 PINNACLE inductees are: Angie Allen, Columbia Bounds, Kelly Burchfield, Janice Cornell, Talma Crawford, Kunta Darden, Alice Faulkner, Chrystal Fox, Hayden Fraser, Angela Freeman, Carolyn Glover, Helen Harris, Veronica Hayward, Jack Ives, Tamika Johnson, Byron Ledbetter, Lisa Little, Maryjane Manchester, Martha Moore, Jennifer Morales, Lorna Moultry, Tory Neal, Anna Palazola,



Kathy Pearson, Terrie Savage-Reed, Connie Tichy, Darnetha Turner, Johnnie B. Wallace, and Holly Warren.

Dr. Karen Weddle-West, Assistant Vice Provost for the Graduate School, was the Keynote Speaker. She acknowledged both the achievements of the inductees and the support they

received from their families. Remarks were given by Dr. Rosie Phillips Bingham, Vice President for Student Affairs. After the ceremony, students, family members, and administrative leaders enjoyed a light reception, sponsored by

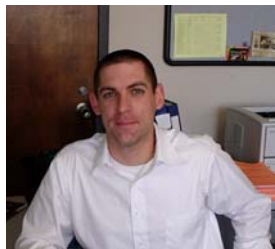
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## Q & A with Colton Cockrum

If you ever need a friendly smile and handshake, go to the Leadership & Student Affairs Office and meet Colton Cockrum. Although it has only been eight months since he became the Assistant Coordinator for Student Activities, Colton has already connected with many students and other offices, including Adult and Commuter Student Services.



*Colton Cockrum*

**Q:** What are some of your biggest responsibilities?

**A:** My biggest responsibilities include overseeing the registered student organization

process online, advising committees within the Student Activities Council, and overseeing the Student Event Allocation process which offers funding for student organizations that want to bring events/speakers to campus.

**Q:** What do you enjoy most about working in Student Activities?

**A:** The thing that I enjoy about Student Activities is the students. This may seem like a very safe answer but in all honesty without the students in SAC my position would be very dull. I have the great opportunity to advise a highly motivated and talented group of students. These outstanding students oversee committees, plan and implement large events, and fully participate in the promotions

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## Student Spotlight

Duran Moore is one of four valuable student workers at Adult and Commuter Student Services. The 20-year-old business major is always willing to help out, even on his off days. Although he lives ridiculously close to campus—merely one block away—Duran’s real commute is from his beloved, native New Orleans, which he had to leave behind in the wake of



Duran Moore

Hurricane Katrina. What he did not leave behind, however, are his ambitions. Duran still plans to open chains of hotels and restaurants one day.

While he misses home and plans to revisit New Orleans soon, Duran is enjoying his time in Memphis. His advice for people who have to relocate under stressful conditions is, “If you have to move, find a place that’s not too fast-paced and pray that it’ll get better. It also wouldn’t hurt if the place you relocate to has great chill spots.”

Duran says he has not made a lot of friends yet, but that he has met a lot of

great people. Two organizations that he is interested in joining are Black Student Association and Commuter Student Association.

Duran learned about the latter organization while working at ACSS, a tenure he describes as “real positive... I’ve done things here that I normally would have been afraid to do. I had to walk up to people and hand out flyers and meet important people in the school. And I can get a job working in an office because I [now] have the experience. It’s just been a real cool experience.”

## Wild Wednesdays!

### Stress Management

A *Wild Wednesdays!* Training Seminar  
Facilitated by Campus Recreation & Intramural Services

**Wednesday, April 19, 2006**  
1 p.m.– 2 p.m.  
University Center 218

Please call 678-2644 for more information.  
Refreshments will be provided.

## Fitness and Wellness Fair



Students age 40 and over are invited for a day of fun, entertainment, free fitness tips, and health screenings at the Fitness and Wellness Fair on **Saturday, April 8, 10 a.m. to 1 p.m.**, at the Student

Recreation & Fitness Center. The entire family is encouraged to attend. Admission is free.

The Student Recreation & Fitness Center is located at 620 Echles Street, between Southern and Spottswood. The Fitness and Wellness Fair is sponsored by Adult and Commuter Student Services, Campus Recreation and Intramural Services, the Loewenberg School of Nursing, and Student Health Services. For more information, call 678-2644.

## Pinnacle

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Adult Student Association.

All of the inductees are at least 25 years old, have a 3.0 cumulative GPA, and have earned at least 85 credit hours.

Thirteen other students also joined PINNACLE, but were unable to attend the ceremony: Donna Renee Banks, Karen Bell, Kristina Bennett, Amy Bills, Jeffrey Lee Brawner, Thomas Calhoun, Christi Davis, Ashley Jones, Jacqueline King, Daniel Mazeika, Rhonda Nabors, Amanda Roberts, and Tarika Spencer.

Adult and Commuter Student Services congratulates the 2006 Pinnacle inductees and wishes them continued success in their academic and professional careers.

## Career Fair

Don’t miss the **Science, Math, Engineering & Technology Career Fair** on Wednesday, April 12, from 1 p.m. to 4 p.m. in the Rose Theatre/Lecture Hall.

This event is free for all students and alumni. Professional dress is required, and job-seekers are encouraged to bring copies of their resumes and portfolios.

Call 678-2239 or visit

[www.memphis.edu/univplace](http://www.memphis.edu/univplace) for more information.

This event is sponsored by Career and Employment Services and the Alumni Association.



# Summer and Fall Registration

It's time to register for Summer and Fall 2006 courses, but before signing up for your favorite, or merely required, courses be sure to:

- Visit your advisor.
- Check your classification so you'll know which day to begin registration.
- Clear any holds (for library fines, parking tickets, etc.).

Below are the registration dates and deadlines. For other important dates, such as fee payment schedules and intent to graduate deadlines, visit <http://www.memphis.edu/academics>, and click on "**Registration Center**."

## 1st Day to Register

*Dates are for both Summer & Fall unless otherwise noted.*

|  |                |
|--|----------------|
| <b>Graduate &amp; Postbaccalaureate</b>                      | <b>4/3/06</b>  |
| <b>Seniors</b>   | <b>4/4/06</b>  |
| <b>Juniors</b>   | <b>4/6/06</b>  |
| <b>Sophomores</b>  | <b>4/10/06</b> |
| <b>Freshman</b>  | <b>4/12/06</b> |
| <b>Non-Degree Seeking<br/>(Graduate &amp; Undergraduate)</b> | <b>4/14/06</b> |
| <b>Tuition Waiver Students—Summer</b>                        | <b>5/8/06</b>  |
| <b>Fall</b>  | <b>7/31/06</b> |



Register for classes at <https://tigerweb.memphis.edu>.  
Problems using Tigerweb? Call the IT HelpDesk, 678-8888.

## Registration Deadlines

*Summer dates are in **black**, and Fall dates are in **blue**.*

|   | <b>Pre-Session</b> | <b>Full Session</b>        | <b>1st Session</b>         | <b>2nd Session</b>             | <b>Regents</b>  |
|---|--------------------|----------------------------|----------------------------|--------------------------------|---|
| <b>Last Day to Register</b>                   | 5/12/06            | 6/2/06<br>8/25/06          | 6/2/06<br>8/25/06          | 7/10/06<br>10/17/06            | 6/2/06<br>8/25/06   |
| <b>Late Registration<br/>\$100 Late Fee</b>   | 5/13-5/15/06       | 6/3-6/6/06<br>8/26-8/31/06 | 6/3-6/6/06<br>8/26-8/29/06 | 7/11-7/12/06<br>10/18-10/19/06 | By special permission<br>RODP approval re-<br>quired after 8/25 |
| <b>Last Day to Add or<br/>Change Sections</b> | 5/15/06            | 6/6/06<br>8/31/06          | 6/6/06<br>8/29/06          | 7/12/06<br>10/19/06            | By special permission<br>RODP approval re-<br>quired after 8/25 |

# Study Tips for Finals

By Dr. Barbara Bekis  
Educational Support Programs

## Get started NOW

- Make a calendar of the days remaining in the semester, including all *due dates* or *scheduled* class events.
- Study on campus before you go home or to work.
- Go to an ESP Learning Center (call 678-2704 for information).
- Talk to the ESP Learning Specialist (678-5226).
- See your professor during office hours.
- Get into a study group for each course.
- Identify the topics that your professor energetically included in the lectures.
- Predict the questions that the professor could ask about the topics.
- Review your past tests.
- Learn the information that you missed on the quizzes/ tests.
- Compare your lecture notes with those of a classmate.

- Look for several different ways to apply the information.
- Use the study guides to predict exam questions.



## Structure a Plan

- Set a start time and stop time for each study session.
- Be selective about the material you need to cover.
- Cover the material and jot down what you learned.

## Be Efficient

- Reduce your pages of reading to fewer pages of notes.
- Reduce your pages of lecture notes and compare to reduced reading notes.
- Make practice questions from your all reduced notes.
- If you are afraid that something will be asked on the exam, learn that first.

# Final Exam Dates

The final examination dates for full session courses appear below. Exams for 2nd session courses will be given on April 26 or the course's last meeting day.

| Days | Class Time | Exam Date & Time                | Days | Class Time | Exam Date & Time                 |
|------|------------|---------------------------------|------|------------|----------------------------------|
| MWF  | 6:50 a.m.  | Wed. 5/3 7:00 a.m.-9:00 a.m.    | TR   | 8:00 a.m.  | Tues. 5/2 8:00 a.m.-10:00 a.m.   |
| MWF  | 8:00 a.m.  | Fri. 4/28 8:00 a.m.-10:00 a.m.  | TR   | 9:40 a.m.  | Tues. 5/2 10:30 a.m.-12:30 p.m.  |
| MWF  | 9:10 a.m.  | Fri. 4/28 10:30 a.m.-12:30 p.m. | TR   | 11:20 a.m. | Thurs. 5/4 8:00 a.m.-10:00 a.m.  |
| MWF  | 10:20 a.m. | Mon. 5/1 8:00 a.m.-10:00 a.m.   | TR   | 1:00 p.m.  | Thurs. 5/4 10:30 a.m.-12:30 p.m. |
| MWF  | 11:30 a.m. | Mon. 5/1 10:30 a.m.-12:30 p.m.  | TR   | 2:40 p.m.  | Tues. 5/2 1:00 p.m.-3:00 p.m.    |
| MW   | 12:40 p.m. | Wed. 5/3 10:00 a.m.-12 p.m.     | TR   | 5:30 p.m.  | Thurs. 5/4 5:30 p.m.-7:30 p.m.   |
| MW   | 2:20 p.m.  | Wed. 5/3 1:00 p.m.-3:00 p.m.    | TR   | 7:10 p.m.  | Tues. 5/2 7:00 p.m.-9:00 p.m.    |
| MW   | 5:30 p.m.  | Wed. 5/3 5:30 p.m.-7:30 p.m.    | TR   | 8:50 p.m.  | Thurs. 5/4 8:00 p.m.-10:00 p.m.  |
| MW   | 7:10 p.m.  | Mon. 5/1 7:00 p.m.-9:00 p.m.    | SAT  | 9:00 a.m.  | Sat. 4/29 9:00 a.m.-11:00 a.m.   |
| MW   | 8:50 p.m.  | Wed. 5/3 8:00 p.m.-10:00 p.m.   | SAT  | 1:00 p.m.  | Sat. 4/29 1:00 p.m.-3:00 p.m.    |
|      |            |                                 | SUN  | 1:00 p.m.  | Sun. 4/30 1:00 p.m.-3:00 p.m.    |

## Adult Student Association News

As reported in the March issue of Adult & Commuter Connection, Adult Student Association officer elections were held for the upcoming 2006-2007 Academic Year. However, one of the officer-elects has to step down. The original results were:

President—Alyce Richmond  
Vice President—Chris Dorais  
Secretary—Tara Whitson\*  
Assistant Secretary—Deloise Henderson  
Treasurer—Liz Hamilton  
Assistant Treasurer—Garland Watkins

Although Tara was re-elected as Secretary, in order to fulfill her graduation requirements it was necessary for her

to resign as one of next year's officers. A second election for Secretary, and if necessary, Assistant Secretary will be held during the next ASA meeting. If you are interested in running for either officer position, please contact [abrchmnd@memphis.edu](mailto:abrchmnd@memphis.edu) by April 20.

### Upcoming Events:

**Weekend Workshop: Assertiveness Training**  
Saturday, April 8, 9:30 a.m.-10:30 a.m., UC 404

**ASA Meeting**  
Friday, April 21, 1 p.m., UC 404

ASA is also planning an End of Semester Celebration, so ASA members should watch their e-mails for further details.

## CSA Update

The Commuter Student Association (CSA) is holding a **"Commuter Issues Forum"** on **Wednesday, April 19 at 4:30 p.m.** in the UC Mark Twain Lounge. This is an opportunity for students to address concerns such as parking and safety with university administrators. Dean of Students William Porter will be part of a panel that will listen to student needs and will discuss any steps the University of Memphis has taken or plans to implement in the future.

Be sure to attend the final meetings of the CSA. Nominations for the 2006-07 officer positions will take place **Wednesday, April 12, 4 p.m. in UC 310J**. Elections will be held **Wednesday, April 19, 4 p.m. in UC 310H**, right before the Forum. For more details, e-mail [commuterstudents@memphis.edu](mailto:commuterstudents@memphis.edu).

## Bon Appetit!



Share your signature recipes (or your favorite grocery store find) at the semester-end "It's Almost Over" Potluck, on Thursday, April 20 from 11 a.m. to 1 p.m. in UC 424. Adult and Commuter Student Services is sponsoring this food fest to thank students for their yearlong support and to encourage them as finals approach.

Please call Heather Hampton at 678-2644 to sign up for the potluck or to find out more information. If you don't know what to cook, check out our December 2005 newsletter at [www.memphis.edu/acss/news.htm](http://www.memphis.edu/acss/news.htm), and try one of four scrumptious recipes.

## Housing and Child Care Information Fair

More than 260 students stopped by for information and giveaways at the Spring 2006 Housing and Child Care Information Fair, held on March 22. The event, sponsored by Adult and Commuter Student Services, featured apartment and leasing managers, child care facilitators, and representatives from Rent-A-Center, Aaron's, First South Credit Union, and the University of Memphis Office of Minority Affairs.

Although this was the third year that off-campus housing vendors participated in the fair, this was the first year for child care facilitators to reach out to students. The goal was to allow students to talk directly with housing and child care representatives to find solutions for their living or child care needs. For information from the fair, visit ACSS in UC 424.



*Scenes from the Housing & Child Care Information Fair*

## Arts & Entertainment

### Theater & Dance

#### The Clearing

*Written by Helen Edmundsen*

*Directed by Jennifer Elizabeth Bauer*

**The Clearing** is a compelling tale of the Irish fight against ethnic cleansing during the reign of Oliver Cromwell. The play, which raises questions of national identity, humanity, and the blessing/warning that is history runs April 13-15 and April 19-22.

Tickets are \$10 and \$12. University of Memphis students receive one complimentary ticket when they present valid university IDs. Call 678-2576 to reserve tickets.

### Music

Southern Comfort Jazz Orchestra performs with Afro-Caribbean percussionist **Luis Benetti, Tuesday, April 25 at 7:30 p.m.** in the Harris Concert Hall.

The University of Memphis Symphonic Band performs **Wednesday, April 26 at 7:30 p.m.** in the Harris Concert Hall.

Admission for both events are free for University of Memphis students with valid ID. Tickets are \$8 for the general public, and \$5 for senior citizens, faculty, and non-U of M students. For more information, call 678-5200.



## Q & A with Colton Cockrum continued

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of all SAC events. Also, I really enjoy being able to help bring quality programs to campus and meeting the students who attend these events.

**Q:** You have been supportive of Adult and Commuter Student Services, and have even served as a panelist, along with your wife, for one of the ACSS workshops. How did you first become involved with ACSS?

**A:** My first impression of ACSS was almost three years ago when I started graduate school here at the university. At that time I was working at Lambuth University in Jackson, TN, and attending night classes here at the University of Memphis. I distinctly remember one night coming to class just exhausted and worn out from the work week. As I was walking into Patterson Hall, I noticed someone sitting at a desk offering Chex Mix and drinks. After helping myself to some snacks I was offered a button that said, "I am a Commuter Student." For the first time it really dawned on me that I WAS a commuter student and all of a sudden I felt a lot of pride being associated with those who drive to campus after long days of work, those who play a

large role in their family yet still come to class, and those who are so busy in their lives but still want to get an education. I proudly wore that button on my book bag and I still have it.

**Q:** What connections do you see between Student Activities and ACSS?

**A:** I believe that Student Activities and ACSS are similar in that we are working and offering things for the students. Without the students our roles on this campus would be diminished. In essence, we serve the students. We assist in their development throughout the course of their time on campus, we offer them an outlet that they may not normally have, and we assist in giving them tools to help them succeed on campus.

**Q:** What advice do you have for adult or commuter students?

**A:** Throughout your time as a student always try to find things to do that can give you a break and a quick "pick me up." Reward yourself for all your hard work!

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The mission of the Adult and Commuter Student Services Office is to provide a supportive environment for non-traditional and commuter students that promotes intellectual, social and academic growth and development through services and programs that foster lifelong learning.

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