

The University of Memphis

Adult & Commuter Connection

Adult Scholarships Available



Applications for the 2006-2007 Adult Scholarships are now available. This competitive, renewable scholarship covers in-state tuition and is awarded annually to a limited number of students. Students can pick up applications at the Scholarship Office in 103 Wilder Tower, or online at www.enrollment.memphis.edu/scholarships/schol_list.htm. The **deadline** for the applications is **March 1, 2006**.

The scholarship is open to in-state and out-of-state students who are pursuing their first undergraduate degree and who will be at least 25 years old by Aug. 1, 2006. Current students must have a 3.0 cumulative

GPA, and new students must meet Adult Admissions requirements to be considered for the scholarship. Part-time students must complete a minimum of 6 hours and full-time students must complete a minimum of 12 hours per semester. Preference is given to students who do not have a current scholarship.

Along with the application, students also must submit a typed, double-spaced essay of 500 words or less addressing "Why I deserve/need an Adult Scholarship." The essay should include specific information about the student's educational goals.

For more information about the Adult Scholarship, please contact Adult and Commuter Student Services, 678-2644, or the Scholarship Office, 678-3213.

Student Spotlight

Inside this issue:

Wild Wednesdays!	2
Commuter Student Association (CSA)	2
Registration Deadlines	2
Preparing Your Car for Winter	3
Housing/Child Care Fair	3
PINNACLE	3
Adult Student Association (ASA)	4
ESP Seminars Chillax	4

"Once a task is begun, do it all until it's done. Be the task great or small, do it well or not at all."

That is the motto handed down to Naomi Blake from her father, and she has done her best to live up to it. Naomi has returned to college to complete a task she began years ago—receive a bachelor's degree in psychology. It is a task the junior is doing quite well; last semester, Naomi earned a 4.0 GPA. She says her faith in God and the support of her family has sustained her through this journey.



Naomi Blake

Another important factor in Naomi's success has been the Adult Scholarship, which pays full in-state tuition for qualifying non-traditional students. Naomi learned about the scholarship from a chance comment by a classmate. Afterward, she went to the university's Web site to research scholarships and found the link to the Adult Scholarship application. Naomi says she submitted the application on the last possible day. "After that, I got a call and it was Mrs. Stout [director of Adult and Commuter Student Services] saying, 'Congratulations!'" Naomi says the scholarship has been "such a wonderful blessing."

(Continued on page 2)

Wild Wednesdays! Training Seminars

Adult and Commuter Student Services invites you to attend our *Wild Wednesdays!* Training Seminars. Lunch will be provided. Space is limited, so RSVP to Heather Hampton at 678-2644.

The first seminar, "Tiger Technology: Introduction to Word and PowerPoint" takes place Jan. 25. Future seminars include "Balancing School and Relationships" on Feb. 8; "Keys to Successful Apartment Living" on March 15; and "Stress Management" on April 19. For more information, go to www.memphis.edu/acss/.

Tiger Technology: Introduction to Word and PowerPoint

Facilitated by Venitra Hollingsworth

Wednesday, January 25, 2006

1 p.m.– 2:30 p.m.

FedEx Institute of Technology, Room 226

Please RSVP to Heather Hampton at 678-2644.
Refreshments will be provided.

Live Off Campus? Join CSA! Registration Deadlines

Become a part of history!

Join the first ever University of Memphis

Commuter Student Association

This is a new organization that will address the needs and concerns of over 18,000 U of M students who live off campus. The first meeting will be held:

Wednesday, January 25, 2006

4 p.m.

UC 218

For more information, contact Matt Rhodes, Noel Moore, or Adrienne Franklin at **678-2644**.

Last day to add classes or change sections

Full session	1/20	2nd session	3/14
1st session	1/18	Regents	1/13

Drops on or after this date receive a "W"

Full session	1/31	2nd session	3/27
1st session	1/31	Regents	1/31

Last day to drop classes (no refund; "W" grade is assigned)

Full session	3/15	2nd session	4/4
1st session	2/8	Regents	3/15

For refund deadlines, call 678-2058 or visit bf.memphis.edu/ebursar.

Student Spotlight (continued from pg. 1)

The scholarship is not Naomi's only connection to Adult and Commuter Student Services. She comes by the ACSS Office regularly to have lunch, study, and sometimes use the computer. Naomi has worked as a volunteer for several ACSS events and orientations, and she is a member of the Adult Student Association.

However, when Naomi isn't in class or the ACSS Office, she can often be found at Student Health Services, where she volunteers as a peer health educator. That role allows Naomi to connect with and help people, a role she hopes to continue in the future. Naomi wants to pursue a doctoral degree so she can "counsel individuals to

find solutions...in order to make their lives better." In fact, she already has some advice to dispense to adults students.

"The university has a lot of resources available. Don't be afraid to use them. Sometimes coming back can be intimidating. But take the step, go for it."

Preparing Your Car for Winter

Although the winter in Memphis has been mild thus far, it never hurts to prepare for harsher weather. Here are a few tips to keep your vehicle running through rain, sleet, or snow. This information comes courtesy of the Federal Citizen Information Center, www.pueblo.gsa.gov.

- Go to a repair shop and get engine problems fixed. Cold weather tends to make existing problems like stalling worse.
- Make sure the heater and defroster are in good condition.
- Put a bottle of de-icer in the gas tank once a month to keep moisture from freezing in the fuel line. Keeping your tank full also helps keep this moisture from forming.
- Stock up on windshield washer fluid. When snow and ice melt, the dirty water splashes onto your windshield. So, more washer fluid may be needed than usual to keep the windshield clean.
- If you get stuck in the snow, worn tires will be of little use. If your tires are wearing unevenly, they may need to be rotated or balanced.
- Check the tire pressure once a month. Consult your owners manual to see what tire pressure is recommended. Then, purchase an inexpensive gauge to see if the tires are under- or over-inflated.

Save the Date: Housing & Child Care Fairs



Adult and Commuter Student Services is hosting two great events on one day. The third annual “**Off-Campus Housing Information Fair**” takes place **Wed., March 22, from 9 a.m.-2 p.m.** in the

Rose Theatre Main Lobby. Students will have an opportunity to obtain information about various housing options in the community. Students can learn specific details about a facility such as its conveniences and the bottom-line cost.

On the same day, ACSS is sponsoring the first “**Child Care Information Fair**” in the Rose Theatre Entertainment Lobby from 9 a.m.-2 p.m. Students can learn about different child care options in the area surrounding the University of Memphis, and ask questions about availability, hours of operation, and cost, among other concerns.



For more information, call Heather Hampton, 678-2644, or stop by the Adult and Commuter Student Services Office, UC 424.

PINNACLE Coming Soon



Are you an undergraduate student who is at least 25 years old, has earned 85 or more credit hours, and has maintained a 3.0 GPA? If so, then you may soon receive a request to join PINNACLE, the Non-traditional Honor Society for adults.

Letters will go out in the next few

weeks to all adult students who meet the aforementioned requirements. Students who are interested in joining PINNACLE must fill out the personal data sheet that accompanies the letter and return it to Adult and Commuter Student Services (UC 424), along with a \$30 check payable to the Adult Student Association. This amount covers membership fees for both PINNACLE and ASA.

Membership in the honor society is granted on a first-come, first-serve basis, so be sure to turn in all materials by **Friday, March 3, 2006**. An induction ceremony will be held on **Sunday, April 4, 2006**. At that time, new members will be recognized and receive their certificates and lapel pins. For more information about PINNACLE, call 678-2644.

Adult Student Association (ASA) News

Welcome back Adult Student Association members!

I hope everyone enjoyed the break and had a wonderful holiday. If you weren't able to join us for the End of Semester/Holiday Potluck, you missed a great opportunity to celebrate, eat, and bond with other non-traditional students. A special thanks to ASA member Sherri

Stephens, who generously offered her home for our get together.

If you have any questions, comments or suggestions for the Adult Student Association, please let me know at abrchmnd@memphis.edu.

Alyce Richmond
ASA President

Mark your calendar!!!

ASA meeting

Friday, January 27 at 1 p.m.
UC 310K

Weekend Workshop: Tax Planning

Saturday, February 18 at 9:30 a.m.
UC 404



Educational Support Program Seminars

All ESP seminars begin at 1 p.m. in Mitchell Hall 211.

- 1/25 "Study Strategies for Success"
Identify strategies related to learning, test comprehension, note-taking, and exam performance.
- 2/2 "Organization is of the Essence"
Identify management techniques related to study, prioritizing, and efficient use of personal and professional time.
- 2/15 "Self-Management, Study, & Stress"
Identify management strategies for procrastination, stress, and anxiety as related to study and exam performance.

Chillax!

The Student Activities Council invites you to chill out and relax on your first week back!

Tues., 1/17	Inflatable Twister	UC Mark Twain Lounge	11 a.m.-3 p.m.
Wed., 1/18	Butt Sketches	UC 2nd Floor Concourse	10 a.m.-2 p.m.
Thur., 1/19	Chillax Night with Foreign Oren Free Food and Free Back, Hand, and Arm Massages	UC 3rd Floor Ballroom	7 p.m.-10 p.m.

Hot chocolate will be available daily in front of the UC!

Visit SAC online
[http://
saweb.memphis.edu/sac](http://saweb.memphis.edu/sac)

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The mission of the Adult and Commuter Student Services Office is to provide a supportive environment for non-traditional and commuter students that promotes intellectual, social and academic growth and development through services and programs that foster lifelong learning.

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