

Adult & Commuter Connection

Volume 2, Issue 4

December 2004

The University of
Memphis

...From the ASA President

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Everyone I speak to (faculty and students) says this has been one of the most difficult semesters they can remember. Nobody knows why. In any event, it's over!

We're looking forward to a good second semester. I'm hoping we can do some of the university activities in the spring. It would be good to see a group of us play volleyball or tug-of-war in the mud with the "young kids!"

As usual, we'll have three Saturday workshops during the Spring semester. I'm sure you'll enjoy all of them.

Also, I would still like everyone to let me know which courses you passed in the spring or the fall with a grade of A or B. We'll post that information so that anyone else who is taking one of those courses can come to you for help.

We finally got a checking account set up at the credit union on campus. That way, we won't need to go the bursar to get OUR money (dues money) for things we may need. The treasurer's (Jim Schrader) and the president's signatures are both required on checks.

As for me, I'm staying busy. I have been accepted into the 2005 class of Leadership Germantown, which begins in January (meets once a month for six months). I'm also hoping to be appointed to the Germantown Telecommunications Commission later this month.

The officers of the Adult Student Association wish you a Merry Christmas, Happy Hanukkah, Happy New Year, Ramadan, or whatever your faith celebrates at this time of year.

Good luck on your finals and see 'ya in January.

Lou Paris, President

Adult Student Assn.

Final Exam Schedule

Fall 2004

Dec. 8-Last Day of Classes

Dec. 9-Study Day

Dec. 10-16-Final Exams

Dec. 14-Commencement

**For a complete list of Fall 2003

Exam Schedules go to

<http://www.memphis.edu>

Jan. 18 -Spring School Begins

Wise Study Tips for Finals

Two Weeks Before the Exam

- Make up a set of study sheets for each class.
- Each set of study sheets should summarize the reading, your class notes, and any handouts.
- Type the study sheets so they are easily readable. Use plenty of bold type and white space to accentuate important ideas.
- For the next two weeks, read through your study sheets three times each day. Do *not* try hard to memorize the information. Just read the notes once, three times per day.

The Night Before the Exam

- Read your study sheets as usual.
- Go to bed early and get a good night's sleep.



The Day of the Exam

- Set your alarm and get up early. Allow plenty of time to get to the exam.
- Eat a good breakfast (lunch, dinner), including simple sugars (fruit juice), complex carbohydrates (cereal or toast), and protein (milk, eggs, meat, cheese). This will help your blood sugar stay at a stable level, and since your brain runs on sugar, you don't want to have it dip too low or rise too high.
- Caffeine has been shown to increase alertness and performance. If you are a habitual user of caffeine, be sure to get your accustomed dose.
- Take along a piece of fruit to eat during the exam. This will help keep your blood sugar even, so you don't tire during the second half of the exam period.

During the Exam

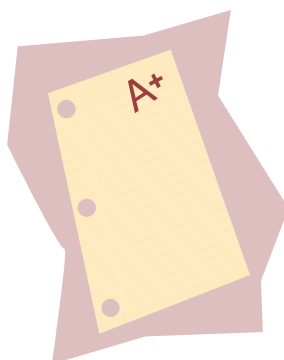
- If you feel tense, relax, take a deep breath, and remember that you know the material because you've been reviewing for two weeks.
 - Keep your eye on the clock while taking the exam. Allow enough time to finish the entire test. Avoid focusing on one question and running out of time on others.
 - Read the entire exam before beginning to write.
 - Read each question a second time, then answer that question.
 - At the end of the first hour, take a couple of minutes to sit quietly. Relax, stretch, eat that piece of fruit you brought along to keep your blood sugar steady. Calm down. You know the material.
 - Use the entire exam period rather than rushing through the test. It's not about finishing; it's about finishing well.
 - Use the writing process: brainstorm, organize, outline, add supporting information, write, etc.
 - For more information go to: <http://www.isu.edu/~kingkath/exam.html>
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Academics

Computing GPA

Computation of a student's college-level undergraduate grade point average includes all courses attempted except credit/no-credit, audit, incomplete, developmental, and satisfactory/unsatisfactory courses and "T" grades.

As an example: a student carrying five three-semester-hour courses for a total of 15 semester hours makes the following grades: A, B, C, T, F, thus accumulating grade points in the amount of 12, 9, 6, 0, 0, for a total of 27. To compute the grade point average, divide the number of quality hours (except "T" grade) (12) into the grade points earned (27) for an average of 2.25.



For more information, go to:
<http://academics.memphis.edu/>

Grade Appeals

Students have the right to appeal decisions made by University officials in the implementation of University policy.

If a student feels that individual circumstances warrant an appeal, the request for appeal must be filed in the University office responsible for the implementation of that policy or the office specified in the policy statement.

Spring Registration

The **Academic Counseling Unit** will be taking walk-ins **November 13-17 from 8:30 am-4:00 pm**.

If you have not registered, here are some steps to ensure that Spring Registration is a smooth process.

1. Check the appropriate semester "dates & deadlines" calendar for

"Regular Registration" dates.

2. See advisor. Check TIGERWEB to be sure that holds are cleared before you attempt to register.

3. Obtain any electronic permits you need to take restricted courses.

4. Register on TIGERWEB and

check your schedule for accuracy at: <https://tigerweb.memphis.edu/>

5. For more information, contact 678-2062. Or go to Wilder Tower, 212.

Extended Hours During Finals

McWherter Library

Thurs., Dec. 9	7:30 am-1 am
Fri., Dec. 10	7:30 am-10 pm
Sat., Dec. 11	10 am-10 pm
Sun., Dec. 12	12 pm-1 am
Mon., Dec. 13	7:30 am-1 am
Tues., Dec. 14	7:30 am-1 am
Wed., Dec. 15	7:30 am-1 am
Thurs., Dec. 16	7:30 am-8 pm

Extended library hours are during finals only.

Computer Labs

Smith Hall	24 Hours
McWherter	24 Hours
Fogelman	7:30 am-10:30 pm (M-F)
Engineering	8:00 am-10 pm (M-F)
Nursing	8:00 am-8:30 pm (Su-Th.)
Education	8:00 am-4:30 pm (M-F)

Other labs: <http://tl-info.memphis.edu/>

The University of Memphis

The University of Memphis
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We encourage you to visit our
website:

<http://www.memphis.edu/acss>



Mission: The office of the Adult and Commuter Student Services' mission is to serve the learning needs of adult and commuter students and provide leadership in advancing the practice of lifelong learning.

THE UNIVERSITY OF
MEMPHIS

A Tennessee Board of Regents Institution,
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Inspirational Corner



The Way Things Seem,

Author Unknown

The story is told of a king in Africa who had a close friend with whom he grew up. The friend had a habit of looking at every situation that ever occurred in his life (positive or negative) and remarking, "This is good!"

One day the king and his friend were out on a hunting expedition. The friend would load and prepare the guns for the king. The friend had apparently done something wrong in preparing one of the guns, for after taking the gun from his friend, the king fired it and his thumb was blown off.

Examining the situation, the friend remarked as usual, "This is good!"

To which the king replied, "No, this is **not** good!" and proceeded to send his friend to jail.

About a year later, the king was hunting in an area that he should have known to stay clear of. Cannibals captured him and took them to their village. They tied his hands, stacked some wood, set up a stake and bound him to the stake. As they came near to set fire to the wood, they noticed that the king was missing a thumb. Being superstitious, they never ate anyone that was less than whole. So untying the king, they sent him on his way.

As he returned home, he was reminded of the event that had taken his thumb and felt remorse for his treatment of his friend. He went immedi-

ately to the jail to speak with his friend. "You were right," he said, "it was good that my thumb was blown off." And he proceeded to tell the friend all that had just happened.

"And so I am very sorry for sending you to jail for so long. It was bad for me to do this."

"No," his friend replied, "This is good!"

"What do you mean, 'This is good'? How could it be good that I sent my friend to jail for a year?"

"If I had *not* been in jail, I would have been with you."