

Adult & Commuter Connection

Volume 2, Issue 8

April 2005

Student Spotlight

The University of Memphis



Camille Bradley is a University of Memphis senior majoring in Philosophy. She is married with three children. Camille will graduate in a few weeks and plans to attend graduate school this Fall at the University of Memphis.

Interviewer: What made you decide to return to college?

Camille: When I first began college around the traditional age, I was not really ready. I was a single parent and did not have a support system which made it difficult to continue. As an adult, I returned to school because I had an interest in theology. I have served the church in many capacities and wanted to be able to teach adults and children theology.

Interviewer: What have been some challenges for you as an adult student?

Camille: My biggest challenge was just getting started in college. My second biggest challenge was learning to balance work, home, and school.

Interviewer: How did you cope with the multiple roles and responsibilities?

Camille: By the grace of God, I began to set priorities in my life. For example, I do not have the time to clean up every single day, so I may clean only on the weekends. My husband does all of the laundry and the kids have chores and chip in with things around the house. I could not do this without the support and cooperation of my family. I'm a high achiever and I wanted to do well in all of my classes, be involved, serve my church, and still be a good mother and wife. All of these roles and responsibilities were putting a strain on me and I became extremely stressed. In order to maintain my health, I had to start giving myself permission to say no, permission to drop a class, and even permission to get a B.

Interviewer: How do you stay involved in student organizations and activities?

Camille: I try to schedule my classes and activities around my youngest child's school schedule. My husband's job is an hour away and so I drop my son off at school and pick him up each day. I must also have an interest in the extracurricular activity and it must serve my educational goals. Before I get involved or when someone asks me to participate, serve, or volunteer, I always ask how much time is going to be involved to see if it will fit my schedule.

Interviewer: What advice would you give other adult students in their pursuit of a degree?

Camille: Never give up. Make changes and adjustments, but never give up. I also recommend that they use the Adult and Commutes Student Services office. This office has helped me tremendously. Students can meet other adult students who have similar issues, use the refrigerator to store food and the microwave to warm it, get a cup of coffee, be referred to other offices on campus, find a tutor, and much more. Last, but not least, adults should get to know their teachers and professors. If you do, and they know you are dedicated, then if daycare is closed one day, and you have to stay home with your child instead of going to class, you can email the professor who may be more inclined to work with you on absences and makeup work. Finally, if you don't have a support network of family or friends, then you must develop one. Seek out support from the ACSS office. They know about many groups that meet on campus in the daytime and evening hours. You might think that you don't have an extra 30 minutes to spend with a group once a week, but I promise, it makes the rest of your time more productive and you can handle the stress better.

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2nd Annual Housing Fair

On Tuesday, March 22, 2005 the Adult & Commuter Student Services office held its 2nd annual housing fair. There were 25 rental apartment participants, including a cable and a moving company.

Students were able to talk to apartment managers about leasing specials, floor plans, and amenities. Shereva Vaughn, a freshman public relations major, said “The housing fair was very informative and the apartment representatives were friendly and helpful. It was good to see all of the

options of where to live ”

A week prior to the housing fair, the ACCS hosted a Leasing Agreement Seminar. The Memphis Fair Housing Center gave a presentation and advised students about their rights and responsibilities concerning a lease.

The Adult & Commuter Student Services office has apartment brochures of all attendees available as well as “Rental Rights and Responsibilities” booklet in the University Center, room 424.



Apartment Managers explain floor plans and rental specials to students

Debt Management Workshop

Do you have overwhelming credit card debt? Are you running out of money by the end of the month? Are you experiencing lower income due to a separation or divorce? Are you taking out a loan to fund your education? If you answered yes to any of these, then come learn how to manage debt.

The Adult Student Association will host a “Debt Management” workshop on Saturday, April 9, 2005 from 9:30-11:30 am in Room 404 in the University Center. The focus

will be on student loans, alternative funding, and managing debt.

A continental breakfast & lunch will be provided.

For more information and to rsvp, contact Jim Schrader, ASA Treasurer, at jschradr@memphis.edu.

Being in debt is stressful, come learn about your options to manage your finances.

Academics

Spring Registration

Graduates:	April 4
Seniors:	April 5
Juniors:	April 7
Sophomores:	April 11
Freshmen:	April 13
Und.-NonDeg:	April 15

Notice: Check your classification before you attempt to register.

ESP Workshops

The upcoming workshops can help you get ready for finals.

- April 6 (Wed.)
“De-stressing, coping, and managing”
- April 14 (Thurs.)
“Strategies for Adult Learners”
- April 20 (Wed.)
“Last Minute Tips/Strategies”

Workshops are held in Mitchell Hall room 209/211 at 1:00 pm.

Final Exam

- 2nd Session exams are given on APRIL 27 or the course's last class day in that session.
- Full Session final exams begin on Friday, APRIL 29-MAY 5
- Regents Session-consult your syllabus
- For final exam schedule go to <http://www.enrollment.memphis.edu/registrar/calendars/05s/05sfinal.htm>

This Month in History

April 2, 1792 - Congress established the first U.S. Mint at Philadelphia.

April 4, 1968 - Civil Rights leader Rev. Dr. Martin Luther King was shot and killed by a sniper in Memphis, Tennessee.

April 6, 1917 - Following a vote by Congress approving a declaration of war, the U.S. entered World War I in Europe.

April 6, 1994 - The beginning of genocide in Rwanda as a plane carrying the presidents of Rwanda and Burundi was shot down.

April 9, 1865 - After 500,000 American deaths, the U.S. Civil War effectively ended as Gen. Robert E. Lee surrendered to Gen. Ulysses S. Grant in the village of Appomattox Court House.

April 11, 1970 - Apollo 13 was launched from Cape Kennedy at 2:13 p.m.

April 12, 1945 - President Franklin D. Roosevelt died suddenly at Warm Springs, Georgia.

April 12, 1981 - The first space shuttle flight occurred with the launching of *Columbia*.

April 14, 1865 - President Abraham Lincoln was shot and mortally wounded while watching a performance of *Our American Cousin* at Ford's Theater in Washington.

April 19, 1995 - At 9:02 a.m., a massive car-bomb explosion destroyed the entire side of a nine story federal building in Oklahoma City, killing 168 persons, including 19 children inside a day care center.

April 20, 1999 - The deadliest school shooting in U.S. history occurred in Littleton, Colorado, as two students armed with guns and explosives stormed into the high school at lunch time then killed 12 classmates and a teacher and wounded more than 20 other persons before killing themselves.

RESUME RESPONSE

Career and Employment Services now provides **RESUME RESPONSE** which provides walk-in hours for students to receive assistance with their resumes. Students can use walk-in hours to obtain feedback and ask questions that can be addressed within 5-10 minutes.

Hours of Availability

Monday: 11:00 am-noon
 Tuesday: 1:00-2:00 pm
 Thursday: 1:00-2:00 pm
 Friday: 1:00-2:00 pm
 *If students prefer more time

and individual attention with their resumes, appointments can be scheduled with Career Advisors by calling 678-2239 or visiting Wilder Tower 400.

RESUME RESPONSE is designed to give students feedback regarding prepared resumes.

Inspirational Corner

The Eagle and the Wolf

by: Author Unknown, Rainbow Garden

There is a great battle that rages inside me.

One side is the soaring eagle. Everything the eagle stands for is good and true and beautiful, and it soars above the clouds. Even though it dips down into the valleys, it lays its eggs on the mountaintops.

The other side of me is the howling wolf. And that raging, howling wolf represents the worst that's in me. He eats upon my downfalls and justifies himself by his presence in the pack.

Who wins this great battle?

The one I feed.

The University of Memphis

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Mission Statement: The mission of the Adult and Commuter Student Services Office is “to provide a supportive environment for non-traditional and commuter students that promotes intellectual, social, and academic growth and development through programs that fosters lifelong learning.

THE UNIVERSITY OF
MEMPHIS

A Tennessee Board of Regents Institution,
An Equal Opportunity/Affirmative Action University

Pinnacle, the Nation's #1 Non-Traditional Honor Society



Pinnacle is the nation's number one Non-Traditional Honor Society.

Currently, there are over 150 chartered institutions in the United States.

Historically, Pinnacle was first born in April of 1989 at Murray State University in Kentucky. During the 1980s, non-traditional students were having a difficult time being accepted for membership in the “traditional” honorary societies. As a result, Pinnacle was created to recognize the academic achievements of non-traditional/adult students.

At the University of Memphis,

students must be a senior and have at least a 3.20 GPA. Additionally, previous leadership positions and volunteer services may be considered.



2005 Pinnacle Members

A recognition ceremony was held honoring the initiates on Sunday, April 3, 2005 at 3:00 pm in the Faulkner Lounge.

2005 Pinnacle Members

Camille W. Bradley

Barbara A. Brown

Aniko Campbell-Payne

Glynn Ann Comfort-Goss

Priscilla M. Hart

Sheri L. Hudson

Florida W. Irons

Stacy Ivory

Kimberly E. Lawson

Erica N. Mann

Judita Payne

Elisa Phann

Jennifer K. Roames

Douglas M. Roark

Lindsey R. Roberts

James Schrader

Daphne G. Weir

Michael Wiggins