

The University of Memphis

# Adult & Commuter Connection

## WELCOME BACK! WE HAVE BEEN EXPECTING YOU!

Greetings Adult and Commuter Students:

We have been expecting you! We have planned all summer to ensure this school year will be the best year yet for our adult and commuter students. We are on the move, literally! As of September 21, 2006 our new home will be on the 5th floor of the Wilder Tower. You are welcome to learn more about our services and resources at our website: [www.memphis.edu/acss/](http://www.memphis.edu/acss/) or visit us at our new location. Have a great semester and don't be a stranger!

Joy Rogers Stout  
*Director of Adult and Commuter  
 Student Services*

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We at Adult and Commuter Student Services try our best to highlight both our adult and commuter students who are movers and shakers on campus. This month's spotlight is on Matt Rhodes. Matt is both a hard working student and a diligent member of the newly created Commuter Student Association (CSA). Matt also serves as president over the CSA.



Q&A with the President of the Commuter Student Association (CSA): Matt Rhodes.

**Q:** What is your major, and why did you chose to embark on that path?

**A:** I am a psychology major. Psychology really speaks to my interest and calling. I have always desired to help people, and I know that my calling lies in helping others realize their potential. Psychology allows me that opportunity.

**Q:** As a commuter student, how active are you in campus organizations.

**A:** I try my best to stay busy and be involved, so I would say that I am pretty active. I am a brother in Sigma Phi Epsilon Fraternity, and president of Commuter Student Association, which accounts for a lot of my time, besides preparing for and attending class.

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## "ASA: An Organization with You in Mind"

### What is it?

The Adult Student Association (ASA) serves as a support and advocacy group for nontraditional students whose academic and social needs are different than those of traditional students.

### Where can I find out more?

You can pick up information and an application to join in the Adult & Commuter Student Services office or check out the ASA website at <https://umdive.memphis.edu/g-adultstu/www/>.

### ASA News

The first ASA membership meeting was held Sunday, September 17, 2006 from 4:30 - 5:30 pm in the Senate Chambers, UC 404. Since this was the first get together this semester, there was free pizza and cold drinks. This semester promises to be a good one.

### Q&A with Matt Rhodes (cont'd)

Q: When you are not in class or working on CSA business, what are some of your hobbies?

A: I really enjoy playing the guitar, writing music, and listening to music. I just really enjoy music. Music is a good outlet for self expression and creativity.

Q: Who are some of your favorite musicians and why?

A: That's a good one, but a hard one. My music taste is very diverse. My favorites are Relient K, Switchfoot, Jack Johnson, Brad Paisley, and Ludacris. Both Relient K and Switchfoot have very unique music with great messages. The way they write lyrics is phenomenal. Jack Johnson is probably the best songwriter I have ever heard. His combinations of melodies and powerful lyrics amaze me (cocoon, inaudible melodies). Ludacris is by far one of the best artist in the Hip Hop industry. He always has good beats and his collaborations with other artist are amazing.

Q: What tips or advice would you like to offer to other commuter students?

A: Get involved! The best way to utilize what the University has to offer is to be informed and involved. A good place to stop for information is the Adult and Commuter Student Services Office, located on the 5th floor of Wilder Tower. I want to personally invite anyone who is a commuter to join the CSA. The CSA was created with the needs of the commuter student in mind. From transportation to housing concerns, we cover these issues. If you are interested in joining stop by the Adult and Commuter Student Service office for an application or check us out online at [www.memphis.edu/acss/](http://www.memphis.edu/acss/).

If you were unable to attend, but would still like to join, membership forms are available in the ACSS office and on the ASA website. This semester the ASA will be sponsoring the following fun and insightful event:

- Sept 23—College Transition Workshop
- Oct 28—Workshop- Dealing with difficult People
- Nov 18—Workshop-Available Scholarships: Find one just for you!

Please contact Alyce Richmond, President of ASA, pictured to the right, for more details: [abrchmnd@memphis.edu](mailto:abrchmnd@memphis.edu), or call the Adult and Commuter Student Services Office at 901-678-2995.



## Wild Wednesdays!

Adult and Commuter Student Services invites you to attend our *Wild Wednesdays!* Training Seminars. Lunch will be provided. Space is limited, so please RSVP to Heather Hampton at 678-2644.

### Personal Financial Management :

When: October 4, 2006 from 1:00 pm-2:05 pm.  
Where: University Center Room 404.  
What: Receive tips on how to avoid credit card debt and create a budget.

### Stress Management :

When: November 1, 2006. Time: TBA  
Where: 220 Brister Hall.  
What: Receive tips on identifying and managing stress. Also take part in activities and exercises that relieve stress.

For more information, visit the ACSS Web site, <http://www.memphis.edu/acss>.

## Career and Internship Expo

Looking for that key networking opportunity? Want to increase post-graduation employment opportunities or gain an important internship? Then you won't want to miss the 2006 Career and Internship Expo. September 27, 2006. 10:00-3:00 pm. in the UC Ball Room

Career and Employer Services encourages students to dress professionally for the expo, to allow plenty of time to meet employers,

and to bring several copies of their resumes. To visit with the most employers, be sure to come early – some employers are unable to stay the entire time.

### **How to Make the Most of a Career Fair**

- Dress as you would for an interview; ask thoughtful questions.
- Before attending the fair, take the time to review the list of companies that will be participating

(<http://saweb.memphis.edu/ces/>). Gather relevant information about those whose representatives you are interested in meeting.

- Prepare a 2-3 minute presentation of your qualifications.
- Ask for business cards from representatives.
- Follow-up letters may include thanks for information received, a review of your qualifications, and a request for an interview.

## Student Health Fair



Haven't had your check-up yet? Then check out the 5th Annual Student Health Fair on Wednesday, October 4, 2006. The event under the tent runs from 10:00 am - 2:00 pm. on the Alumni Mall. Students can

take advantage of free health screenings, enjoy free food, and win free door prizes. Learn how to become a healthy Tiger. The health fair is presented by Student Health Services and the Career and Psychological Counseling Center.

## Graduate and Professional School Fair

Don't miss the Graduate and Professional School Fair on Thursday, September 28, 2006 from 11:00 am -2:00 pm. in the UC Ballroom. Representatives from graduate, law, pharmacy, seminary schools, and more will be available to discuss their individual programs. This is a great opportunity for students to gather information from a number of schools from across the region at one



## Sizzling September: So What's Happening?

The month of September is sizzling with activities that appeal to your total person: mind, body, and spirit.

### Mind:

U of M will host a forum on the Constitution and Public Trust September 18, 2006 at 6:00 pm. in the Michael D. Rose Theatre. This event is free and open to the public. A reception will follow the forum.



### Body:

Looking to improve your Physical health? Check

out the group fitness Schedule over at the Recreational Center. Group classes available for M,W,F are:

**Monday:** 7:15 pm Kickboxing

**Wednesday:** 6:00 pm Core Training/Abs

**Friday:** 1:00 pm Cycling

### Spirit:

"A Concert in Celebration of the Life of Charlie Riecker", September 22 at 7:30 p.m. in Harris Concert Hall . Mr. Riecker, who passed away in August, was the School's Hohenberg-Scheidt Distinguished Visiting Artist. This event is free and open to the public. For more information call: 901-678-2541.



## We're On the Move

Extra! Extra! Read all about it! The beloved Adult and Commuter Student Services Office presently located in room 424 of the University Center will be moving to its new but temporary home on the 5th floor of Wilder Tower. This move is effective as of September 21, 2006. Hours are: 8:00 am-5:00 pm. The University Center will be undergoing reconstruction. For more details concerning the construction project refer to <http://saweb.memphis.edu/uc/newuc/>.



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## Tutoring Available

English, History, and Mathematics tutoring will be offered this semester. English tutoring will be available on Thursdays from 2:30 pm- 3:30 pm, provided by Kay Driver. Mathematics tutoring will be available on Tuesday and Thursday from 11:30 am -1:30 pm, provided by David Scoggins. U.S. History tutoring is available by appointment only. Please call 901-678-2995.



The mission of the Adult and Commuter Student Services Office is to provide a supportive environment for non-traditional and commuter students that promotes intellectual, social and academic growth and development through services and programs that foster lifelong learning.

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