**ALSAC/St. Jude**: gives you a unique training experience while helping children with cancer and other life-threatening diseases. St. Jude offers internships, externships and other short-term training opportunities in areas as diverse as the hospital itself: from patient care and scientific research, to volunteer services, law and information technology.  
https://www.stjude.org/education-training/predoctoral-training/internships.html#769980b9f7b09febed8059685b22203b4e8e787f72e0953aede6bd35d1d3304f1=7

**A Step Ahead Foundation**: By providing access to long-acting reversible contraception (LARC), we hope to increase positive pregnancy outcomes for both the mother and the child, lower infant mortality, and improve family life.  
https://www.astepaheadfoundation.org/get-involved/volunteer/ (unpaid)

**Bridges USA**: provides students an opportunity to find their voice through unique experiential learning activities that are adventurous, relational and transformative. As a result, participants are empowered to reach across racial and socio-economic divides, are prepared for secondary educational opportunities and careers, and are engaged in civic affairs in their communities.  
http://bridgesusa.org/work-with-us/internships/

**Center for Transforming Communities**: is dedicated to the holistic transformation of communities in and around Memphis, Tennessee. Using the principles of Communities of Shalom, we strive to engage, equip, and mobilize others to seek shalom in their neighborhoods and communities.  
http://www.ctemidsouth.org/contact-us

**Chucalissa CH Nash Museum**: work on archaeological artifacts, museum exhibits, curation, events, and education  
http://www.memphis.edu/chucalissa/events/ (unpaid)

**Church Health**: In our active, faith-based health ministry, students explore their passions and foster their gifts through many different professional and educational opportunities.  
https://churchhealth.org/interns/ (unpaid)

**Memphis Child Advocacy Center**: Our vision is a community where children are safe, families are strong and victims become children again. Our mission is to serve children who are victims of sexual and severe physical abuse through prevention, education and intervention.  
https://www.memphiscac.org/help-out/volunteer/ (unpaid)

**Community Kitchen**: Strengthen communities by accelerating the local food movement.  
https://thekitchencommunity.org/take-action/ (unpaid)
LIA House, Inc.: To counsel homeless veterans, ex-offenders, and at-risk teens and adults in areas of self-awareness, work study, skill trade education, and success notations. Also, to also raise the statistical rate of social and employment success after exiting the criminal system and/or impoverished communities.
https://www.liahouse.org/get-involved/ (unpaid)

Mid-South Food Bank: to change lives by eliminating hunger in the Mid-South. By providing food for families, children and seniors, we impact their lives by solving one of the biggest struggles they face: getting enough nutritious food to eat to live a healthy life.
http://www.midsouthfoodbank.org/volunteer (unpaid)

Friends for Life: to help persons affected by HIV/AIDS live well. Our comprehensive, client-centered approach includes education, housing, food, transportation and healthy life skills training.
http://www.friendsforlifecorp.org/volunteer/ (unpaid)

Girls Inc.: has provided girls ages 6 to 18 with quality programming that equips them for successful adulthood. Our mission is to inspire all girls to be strong, smart and bold.
http://www.girlsinememphis.org/get-involved/volunteer-mentor (unpaid)

Habitat for Humanity of Greater Memphis: Habitat for Humanity brings people together to build homes, communities and hope.
https://www.memphishabitat.com/volunteer (unpaid)

Hope House: To improve the quality of life for HIV-affected individuals and their families by providing high quality early childhood education and social services.
https://www.hopehousememphis.org/volunteer/volunteer-opportunities (unpaid)

Latino Memphis: the go-to organization for issues impacting the Hispanic community in the Mid-South, raising the voice of Latinos in our region and advocating for a better, more inclusive Memphis.
https://wwwlatinomemphis.org/volunteer (unpaid)

LeBonheur Children’s Medical Center Child’s Life: focuses on enhancing the psychosocial experience within the hospital environment.
**Little Bird Innovation:** brings together business strategy, social sciences, and design to help organizations deliver meaningful change. We work on tackling complex problems using a disciplined approach to innovation. We focus on understanding people to bring new products, services, and experiences into the world.
[https://www.littlebirdinnovation.com/careers/](https://www.littlebirdinnovation.com/careers/)

**Memphis Family Safety Center:** to serve the hurting families of Memphis and Shelby County who are caught up in the trauma of domestic violence.

**Memphis Heritage:** to educate and coordinate individuals and groups to save, improve, reuse, and maintain architecturally and historically significant buildings, neighborhoods, parks, and cultural artifacts of Shelby County, Tennessee.

**Memphis Tilth:** to cultivate collective action for an economically sustainable, socially equitable, and environmentally sound local food system.

**Memphis Zoo:** The Memphis Zoo has a very active conservation department with six full time research positions, crossing a wide range of biological disciplines.
[https://www.memphiszoo.org/researchprograms](https://www.memphiszoo.org/researchprograms) & [https://www.memphiszoo.org/volunteers](https://www.memphiszoo.org/volunteers)

**National Civil Rights Museum:** The National Civil Rights Museum in Memphis, Tennessee, is steadfast in its mission to share the culture and lessons from the American Civil Rights Movement and explore how this significant era continues to shape equality and freedom globally.
[https://www.civilrightsmuseum.org/volunteer](https://www.civilrightsmuseum.org/volunteer) (unpaid)

**OUTMemphis:** OUTMemphis empowers, connects, educates, and advocates for the LGBT community of the Mid-South.
[https://outmemphis.org/volunteer](https://outmemphis.org/volunteer) (unpaid)

**Pink Palace Museum:** A wide-ranging collection of historic, educational and technological attractions maintained by the City of Memphis, Tennessee and Memphis Museums, Inc. to inspire visitors to discover human cultures, the natural world, technology and the universe.
**Planned Parenthood:** Planned Parenthood believes in the fundamental right of each individual, throughout the world, to manage his or her fertility, regardless of the individual's income, marital status, race, ethnicity, sexual orientation, age, national origin, or residence.
https://www.plannedparenthood.org/get-involved/jobs-and-volunteering

**Sierra Club:** To explore, enjoy, and protect the wild places of the earth; To practice and promote the responsible use of the earth's ecosystems and resources; To educate and enlist humanity to protect and restore the quality of the natural and human environment; and to use all lawful means to carry out these objectives.
http://www.sierraclub.org/careers/internships &
http://content.sierraclub.org/outings/volunteer/opportunities

**Shelby County Health Department:** The Shelby County Health Department believes we can make a difference as we strive to become the healthiest and safest community in Tennessee. Our mission is to promote, protect and improve the health and environment of all Shelby County residents.
http://tn-shelbycountyhealth.civicplus.com/159/Volunteer-Opportunities

**Southern Growth Studio:** Helping Fortune 500, mid-market, and non-profit executives drive strong, sustainable revenue growth. We quicken client moves into new markets or stimulate innovative leaps within an existing market.
https://southerngrowthstudio.com/contact/

**STAX Museum of American Soul Music:** The Stax Museum of American Soul Music is the world’s only museum dedicated to preserving and promoting the legacy of American soul music.
http://staxmuseum.com/resources/opportunities/volunteer-opportunities/

**St. Jude Children’s Research Hospital:** St. Jude is leading the way the world understands, treats and defeats childhood cancer and other life-threatening diseases. The mission of St. Jude Children’s Research Hospital is to advance cures, and means of prevention, for pediatric catastrophic diseases through research and treatment. Consistent with the vision of our founder Danny Thomas, no child is denied treatment based on race, religion or a family's ability to pay.
https://www.stjude.org/education-training/predoctoral-training/internships.html?sc_icid=tr-mm-internships &

**Tennessee Immigrant & Refugee Rights Coalition:** The Tennessee Immigrant and Refugee Rights Coalition (TIRRC) is a statewide, immigrant and refugee-led collaboration whose mission
is to empower immigrants and refugees throughout Tennessee to develop a unified voice, defend their rights, and create an atmosphere in which they are recognized as positive contributors to the state.
http://www.tnimmigrant.org/jobs/ (unpaid)

United Housing, INC.: United Housing provides quality housing opportunities to Mid-South residents through financial education, mortgage lending, home building and renovation, and creative partnerships with public, private and nonprofit entities.
http://www.uhinc.org/get-involved/volunteer

United Way of the Mid-South: United Way is dedicated to making improvements in the areas of education, financial stability and health for the good of our Mid-South community.
http://www.uwmidsouth.org/volunteer/

Wolf River Conservancy: The Wolf River Conservancy is dedicated to the protection and enhancement of the Wolf River watershed as a sustainable natural resource.
https://wolfriver.org/internships & https://wolfriver.org/volunteer (unpaid)

Women’s Foundation for A Greater Memphis: The mission of the Women's Foundation for a Greater Memphis is to encourage philanthropy and foster leadership among women and support programs that enable women and children to reach their full potential.
http://www.wfgm.org/volunteer-form.html

The Works, Inc: dedicated to the holistic renaissance of our community through the provision of services in areas of housing, economic development, education, and advocacy.
http://theworkscdc.org/directions/

World Relief Memphis: In community with the local Church, World Relief envisions the most vulnerable people transformed economically, socially, and spiritually.
https://worldreliefmemphis.org/employment-services &
https://worldreliefmemphis.org/become-volunteer

Youth Villages: Youth Villages is a private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully.
http://www.youthvillages.org/join-our-team/internships#sthash.ycqkSYTY.dpbs (paid & unpaid)

YWCA Abused Women’s Services: The YWCA of Greater Memphis is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom, and dignity for all.