



## Background Information Questionnaire

It will be helpful to the Community Voice Program if we know more about volunteers' backgrounds, expectations, and plans. We appreciate your answering a few questions below so we'll know how well we're doing in reaching different kinds of volunteers from different neighborhoods and with different interests. Thank You!

1. How did you learn about the Community Voice training opportunity?	Check ANY and ALL boxes that apply.	Please specify where you learned about community voice.
a. Church member or church announcement	<input type="checkbox"/> (A)	
b. Service club, sorority, or other membership organization	<input type="checkbox"/> (B)	
c. Employer or school	<input type="checkbox"/> (C)	
d. Block club, neighborhood watch, or other neighborhood organization	<input type="checkbox"/> (D)	
e. Beauty shop, health care provider, or other retail or service establishment	<input type="checkbox"/> (E)	
f. Flyer, news article, or announcement on TV	<input type="checkbox"/> (F)	
g. Family or friends	<input type="checkbox"/> (G)	
h. Other	<input type="checkbox"/> (H)	

2. If you marked more than one source of information above, which one was most important in your decision to participate in Community Voice? Bubble in the letter with your choice from above.

(A)     (B)     (C)     (D)     (E)     (F)     (G)     (H)

3. Please tell us something about you and your family.	Yes	No
a. I am pregnant now.	<input type="checkbox"/> (Y)	<input type="checkbox"/> (N)
b. I am trying to get pregnant or will be trying soon.	<input type="checkbox"/> (Y)	<input type="checkbox"/> (N)
c. Someone living in my home is pregnant.	<input type="checkbox"/> (Y)	<input type="checkbox"/> (N)
d. My home includes girls or women between the ages of 14 and 44.	<input type="checkbox"/> (Y)	<input type="checkbox"/> (N)
e. My home includes infants or children under 3 years old.	<input type="checkbox"/> (Y)	<input type="checkbox"/> (N)
f. Someone in my family has experienced an infant death.	<input type="checkbox"/> (Y)	<input type="checkbox"/> (N)
g. I have a friend whose infant has died.	<input type="checkbox"/> (Y)	<input type="checkbox"/> (N)

4. When you complete your Community Voice training, you are encouraged to spread the word about healthy pregnancy and infant care and/or encourage others to sign up and participate in Community Voice training. On the other hand, some of you may be here for your own information and not really thinking about spreading the word. At this point in time, would you say that you are (bubble in one):

- (A) Participating in Community Voice mostly for my own information
- (B) Looking forward to spreading the word
- (C) Not sure until you learn more

<b>5. Thinking ahead, if you were to consider spreading the word about Community Voice with different groups of people and in different situations, bubble the number that best describes how likely you are to spend time spreading the word with the groups and circumstances described below.</b>	<b>Very unlikely</b>	<b>Somewhat unlikely</b>	<b>Somewhat likely</b>	<b>Very likely</b>	<b>For certain</b>
a. I'll talk with close friends and family members who are pregnant if they ask for my advice.	①	②	③	④	⑤
b. I'll talk with close friends and family members who are pregnant, even if they don't ask for my advice.	①	②	③	④	⑤
c. I'll talk with close friends and family members – even when no one happens to be pregnant- just as part of casual conversation.	①	②	③	④	⑤
d. I'll bring up what I've learned with casual friends if we happen to be talking about having kids.	①	②	③	④	⑤
e. I'll bring up the topic on my own with casual friends.	①	②	③	④	⑤
f. I'll give talks for special programs at church.	①	②	③	④	⑤
g. I'll give talks for special programs at other club or community events.	①	②	③	④	⑤
h. I'll distribute information at church, club, and/or community events.	①	②	③	④	⑤

<b>6. Think about the neighborhood in which you are now meeting for your Community Voice training. Do you expect to have much contact with people in this particular neighborhood as you spread the word about healthy pregnancy and infant care? Check the answer below that best describes your situation.</b>	
Ⓐ	Yes. I live in this neighborhood and have a lot of contact with neighborhood people.
Ⓑ	Yes. Even though I don't live in this neighborhood, I am often here because of church or club involvement, friends or relatives, or work that involves contact with neighborhood people.
Ⓒ	No. Even though I live in this neighborhood, I pretty much keep to myself when it comes to other people who live around here.
Ⓓ	No. I do not live in this neighborhood and have little reason to be here other than coming and going to church, work, or other activities that are "in and out" as far as my contacts with people in the neighborhood.
Ⓔ	No. I do not live in this neighborhood and am only here now because this is where Community Voice is being offered.

**7. If the neighborhood where you live has a name that most people agree on (for example, Orange Mound, Glenview, Uptown, or other smaller neighborhood names most familiar to you and your neighbors), please write it in here:**

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**8. What is your zip code?  
Please write in and bubble  
below.**

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|---|---|---|---|---|
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |
| Ⓐ | Ⓐ | Ⓐ | Ⓐ | Ⓐ |
| Ⓛ | Ⓛ | Ⓛ | Ⓛ | Ⓛ |

**9. How old are  
you?**

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|---|---|
| Ⓐ | Ⓐ |
| Ⓛ | Ⓛ |
| Ⓐ | Ⓐ |
| Ⓛ | Ⓛ |
| Ⓐ | Ⓐ |
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**10. Please check the box that best describes your  
racial/ethnic identification. Use “Other” to explain  
either more specific or multi-racial/ethnic  
identification:**

- Ⓐ Black or African American
- Ⓑ Hispanic or Latino
- Ⓒ Native American
- Ⓓ Asian
- Ⓔ White or Caucasian
- Ⓕ Other \_\_\_\_\_

**11. What is your highest level of  
schooling? (bubble ONE):**

- Ⓐ Less than high school or some high school
- Ⓑ GED
- Ⓒ High school diploma
- Ⓓ Some college but no degree
- Ⓔ Associates degree
- Ⓕ Bachelor’s degree
- Ⓖ Graduate or professional degree

**12. Are you (bubble ONE):**

- Ⓐ Never married
- Ⓑ Not married, live with partner
- Ⓒ Married, live with spouse
- Ⓓ Married, spouse absent
- Ⓔ Separated or divorced
- Ⓕ Widowed

**13. Are you (bubble ONE):**

- Ⓐ Female
- Ⓑ Male

Place where Community Voice Training is Being Held: \_\_\_\_\_

*Thank you for your help and participation.*



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Fill in the correct answer.....26 points (2 points each)

1. What is the mission of Community Voice?
  - (A) To teach perinatal information
  - (B) To raise awareness
  - (C) To help reduce Black infant death
  - (D) All of the above
  - (E) None of the above
2. Which of the following may cause sperm changes?
  - (A) Air pollution
  - (B) Bug spray
  - (C) Cigarette smoke
  - (D) All of the above
  - (E) None of the above
3. Folic acid helps prevent:
  - (A) Cramping
  - (B) Birth defects
  - (C) Heartburn
  - (D) All of the above
  - (E) None of the above
4. Most people should take this amount of Folic Acid everyday:
  - (A) 250 milligrams
  - (B) 400 micrograms
  - (C) 2 grams
  - (D) 200 milliliters
5. Which of the following foods contain folic acid?
  - (A) Spinach
  - (B) Total cereal.
  - (C) Orange juice
  - (D) All of the above
  - (E) None of the above
6. Normally pregnant women should gain about:
  - (A) 10-20 pounds
  - (B) 25-30 pounds
  - (C) 20-40 pounds
  - (D) None of the above

7. What is the number one cause of Black infant death?

- Ⓐ Preterm birth
- Ⓑ Pneumonia
- Ⓒ SIDS
- Ⓓ Asthma
- Ⓔ None of the above

8. Why is prenatal care important?

- Ⓐ It helps to monitor the growth of the baby
- Ⓑ It helps to catch problems early
- Ⓒ It helps to determine the position of the baby
- Ⓓ It provides a time to ask questions
- Ⓔ All of the above

9. What is low birthweight?

- Ⓐ When a woman does not gain enough weight during pregnancy
- Ⓑ Less than 3 pounds, 5 ounces
- Ⓒ Less than 5 pounds, 8 ounces
- Ⓓ Less than 6 pounds

10. Women who smoke while pregnant may:

- Ⓐ Develop preterm labor
- Ⓑ Have a low birthweight baby
- Ⓒ Increase the risk of her baby dying of SIDS
- Ⓓ All of the above
- Ⓔ None of the above

11. Stress can:

- Ⓐ Make us feel tired
- Ⓑ Cause high blood pressure and heart disease
- Ⓒ Cause preterm labor
- Ⓓ All of the above

12. What is SIDS?

- Ⓐ A sexually infectious disease that infects babies
- Ⓑ The sudden and unexplained death of a baby under one year of age
- Ⓒ The suffocation of a baby
- Ⓓ When a baby vomits while asleep
- Ⓔ None of the above

13. The type of parent we become is usually based on:

- Ⓐ The way our parents raised us
- Ⓑ The environment we grew up in
- Ⓒ Our race and religion
- Ⓓ All of the above
- Ⓔ None of the above

**True or False.....50 points (2 points each)**

1. Preterm Labor means going into labor before the 37<sup>th</sup> week of pregnancy?  
 (A) True       (B) False
2. All babies stop moving toward the end of pregnancy.  
 (A) True       (B) False
3. Women with gum disease are more likely to have preterm labor.  
 (A) True       (B) False
4. Most pregnant women need about 1500-1800 calories a day.  
 (A) True       (B) False
5. Babies with Fetal Alcohol Syndrome sometimes look different from other babies.  
 (A) True       (B) False
6. If a pregnant woman becomes infected with chicken pox, her baby could die or be born with birth defects.  
 (A) True       (B) False
7. Black women are more likely than white women to develop bacterial vaginosis.  
 (A) True       (B) False
8. Second-hand smoke can cause preterm labor in non-smokers.  
 (A) True       (B) False
9. Hot dogs, luncheon meats and deli meats can cause Listeriosis.  
 (A) True       (B) False
10. Racism is sometimes disguised as something that people are more willing to accept.  
 (A) True       (B) False
11. Babies born to women who use marijuana may develop behavior problems.  
 (A) True       (B) False
12. Babies can be born addicted to crack.  
 (A) True       (B) False
13. Illnesses caused by smoking are the number one cause of death for African Americans.  
 (A) True       (B) False
14. Putting babies on their backs to sleep reduces the risk of SIDS.  
 (A) True       (B) False
15. Girl babies are more likely to die of SIDS.  
 (A) True       (B) False
16. SIDS usually happens when a baby is 2 to 4 months old.  
 (A) True       (B) False
17. Cribs cause SIDS.  
 (A) True       (B) False
18. A baby sleeping on his back is more likely to vomit and choke.  
 (A) True       (B) False
19. Shaking a baby does the same harm as dropping the baby headfirst onto the floor.  
 (A) True       (B) False
20. The brain and heart develops during the first 8 weeks of pregnancy.  
 (A) True       (B) False
21. SIDS is never anyone's fault.  
 (A) True       (B) False
22. In this country the Black infant death rate is the highest.  
 (A) True       (B) False
23. Preconception means before pregnancy.  
 (A) True       (B) False
24. In a car crash at 25 miles per hour, a 12 pound baby feels like it weighs 240 lbs.  
 (A) True       (B) False
25. All infant death can be prevented.  
 (A) True       (B) False

**Fill in the Blank.....24 points**

**1. Name five signs and symptoms of preterm labor. (5 points)**

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**2. Name the five basic food groups. (5 points)**

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**3. Name three types of Domestic Violence: (6 points)**

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**4. What are the two most important things people can do to reduce the risk of SIDS: (4 points)**

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**5. List four advantages of breastfeeding: (4 points)**

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**6. List four ways to help a family whose baby has died: Bonus: (2 points)**

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## Post Training Questionnaire

Please read the following questions. For each item, bubble in the answer that best describes your response. There are no right or wrong answers, but please answer the questions as honestly as possible.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
1. The objectives of the course were clearly defined.	①	②	③	④	⑤
2. The objectives of the course Important for my community.	①	②	③	④	⑤
3. The materials presented in the course were informative.	①	②	③	④	⑤
4. The materials presented in the course were understandable.	①	②	③	④	⑤
5. The materials presented in the course were practical.	①	②	③	④	⑤
6. There was a good balance Between lecture and other activities.	①	②	③	④	⑤
7. It was useful to spread the Material out over five separate sessions.	①	②	③	④	⑤
8. The course was scheduled on a day and time that I could easily attend.	①	②	③	④	⑤
9. The instructor reviewed the objectives of the course.	①	②	③	④	⑤
10. The instructor seemed knowledgeable.	①	②	③	④	⑤
11. The instructor explained the material in a way that I understood.	①	②	③	④	⑤
12. The instructor was approachable.	①	②	③	④	⑤
13. There were lots of opportunities to ask questions.	①	②	③	④	⑤
14. More visual aids (e.g., slides, films) would improve the course.	①	②	③	④	⑤
15. The facilities were comfortable.	①	②	③	④	⑤
16. I feel prepared to be a Lay Health Advisor.	①	②	③	④	⑤
17. It will be easy for me to talk About the course material.	①	②	③	④	⑤

**Below are statements about the organization of the course. Please consider the training you have just completed. For each item, bubble in the number that reflects your reaction.**

**Overall, how would you describe the course?**

	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Neither Agree nor Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>
18. Well paced (not too fast or too slow)	①	②	③	④	⑤
19. A good length (not too short or too long)	①	②	③	④	⑤
20. Just the right amount of information (not too much or too little)	①	②	③	④	⑤
21. Interesting	①	②	③	④	⑤
22. Useful	①	②	③	④	⑤
23. Clear	①	②	③	④	⑤
24. Organized	①	②	③	④	⑤

25. Which topics do you feel the most prepared to talk about when you enter the community?

26. Which topics to you feel the least prepared to talk about when you enter the community?

27. Would you, or other people you know, disagree with any of the material presented in the course?  
Yes (Y)      No (N)      If yes, please Explain:

28. What did you learn that you did not know before the course?

29. What other topics should be added to this course?

30. Would you return for a follow-up course, if one were to be offered? Yes (Y) No (N)  
Why or why not?