

CURRICULUM VITAE

Marian Levy (Arbeit), Dr.P.H., R.D.

Mlevy1@utmem.edu

Licensure: ADA Registered Dietitian R426131
Certified Nutrition Specialist, # 00147

Education:

UCLA Los Angeles, CA	Dr.P.H. School of Public Health	1994
FL International University Miami, FL	M.S. Dietetics/Nutrition	1975
Tulane University New Orleans, LA	B.S. Psychology	1972

Professional Experience:

2003- current	University of Tennessee, Dept. Pediatrics Children's Foundation Research Center Memphis, TN. UTHSC Department of Pediatrics	Associate Director, Health Promotion and Grants Management Assistant Professor
2001- 2003	Methodist Le Bonheur Healthcare Foundation Memphis, TN	Director, Grants and Research
1998- 2000	Le Bonheur Children's Medical Center Memphis, TN	Director, School Health
1996- current	The University of Memphis Memphis, TN	Adjunct Graduate Faculty Consumer Science & Ed; Human Mmt Sci & Ed; Health Administration
1996-1998	The University of Memphis Prev. Ctr. Memphis, TN	Project Coordinator
1994-1996	Jonsson Comprehensive Cancer Center UCLA; Los Angeles, CA	Research Scientist Project Manager
1991-1992	UCLA Center for Health Promotion Los Angeles, CA	Research Associate
1984-1990	Bogalusa Heart Study National Research and Demonstration Ctr New Orleans, LA	Instructor, Dept of Med. Field Coordinator LSU Medical Center

Honor and Awards

“*Health Care Heroes*” Community Outreach Finalist, 2003
 Healthy Memphis Common Table, Core Team Member
 Tennessee Child and Adolescent Healthy Weight Network Executive Committee
 Tennessee School Health Association President (2000-2001)
 UCLA Cancer Traineeship Award (National Cancer Institute)
 American Dietetic Association Corporate Scholarship
 UICC (International Union for Cancer Control) International Winner
 ‘Clearing the Air Around Nicotine’ ad competition
 Executive Leadership Council, American Cancer Society, Mid-South Division
 Board Member, Cynthia Milk Fund, Memphis, TN.
 National School Health Coordinator Leadership Institute (ACS)
 Partner Advisor, Tennessee Department of Education and Health’s School
 Health Infrastructure

Adjunct Teaching Appointments

University of Tennessee College of Allied Health, Dept. of Dental Hygiene
 The University of Memphis, Graduate Departments of Consumer Science and
 Education; Health Administration; Human Movement Science and Education
 UCLA School of Public Health, Teaching Assistant
 LSU Medical Center, School of Occupational Therapy

Grants/Contracts Awarded

1993	(Principal Investigator) " <u>Correlates of Cancer-Preventive Nutrition Practices in a Worksite Population</u> ". Grant awarded by American Cancer Society, California Division.
1997	(Principal Investigator) " <u>Innovations in Tobacco Control and Youth: A Workshop for Educators and Health Professionals</u> ". Grant awarded by the Centers for Disease Control and Prevention.
2000	(Co-Principal Investigator) " <u>Walk This Way! School Pedestrian Safety Initiative</u> ". Grant awarded by the Children’s Foundation Research Center.
2000-current	(Co-Principal Investigator) " <u>Health Promotion for Hispanic Children: Obesity Prevention</u> ." Grant awarded by the Children’s Foundation Research Center.
2002-2003	(Principal Investigator) “Health and Social Needs of Hispanics in West Tennessee: Haywood and Crockett Counties” Grant awarded by the Tennessee Department of Health.
2003-2007	“Improving the Health, Education, and Well-Being of Young People through Coordinated School Health Programs” Grant awarded to Memphis City Schools by the Centers for Disease Control and Prevention.
2003-2004	(Principal Investigator) “Breastfeeding: A Loving Healthy Start for Babies” Grant awarded by the United Way of the Mid-South.
2004-2005	(Principal Investigator) “ <i>Comenzando bien</i> : A Healthy Start for Latino Babies” Grant awarded by the March of Dimes.

Books

Berenson GS, Hunter S MacD, Johnson CC, Levy MC, Little SD, Nicklas TA, Srinivasan SR, Virgilio SJ, Webber LS. (1998). Introduction of Comprehensive Health Promotion for Elementary Schools: The Health Ahead/Heart Smart Program. New York: Vantage Press.

Policy Guides

Eat Smart...Move More...Tune In: A Healthy Weight Initiative for Tennessee's Children and Youth. Actions for Schools, Child Care, Families, Communities, and Health Care through Capacity Building, Public Policy Change, Communications and Research. (Editor)

Peer-Reviewed Publications

Levy M and Shmerling JE. An interdisciplinary model of comprehensive school health. A White Paper: Describing a model for a comprehensive school health system. Tennessee Hospital Association, February, 2000.

(Levy) Arbeit ML, Johnson CC, Mott DS, Harsha DW, Nicklas TA, Webber LS, Berenson GS. (1992). The Heart Smart Cardiovascular School Health Promotion: Behavior correlates of risk factor change. Prev Med, 21:18-32.

(Levy) Arbeit ML, Nicklas TA, Berenson GS. (1992). Considerations of dietary sodium/potassium/energy ratios of selected foods. J Am Coll Nutr, 11(2): 210-212.

Johnson CC, Nicklas TA, (Levy) Arbeit ML, Berenson GS. (1992). Behavioral counseling and contracting as methods for promoting cardiovascular health in families. J Am Diet Assoc, 92(4): 479-481.

(Levy) Arbeit ML, Serpas DC, Johnson CC, Forcier JE, Berenson GS. (1991). The implementation of cardiovascular school health promotion program: Utilization and impact of a school health advisory committee: the Heart Smart program. Health Ed Res, 6(4): 423-430.

Lawrence MD, (Levy) Arbeit ML, Johnson CC, Berenson GS. (1991). Prevention of adult heart disease beginning in childhood: Intervention Programs. Cardiovascular Clinics, 21(3): 249-262.

Nicklas TA, (Levy) Arbeit ML, Berenson GS. (1991). Dietary studies in children: Cardiovascular disease prevention: The Bogalusa Heart Study. Comprehensive Therapy, 17(10): 8-15.

Nicklas TA, (Levy) Arbeit ML, Srinivasan SR, Berenson GS. (1991). Cardiovascular risk factors in children and prevention of adult atherosclerosis. Contemporary Nutrition, 16(3):1-2.

Berenson GS, (Levy) Arbeit ML, Hunter S MacD, Johnson CC, Nicklas TA. (1991). Cardiovascular health promotion for elementary school children: The Heart Smart Program. Ann NY Acad Sci, 623(4): 299-313.

Johnson CC, Nicklas TA, (Levy) Arbeit ML, Harsha DW, Mott DS, Hunter SM, Wattigney W, Berenson GS. (1991). Cardiovascular intervention for high-risk families: The Heart Smart Program. Southern Medical Journal, 84(11): 1305-1312.

(Levy) Arbeit ML, Christian SL, Mott DS, Johnson CC, Berenson GS. (1990). Heart Smart Cardiovascular School Health Curriculum for Elementary School Children, Grades K,1,2,3. Louisiana State University Press.

Hunter SMacD, Johnson CC, Little-Christian S, Nicklas TA, Harsha D, (Levy) Arbeit ML, Webber LS, Berenson GS. (1990). Heart Smart: A multifaceted cardiovascular risk reduction program for grade school students. Am J Health Promotion, 4(5): 352-360.

Berenson GS, Little-Christian S, (Levy) Arbeit ML, Serpas DC, Nicklas TA, Johnson CC, Hunter SMacD, Harsha DW, Virgilio SJ. (1989). Heart Smart Cardiovascular School Health Curriculum for Elementary School Children, Grades 4,5,6. Second Edition. Louisiana State University Press. Copyright registration No. TXu30457.

Nicklas TA, (Levy) Arbeit ML, Johnson CC, Franklin FA, Berenson GS. (1988). 'Heart Smart' Program: A family intervention program for eating behavior of children at high risk for cardiovascular disease. J Nutr Ed, 20(3): 128-132.

Johnson CC, Nicklas TA, (Levy) Arbeit ML, Franklin FA, Berenson GS. (1988). A comprehensive model for maintenance of family health behaviors: The 'Heart Smart' Family Health Promotion Program. Fam Community Health, 11(1):1-7.

(Levy) Arbeit ML, Nicklas TA, Frank GC, Webber LS, Miner MH, Berenson GS. (1988). Caffeine intakes of children from a biracial population: The Bogalusa Heart Study. J Am Diet Assoc, 88(4): 466-471.

Nicklas TA, Johnson CC, (Levy) Arbeit ML, Franklin FA, Berenson GS. (1988). A dynamic approach for the prevention of cardiovascular disease. J Am Diet Assoc, 88(11): 1438-1440.

Downey AM, Virgilio SJ, Serpas DC, Nicklas TA, (Levy) Arbeit ML, Berenson GS. (1988). 'Heart Smart'- A staff development model for a school-based cardiovascular health intervention. Health Educ, October/November, 19(5): 64-71.

Nicklas TA, (Levy) Arbeit ML, Johnson CC, Franklin FA, Berenson GS. (1987). A family approach to cardiovascular risk reduction through diet. J Nutr Ed, 19:302A.
Johnson CC, Nicklas TA, (Levy) Arbeit ML, Franklin FA, Cresanta JL, Harsha DW, Berenson GS. (1987). Cardiovascular risk in parents of children with elevated blood pressure: 'Heart Smart'- Family Health Promotion. J Clin Hypertens, 3:559-566.

Berenson GS, Nicklas TA, (Levy) Arbeit ML, Johnson CC, Franklin FA. (1987). Heart Smart Nutrition Education Modules (Optional: Dining Out; The Snacking Mouse; Shopping Wise; Help Your Heart Eating Plan; Cooking Tips and Recipe Modification; Dine-O-Mite). Copyright registration No. Txu 298 949.

Abstracts and Presentations:

Levy M, Beeman G, Ralston E. Health Promotion to Reduce Overweight and Diabetes Risk in Hispanic Children: *Para los Niños*. Presented to the 2nd National Steps to a HealthierUS Prevention Summit, Baltimore, MD, April 2004.

Levy M. "Tennessee Healthy Weight Initiative: A Statewide Plan to Promote Healthy Weight in Children and Youth." Presented to University of Tennessee Health Science Center College of Nursing Alumni Weekend, Memphis, TN, April 2004.

Beeman G, Levy M, Hare M, Stender S. Appearance of Body Morphology: Poor Screening Tool for Recognizing Risk of Overweight African American Children in an Urban Pediatric Clinic. Presented to 2004 Pediatric Academic Societies' Meeting, San Francisco, CA, May 2004.

Beeman G, Levy M, Ralston E. Obesity Prevention for Hispanic Children: A "Wall-less Health Club" for Families. Presented to 2004 Pediatric Academic Societies' Meeting, San Francisco, CA, May 2004.

Levy M. "Eat Smart...Move More...Tune In": A Healthy Weight Initiative for Tennessee's Children and Youth. Presented at Model Interventions and Alternative Therapies in Chronic Disease Management, Tennessee Department of Health and the Mississippi Delta Special Initiative, Martin, TN, October 2003.

Levy M, Beeman G, Ralston E. Health Promotion to Reduce Chronic Disease Risk in Hispanic Children: *Para los Niños*. Presented to UTHSC Center of Health Disparities and Preventive Medicine Joint Seminar, October, 2003.

Levy M. Reducing Cancer Risk through Nutrition and Lifestyle Change. Presented to American Cancer Society Breast Health Seminar, Memphis, TN, June 2003.

Levy M. Obesity, Ethnicity, and Health Risk of Hispanic Children in the Mid-South. Presented to the Interdisciplinary Leadership Training Program, Boling Center for Developmental Disabilities at the University of Tennessee, Memphis, TN, April 2003.

Levy M. and Beech B. "Start Where the People Are": The importance of understanding culture in health promotion. Presented to the Interdisciplinary Leadership Training Program, Boling Center for Developmental Disabilities at the University of Tennessee, Memphis, TN, April 2003.

Levy M, Miranda R, Rostro R, Ralston E. Results of *Proyecto SALUD*: A Survey of Health and Social Needs of Latinos in Shelby County. February, 2003. Memphis, TN.

Beeman G, Levy M, Ralston E. *Para los Niños*: A Successful Program to Reduce Overweight in Hispanic Children: Presented to 2003 Pediatric Academic Societies' Annual Meeting, Seattle, WA, April 2003.

Levy M, Beeman G and Stewart T. The Efficacy of Asthma Case Management in Reducing Asthma-related School Absences, Symptomatology, and Hospitalizations in an Urban School District: Coordinated School Health. Selected for presentation at *Asthma 2003: NHLBI National Conference on Asthma*, Washington, DC, May 2003.

Levy M. Reducing Obesity in Tennessee Children. Testimony to the Select Committee on Children and Youth. Tennessee State Legislature. October 10, 2003. Nashville, TN.

Levy M and Beeman G. Asthma Case Management in a Coordinated School Health Program. Presented to ECOS-ASTHO State Asthma Initiative Workshop: Strategies to Reduce Environmental Factors that Affect Asthma in Children. Indianapolis, IN., September 2002.

Levy M. Grantwriting Workshop. Presented to the Memphis District Dietetic Association (MDDA) Professional Development Seminar 2002. September 2002.

Levy M, Larson RW, Stephens MV. The Grants Office A Panel Discussion. Presented to the National Association of Children's Hospitals 2002 Grants Workshop. Alexandria, VA, July 2002.

Levy M. Health Promotion Strategies to Reduce Overweight in Latino Children. Presented to the Memphis Area Nutrition Council (MANC) 2002 Symposium. June 2002.

Levy M, Beeman G, Shmerling J. The Efficacy of Asthma Case Management in an Urban School System: Coordinated School Health. Presented to 2002 Pediatric Academic Societies' Annual Meeting, Baltimore, MD, May 2002.

Levy M. Culture and Ethnicity: Implications for Childhood Obesity Prevention and Intervention. Presented to the Interdisciplinary Leadership Training Program, Boling Center for Developmental Disabilities at the University of Tennessee, Memphis, TN, May 2002.

Beeman G, Levy M, Ralston E, Escher T. Prevalence of Obesity and Health Risk in Hispanic Children in the Mid-South: "Para los Niños" Project. Abstract: Journal of Investigative Medicine, Volume 50, Number 1, January 2002 (94S).

Levy M, Sullivan C, Lewis L, Nye K, Standifer S. The Role of Coordinated School Health in Helping Children, Youth & Families. Presented to Child Welfare League of America, Southern Regional Training Conference, Nashville, TN, October 2001.

Levy M. School Based Approaches to Health Care. Panel presentation to "A Conversation with Policymakers- From TennCare Policy to Programs: What is Working in Tennessee", Nashville, TN, June 2001

Levy M, Nye K, Standifer S, Swaim J, Cole J. Tennessee School Health Coalition: An Interdisciplinary Coalition Promoting Coordinated School Health. Presented to the American School Health Assoc. 74th National School Health Conference, New Orleans, LA, October 2000.

Levy M, Shmerling J, Herrod H, Smith M, Arps J, Shelton M, Avent Y, Jones B. Public-Private Partnership for Comprehensive School Health. Presented to the 127th Annual Meeting of the American Public Health Association, Chicago, IL, November 1999.

Levy M, Smith M, Arps J, Shelton M, Avent Y, Stewart C, Klesges R. An Interdisciplinary Approach to Comprehensive School Health. Presented to the American School Health Association's 73th National School Health Conference, Kansas City, MO, October 1999.

Levy M. Nutrition: An Integral Part of Comprehensive School Health. Presented to the 30th Annual Nutrition Symposium, Memphis Area Nutrition Council, Memphis, TN, May 1999.

Levy M, Avent Y. 'Risky Business.' Presented to Memphis City Schools' Building a Better Way Parent, Youth, and Community Symposium. Memphis, TN, October 1999.

Nye K, Johnston K, Levy M. Coordinating School Health Programs: Addressing the 'Barriers to Learning' in Schools and Classrooms. Presented to the Third Annual West Tennessee Special Education Conference. Memphis, TN, September 1999.

Levy MC, Robinson LA, Klesges RC. Public and private collaboration to reduce adolescent smoking: The Memphis Smoking Prevention Project. Presented to the 12th National Conference on Chronic Disease Prevention and Control, Washington, DC, December 1997.

Blitstein JL, Robinson LA, Klesges RC, Levy MC, Alfano CM. Adolescent Smoking Cessation: Models and Results of a Pilot Program. Presented to the 20th Annual Society of Behavioral Medicine Conference, San Diego, CA, March 1999.

Robinson LA, Klesges RC, Levy MC. Preventing cigarette use in a biracial population: Results of the Memphis Smoking Prevention Project. Presented to the 20th Annual Society of Behavioral Medicine Conference, San Diego, CA, March 1999.

Levy M. Correlates of cancer-preventive nutrition practices in a worksite population. Presented to the American Dietetic Association, 78th Annual Session, Orlando, FL, October 1995.

Levy M. Nutrition and cancer prevention. Presented to University of Southern California (USC) School of Medicine, Preventive Medicine Seminar, December 1995.

(Levy) Arbeit M, Nicklas TA, Webber LS, Berenson GS. Sodium and potassium to energy ratios as an aid to the management of hypertension: The Bogalusa Heart Study. Presented to the American Dietetic Association, 73rd Annual Meeting, Denver, CO, October 1990.

(Levy) Arbeit M. 'Heart Smart' cardiovascular health promotion: Curriculum for the elementary school. Presented to the National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), 105th Annual Conference, New Orleans, LA, March 1990.

(Levy) Arbeit M. Nutrition and lifestyle change to reduce cardiovascular risk factors in children. Presented to the Louisiana Association for the Education of Young Children, Fifth Annual Conference, New Orleans, LA, March 1990.

(Levy) Arbeit M, Serpas DC, Harsha DW, Nicklas TA, Webber LS, Berenson GS. Multiple roles of cardiovascular risk factor screening in evaluating school health promotion. Presented to the Second International Conference on Preventive Cardiology, Washington, DC, June 1989.

(Levy) Arbeit M, Nicklas TA, Harsha DW, Webber LS, Berenson GS. Behavioral correlates of cardiovascular risk factor change in school health promotion- Heart Smart. Presented to the American Dietetic Association 71st Annual Meeting, San Francisco, CA, October 1988.

(Levy) Arbeit M, Nicklas TA, Berenson GS. Food categorization to meet dietary guidelines for hypertension: Sodium and potassium to energy ratios. Presented to the American College of Nutrition 29th Annual Meeting, New Orleans, LA, September 1988.

(Levy) Arbeit M, Webber LS, Berenson GS. Multiple roles of cardiovascular risk factor screening in school health promotion: Heart Smart. Presented to the American Public Health Association 115th Annual Meeting, New Orleans, LA, October 1987.

(Levy) Arbeit M, Forcier JE, Serpas DC, Johnson CC, Berenson GS. "Heart Smart" Week: Transforming a total school environment to promote cardiovascular health. Presented to the American Dietetic Association 70th Annual Meeting, Atlanta, GA, October 1987.

(Levy) Arbeit M, Nicklas TA, Johnson CC, Franklin FA. Nutrition intervention modalities for "high risk" children and their families: The Heart Smart program. Presented to the American Dietetic Association Conference for Advanced Practice and Research, Chicago, IL, Feb 1987.

(Levy) Arbeit M, Webber LS, Cameron SF, Berenson GS. Cardiovascular risk factor screening in elementary school health promotion: Heart Smart. Presented to the Southern District of the

American Alliance for Health, Physical Education, Recreation, and Dance, 23rd Annual Meeting, Birmingham, AL, February 1987.

(Levy) Arbeit M, Nicklas TA, Johnson CC, Franklin FA, Berenson GS. A dynamic family approach for the primary prevention of premature cardiovascular disease. Presented to the American Dietetic Association 69th Annual Meeting, Las Vegas NV, October 1986.

(Levy) Arbeit M, Frank GC, Nicklas TA, Miner MH, Berenson GS. Caffeine intake patterns among infants and children in a biracial population. Presented to the American Dietetic Association 68th Annual Meeting, New Orleans, LA, October 1985.