

# CURRICULUM VITAE

## (Chronological)

NAME: Robin R. Roach DEPARTMENT: Health and Sport Sciences  
 RANK: Associate Professor

### DEGREES

DEGREE	DISCIPLINE	INSTITUTION	YEAR
B.S.	Dietetics	Memphis State University	1977
R.D.	Dietetic Internship	University of Arkansas Medical Center, Little Rock	1977
M.P.H.	Nutrition	Tulane University School of Public Health, New Orleans	1980
Fellowship	Nutrition	University of Tennessee Child Development Center, Memphis	1980
Ed.D.	Science Education	Vanderbilt University, Nashville	1983

### EXPERIENCE

RANK/POSITION	DEPARTMENT/DIVISION	INSTITUTION/COMPANY/ORGANIZATION	PERIOD
Nutritionist		North Memphis Community Health Clinic, Memphis, TN	1977
Clinical Dietitian		Children's Hospital, New Orleans, LA	1977
Instructor	Dept. of Home Economics	Memphis State University, Memphis, TN	1980
Assistant Professor of Clinical Nutrition (Adjunct)	College of Graduate Health Sciences	University of Tennessee, Memphis, TN	1980
Director, ADA Didactic Program in Dietetics	Dept. of Consumer Science and Education	The University of Memphis, Memphis, TN	1980
Assistant Professor	Dept of Home Economics/ Dept. of Consumer Science and Education	Memphis State University/ The University of Memphis, Memphis, TN	1980
Associate Professor	Dept. of Consumer Science and Education	The University of Memphis, Memphis, TN	1990
Associate Professor	Education Department of Health and Sport Sciences	The University of Memphis, Memphis, TN	2000

### HONORS/AWARDS

HONOR/AWARD	INSTITUTION/COMPANY/ORGANIZATION	YEAR
Nominated for Distinguished Teaching Service Award	The University of Memphis	1984, 1987, 1989, 1991, 1992
Outstanding Dietitian of the Year	Memphis District Dietetic Association	1989

New Researcher's Award	American Dietetic Association	1990
Outstanding Alumni Award	The University of Memphis College of Education	1994
Fulbright Scholar	Council for International Exchange of Scholars	1995
Outstanding Educator of the Year	Tennessee Dietetic Association	1997
Earl Crader Award	The University of Memphis College of Education	1998
University College Advising Award	The University of Memphis	2000

**TEACHING EXPERIENCE:** *(Specific information for past two years summarized in Appendix A. Use Appendix A to elaborate on teaching experience as needed.)*

<b>SUBJECT</b> <i>(indicate Undergraduate (U), Graduate (G), Other)</i>	<b>INSTITUTION</b>	
Nutrition (U) Health (G)	Applied Nutrition for	The University of Memphis
Advanced Nutrition (U) Internship III (G)	Clinical Nutrition	
Medical Nutrition Therapy (U) Administration (G)	Clinical Nutrition	
Clinical Nutrition Internship (U) CSED (G)	Independent Study in	
Readings: Foods/Nutrition (U)	Thesis (G)	
Teaching Methods in Health Care (U) Foods &	International Study Tour:	
Honors Forum: World Hunger (U) Methods in Nutrition Education (G)	Nutrition (U/G)	
Community Nutrition (U/G)		

**STUDENT ADVISING/MENTORING:** *(Use Appendix B to elaborate on advising/mentoring role as needed)*

Students involved in scholarly (research, creative) activities directly supervised (committees chaired).

Graduates (number): Undergraduate \_\_\_\_\_, Masters 1,  
Doctoral \_\_\_\_\_, Postdoctoral \_\_\_\_\_

Number of current committee memberships (other than those chaired): Masters 7,  
Doctoral \_\_\_\_\_.

Number of students currently advised: Undergraduate 32, Graduate \_\_\_\_\_

**RESEARCH/SCHOLARSHIP/**

**CREATIVE ACTIVITIES:** *(use Appendix C to provide additional information as needed.)*

**PUBLICATIONS** (authors, title, reference) include material in press and accepted for publication.

### **Professional Journals (Peer-Reviewed)**

Stetson, B.A., Pichert, J.W., Roach, R.R., Lorenz, R.A., Boswell, E.J., & Schlundt, D.G. (1992). Registered dietitians' teaching and adherence promotion skills during routine patient education. *Patient Education and Counseling* 19, 273-280.

Roach, R.R., Pichert, J.W., Stetson, B.A., Lorenz, R.A., Boswell, E.J., & Schlundt, D.G. (1992). Improving dietitians' teaching skills. *Journal of the American Dietetic Association*. 92 (12):1466-1473.

Pichert, J.W., Roach, R.R., Lorenz, R.A., Boswell, E.J., & Schlundt, D.G. (1994). Translating the "effective patient teaching" course to a second university setting. *Journal of Nutrition Education*, 26:149-152.

### **Professional Publications (Editor-Reviewed)**

Stetson, B.A., Pichert, J.W., & Roach, R.R. (1989). Dietitians' teaching skills: Implications for renal nutritionists. *Council on Renal Nutrition Quarterly*, 13 (4), pp. 14-16.

Roach, R.R. (1990). A collaborative effort between researcher/educator and practitioner. *Education Newsletter of the American Dietetic Association*, February, 1990.

Anderson, L., Craig, B., Mehta, M., Roach, R. (2000). Women's Rights: Poverty and Hunger. World Food Day 2000 Study/Action Packet. U. S. National Committee for World Food Day, Washington, DC.

Roach, R.R. (2001). International Learning. *Today's Dietitian*, 3 (2):34-37.

Roach, R.R. (2002). Students and Curriculum: World Hunger Issues. Introducing Students to World Hunger Issues Through Non-Traditional Courses. World Food Day 2002 Study/Action Packet. U.S. National Committee for World Food Day, Washington, D.C., pp. 17-18.

Roach, R., Deshpande, K., George, A., Madson S. (2003) Building Alliances. World Food Day 2003 Study/Action Packet. U. S. National Committee for World Food Day, Washington, D.C., pp. 15-18.

Roach RR. (Fall 2003). A day in the life of a registered dietitian. Diversity: Allied Health Careers. Career Recruitment Media, Chicago, IL. pp. 14-16.

### **Professional Conference Publications/Presentations (Peer-Reviewed)**

Stetson, B.A., Schlundt, D., Pichert, J., & Roach, R.R. (1989). Use of adherence counseling techniques by health care professionals during routine patient interactions. Annual Meeting of the Society for Behavioral Medicine, San Francisco, CA, April 1989.

Pichert, J.W., Roach, R.R., Stetson, B.A., Lorenz, R.A., Boswell, E.J., & Schlundt, D.G. (1989). Improving the teaching skills of registered dietitians. Annual Meeting of the American Educational Research Association, San Francisco, CA, April 1989.

Roach, R.R. (1990). Nutrition educators-Are we effective? Annual Meeting of the American Home Economics Association, San Antonio, TX, June 1990.

Roach, R.R. & Dundas, M.L. (1990). Improving patient teaching skills of nutrition educators. Annual Meeting of the Society for Nutrition Education, Anaheim, CA, July 1990.

Roach, R.R. (1990). Improving RD's teaching skills. Annual Meeting of the American Dietetic Association, Denver, CO, October 1990.

Roach, R.R. (1991). Training dietetic students to be effective educators. Annual Meeting of the Society for Nutrition Education, Miami, FL, July 1991.

Ellis, K., Dundas, M.L., Nuckolls, J., Bond, C.L. & Roach, R.R. (1991). Will low literacy materials help obese patients lose weight and make lifestyle changes? Annual Meeting of the Society for Nutrition Education, Miami, FL, July 1991.

Smith L.P., Smith, M.A., Dundas, M.L., & Roach, RR. (1991). Implementation of a healthy eating plan in school food lunch. Annual Meeting of the American Dietetic Association, Dallas, TX, October 1991.

Slawson, D.L., Eck, L.H., Mitchell, C.O., & Roach, R.R. (1991). Socioeconomic and racial differences in attitudes and subjective norms and their relationship to nutrition-related behaviors. Annual Meeting of the American Dietetic Association, Dallas, TX, October 1991.

Yarbro, A.L., Dundas, M.L., Connor P.D., Roach, R.R., & Murphy, M. (1993). Lifestyle behaviors and attitudes of pregnant women concerning weight gain. Annual Meeting of the Society for Nutrition Education, Minneapolis, MN, June 1993.

Roach, R.R. & Stevens, P. (1993). Review, Revise, and Renew: The 3 R's of Empowerment. Annual Meeting of the American Home Economics Association, Orlando, FL, June 1993.

Roach, R.R. (1993). Clinical Management Practice Grant Experience. Annual Meeting of the American Dietetic Association, Anaheim, CA, October 1993.

Sulentich, D.M., Roach, R., Walker, L. Smith, M. (1995). The relationship between inner city adolescents qualifying for free, reduced and full price school lunches and nutrition knowledge. Spring Meeting of the Tennessee Dietetic Association, April 1995.

Dundas, M., Neill, M., Roach, R., Stevens, P. (1995). A comparison study: using the food guide pyramid and the American Diabetes Association Exchange Lists in Nutrition Counseling for lower socioeconomic status adults. Annual Meeting of the Society for Nutrition Education, Washington, DC, July 1995.

Young, L., Smith, M., Roach, R., Cesari, J. (1995). The prevalence and correlating characteristics of disordered eating among adolescent female cheerleaders and dancers. Annual Meeting of the American Dietetic Association, October 1995. (JADA 95: A-61).

Frankum, K., Roach, R., Anspaugh, D., Smith, M., & Stevens, P. (1995). A knowledge assessment following nutrition and food labeling instructions with college students. Annual Meeting of the American Dietetic Association, October 1995.

- Crowson, C., Roach, R., Smith, M., & Polly, D. (1995). Nutrition knowledge of preschool children living in transitional housing or stable housing and the nutrition messages of their mothers. Annual Meeting of the American Dietetic Association, October 1995.
- Roach, R. (1996). Preparing Nutrition Educators for Globalization. Annual Meeting of the SE College Teachers of Food, Nutrition, and Food Science, Tuskegee University, March 1996.
- Todd, J.L., Smith, M.A., Roach, R., Cesari, J. (1996). The role of negative self-esteem in making adolescents vulnerable to the progression from disordered eating and body dissatisfaction to the development of an eating disorder. Spring Meeting of the Memphis District Dietetic Association, April 1996.
- Roach, R. (1996). International Experiences in Nutrition Education: Preparing for the 21<sup>st</sup> Century. Tennessee Dietetic Association Spring Meeting and the Memphis Area Nutrition Council 27<sup>th</sup> Annual Symposium, Memphis, TN, April 1996.
- Roach, R. (1996). International Experiences: 4 Countries and the Beijing Conference. Annual Meeting of the Society for Nutrition Education, St. Louis, MO, July 1996.
- Roach, R. (1996). A Model for Teaching Research at the Belize School of Nursing. Caribbean Nurses Organization XX Biennial Conference, Belize City, Belize, Central America, August 1996.
- Roach, R. (1998). Developing Food guidelines in a Developing Country. Biennial Meeting of the SE College Teachers of Food, Nutrition, and Food Science, Tennessee State University, February 1998.
- Legowski, P., Roach, R., Smith, M., Thomas, E., & Sibrian, R. (1998). Assessment of the Household Food Habits and Dietary Patterns of Rural Belize. Annual Meeting of the American Dietetic Association, October 1998.
- Ewing, A., Mitchell, C., & Roach, R. (1998). Clinical Indicators Predicting Weight Loss in Nursing Home Residents. Annual Meeting of the American Dietetic Association, October 1998.

Loria, K., Smith, M., Roach, R., & Connor, P. (1998). Outcome Measures to Determine the Importance of Dietitians in Diabetes Care in a Primary Care Setting. Annual Meeting of the American Dietetic Association, October 1998.

Roach, R. (1999). A Model for Training Allied Health Students to Teach Clients. Arkansas Instructional Conference, University of Arkansas at Hope, March 1999.

West, H., Smith, M., Roach, R., & Williams, R. (1999). Resting energy expenditure and nutritional status in children with sickle cell disease after glutamine supplementation. Annual Meeting of the American Dietetic Association, Atlanta, GA, October 1999.

Burns, K., Smith, M., Roach, R., & Smith, K. (1999). Comparison of the linear growth of children with bone marrow transplants to normal population data using Z-scores. Annual Meeting of the American Dietetic Association, Atlanta, Ga, October 1999.

Braun B, Clemens LH, Roach RR, Murphy M. (2003). Environmental factors that influence the eating habits of 8 to 10 year old children. Annual Meeting of the American Dietetics Association, San Antonio, TX, October 2003.

Reasor K, Clemens LH, Roach RR, Meeks M. (2003). Experiences individuals have while on the Atkins Diet. Annual Meeting of the American Dietetic Association, San Antonio, TX, October 2003.

Roach RR, Young P. (2004). Alternative approaches to international nutrition education in an urban university in the United States. International Congress of Dietetics Meeting, Chicago, IL, May 2004.

## **PRESENTATIONS (authors, title, reference)**

### **INVITED PRESENTATIONS**

R. Roach, "Empowering the Learner-Patient Education that Works," Regional Medical Center Clinical Nutrition Service Symposium, Peabody Hotel, Memphis, TN, September 19, 1991.

R. Roach, "Effective Client Teaching," Memphis District Dietetic Association Professional Development Seminar, Memphis, TN, September 1996.

R. Roach, "Eating Right," Memphis and Shelby County Prison, Women's Building, November 5, 1991.

R. Roach, "Nutrition for Athletic Training, Evangelical Christian School, Memphis, TN, August 1992.

R. Roach, "How Do You Rate?" First Assembly Christian School, Memphis, TN, September 1992.

R. Roach, "You Are What You Eat?" Shelby County Prison, Women's Building, Memphis, TN, October 1992.

R. Roach, "Effective Patient Counseling Techniques," UT Family Medicine Residents, Memphis, TN,  
November 4 and 8, 1993.

R. Roach, "Effective Patient Teaching," The University of Memphis, Department of Consumer Science and  
Education, Clinical Nutrition II Orientation, January 1998.

R. Roach, "Effective Patient Teaching," The University of Memphis, Department of Consumer Science and  
Education, Clinical Nutrition II Orientation, January 1999.

R. Roach, "Effective Patient Teaching," The University of Memphis, Department of Consumer Science and  
Education, Clinical Nutrition II Orientation, January 2000.

R. Roach, "Cruising—New Foods are Fun," The University of Memphis Campus School, January 2000.

R. Roach, "A Career in Dietetics," Career Day, Rhodes College, Memphis, TN, May 2000.

R. Roach, "Family and Consumer Sciences Today," Home Economics Auxilliary Association, Memphis, TN,  
February 2001.

R. Roach, "Everything You Wanted to Know About Tenure and Promotion & Much More." Panel Discussion,  
College of Education, The University of Memphis, February 2003.

R. Roach, "Dietetics Today", Panel Discussion, CSED, The University of Memphis, March 2004.

## **OTHER**

Reviewer, University of Tennessee Medical Group Research Grants, 1997-1998

Reviewer, West/Wadsworth, *Understanding Nutrition*, 8<sup>th</sup> Ed., 1997-1998

Reviewer, West/Wadsworth, *Understanding Nutrition*, 9<sup>th</sup> Ed., 2001

Academic Advisory Board, McGraw-Hill/Dushkin Annual Editions: Nutrition 2000/01, 2002/03, 2003/04. 2004/2005

Reviewer, Wadsworth/Thomson Learning, *Understanding Nutrition*, 10<sup>th</sup> Ed., 2003

**SUPPORT:** If more than one person is involved, indicate your role (e.g., PI, CO-PI, consultant) and percent of effort on grant. (Use Appendix D to provide additional information as needed.)

<b>EXTERNAL (Funded or Pending.</b>	<b>AGENCY/SOURCE</b>	<b>AMOUNT</b>	<b>PERIOD</b>
Hazel M. Hauck Graduate Fellowship in Human Nutrition	American Dietetic Association	\$1,000 (funded)	1985
Dietetic Practitioner Practice Grant	American Dietetic Association	\$1,500 (funded)	1993
Fulbright Grant	USIA and Council for International Exchange of Scholars, Belize, Central America	\$103,000 (funded)	August-December 1995
Multicultural Scholars Program	USDA - Higher Education	CO-PI (pending)	2003-2008

  

<b>INTERNAL</b>	<b>SOURCE</b>	<b>AMOUNT</b>	<b>PERIOD</b>
Academic Enrichment Grant	Memphis State University	\$7,290 (funded)	1985-86
Faculty Research Grant – Household Food Habits & Patterns in Rural Belize	The University of Memphis	\$3,890 (funded)	August 1997 May 1997

**OUTREACH:** (Project/s summarized as needed in Appendix E.)

**Local Media:**

"Hello to good buys," *The Commercial Appeal*, pp. E1, E2, June 4, 1989

"Water," *MSU Newslines*, October 1989

"Kids are Cooking," *The Commercial Appeal*, pp. E1, E2, September, 1990

"Cholesterol," *MSU Magazine*, 1992

"Weight Control," *The Memphis Flyer*, 1992  
"The Food Pyramid," *The Commercial Appeal*, 1992  
"Prevention through Nutrition," *Memphis State of Mind Radio Show*, March 22-28, 1992  
"Anorexia," *MSU Daily Helmsman*, February 1993  
"Diet Experts Find that Fat is Slippery Subject to Public," *The Commercial Appeal*, 1993.  
"Cooking with Kids," *The Commercial Appeal*, September 9, 1993  
"Freeze-it; Zap it," *Memphis Parent*, May/June 1994  
"Don't let a fussy eater spoil your supper," *The Commercial Appeal*, pp. G1, G2,  
February 21, 1999.  
"Want Milk?" *Memphis Health and Fitness Sports Magazine*, pp. 10, 12, November,  
2001.  
"Milk – Mooving Up," *The Commercial Appeal*, pp. G1, September 4, 2002.

### **Other:**

Healthy Habits, Board of Advisors, 1992-1998  
Mid-South Fair, Nutrition Entries, Judge, Memphis, TN, 1982, 1984, 1985, 1987, 1988,  
1990, 1992  
Memphis and Shelby County Science and Engineering Fair, Judge, 1984, 1985, 1986,  
1987, 1988, 1991, 1992, 1993, 1995, 1996, 1997  
Audubon Park Baptist Church, First Place Program, Nutrition Speaker, April 1997  
Second Baptist Church, Joy Class Group, "Nutrition for Life," August 1997  
National Food Bank Week, Participant, 1994  
Fitness Health Fair, Nutrition Counselor, Memphis State University, Fitness and  
Wellness Center, 1991  
Nutrition Health Fair, Memphis State University, University Center, 1991, 1992, 1993  
World Food Day Steering Committee, Director/Co-Director, Memphis, TN, 1986, 1987,  
1988, 1998, 1999, 2000, 2002, 2003  
American Heart Association, Nutrition Committee, Memphis, TN, 1989-91  
Memphis Interfaith Hospitality Network, Volunteer, 1996-2002  
St. Jude Children's Research Center – Nutrition Post-Doctorate Committee, 2001  
International Network Group- St. Jude- member, 2003  
STCC/U of M Undergraduate Dietetic Education Articulation Agreement- Co-Chair-  
2004

### **SERVICE:**

Department: Faculty Search Committee, 1985-86, 1986-87, 1998-99, 1999-2000; Chair,  
1999-2000  
CSED Steering Committee, MSU/Univ. of Tennessee, Memphis Master's in  
Clinical Nutrition Program,  
Member, 1986-87  
Academic Enrichment Grant, Co-Chairman, 1985-86, 1989-90  
ADA Standards of Education Plan IV Approval Committee, Chairman,  
1990-91  
Tenure and Promotion Committee, Member, 1991-Present  
Tenure and Promotion Committee, Chair, 1993, 1999

Task Force on Home Economics' Mission within the College of Education, Chair, 1991  
MSU Dietetic Internship Advisory Committee, Member, 1991  
HMEC Task Force on Reorganization, Co-Chair, 1992  
Adult Options Day Program, Participant, 1994  
The U of M Student Dietetic Association, Faculty Advisor, 1991-Present  
Human Resources Committee, 1992-Present  
American Association of Family and Consumer Sciences Accreditation Self-Study Committee,  
Member, 1997-1998  
Peer Mentor Program, 2001-02  
SWTCC/UM Articulation Agreement Committee, Co-Chair, 2000-02  
Community Partnership – UT Agricultural Extension Service, 2003

**Department:**  
HHS

Faculty Search Committee, Member , 2004  
Academic Accreditation Council, Member, 2004  
Undergraduate Council, Member, 2004  
Program Director, Didactic Program in Dietetics- 2004  
Student Dietetic Association- Faculty Advisor- 2004

**College:**

COE Reorganization Committee, Member, 1991  
COE Reorganization Subcommittee, Member, 1991  
Teacher Education Program, Interviewer - Fall 1991, Spring 1992  
COE Faculty Rewards Committee, 1994  
COE Faculty Council, Elected Member, 1992-95  
NCATE Committee, 1994-95  
Development Liaison, 1995-96  
International Initiatives Committee, 1996-97  
Diversity Task Force, 1996-97, 1998, 2001-02  
Diversity Task Force, Chair, 1998  
COE Alumni Committee, 1997-98  
Urban Chair of Excellence Search Committee, 1998, 1999  
COE Ph.D. Task Force, 1997-98, 1998-99  
COE Tenure and Promotion Committee, 1997-98, 1998-99, 1999-2000  
New Faculty Research Grant Reviewer, 1999  
COE Honors Program, 2001-02  
Faculty Development Committee, 2002-03, 2003-2004

**University:**  
1989-90

Academic Policies Committee, Academic Senate Secretary, 1988-89,  
Academic Senate, Member, 1988-90  
Writing Across the University Workshop Participant, Fall 1991  
Health Issues Committee, Nutrition Fair Representative, Fall 1992

Tenure and Promotion Appeals Committee, Member, 1990-91, 1991-92,  
1992-93  
Commencement Marshall, December 1994  
University College Advisor, 1985-86, 1986-87, 1987-88, 1990-92, 1994-  
95, 1996-97  
University Standing Committee on Safety, 1994-95  
Diversity Workshop Participant, Spring 1995  
Tennessee Board of Regents Committee to Review Nutrition Science  
Course Framework, 1995  
Graduate Faculty, Associate Member, 1984-89, 1989-1996  
Graduate Faculty, Full Member, 1996-Present

SERVICE: *continued*

U of M Employee Wellness Group Task Force, 1997-98  
Faculty Research Grant Reviewer, 1998  
Campus International Advisory Organization, 1998  
International Studies Abroad—Summer Program Reviewer, 1999-2000  
University College Review Committee, 1999-2000  
SACS Implementation Committee, 2002  
University College Faculty Council, 2002-03, 2003-2004  
University College Contract Review Council, 2002-03  
University College Distinguished Special Project Award Selection Co,  
2002-03, 2004  
University Fulbright Committee, member- 2004

American Dietetic Association, Member, 1978-Present

Didactic Program in Dietetics, Director, 1984-Present  
Clinical Management Practice Group, Member, 1993-96  
Hunger and Environmental Nutritionists Practice Group, 2002-Present  
Plan IV Program Director, 1984  
Dietetic Educators of Practitioners Practice Group, Member, 1983-Present  
Consulting Nutritionist's Practice Group, Member, 1983-88  
Pediatric Nutritionist's Practice Group, Member, 1982-84

Tennessee Dietetic Association, Member, 1981-Present

Scholarship Committee, Chairman, 1987-88, 1988-89  
Scholarship Committee, Member, 1986-87

Memphis District Dietetic Association, Member, 1981-Present

Nominating Committee, Chairman, 1984-85, 1986-87, 1992-93  
Council on Practice, Chairman-elect, 1988-89; Chair, 1989-90  
Nutrition Services Payment Representative, 1988-89  
Executive Board Member, 1984-89  
Council on Practice, Education Division Chairman, 1985-87  
Legislative Committee, Chairman, 1984-85

Memphis Area Nutrition Council, Member, 1981-Present  
Nutrition Symposium Program Committee, 2000-01  
Nutrition Symposium XXV, Exhibitors, Co-Chair, 1994  
Executive Board Member-Member at Large, 1991  
President, 1989-90  
Secretary, 1987-89  
Second Vice-President, 1984-85  
Nutrition Symposium XVI, Chairman, 1984-85

**CONSULTING:** *(Optional Appendix F may be used.)*

ORGANIZATION/COMPANY	PERIOD

