

Human Performance Laboratories
Department of Health & Sport Sciences
The University of Memphis
(November 2008)

Undergraduate Internship Application Guidelines

A limited number of internship opportunities are available most semesters in one or more of the Human Performance Laboratories (HPL). These internships have been developed to provide a unique and stimulating opportunity for students in the EXSS program, especially for those who aspire to careers in research and/or teaching in exercise and sport science or a closely-related area. The internship is a capstone experience that should directly relate to both your program of study and career aspirations. However, in some cases, a student may wish to gain experience in a research setting to see if it appeals to him/her as a career path. In this case, it is likely that a split assignment (part in one of the HPL and part in an outside agency or setting) will be best for the student.

Applicants will sign up for 9 credit hours of EXSS 4605 and are expected to complete no less than 360 contact hours that may be split between different pre-approved sites. Hours will be completed during the semester for which the student is registered. If an *IP* (in progress) grade is received, the student will be required to register for an additional 9 credit hours of internship for the next regular semester (University policy).

The number of interns assigned to any one of the HPL each semester is dependent on faculty availability. Previous or ongoing successful volunteerism in one or more of the HPL increases the likelihood of an individual lab director agreeing to a specific internship assignment.

Application Process

***Prior to starting the internship, students are expected to have successfully completed all prerequisites for EXSS 4605 and have a minimum overall grade point average of 3.00.**

***If an individual lab director agrees in writing to take on a student for 9 credit hours of internship for a particular semester, these requirements may be postponed, or waived in the case of the GPA, but this is a rare exception.**

Submit completed application for HPL internship by the following dates:

For Fall Semester → July 1
For Spring Semester → November 1
For Summer Semester → April 1

HPL internship applications should be submitted via e-mail to:

lweiss@memphis.edu
Dr. Lawrence Weiss, Director
Human Performance Laboratories
Dept. of Health and Sport Sciences
The University of Memphis
Memphis, TN 38152-3480

PLEASE NOTE: This is an additional application process that in no way takes the place of the standard departmental application process for internships. If the departmental guidelines are not followed, then the HPL internship application will be voided.

Human Performance Laboratories (HPL) Undergraduate Internship Application

(February 2005)

Applicants Name: _____

Overall Grade Point Average: _____

Current Transcript Attached: Yes No

Current Date: _____

Semester of Proposed HPL Internship: Fall 200 Spring 200 Summer 200

Proposed Individual Laboratory Site:

- Imaging/Body Composition: _____
- Cardiorespiratory/Metabolic: _____
- Exercise Biochemistry: _____
- Exercise Neuromechanics: _____
- Motor Behavior: _____
- Musculoskeletal Dynamics: _____

This application should be accompanied by a short statement on why an internship in the HPL will support your academic and professional goals and what exactly you expect to gain from your experience. This should be completed in one page or less, typed and double spaced. Attach this document to your application. We recommend that you discuss this with the prospective individual lab director prior to submitting your written statement.

Name of Proposed HPL Site Director: _____

Proposed Internship Assignment for HPL Site (Credit-hours): _____ (Contact Hours): _____

Individual Lab Director Preliminary Approval: _____ Date: _____

HPL Internal Information

Other applicants for this individual lab: _____

Approved Credit/Contact Hours _____ / _____ in HPL

Approved for: Semester/Year _____ / _____

Approval Signatures

HPL Site Director _____ HPL Director: _____

Copies to: 1) Applicant, 2) HSS Internship Director, 3) HPL Director, 4) Individual Lab Director