

# Idia Binitie Thurston, PhD

May 18, 2015

## CONTACT INFORMATION

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## EDUCATION & TRAINING

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Undergraduate: **Florida State University**, Tallahassee, FL  
May 2003  
Bachelor of Science, Psychology, *Magna Cum Laude*

Masters: **University of South Florida**, Tampa, FL (*APA accredited*)  
May 2006  
Masters of Arts, Psychology

Predocutorial  
Fellowship: **Warren Alpert Medical School of Brown University/Rhode Island Hospital**  
Summer 2008  
NIMH T-32, Department of Psychiatry & Human Behavior

Doctorate: **University of South Florida**, Tampa, FL (*APA accredited*)  
August 2010  
Doctor of Philosophy, Clinical Psychology, Pediatric Psychology Concentration

Internship: **Boston Children's Hospital/Harvard Medical School**, Boston, MA (*APA accredited*)  
September 2009-August 2010  
Pediatric Psychology (Inpatient & Outpatient), Department of Psychiatry

Postdoctoral  
Fellowship: **Boston Children's Hospital/Harvard Medical School**, Boston, MA  
September 2010-August 2011  
Leadership Education in Adolescent Health (LEAH), Division of Adolescent/Young  
Adult Medicine

Postdoctoral  
Fellowship: **Boston Children's Hospital/Harvard Medical School**, Boston, MA  
September 2011-July 2013  
NIH Diversity Research Fellowship, Division of General Pediatrics

## LICENSURE

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2014-p	<b>State of Tennessee</b>	#3231, Clinical Psychologist, Health Service Provider
2012-2014	<b>State of Massachusetts</b>	#9520, Clinical Psychologist, Health Service Provider National Provider Identifier (NPI) 1932390838 Council for Affordable Quality Healthcare (CAQH) 12425445

## **APPOINTMENTS**

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### **University Appointments**

- 8/13- p      **University of Memphis**, Memphis, TN  
Assistant Professor, Department of Psychology (Clinical Psychology)  
Affiliated Faculty (School Psychology)
- 10/13-p      **University of Tennessee Health Science Center**, Memphis, TN  
Adjunct Assistant Professor, Department of Pediatrics
- 9/12-7/13    **Harvard Medical School**, Boston, MA  
Instructor in Psychology, Department of Psychiatry

### **Hospital Appointments**

- 3/14-p      **Le Bonheur Children's Hospital**, Memphis, TN  
Assistant Professor, Department of Pediatrics, Pediatric Obesity Program
- 9/12-7/13    **Boston Children's Hospital**, Boston, MA  
Assistant in Psychology, Attending Psychologist, Adolescent Obesity Clinic

## **AREAS OF INTEREST**

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Obesity & HIV prevention & treatment  
Culturally-tailored interventions for Adolescents & Young Adults (AYA)  
Health disparities & biopsychosocial-cultural risk and protective factors  
Role of parental involvement and communication in AYA risk reduction  
Multi-level ecological frameworks & intersectionality of multicultural factors  
Community-based participatory research (CBPR) & intervention dissemination

## **HONORS/AWARDS**

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The Outstanding Mentoring Award, University of Memphis, 2015  
Harvard Medical School Livingston Fellowship Award, 2012-2013  
Global Infectious Diseases Traveling Award, Harvard Global Health Institute, 2011-2012  
Tom Tighe Graduate Student Research Award, University of South Florida, 2008-2009, 2004-2005  
NIMH T32 Predoctoral Fellowship, Warren Alpert Medical School of Brown University, 2008  
Graduate Diversity and Access Fellowship, University of South Florida, 2007-2010  
Counseling Center Faculty-Staff Scholarship, University of South Florida, 2007  
Clinical Psychology Research Fund, University of South Florida, 2004-2005  
Graduate Educational Opportunities Grant, University of South Florida, 2003-2007  
Phi Beta Kappa, Florida State University, 2002

Psi Chi, National Honor Society in Psychology, Florida State University, 2002

## GRANTS

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### Current Support

*Risk and Protective Factors in HIV-Positive Mothers:  
Examining the Intersection of HIV, Intimate Partner Violence,  
and Substance Use on Parenting (PI)* 5/12/2014-5/11/2015  
Award amount: \$5000  
University Diversity Research Grant

*Risk and Protective Factors in Violence-Exposed Mothers:  
Examining the Intersection of Intimate Partner Violence, HIV,  
and Substance Use on Parenting (Co-I; PI: Howell, KH)* 7/1/2014-6/30/2015  
Award amount: \$6000  
Faculty Research Grant

### Submitted (Pending)

PAR-14-028 Using Mobile Health Technology to Improve HIV-Risk  
Assessment and Service Access for Adolescents and Young Adults  
in South Africa (R21) (MPI) 7/1/2015-6/30/2017  
Submitted: February 2015

PAR-14-179 Behavioral Intervention to Support Antiretroviral  
Treatment Adherence for HIV-Positive Adolescents in South Africa  
(R34) (Co-I) 7/1/2015-6/30/2018  
Submitted: February 2015

PAR-14-321 Developing Interventions for Health-Enhancing  
Physical Activity (R21/R33) (Co-I) 7/1/2015-6/30/2017  
Submitted: November 2014

Pediatric Research Loan Repayment Program 7/1/2015-6/30/2017  
National Institute of Child Health and Human Development (NICHD) (PI)  
Submitted: November 2014

### Past Support

*Adaptation of an HIV Adherence Toolkit for the Young Men's Health  
Website (Co-PI)* 1/1/2013-12/31/2013  
Award amount: \$11,969  
Aerosmith AIDS Endowment Fund

R34MH090790-S1 4/1/2011-3/31/2013  
*South African Pilot Worksite Parenting Program to Prevent HIV  
Among Adolescents (Postdoctoral Fellow; PI: Bogart, LM)* Award amount: \$165,242  
NIMH Postdoctoral Diversity Supplement

*Parent-Child Concordance in a Worksite Parenting Program to Prevent  
HIV Among Adolescents in South Africa (PI)* 7/1/2012-6/30/2013  
Award amount: \$5000  
Harvard Medical School Livingston Fellowship Award

T71 MC00009 (**Postdoctoral Fellow**; PI: Emans, SJ) 7/1/2007-6/30/2012  
 Leadership Education in Adolescent Health (LEAH) Training Program Award amount: \$368,000  
 HRSA/MCH

P30AI060354 7/1/2010-6/30/2012  
*Improving Antiretroviral Medication Adherence Among HIV-Infected Youth* (**Postdoctoral Fellow**; PI: Bogart, LM & Mimiaga, MJ) Award amount: \$87,490

Harvard Center for AIDS Research 6/6/2011-6/5/2012  
*A Worksite Parenting Program to Prevent HIV Among Adolescents in South Africa* (**PI**) Award amount: \$5000  
 Harvard Global Health Institute

*Implementation of an HIV/AIDS Therapeutic Group for Teenage Girls* (**PI**) 6/1/2008-5/31/2009  
 Award amount: \$4820  
 Allegany Community Outreach

## **PUBLICATIONS** (\*denotes mentee)

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### **Peer Reviewed Publications**

1. **Thurston, I. B.**, Gray, W. N., & Pulgaron, E. R. (In Press). Going above and beyond: Exemplar Diversity Training in Pediatric Psychology. *Clinical Practice in Pediatric Psychology*, Special Issue
2. Berlin, K. S., Kamody, R. C., **Thurston, I. B.**, Banks, G. G., Rybak, T. M., & Ferry, R. J. (In Press). Physical Activity, Sedentary Behavior, and Nutritional Risk Profiles and Relations to Body Mass Index, Obesity, and Overweight in Eighth Grade. *Behavioral Medicine*.
3. Sonnevile, K. R., Grilo, C. M., Richmond, T. K., **Thurston, I. B.**, Jernigan, M., Gianini, L., & Field, A. E. (2015). Prospective association between overvaluation of weight and binge eating disorder among overweight adolescent girls. *Journal of Adolescent Health*, 56, 25-29.
4. Richmond, T. K., **Thurston, I. B.**, Sonnevile, K. R., Milliren, C., Walls, C. E., & Austin, S. B. (2014). Racial/Ethnic Differences in Accuracy of Body Mass Index Reporting in a Diverse Cohort of Young Adults. *International Journal of Obesity*, 39, 546-548.
5. **Thurston, I. B.**, Phares, V., Coates, E.E., & Bogart, L. M. (2014). Child Problem Recognition and Help-Seeking Intentions Among Black and White Parents. *Journal of Clinical Child and Adolescent Psychology*, (ahead of print), 1-12.
6. **Thurston, I. B.**, Dietrich, J., Bogart, L.M., Otwombe, K. N., Sikkema, K. J., Nkala, B., & Gray, G. E. (2014). Correlates of Sexual Risk among Sexual Minority and Heterosexual South African Youth. *American Journal of Public Health*, 104, 1265-1269.
7. **Thurston, I. B.**, Bogart, L.M., \*Wachman, M., Closson, E. F., Skeer, M. R., & Mimiaga, M. J. (2014). Adaptation of an HIV Medication Adherence Intervention for Adolescents and Young Adults. *Cognitive and Behavioral Practice*, 21, 191-205.

8. Bogart, L.M., Skinner, D., **Thurston, I.B.**, Toefy, Y., Klein, D. J., Hu, C., & Schuster, M.A. (2013). Let's talk!, A South African worksite-based HIV prevention parenting program. *Journal of Adolescent Health, 53*, 602-608.
9. **Thurston, I. B.**, Pulgaron, E. R., & Valenzuela, J. M. (2013). How to Actualize Your Ideas in a Steep Funding Climate: Experiences of Diverse Researchers. *The Behavioral Therapist, 36*, 136-142.
10. **Thurston, I. B.**, & Phares, V. (2008). Mental health service utilization in African American and Caucasian mothers and fathers. *Journal of Consulting and Clinical Psychology, 76*, 1058-1067.
11. **Thurston, I. B.**, Curley, J., Fields, S., Kamboukos, D., Rojas, A., & Phares, V. (2008). How nonclinical are community samples? *Journal of Community Psychology, 36*, 411-420.
12. Phares, V., Fields, S., & **Binitie, I.** (2006). Getting fathers involved in child-related therapy. *Cognitive and Behavioral Practice, 13*, 42-52.

### Submitted Manuscripts

1. Fields, E. L., Bogart, L. M., **Thurston, I. B.**, Hu, C., Closson, E. F., Skeer, M. R., Safren, S. A., & Mimiaga, M. J. (under review). Qualitative Comparison of Barriers to Antiretroviral Medication Adherence among Perinatally and Behaviorally HIV-infected Youth. *AIDS Patient Care and STDs*.
2. Sonnevile, K. R., **Thurston, I. B.**, Milliren, C., Kamody, R. C., Gooding, H.C., & Richmond, T. K. (under review). Is Weight Misperception Harmful or Helpful? Weight Misperception and Weight Gain Among Overweight and Obese Young Adults. *International Journal of Obesity*.
3. \*Anderson, M.B., Okwumabua, T.M., & **Thurston, I. B.** (under review). Adolescent Condom Carnival: Feasibility of a novel group intervention for decreasing sexual risk. *Health Education and Behavior*.
4. Barnes, S. E., Howell, K. H., **Thurston, I. B.**, & Cohen, R. (under review). Factors associated with children's attitudes toward violence. *Violence and Victims*.
5. Pichon, LC, Powell, TW, **Thurston, IB**, Arnold, TL, Digney, SA, Williams, AL, & Becton-Odum, N. (under review) "Born with Temptation": An exploration of Readiness to Address Sexuality and Sexual Health Teachings Among Faith Leaders. *Culture, Health and Sexuality*.
6. **Thurston, I. B.**, Bogart, L.M., Skinner, D., Toefy, Y., Hu, C.H., & Schuster, M.A. (under review). "They might become wild": A Qualitative Examination of Barriers to and Facilitators of Parent-Child Communication in South-African Families. *Academic Pediatrics*.

### Book Chapters

1. Hankinson, J. C., **Thurston, I. B.**, Fields, S., Rojas, A., Kamboukos, D., & Phares, V. (2011). The connections between individual therapy in the family and adolescents' emotional/behavioral problems. In A.M. Columbus (Ed.), *Advances in Psychology Research, 67* (pp.149-162). Hauppauge, NY: Nova Science Publishers.

- Phares, V., Rojas, A., **Thurston, I. B.**, & Hankinson, J. C. (2010). Including fathers in clinical interventions for children and adolescents. In M. E. Lamb (Ed.), *The role of the father in child development (5th ed.)* (pp. 459-485). Hoboken, NJ: Wiley.

### Non-Peer Reviewed Publications

- Thurston, I. B.**, Fitzpatrick, S. L., and Mitchell, M. J. (2013). Obesity in African American Girls and Women: Summit Insights and Implications for Pediatric Psychologists. *Progress Notes: Newsletter of The Society of Pediatric Psychology*, 37, 14.
- Mimiaga, M.J., Bogart, L.M., **Thurston, I.B.**, Skeer, M.R., Wachman, M., Closson, E.F., & Safren, S.A. (2012). Positive Strategies to Enhance Problem-Solving Skills: Positive STEPS. Therapist & Participant Manuals.
- Bogart, L.M., **Thurston, I.B.**, Toefy, Y., Skinner, D., & Schuster, M.A. (2011). Let's Talk: A Parenting Workshop for Parents and Caregivers of Adolescents. Facilitator & Participant Manuals.

### PEER REVIEWED CONFERENCE PRESENTATIONS (\*denotes mentee)

- Howell, K.H. & **Thurston, I.B.** (June 2015). Predictors of resilience among high-risk mothers: Examining individual, interpersonal, and community-level factors. Poster to be presented at Pathways to Resilience III Conference: Beyond Nature vs. Nurture, Halifax, Nova Scotia, CA.
- Nguyen, B., Milliren, C., **Thurston, I.B.**, Sonnevile, K.R., Calzo, J., Katz-Wise, S.L., Gooding, H.C., & Richmond, T.K. (April 2015). Does weight misperception have protective effects in sexual minorities? The relationship between sexual orientation, weight misperception, and depressive symptoms among overweight/obese youth. Poster to be presented at the Pediatric Academic Societies annual meeting, San Diego, CA.
- \*Anderson, M., Okwumabua, T.M., & **Thurston, I. B.** (April 2015). Adolescent Condom Carnival: Feasibility of a Novel Group Intervention for Decreasing Sexual Risk among Black Teens. Poster presented at the Society of Pediatric Psychology Annual Conference, San Diego, CA.
- \*Decker, K. D., **Thurston, I. B.**, \*Padden, J. L., Sonnevile, K. R., & Richmond, T. K. (April 2015). The role of weight perception on weight-related self-stigma among adolescents and young adults. Poster presented at the Society of Pediatric Psychology Annual Conference, San Diego, CA.
- \*Hardin, R. N., **Thurston, I. B.**, \*Thomas, D., Richmond, T. K., & Sonnevile, K. R. (April 2015). The relationship between weight perception and body satisfaction among black and white female adolescents and young adults. Poster presented at the Society of Pediatric Psychology Annual Conference, San Diego, CA.
- Thurston, I. B.**, Sonnevile, K. R., Milliren, C., Kamody, R. C., Gooding, H.C., & Richmond, T. K. (November 2014). Is weight misperception harmful or helpful? The relationship between weight misperception and depression among overweight and obese adolescents and emerging adults. Poster presented at Obesity Week 2014, Annual Meeting of The Obesity Society (TOS) and American Society for Metabolic and Bariatric Surgery (ASMBS), Boston, MA.

7. Sonnevile, K. R., **Thurston, I. B.**, Milliren, C., Kamody, R. C., Gooding, H.C., & Richmond, T. K. (November 2014). Weight misperception among overweight adolescents protective against excess weight gain. Poster presented at Obesity Week 2014, Annual Meeting of TOS and ASMBS, Boston, MA.
8. Völgyi, E., Nguyen, T.G., Palmer, F.B., Murphy, L.E., Graff, C.J., Whitaker, T.M., Richey, P.A., **Thurston, I.B.**, Han, J.C., Tylavsky, F.A. (November 2014). Nutritional status and cognitive development during the first four years of life in the CANDLE study. Poster presented at Obesity Week 2014, Annual Meeting of TOS and ASMBS, Boston, MA.
9. Völgyi, E., Nguyen, T.G., Palmer, F.B., Murphy, L.E., Graff, C.J., Whitaker, T.M., Richey, P.A., **Thurston, I.B.**, Han, J.C., Tylavsky, F.A. (August 2014). Nutritional status and cognitive development during the first four years of life. Paper presented at the Biennial North American Society for Pediatric Exercise Medicine Meeting, Minneapolis, MN.
10. Enzer, K., Sonnevile, K. R., **Thurston, I. B.**, Milliren, C. E., & Richmond, T. K. (May 2014). Understanding Weight Loss Goals of Racially/Ethnically Diverse Obese Adolescent Patients Seeking Care in an Obesity Treatment Program. Poster presented at the 2014 Pediatric Academic Societies and Asian Society for Pediatric Research Joint Meeting, Vancouver, BC, Canada.
11. **Thurston, I. B.**, Arnold, T. L., & Phares, V. (March 2014). Parents' Willingness to Seek Help from Pediatricians for Anxiety and ADHD Symptoms. Poster presented at the Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
12. Kamody, R. C., Berlin, K. S., **Thurston, I. B.**, Banks, G. G., Rybak, T. R. Karazsia, B. T., & Ferry, R. J., Jr. (March 2014). The Roles of Diet, Physical Activity, and Sedentary Behaviors in Explaining Socioeconomic, Racial, Ethnic, and Gender Health Disparities in Adolescent Obesity. Poster presented at the Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
13. **Thurston, I. B.**, Sonnevile, K. R., & Richmond, T. K. (November 2013). Developing and Piloting a Novel Culturally-Tailored Group Intervention for Multi-Ethnic Obese Adolescent Girls. Poster presented at the 31st Annual Scientific Meeting of The Obesity Society, Atlanta, GA.
14. Richmond, T. K., **Thurston, I. B.**, Sonnevile, K. R., Milliren, C., Walls, C. E., & Austin, S. B. (November 2013). Does the Accuracy of Weight Status Reporting in Young Adults Vary by Race/Ethnicity? Findings from the National Longitudinal Study of Adolescent Health. Paper presented at the 31st Annual Scientific Meeting of The Obesity Society, Atlanta, GA.
15. **Thurston, I. B.**, Dietrich, J., Bogart, L.M., Otwombek, K. N., Sikkema, K., Nkala, B. & Gray, G. E. (July 2012). Predictors of Sexual Risk among Lesbian, Gay, and Bisexual (LGB) Youth in South Africa. Poster presented at AIDS 2012: 19th International AIDS Conference, Washington, DC.
16. Bogart, L.M., Skinner, D., **Thurston, I.B.**, Toefy, Y., Klein, D.J., Wachman, M., & Schuster, M.A. (July 2012). A Pilot South African Worksite-Based Parenting Program: Preliminary Effects on Parent-Child Communication about Sex and HIV. Paper presented at AIDS 2012: 19th International AIDS Conference, Washington, DC.

17. **Thurston, I. B.**, Bogart, L. M., Fields, E. L., Hu, C., Skeer, M. R., Closson, E. F., Safren, S. A., & Mimiaga, M. J. (June 2012). Qualitative Comparison of Disclosure Between Perinatally and Behaviorally HIV-Infected Adolescents. Paper presented at The International Association of Physicians in AIDS Care Conference, Miami, FL.
18. Fields, E. L., Bogart, L. M., **Thurston, I. B.**, Wachman, M., Closson, E. F., Skeer, M. R., Safren, S. A., & Mimiaga, M. J. (June 2012). Qualitative Comparison of Barriers and Facilitators of Antiretroviral Medication Adherence among Self-Reported Adherent versus Non Adherent HIV-infected Youth. Poster presented at The International Association of Physicians in AIDS Care Conference, Miami, FL.
19. Closson, E. F., Bogart, L. M., Skeer, M. R., Fields, E. L., **Thurston, I. B.**, Perry, N. S., Safren, S. A., & Mimiaga, M. J. (June 2012). The Effects of Internal Stigma on Antiretroviral Therapy Adherence among HIV-Infected Young Men who have Sex with Men. Poster presented at The International Association of Physicians in AIDS Care Conference, Miami, FL.
20. Fields, E. L., Bogart, L. M., **Thurston, I. B.**, Wachman, M., Closson, E. F., Skeer, M. R., Safren, S. A., & Mimiaga, M. J. (April 2012). Qualitative Comparison of Barriers to Antiretroviral Medication Adherence among Perinatally and Behaviorally HIV-infected Youth. Paper presented at the Pediatric Academic Societies Annual Meeting, Boston, MA.
21. Trocchio, S., Jarczynski, C., Mednick, L., **Thurston, I.B.**, & Weitzman, E.R. (April 2012). Multi-site Evaluation of the Quality and Safety of Online Depression Social Networking Sites and Forums. Poster presented at the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
22. Fields, E. L., Bogart, L. M., **Thurston, I. B.**, Wachman, M., Closson, E. F., Skeer, M. R., Safren, S. A., & Mimiaga, M. J. (March 2012). Qualitative Comparison of Barriers to Antiretroviral Medication Adherence among Perinatally and Behaviorally HIV-infected Youth. Paper presented at the Society for Adolescent Health and Medicine Annual Meeting, New Orleans, LA (Published Abstract).
23. Mimiaga, M.J., Bogart, L.M., Closson, E.F., Fields, E. L., **Thurston, I.B.**, Skeer, M.R., Ratner, J., & Safren, S.A. (May 2011). Text me! Development of a Technology-Enhanced Antiretroviral Medication Adherence Intervention for HIV-Infected Adolescents. Poster presented at International Association of Physicians in AIDS Care Conference, Miami, FL.
24. **Thurston, I. B.**, Bogart, L. M., Fields, E. L., Skeer, M. R., Sticklor, L., Closson, E. F., Safren, S. A., & Mimiaga, M. J. (May 2011). Qualitative Comparison of Barriers to Antiretroviral Medication Adherence among HIV-infected Youth. Poster presented at M. Judah Folkman Research Day, Boston, MA.
25. **Thurston, I. B.**, Bogart, L. M., Fields, E. L., Skeer, M. R., Sticklor, L., Closson, E. F., Safren, S. A., & Mimiaga, M. J. (May 2011). Qualitative Comparison of Barriers to Antiretroviral Medication Adherence among Perinatally and Behaviorally HIV-infected Youth. Paper presented at The International Association of Physicians in AIDS Care Conference, Miami, FL.



26. **Thurston, I.B.**, Mowery, D., Coates, E., Phares, V., & Stokes, T.F. (April 2011). Multi-informant Reports of Mental Health Functioning among Children with Orthopaedic Conditions. Poster presented at The National Conference in Pediatric Psychology, San Antonio, TX.
27. **Thurston, I.B.** (February 2011). Barriers to Adherence Among HIV Positive Adolescents and Young Adults. Paper presented at the Annual Meeting for Leadership Education in Adolescent Health (LEAH) Association of Maternal and Child Health Programs (AMCHP), Washington, DC.
28. **Thurston, I.B.**, Chenneville, T., Phares, V., Armstrong, K., & Emmanuel, P.J. (October 2008). Family Focused Services for Ethnic Minority Youth Living with HIV/AIDS. Poster presented at the National Institute for Mental Health (NIMH) Annual International Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Providence, RI.
29. Chenneville, T., **Thurston, I. B.**, & Tarquini, S. (March 2008). Understanding and Improving Adherence to HIV Treatment. Paper presented at the 17<sup>th</sup> Annual HIV Conference of the Florida/Caribbean AIDS Education and Training Center, Orlando, FL.
30. Stokes, T., Green, A., **Thurston, I. B.**, Curley, J., Jacobs, S., & Totura, C.W. (August 2007). Applying Parent Child Interaction Therapy (PCIT) for parents and siblings of children with developmental disabilities. Paper presented at the 4th International Conference of the Association for Behavior Analysis, Sydney, Australia.
31. Chenneville, T., **Binitie, I.**, & Schall, A. (June 2007). Providing and Evaluating Mental Health Services to Youth in Primary Care Setting. Poster presented at Annual Medicaid Research Conference, Tallahassee, FL.
32. **Binitie, I.**, & Phares, V. (March 2007). Parent and Child-Related Barriers and Attitudes to Mental Health Service Utilization. Poster presented at Biennial Meeting of the Society for Research in Child Development, Boston, MA.
33. Weiner, K. E., **Binitie, I.**, Rojas, A., Fields, S., Curley, J., & Phares, V. (March 2007). Body Image and Psychological Functioning in Children and Adolescents with Sickle Cell Disease. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Boston, MA.
34. Rojas, A., Fields, S., **Binitie, I.**, Curley, J., & Phares, V. (November 2006). The inclusion of fathers in clinical practice: A survey of clinicians. Poster presented at the annual convention for the Association for Behavioral and Cognitive Therapies, Chicago, IL.
35. **Binitie, I.**, & Phares, V. (October 2006). Parents' Perceived Barriers and Attitudes toward Seeking Mental Health Services for their Children. Poster presented at the Kansas Conference on Clinical Child and Adolescent Psychology, Lawrence, KS.
36. Dinger, T. M., Rojas, A., Curley, J., **Binitie, I.**, & Phares, V. (October 2006). Fathers' and Mothers' Psychological Maltreatment. Poster presented at the Kansas Conference on Clinical Child and Adolescent Psychology, Lawrence, KS.

37. Kamboukos, D., Rojas, A., Curley, J., **Binitie, I.**, Fields, S., Phares, V. (April 2005). Protective Factors and Later Competence in Adolescents. In V. Phares (Chair), Risk and protective factors across the lifespan. Student Poster Symposium conducted at the Biennial Meeting of the Society for Research in Child Development, Atlanta, GA.
38. **Binitie, I.**, Curley, J., Fields, S., Rojas, A., Kamboukos, D., & Phares, V. (April 2005). How non-clinical are non-clinical samples? Poster presented at the Biennial Meeting of the Society for Research in Child Development, Atlanta, GA.
39. Curley, J., **Binitie, I.**, Fields, S., Rojas, A., Kamboukos, D., & Phares, V. (October 2004). The connections between parental individual therapy and adolescents' emotional/behavioral problems. Poster presented at the Kansas Conference on Clinical Child and Adolescent Psychology, Lawrence, KS.
40. **Binitie, I.** & Bailey, J. (April 2003). Reducing victimization from bullying. Paper presented at the Howard D. Baker Undergraduate Research Award Honor's Symposium, Florida State University, Tallahassee, FL.

## **MEDIA**

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### **Research Citations**

NPR Boston (2014; It May Be Better for Kids who are Overweight Not To Know It)

## **TEACHING AND SUPERVISION**

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### **Formal Courses**

Spring 2014 & 2015 *Research Design and Methods* (PSYC 7301/8301-001)

Course instructor, 3 hour weekly lecture

Department of Psychology, University of Memphis

Fall 2013

*Clinical Psychotherapies: Appreciating our Differences* (PSYC 7434/8434-002)

Course developer and instructor, 3 hour weekly lecture

Department of Psychology, University of Memphis

Fall 2012 &  
Spring 2013

*Mental Health Seminar*

Course instructor, 2 hour weekly lecture (fall)/2 hour biweekly lecture (spring)

Division of Adolescent/Young Adult Medicine, Boston Children's Hospital

### **Clinical Supervision**

Fall 2014 – present *Healthy Lifestyle Clinic*

Clinical Supervisor for doctoral students

Le Bonheur Children's Hospital, Memphis, TN

### **Invited Talks & Presentations**

May 2015– *An Evidence-Based Approach to Serving Diverse Populations: Applications of Cultural humility in HIV Research and Clinical Practice*. Invited talk. HIV Lecture Series, St. Jude Children's Research Hospital, Memphis, TN.

March 2015 – *Cultural Humility: An Evidence-Based Approach to Serving Diverse Populations in Research and Clinical Practice*. Invited talk. Psychology Rounds, St. Jude Children’s Research Hospital, Memphis, TN.

November 2014 – *Cultural Humility: Self-reflection, Client Application, and Community Implementation*. Invited talk. University Counseling Center, University of Memphis, Memphis, TN.

June 2014; October 2014 – *Cultural Humility: Self-reflection, Patient Application, and Community Implementation*. Invited talk. Psychology Intern Seminar, University of Tennessee Health Science Center, Memphis, TN.

May 2014 - *Risk & Protective factors Associated with Positive Body Image & High Self-esteem among South African Adolescents*. Invited talk. Perinatal HIV Research Unit, Chris Hani Baragwanath Hospital, Johannesburg, South Africa.

April 2014 – *Diversity in the Workplace*. Invited workshop. Spring Education Conference for the International Association for Healthcare Textile Management, Memphis, TN.

January 2014-*The Parenting Through Hardships (PaTH) Study*. Connect to Protect (C2P) HIV Coalition Community Meeting, Memphis, TN.

November 2013-*Adolescent Obesity, Mental Health, and Weight Management: When Obesity is Not the only Issue*. Invited talk. The 31st Annual Scientific Meeting of The Obesity Society, Atlanta, GA.

May 2013-*Obesity in the Adolescent: Office-Based Interventions*. Postgraduate Course in Adolescent Medicine, Division of Adolescent/Young Adult Medicine, Boston Children’s Hospital, Boston, MA.

April 2013-*Adolescent and Young Adult Health Disparities*. University of Memphis and St. Jude Pediatric Psychology Research Colloquium, Department of Psychology, University of Memphis, Memphis, TN.

March 2013-*HIV Medication Adherence: Unique Challenges of Perinatally- and Behaviorally-Infected Youth*. Webinar presented to St. Jude Children’s Research Hospital, Le Bonheur Children’s Hospital, and University of South Florida’s Infectious Diseases Division.

March 2013-*HIV Prevention and Adherence Research*. HIV Case-Based Learning for LEAH Fellows, Division of Adolescent/Young Adult Medicine, Boston Children’s Hospital, Boston, MA.

February 2013-*HIV Adherence: Unique Challenges of Perinatally- and Behaviorally-Infected Youth*. Faculty-Fellow Conference, Division of Adolescent/Young Adult Medicine, Boston Children’s Hospital, Boston, MA.

November 2012-*Adherence: Using HIV as an Exemplar*. Pediatric Psychology Intern & Fellow Seminar, Department of Psychiatry, Boston Children’s Hospital, Boston, MA.

November 2012-*Adolescent Mental Health*. Guest Lecture, Adolescent Health Course, Department of Society, Human Development and Health, Harvard School of Public Health, Boston, MA.

September 2012–*Adolescent Development*. LEAH Orientation Series, Division of Adolescent/Young Adult Medicine, Boston Children’s Hospital, Boston, MA.

December 2011–*A Worksite Parenting Program to Prevent HIV Among Adolescents in South Africa: NIH Research Supplement*. HIV Clinical Research-in-Progress Meeting, Harvard University Center for AIDS Research, Epidemiology and Outcomes Research Program, Boston, MA.

December 2011–*Adherence: Using HIV as an Exemplar*. Pediatric Psychology Intern & Fellow Seminar, Department of Psychiatry, Boston Children’s Hospital, Boston, MA.

August 2011–*Transitioning Adolescents and Young Adults with HIV to Adult Centered Care*. Infectious Diseases Rounds, Department of Medicine, Brigham and Women’s Hospital, Boston, MA.

February 2011–*Clinical Psychology: Myths and Truths*. Guest Lecture, Abnormal Psychology, Simmons College, Boston, MA.

January 2011–*HIV and Other STIs in Clinical Practice*. Psychiatry Consultation-Liaison Educational Seminar, Department of Psychiatry, Boston Children’s Hospital, Boston, MA.

May 2008–*Treatment Adherence for Children with HIV and Other Chronic Illnesses*. Pediatric Grand Rounds, Tampa General Hospital, Tampa, FL.

March 2008– *Adherence and Pediatric HIV/AIDS: Predictors, Assessment, and Interventions*. Multidisciplinary Team Meeting, Department of Pediatrics, University of South Florida, Tampa, FL.

June 2006– *A University/Community Partnership Providing Therapeutic Services for Survivors of Torture*. Institute for Florida Center for Survivors of Torture, Gulf Coast Jewish Family Services, Inc., Tampa, FL.

### **Mentorship Experiences**

Madeline Wachman, Boston Children’s Hospital, *Research Supervisor*, 2012-2013

Trisha Arnold, University of Memphis, *MSGP Research Supervisor*, 2013-2014

Rebecca Kamody, University of Memphis, *Research Supervisor*, 2013-2014

Rachel Gingles, University of Memphis, *MSGP Thesis Committee Member*, 2013

Mollie Anderson, *University of Memphis, Primary Mentor*, 2013-p

Amy Farrell, University of Memphis, *Research Supervisor*, 2014

Isaac Woods, University of Memphis, *Thesis Committee Member*, 2014

Carlos Torres, University of Memphis, *Doctoral Committee Member*, 2014

Kristina Decker, University of Memphis, *Primary Mentor, Placement Research Supervisor*, 2014-p

Robin Hardin, University of Memphis, *Primary Mentor*, 2014-p

Gabrielle Banks, Le Bonheur Children’s Hospital, *Placement Clinical Supervisor*, 2014-p

## **PROFESSIONAL ACTIVITIES**

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### **Society Memberships**

2007-p           Member, Society of Pediatric Psychology (*APA Division 54*)  
                    Diversity Committee Member  
                    Diversity Special Interest Group (SIG), Co-Chair (elect)

2013-p Member, American Psychological Association (APA)  
Affiliate Member since 2002

2013-p Member, The Obesity Society

### **Service to Professional Publications**

2014-p Consulting Editor, *Psychotherapy*

2008-p Ad hoc manuscript reviewer for: *Annals of Behavioral Medicine, Behavioral Medicine, Clinical Psychology: Science and Practice, Health Education, International Journal of Behavioral Nutrition and Physical Activity, Journal of Clinical Psychology in Medical Settings, Journal of Family Issues, Journal of Pediatric Psychology, Psychotherapy, Social Science and Medicine, Sex Education*

### **Service to Academic Community**

3/2014 Invited Judge, *Adolphus Toliver, MD Poster Session for the biomedical, social behavioral, and research mentoring program: M Alfred Haynes Research Training Institute in Social Equity Mentoring and Advising Students for Success (MASS), Memphis, TN*

### **Committees and Offices Held**

#### ***Professional***

2015	National CDC HIV Prevention Conference	Abstract reviewer
2013, 2014	Society of Behavioral Medicine	Abstract reviewer
2012-p	Society of Pediatric Psychology	Diversity SIG, chair of training and mentorship committee
2011-p	Society of Pediatric Psychology	Diversity grant reviewer

#### ***Institutional***

2015	School Psychology Assistant Professor Search Committee, University of Memphis	Faculty Member
2014-p	Diversity Committee University of Memphis	Faculty Member
2014	Clinical Assistant Professor Search Committee, University of Memphis	Faculty Member
2013-p	Center for Research on Women (CROW) University of Memphis	Faculty Affiliate
2013-p	Engaged Scholarship Faculty Committee University of Memphis	Faculty Affiliate
2010-2011	Harvard Medical School, Psychology ALANA (African, Latino, Asian, Native American) Group	Advisory board member
2005-2007	University of South Florida, Psychology Department	Graduate class student representative

#### ***Community***

2013-p	Connect to Protect (C2P), St. Jude Children's Hospital, HIV Coalition, Memphis, TN
2008	Volunteer, Camp Boggy Creek, weekend for children with HIV/AIDS
2007-2009	Connect to Protect (C2P), HIV Coalition, Tampa, FL