March is Traumatic Brain Injury Month

PLEASE JOIN US

BRAINIACTS

JOURNEY TO SUCCESS:

Individuals with traumatic brain injuries and stroke will share their stories about how their brain injuries have affected their lives.

Moderator: ***Ms. Lynn Jackson***

Speakers:
Ms. Latasha Shelton
Ms. Deborah and Mr. Spencer Roberts
Mr. Lonnie Collins

Staying Active after a brain injury or stroke can be difficult especially if you are no longer eligible for physical or occupational therapy.

Dr. Kendra T. Jones, Occupational Therapist, returns to provide a demonstration of Zumba or other exercises that will help you to stay active, fit, and healthy. Individuals may volunteer to participate.

This image is a picture of a head made of puzzle pieces.

BRAINIACTS is a Support and Informational Group for individuals with **Traumatic Brain Injuries (TBI), Stroke** and other **Acquired Brain Disorders.**

When: **Friday, 15 March, 2013, 11:30 am – 1:00 pm**
Where: **Mid-South ACT at The University of Memphis**
530 Patterson Street • Patterson Hall
Room 129 (Main Office Room 119)

Please reserve your spot today by contacting Mid-South ACT by calling 901.678.1489, or send an email to act@memphis.edu.

We look forward to seeing you!

THE UNIVERSITY OF MEMPHIS. | Mid-South Access Center for Technology

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