



# Mid-South ACT

Access Center for Technology

Mid-South ACT is a place for people with disabilities:

- To learn about computer technology
- How to assess a computer using different types of devices.
- Learn to communicate efficiently
- Use technology to learn new skills
- New skills for job placement
- Mid-South ACT reaches out to the community to give help and support.
- Advocate for people with disabilities.

Mid-South ACT has a number of equipment and devices I primarily used two

- Dragon NaturallySpeaking is a speech recognition software that allows me to access the computer by voice.
- SmartNav is a device I use to control the mouse on a computer hands-free.



# Things I have learned at Mid-South ACT

- Basic computer Terminology operating system, interface, taskbar, multitasking, hard drive, cascade menu, switching between windows, size of a file (kilobyte, megabyte, gigabyte, terabyte) Internet and a lot of other things.
- Microsoft Word how to write a document font, headers and footers, print etc.
- Microsoft PowerPoint background, slideshow, animation, insert a picture or a video.
- Microsoft Excel spreadsheet, drop-down menu, charts and graphs and some functions such as average, count, maximum, minimum, if, npv, sum and vlookup.

Joseph's Bills					
Monthly	January	February	March	April	Totals
Food	\$654	\$283	\$465	\$460	\$1,862
Car	\$185	\$599	\$249	\$160	\$1,193
Home	\$478	\$390	\$399	\$653	\$1,920
Kids	\$982	\$877	\$694	\$420	\$2,973
Totals	\$2,299	\$2,149	\$1,807	\$1,693	\$7,948

# Support Groups

- ✓ Roll with the punches is a support group for people in wheelchairs that I am a member of
- ✓ (BATS) Blind Awareness Togetherness Support Group is for people with vision disabilities.
- ✓ Brainiacts is for people with traumatic brain injuries (TBI), stroke and other acquired brain disorders.



This will conclude the PowerPoint slide show if you have any questions or need more Information about Mid-South ACT please contact

A special thanks to all of my teachers

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Thanks for watching