

# *Enhancing Abilities*

## Mid-South Access Center for Technology E-Newsletter

THE UNIVERSITY OF  
**MEMPHIS**  
Dreamers. Thinkers. Doers.

Mid-South ACT, where we provide demonstrations, resources, and services for individuals with disabilities throughout the Mid-South area.



### The Success Story of a Stroke Survivor

Ms. Jackson entered my therapy room April, 2012. It was almost 1 year after her stroke. She was groomed well, and articulate. She complained of problems with memory, word finding problems and fatigue. She was very motivated to find employment, because after all, she had worked all her life. Following her stroke she left her professional job as the Vice President of a human resources company.

The evaluation determined that Ms. Jackson's problems with memory and word finding were related to fatigue. It was suggested that she take rest breaks as needed. All of her communication and cognitive skills appeared to be within normal limits. She did present with the problem of blindness, but she demonstrated a determination that indicated that she was ready for the challenge.

[Read more about navigating life after a stroke...](#)



### Brainiacs hosts 3-in-1 Support Group Meeting for National Stroke Awareness Month

Join Mid-South ACT on Friday, May 10, 2013 from 11:30am to 1:00pm at 530 Patterson Street, Patterson Hall Room 129 as we promote National Stroke Awareness Month. Contact Mid-South ACT to register for this free event at 901.678.1489.

Ms. Latasha Shelton and Kristin Haller, SLP graduate clinician will present information on "Explaining Stroke." Two stroke survivors Ms. Patricia Kilp and Ms. Lynn Jackson will discuss life after a stroke. There will also be a blues performance by Mr. Steven Collins, songwriter.

[Click here for additional information...](#)



## May is National Stroke Awareness Month

What is a stroke?

A stroke or "brain attack" occurs when a blood clot blocks an artery (a blood vessel that carries blood from the heart to the body) or a blood vessel (a tube through which the blood moves through the body) breaks, interrupting blood flow to an area of the brain. When either of these things happens, brain cells begin to die and brain damage occurs.

Stroke is the fourth leading cause of death in America and a leading cause of adult disability. However, up to 80% of strokes are preventable. In 1999, the National Stroke Association Advisory Board first published guidelines to prevent a stroke.

[Read more about Stroke Prevention Guidelines...](#)



## Visit Mid-South ACT's booth at the Annual Brain Injury Education Conference

The Traumatic Brain Injury Services at the Regional Medical Center at Memphis will present the theme *Overcoming Challenges and Optimizing Outcomes after Traumatic Brain Injury*. All are welcome to register including brain injury survivors, family members/caregivers, and professionals (continuing education units available).

This event will be held Friday, May 17, 2013 at Bellevue Baptist Church. For additional information please contact Carolyn Chambers at (901) 545-8487, email at [cchambers@the-med.org](mailto:cchambers@the-med.org).

[Read more about the Regional Medical Center's TBI Services...](#)



## Save the date for Mid-South ACT's Community Reutilization, Networking, and Informational Meeting

Join Mid-South ACT on Friday, June 7, 2013 from 10:00am to 2:00pm at the Orange Mound Community Center, 2590 Park Avenue, Memphis, TN 38111.

What is Reutilization?

Reutilization is the donation, repair, and reuse of technology, devices, and durable medical equipment for individuals with disabilities.

[Click here for a list of acceptable Assistive Technology equipment that can be reutilized.](#)

[Registration Information...](#)

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Large print, braille, or audio tape copies of this newsletter are available upon request. Please call Mid-South ACT at 901.678.1489.

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Mid-South Access Center for Technology | [www.memphis.edu/act](http://www.memphis.edu/act)  
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