

**Access Industries, Inc.**

2509 Summer Avenue, Memphis, TN 38112  
Phone(s): (901) 323-5438 (800) 264-4304  
Email: info@access-ind.com  
Web: www.access-ind.com

Services Provided:

- Adaptive Equipment
  - Vehicle Adaptations
  - Van Rentals
  - Used Vans
- 

**ADAPT, Memphis**

163 North Angelus, Memphis, TN 38104  
Contact: Deborah Cunningham or Sandy Klink  
Phone(s): (901) 726-6404  
Fax: (901) 726-6521  
Email: mcil@mcil.com  
Web: www.mcil.org

Eligibility Guidelines: Anybody with a disability

Services Provided:

- ADA Information and Assistance
  - Advocacy Services
- 

**AGAPE Child and Family Services, Inc.**

111 Racine, P.O. Box 11411, Memphis, TN 38111  
Contact: David Jordan  
Phone(s): (901) 272-7339 (901) 323-3600  
Fax: (901) 323-3640  
Web: www.agapemeanslove.org/

Eligibility Guidelines: Women who are pregnant, want to adopt, or foster-care

Services Provided:

- Counseling Department
- Foster-Care Program
- Adoption Agency
- Transitional Housing
- Maternity Care

### **Agency for Youth and Family Development**

5050 Poplar Avenue, Suite 525, Memphis, TN 38157

Contact: Jeff Taylor

Phone(s): (901) 374-0201

Eligibility Guidelines: Youth 14-17

Services Provided:

- Emergency Housing
  - Transitional Housing
  - Supportive Services
- 

### **Aging Commission of the Mid-South**

2670 Union Avenue Extended, Suite 1000, Memphis, TN 38112 (10th floor)

Contact: Robert McFalls, Executive Director

Phone(s): (901) 324-6333 (866) 836-6678

Fax: (901) 327-7755

Web: [www.agingcommision.org](http://www.agingcommision.org)

Eligibility Guidelines: For seniors 60 years and older who are caretakers and for 18 years and older with disabilities to be eligible for OPTIONS program

Services Provided:

- Advocacy Services
  - Information and Referral
  - In-Home Assistance
  - Senior Citizen Services
- FAMILY CAREGIVER SUPPORT Program, OPTIONS for COMMUNITY LIVING SERVICES – a home based program for frail and/or persons 18 years and up with disabilities (1-866-836-6678)
- Alzheimer Day Care (Alzheimer Day is who they use)
- Public Guardianship Program

### **Alcoholics Anonymous**

5119 Summer Avenue, Suite 315, Memphis, TN 38122

Contact: Indie Cockerham  
Phone(s): (901) 454-1414  
Fax: (901) 257-0186  
Email: [mphsmaia@aol.com](mailto:mphsmaia@aol.com)  
Web: [www.memphis-aa.org](http://www.memphis-aa.org)

Eligibility Guidelines: Ages 18 and up

Services Provided:

- 12-Step Program
  - Literature
  - Medallions
- 

### **Alliance for the Blind and Visually Impaired**

4700 Poplar Avenue, Suite 100, Memphis, TN 38117

Contact: Don Morris, Adjustment Counselor or Dorothy Bogard, Information and Referral Clerk  
Phone(s): (901) 766-0600  
Fax: (901) 766-0699  
Email: [jcarroll@memphisseniors.com](mailto:jcarroll@memphisseniors.com)  
Web: [www.memphisseniors.com/services\\_assliving.htm](http://www.memphisseniors.com/services_assliving.htm) OR  
[www.memphisseniors.com/ABVI.htm](http://www.memphisseniors.com/ABVI.htm)

Eligibility Guidelines: 60 years or older who is blind or is visually impaired

Services Provided:

- Blind and Visual Impairment Program
- Information and Referral
- Support Groups
- Foster Care/Parenting Program
- Orientation and mobility instruction
- Training and utilization of adaptive equipment and devices

**Aloysius Home**

28 N. Claybrook, Memphis, TN 38104

Contact: Lee Martin

Phone(s): (901) 274-8321

Eligibility Guidelines: HIV/AIDS and Mentally Ill with AIDS

Services Provided:

- Transitional Housing
  - Permanent Housing
  - Support Services
  - Job Training
- 

**Alpha Omega Veterans Services**

1183 Madison Avenue, Memphis, TN 38104

Contact: Cordell Walker

Phone(s): (901) 726-9737 (901) 726-5067

Fax: (901) 726-5067

Web: [www.aovs.org](http://www.aovs.org)

Eligibility Guidelines: Veterans, male and female, who are homeless and may be suffering from various war-related disabilities

Services Provided:

- Transitional Housing
- Emergency Housing
- Support Services
- Job Training
- Individual Counseling
- Group Counseling

**Alzheimer's Association of the Mid-South**

2600 Poplar Avenue, Suite 400, Memphis, TN 38118

Phone(s): (901) 565-0011

Web: www.alzmidsouth.org

Services Provided:

- Counseling Services
  - Information and Referral
- 

**American Council of the Blind, Memphis Chapter**

875 S. Yates #3, Memphis, TN 38120

Contact: Bob Verity or Richard Harris

Phone(s): (901) 821-0091 or (901) 396-2578

Email: rtverity@bellsouth.net

Eligibility Guidelines: Persons of any age and all ranges of vision from 20/20 to no light perception

Services Provided:

- Blind and/or Visually Impaired Services
- 

**Arc of the Mid-South, The**

3485 Poplar Avenue, Suite 225, Memphis, TN 38111

Contact: Carlene Leaper, Executive Director

Phone(s): (901) 327-2473

Fax: (901) 327-2687

Email: arcmidsouth@aol.com

Web: www.arcmidsouth.net

Eligibility Guidelines: Serves people with developmental disabilities with a primary focus on mental retardation ages 6 to adults; under age 6 referrals are available

Services Provided:

- Advocacy Services
- Camps and/or Summer Programs
- Employment, Job Training Program
- Information and Referral
- Newsletter Activities
- Public Awareness and Community Education
- Recreational Activities (week-end retreats, camps, etc.)
- Respite Care/Adult
- Respite Care/Child
- Offer job coaching assistance and training
- Offer disability awareness training
- Adult Day Care

**Autism Society of America, Memphis Chapter**

P.O. Box 241054, Memphis, TN 38124

Contact: Tom Nunnikoven, Treasurer

Phone(s): (901) 360-9407

Services Provided:

- Autism Resources
  - Specific Disability Information
- Staffed by volunteers at this time  
Lending library
- 

**Babylove (MMHC)**

450 Pontotoc, Memphis, TN 38126

Contact: Vicki Norman

Phone(s): (901) 577-0256

Fax: (901) 577-9356

Eligibility Guidelines: A & D Pregnant Women and their children (under 5 years)

Services Provided:

- Transitional Housing
  - Supportive Services
- 

**Barbara K. Lipman Early Childhood School**

3771 Poplar Avenue, Memphis, TN 38152

Contact: Sandra Brown Turner, Director

Phone(s): (901) 678-2120

Fax: (901) 323-9560

Email: sbturnr1@memphis.edu OR bbradly1@memphis.edu

Web: www.people.memphis.edu/~lipman

Eligibility Guidelines: Open enrollment for ages 2-8

Services Provided:

- Early Intervention Program
  - Special Education Program
- Demonstration school for the College of Education at the University of Memphis  
Tuition is required  
A full inclusion program for children 3 years of age and older  
After-school care available for 3,4,5 year olds only  
Speech and Language therapy  
Mon-Fri 8:00AM-4:30PM

**Barron Heights Community Developmental Center**

1385 Lamar Avenue, Memphis, TN 38104

Contact: Joyce Rayner  
Phone(s): (901) 728-5873  
Fax: (901) 728-5876

Eligibility Guidelines: Male with A & D

Services Provided:

- Transitional Housing (up to 2 years)
  - Information and Referral
  - Vocational Counseling and Job Readiness
  - Support Services
  - Life Skills Training
- 

**Bethany Home**

901 Chelsea, Memphis, TN 38107

Contact: Laura Ingram  
Phone(s): (901) 525-1837

Eligibility Guidelines: Pregnant Women

Services Provided:

- Transitional Housing
- 

**Birthright of Memphis**

115 Alexander, Memphis, TN 38111

Contact: Fran Theos  
Phone(s): (901) 327-8109

Eligibility Guidelines: Newborns to size 12

Services Provided:

- Non-Housing Services

**Bodine School, The**

2432 Yester Oaks Drive, Germantown, TN 38139

Contact: Rene Friemoth Lee, Director

Phone(s): (901) 754-1800

Fax: (901) 751-8595

Email: [info@bodineschool.org](mailto:info@bodineschool.org)

Web: [www.bodineschool.org](http://www.bodineschool.org)

Eligibility Guidelines: People in grades 1-12 who have an average to above average intelligence with reading disabilities primarily in word recognition and decoding (dyslexia)

Services Provided:

- Learning Disability Resources
  - Special Education Program
  - Private elementary and secondary school for students with learning disabilities
  - Summer school is offered
- 

**Breath of Life S.D.A. Church**

2999 Barron Street, Memphis, TN 38116

Contact: Annie Royston or Pastor Prentiss Sorrells

Services Provided:

- Emergency Assistance
  - Food and Clothing 2 afternoons per week and 3 Sundays per month
  - Tues/Wed: 4:00-6:00pm
  - 2<sup>nd</sup>/3<sup>rd</sup>/4<sup>th</sup> Sunday: 9:00am-12:00pm
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**Bridges**

314 S. Goodlet, Memphis, TN 38117

Contact: Jim Boyd

Phone(s): (901) 452-5600

Fax: (901) 320-1004

Email: [hpotter@bridgesinc.org](mailto:hpotter@bridgesinc.org)

Services Provided:

- Employability Skills
- Academic Assistance
- Mentors
- Case Management



**C.A.A.P. (Cocaine and Alcohol Awareness Program), Inc.**

1656 Lamar Avenue, Memphis, TN 38104

Contact: Albert Richardson

Phone(s): (901) 272-2227

Fax: (901) 272-9519

Eligibility Guidelines: Men and women 18 years and up; A & D; must be on TennCare

Services Provided:

- Outpatient Services
  - After Care Plan
- 

**Calvary Rescue Mission**

960 S. Third Street, Memphis, TN 38106

Contact: Bob Freudiger

Phone(s): (901) 775-2570

Web: [www.geocities.com/calvaryrescuemission/Home.htm](http://www.geocities.com/calvaryrescuemission/Home.htm)

Eligibility Guidelines: Men Only

Services Provided:

- Transitional Housing
- 

**(Calvary) Street Ministry, The**

82 North Second Street, Memphis, TN 38103

Contact: Beatrice Kimmons, Director

Phone(s): (901) 527-0401

Fax: (901) 529-0208

Services Provided:

- Referral and Information
- Individual Counseling
- Alcohol and Drug Halfway Program
- Alcohol and Drug Counseling

**Camelot Care Center Inc., Memphis**

5100 Poplar Avenue, Suite 3115, Memphis, TN 38137

Contact: Kimberly Fabel, Program Director

Phone(s): (901) 821-0311

Fax: (901) 821-0312

Email: [Memphis@camelotcare.com](mailto:Memphis@camelotcare.com)

Web: [www.camelotcare.org](http://www.camelotcare.org)

Eligibility Guidelines: Must be in foster care with the state to qualify. Private counseling is available only to those with certain insurance (i.e. Value Options) and must be under the age of 18

Services Provided:

- Behavior Resources
  - Counseling and/or Mental Health Services
  - Therapeutic Foster Care
    - In-home treatment
    - Full behavioral assessment
- 

**Case Management, Inc.**

4841 Summer Avenue, Memphis, TN 38122

Contact: Roosevelt Reese, Director

Phone(s): (901) 821-5600

Fax: (901) 821-5615

Web: [www.cmi-memphis.com](http://www.cmi-memphis.com)

Eligibility Guidelines: 18 years and up with a chronic mental illness

Services Provided:

- Outpatient Care
  - Clinics for Medication
  - Information and Referral
  - Links with other organizations (Lowenstein House, etc)
- 

**Catholic Charities, Inc.**

1325 Jefferson, Memphis, TN 38104

Contact: Alice Hardy

Phone(s): (901) 722-4700

Fax: (901) 722-4791

Web: <http://cdom.org/pastoral%20offices/catholic%20charities.html> OR  
[www.cathchar.org](http://www.cathchar.org)

Services Provided:

- Financial Assistance
- Information and Referrals

### **Center for Rehabilitation and Employment Research**

113 Patterson Hall, Memphis, TN 38152

Contact: David Strauser

Phone(s): (901) 678-2731

Fax: (901) 678-3251

Email: [crer@memphis.edu](mailto:crer@memphis.edu)

Web: [http://coe.memphis.edu/CRER/CRER\\_default.asp](http://coe.memphis.edu/CRER/CRER_default.asp)

#### Services Provided:

- Career and Vocational Testing
  - Psychological Testing
  - Mid-South Access Center for Technology
  - Augmentative Alternative Communication (AAC)
  - Tennessee Technology Access Program
  - Families First
- 

### **Center for Therapeutic Taekwondo**

8567 Macon Road, Cordova, TN 38018

Contact: Director

Phone(s): (901) 309-1200

Eligibility Guidelines: Must be able to stand and follow simple commands or requests;  
Medical history must be available

#### Services Provided:

- Recreational Activities  
Developmental martial arts program to help increase range of motion, muscle strength, balance, speed, and attention span
- 

### **Child Abuse and Neglect Hotline**

Phone(s): (901) 543-7120

**Child Advocacy Center**

1085 Poplar Avenue, Memphis, TN 38105

Contact: Nancy Williams  
Phone(s): (901) 525-2377  
Fax: (901) 526-6088  
Email: vstallworth@memphiscac.org  
Web: www.memphiscac.org

Eligibility Guidelines: Abused Youth

Services Provided:

- Support Services
- 

**Christ Community Health Services**

2861 Broad Avenue, Memphis, TN 38112

Contact: Precilla Davis, Manager  
Phone(s): (901) 458-0584  
Fax: (901) 325-6469

Eligibility Guidelines: All ages; Income guidelines

Services Provided:

- Medical Attention for Most Things (not dermatology or gynecology)
- 

**Church Health Center**

1210 Peabody Avenue, Memphis, TN 38104

Contact: Ann Langstorr  
Phone(s): (901) 272-0003  
Web: www.churchhealthcenter.org/

Eligibility Guidelines: Adults between 18-65, must be working and living in Shelby County

Services Provided:

- Physician Care; Medicines; Dentistry; Optometry
- Pastoral Counseling
- Health Education
- Homeless Services through referral sources

**Clovernook**

346 St. Paul Avenue, Memphis, TN 38126

Contact: Sarah L. Tune  
Phone(s): (901) 523-9590  
Fax: (901) 523-1480  
Email: [stune@clovernook.org](mailto:stune@clovernook.org)  
Web: [www.clovernook.org](http://www.clovernook.org)

**Services Provided:**

- Case Management
  - Counseling Services
  - Information and Referral
  - Career Counseling
  - Job placement, Job Coaching
  - Adaptive Technology
  - Vocational Evaluation
  - Braille Instruction
- 

**Collierville Alzheimer's Day Care Center**

1961 South Houston Levy Road, Germantown, TN 38139

Contact: Karen Absalom, Director  
Phone(s): (901) 854-1200  
Fax: (901) 853-5945  
Web: [www.kornnet.org/casi](http://www.kornnet.org/casi)

**Eligibility Guidelines:** Must have diagnosis of Alzheimer's or any related dementias (i.e. TIAS, Parkinsons, STC)

**Services Provided:**

- Accessibility Information
- Adult Day Care
- Newsletter Available
- Public Awareness and Community Education
- Recreational Activities
- Specific Disability Information
- Support Groups
- Music and Art Therapy

**Community Service Agency, Memphis**

100 N. Main Building, Suite 1300, Memphis, TN 38103

Contact: Ernest Johnson, Administrator

Phone(s): (901) 523-7554

Fax: (901) 545-3592

Email: Delores469@netscape.net

Web: [http://www.co.shelby.tn.county\\_gov/divisions/comm\\_serv/comm\\_serv\\_agency/](http://www.co.shelby.tn.county_gov/divisions/comm_serv/comm_serv_agency/)

Eligibility Guidelines: Anyone

Services Provided:

- Financial Assistance
- Home Rehabilitation/Repair Service
- Housing, Search, and Information
- Information and Referral
- Recreational Activities
- Weatherization program
- Family and self-sufficiency program

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**Comprehensive Counseling Network (Formerly Frayser Family Counseling Center)**

2150 Whitney Avenue, Memphis, TN 38127

Contact: Gerranda Brooks

Phone(s): (901) 354-7376

Fax: (901) 353-5464

Email: [gbrooks@ccnmemphis.org](mailto:gbrooks@ccnmemphis.org)

Web: [www.ccnmemphis.org](http://www.ccnmemphis.org)

Services Provided:

- Alcohol and Drug Therapy
- Case Management
- Geriatric Services
- Outpatient Services
- Vocational Rehabilitation Services

**Consumer Credit Counseling Services**

2158 Union Avenue, Memphis, TN 38104

Contact: Paul Blackstone

Phone(s): (901) 323-4909

Eligibility Guidelines: Anyone meeting financial criteria

Services Provided:

- Budget Management
  - Debt Management
- 

**County Clerk Office, Shelby County**

150 Washington Ave., Memphis, TN 38103

Contact: Jayne Creson, County Clerk

Phone(s): (901) 545-4244

Fax: (901) 545-3779

Email: [creson-j@co.shelby.tn.us](mailto:creson-j@co.shelby.tn.us)

Web: [www.state.tn.us/safety/licen32.html](http://www.state.tn.us/safety/licen32.html)

Eligibility Guidelines: Medical certification required

Services Provided:

- Disability Parking Placard
- 

**Cystic Fibrosis Foundation, Memphis**

1028 Cresthaven Road, Suite 203, Memphis, TN 38119

Contact: Angela Bledsoe, Director of Development

Phone(s): (901) 818-9090

Fax: (901) 818-9080

Email: [Memphis@cff.org](mailto:Memphis@cff.org)

Web: <http://www.cff.org/memphis.htm>

Services Provided:

- Information and Referral
  - Specific Disability Information
- Sponsors special fundraising events for medical research

**Delta Area Agency on Aging**

2670 Union Avenue Extended, Suite 400, Memphis, TN 38112

Contact: Peggy Dobbins  
Phone(s): (901) 324-6333  
Fax: (901) 327-7755

Services Provided:

- Public Guardian to Senior Citizens
  - Information and Referral
- 

**DeNeuille Learning Center**

840 Dickinson Street, Memphis, TN 38107

Contact: Sister Lakshmie Napagoda  
Phone(s): (901) 726-5902  
Fax: (901) 726-0010  
Web: [www.denuvillecenter.org](http://www.denuvillecenter.org)

Eligibility Guidelines: Women 18 and up

Services Provided:

- Job Skills
  - Life Skills
  - Health Care Skills
  - Moral and Religious Values
  - Counseling Services
- 

**Department of Human Services, Shelby County**

100 N. Main Street, Memphis, TN 38103

Contact: Linda Williams, Administrative District Director  
Phone(s): (901) 543-7351  
Fax: (901) 543-6084  
Web: [www.state.tn.us/humanserv/](http://www.state.tn.us/humanserv/)

Services Provided:

- Financial Assistance
- Health Insurance Information
  - Food Stamps Program
  - Medicaid Program
  - Adult Protective Services
  - Childcare Referral Resource – (800) 462-8261
  - Vocational Rehabilitation Program



**Diocese of Memphis Housing Corporation**

1325 Jefferson, Memphis, TN 38104

Contact: David Field

Phone(s): (901) 722-4772

Eligibility Guidelines: Mentally Ill

Services Provided:

- Permanent Housing
- 

**Dismas House**

320 East Street, Memphis, TN 38126

Contact: Pamela Taylor

Phone(s): (901) 526-3701

Eligibility Guidelines: Ex-offenders, male and female

Services Provided:

- Transitional Housing
  - Support Services to men and women recently released from jail or prison
  - Room and Board
  - Transportation
  - Job Referrals
- 

**Division of Mental Retardation Services in West TN**

8383 Wolf Lake Drive, Memphis, TN 38122

Contact: Susan KurtAcrod, Regional Director

Phone(s): (901) 213-1800

Fax: (901) 372-4719

Web: [www.state.tn.us/mental/mrs](http://www.state.tn.us/mental/mrs)

Eligibility Guidelines: All ages. Must have cognitive disability

Services Provided:

- Information and Referral
  - Residential Services/Adult
  - Residential Services/Child
- Division of TN Mental Health and Developmental Disabilities

### **Dozier House/Catholic Charities Program**

85 N. Cleveland, Memphis, TN 38104

Contact: Dennis Fleming

Phone(s): (901) 722-4719

Fax: (901) 722-4723

Eligibility Guidelines: Homeless persons 18 years and older

Services Provided:

- Residential Treatment Program
  - Transitional Housing
  - Case Management
  - Job Training/Placement
  - Individual/Group Therapy
  - Permanent Housing Placement
- Assistance to homeless men and women dealing with alcohol and drug addiction
- 

### **Dozier House Homeless Assessment Center**

300 N. Bellevue, Memphis, TN 38014

Contact: Mary Jordan

Phone(s): (901) 278-2367

Eligibility Guidelines: Homeless, Single, 18 years or older

Services Provided:

- Transitional Housing
- 

### **Dyslexia Foundation of Memphis**

P.O. Box 240792, Memphis, TN 38124

Contact: Betty James, Testing Coordinator OR Karen Carson, President

Phone(s): (901) 373-7218

Web: [www.people.memphis.edu/~jborek/Dyslexia.html](http://www.people.memphis.edu/~jborek/Dyslexia.html)

Eligibility Guidelines: Ages 6-16 years

Services Provided:

- Information and Referral
  - Learning Disabilities Resources
  - Support Groups
- Testing and evaluation for dyslexia, ADD, & other learning disabilities  
Special reading classes on Saturday during the school year  
Summer reading and math program

**Epilepsy Foundation Of West Tennessee**

P.O. Box 382610, Germantown, TN 38183-2610

Contact: Jean Dodds, Executive Director

Phone(s): (901) 854-0114

Fax: (901) 854-0115

Email: jmdodd@hotmail.com

Eligibility Guidelines: All ages, must be epileptic

Services Provided:

- Advocacy Services
- Information and Referral
- Specific Disability Information
- Support Groups
- Patient Education/Family Education

Field office in Dyersburg, TN

M-W 8:00AM-4:30PM

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**Estival Place (MIFA)**

379 Cossitt Place, Memphis, TN 38126

Contact: Meghan Altimore

Phone(s): (901) 529-4515

Eligibility Guidelines: Families With Children

Services Provided:

- Transitional Housing
  - Supportive Services
- 

**Exchange Club Family Center of the Mid-South, Inc.**

2180 Union Avenue, Memphis, TN 38104

Phone(s): (901) 276-2200

Services Provided:

- Family and Individual Counseling
- Anger Management
- Parenting Counseling

**Family Haven Apartments (Whitehaven SWMHC)**

1087 Alice Avenue, Memphis, TN 38106

Contact: Alma Prather Sledge

Phone(s): (901) 259-1920

Eligibility Guidelines: Female head of household who is mentally ill (maximum 2 children)

Services Provided:

- Transitional Housing
- 

**Family Resource Center, Shelby County**

1212 Vollintine Avenue, Memphis, TN 38107

Contact: Sonya Smith, Director

Phone(s): (901) 722-4518

Fax: (901) 722-4520

Email: smiths@memphis-schools.k12.tn.us

Eligibility Guidelines: Serves families and students in the Memphis City School System

Services Provided:

- Information and Referral
  - Parent Education
- Sponsored by the TN Department of Education
- 

**Family Services of the Mid-South**

2400 Poplar Avenue, Suite 500, Memphis, TN 38112

Contact: Mary Foehr

Phone(s): (901) 324-3637

Eligibility Guidelines: Must be homeless and receiving entitlement checks

Services Provided:

- Counseling Services

**Family Services of the Mid-South**

2158 Union Avenue, Memphis, TN 38111

Contact: Demetria Reed

Phone(s): (901) 271-2337

Eligibility Guidelines: Anyone Homeless

Services Provided:

- 24-hour Referral Service
- 

**Final Net/Homeless Children's Program**

204 N. Second Street, Memphis, TN 38105

Contact: Scottie Bradford

Phone(s): (901) 526-8228

Fax: (901) 527-8364

Services Provided:

- Clothes Closet
  - Food Pantry
  - Homeless Children Tutoring
  - Homeless Children Saturday Outings
  - Homeless Children Sunday School
- 

**Frayser-Millington Mental Health Center**

2150 Whitney Avenue, Memphis, TN 38127

Contact: Janet Whaley, Executive Director

Phone(s): (901) 353-5440

Fax: (901) 353-5464

Email: Jwhaley633@aol.com

Eligibility Guidelines: Mental illness

Services Provided:

- Counseling and/or Mental Health Services
- Employment, Job Training Program
- Respite Care/Child  
Psychological testing and evaluations  
In-home respite, free service, children 18 or younger  
M-TH 8:30AM-5:00PM, Fri. 8:30AM-3:00PM

**Friends for Life**

1384 Madison Avenue, Memphis, TN 38104

Contact: Tom Roden  
Phone(s): (901) 272-0855  
Fax: (901) 272-7458

Eligibility Guidelines: HIV/AIDS

Services Provided:

- Support Services
  - Home Delivered Meals; Congregate Meals
  - Emergency Assistance
- 

**Genesis House**

300 N. Bellevue Avenue, Memphis, TN 38105

Contact: Jim Brasher  
Phone(s): (901) 726-9786  
Fax: (901) 725-1649  
Web: [www.dualdiagnosis.org/genesis\\_house.html](http://www.dualdiagnosis.org/genesis_house.html)

Eligibility Guidelines: 18 years or older, homeless, and mental health diagnosis

Services Provided:

- Residential Treatment
  - Case Management for Adult Homeless
  - Mentally Ill
- 

**GMICH (Greater Memphis Inter-Agency Coalition for the Homeless)**

2670 Union Avenue Extended, Suite 818, Memphis, TN 38112

Contact: Constance A. Graham  
Phone(s): (901) 327-4300

Eligibility Guidelines: Anyone Homeless

Services Provided:

- Information and Referral

**Good Neighbor Love Center**

780 N. Airport Road OR P.O. Box 2990, West Memphis, AR, 72303

Contact: Shay Evans

Phone(s): (501) 735-0870

Eligibility Guidelines: Anyone Homeless

Services Provided:

- Information and Referral Services
- 

**Goodwill Homes Community Services**

4590 Goodwill Road, Memphis, TN 38109

Contact: Barbara Motley, Chief Executive Officer

Phone(s): (901) 785-6790

Fax: (901) 789-8351

Email: ghcs@bellsouth.net

Eligibility Guidelines: All ages, All disabilities

Services Provided:

- Adult Day Care
  - Child Care Program
  - Residential Services/Child
  - Senior Citizen Services
- Group homes/foster care for children in state custody  
Summer youth job training program  
Preschool and after school care (ages 6-12)  
Supportive housing for low income persons 62 years and older (must apply with Bearman Golden Gardens – (901) 786-0079)
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**Goodwill Industries, Inc., Memphis**

2605 Chelsea Avenue, Memphis, TN 38108

Contact: Curtis Ramsey, Director

Phone(s): (901) 323-6221 TDD: (901) 323-0751

Fax: (901) 323-0751

Email: gdwill@bellsouth.net

Services Provided:

- ADA Information and Assistance
- Advocacy Services
- Assistive Technology Equipment and/or Evaluation
- Blind and Visual Impairment Program
- Counseling and/or Mental Health Services
- Employment, Job Training Program
- Information and Referral

**Grace House of Memphis**

329 N. Bellevue, Memphis, TN 38105

Contact: Sharon Trammell

Phone(s): (901) 722-8464

Fax: (901) 722-9023

Eligibility Guidelines: A & D Women 18 and over

Services Provided:

- Transitional Housing
  - Life Skills Training
  - Information and Referral
- 

**Grant Center, The**

606 S. Mendenhall, Suite 200, Memphis, TN 38117

Contact: Nancy McGee

Phone(s): (901) 684-6605

Eligibility Guidelines: Homeless Agencies

Services Provided:

- Grant Assistance
- 

**Habitat for Humanity of Greater Memphis**

555 Perkins Extended, Suite 414, Memphis, TN 38117

Contact: Joyce Springfield-Collins

Phone(s): (901) 761-4771

Eligibility Guidelines: Families

Services Provided:

- Permanent Housing



**Handicap Unlimited**

5640 Summer Avenue, Suite 3, Memphis, TN 38134

Contact: Dan Lambert, Owner

Phone(s): (901) 373-0095 (888) 371-0095

Fax: (901) 388-0901

Email: [email@handicapunlimited.com](mailto:email@handicapunlimited.com)

Web: [www.handicapunlimited.com](http://www.handicapunlimited.com)

**Services Provided:**

- Automobile/Van Adaptations
  - Offer van conversions and accessories
- 

**Harbor House**

1979 Alcy Road, Memphis, TN 38114

Contact: John Truitt

Phone(s): (901) 743-1836

Web: [www.harborhousememphis.org](http://www.harborhousememphis.org)

**Eligibility Guidelines:** A & D Men 18 years and up

**Services Provided:**

- Detox Program (3-7 days)
- Residential Program (21-28 days)
- Half-way Program (up to 2 years)
- Life Skills Training

**Harwood Center, Inc.**

711 Jefferson Avenue, Memphis, TN 38105

Contact: Margaret Headrick, Executive Director

Phone(s): (901) 448-5016

Fax: (901) 448-4734

Email: [mheadrick@utmem.edu](mailto:mheadrick@utmem.edu)

Web: [www.utmem.edu/bcdd/harwood.html](http://www.utmem.edu/bcdd/harwood.html) OR [www.hardwoodcenter.org](http://www.hardwoodcenter.org)

Eligibility Guidelines: Age 5 and younger who has a developmental disability

**Services Provided:**

- Autism Resources
  - Behavior Resources
  - Developmental Assessment
  - Early Intervention Program for Young Children
  - Newsletter Available
  - Public Awareness and Community Education
  - Special Education Program
  - Home Instruction Services for birth to 3 years
- Year-round day school for children ages 18 months to 5 years.  
Inclusion model  
Extended before and after school program.  
Library

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**Hope and Healing Center**

1115 Union Avenue, Memphis, TN 38104

Contact: Lisa Morlette Vasser

Phone(s): (901) 259-HOPE

Email: [info@churchhealthcenter.org](mailto:info@churchhealthcenter.org)

Web: [www.churchhealthcenter.org/hope\\_healing\\_fs.html](http://www.churchhealthcenter.org/hope_healing_fs.html)

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**HOPE Center**

1383 Kney Street, Memphis, TN 38107

Contact: Vivian Porter

Phone(s): (901) 523-8894

Eligibility Guidelines: A & D Women

**Services Provided:**

- In-Patient Treatment

**HOPE Health Center for the Homeless**

1025 E. H. Crump Boulevard, Memphis, TN 38104

Contact: Denese Shumaker, Executive Director

Phone(s): (901) 521-4673

Fax: (901) 521-6445

Eligibility Guidelines: Homeless individuals in the city of Memphis

Services Provided:

- Primary Care Services
  - Outreach Services
- 

**Hope House**

P.O. Box 41437, Memphis, TN 38174

Contact: Kristie Goldsmith

Phone(s): (901) 272-7202

Fax: (901) 722-9520

Services Provided:

- AIDS Ministry
- 

**HOPE Works, Inc. (MACS)**

1930 Union Avenue, Memphis, TN 38104

Contact: Verlon Harp

Phone(s): (901) 272-3700

Fax: (901) 272-2677

Email: [hopeworks1@aol.com](mailto:hopeworks1@aol.com)

Web: [www.whyhopeworks.org](http://www.whyhopeworks.org)

Eligibility Guidelines: 18 years or older who can read, write, and withstand a classroom from 9-4

Services Provided:

- Life Skills Lab (13 weeks program)
- Job Search Help, Resume Help, and GED Help is available
- Field Work is given after 6 weeks of schooling
- Spirituality Classes are once a week

**Interpreting Service for the Deaf, Inc.**

144 N. Bellevue, Memphis, TN 38104

Contact: Ron Aven, Executive Director

Phone(s): (901) 278-9307 TDD: (901) 278-9308

Fax: (901) 278-9301

Email: ISDmemphis@aol.com

**Services Provided:**

- Deafness and Hearing Impairment Program
- Specific Disability Information
- Advocacy Services
- Job Assistance

Sign language classes available

Community Hearing Aid Bank

Provides free hearing tests and hearing aids

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**Labor Force**

4712 Yale Road, Memphis, TN 38128

Contact: Angela Carter, Administrative Manager

Phone(s): (901) 372-1004

Fax: (901) 372-1810

**Eligibility Guidelines:** 18 years and up

**Services Provided:**

- Job Placement in Light Industrial Work
- 

**Latino-Memphis**

4045 American Way Blvd., Suite 205, Memphis, TN 38118

Contact: Andrew Patterson, Outreach Coordinator

Phone(s): (901) 366-5882

Fax: (901) 366-5799

Email: latinomemphis@yahoo.com

Web: www.latinomemphis.org

**Services Provided:**

- Hispanic/Latinos Information
  - Information and Referral
  - Healthcare Outreach Program
  - HIV/AIDS Awareness Programs
- Community information resource for individuals who speak Spanish  
Open Mon-Thu 9:00AM-3:00PM, Fri. 9:00AM-12:00PM

### **Learning Disabilities Association of Tennessee**

5587 Murray Road, Suite 101, Memphis, TN 38119

Contact: Marian Deslattes, Administrative Assistant

Phone(s): (901) 763-1430

Fax: (901) 763-1437

Email: [ldamemphis@aol.com](mailto:ldamemphis@aol.com)

Web: <http://ldagm.org>

#### Services Provided:

- Learning Disability Resources
  - Specific Disability Information
  - Sponsor workshops for parents and professionals
- 

### **LeBonheur Early Intervention and Development (LEAD)**

50 N. Dunlap Street, Memphis, TN 38103

Contact: Gladys Harris, Interim-Director

Phone(s): (901) 572-5858

Fax: (901) 572-5859

Web: [www.lebonheur.org](http://www.lebonheur.org)

#### Services Provided:

- Assistive Technology Equipment and/or Evaluation
  - Child Care Program
  - Early Intervention Program for Young Children
  - Special Education Program
- Center located at LeBonheur Children's Hospital  
Physical therapy, occupational therapy, and speech therapy available
- 

### **Les Passees Kids on the Block, Memphis**

4684-A Poplar Ave., Memphis, TN 38117

Contact: Denise Ware OR Libbee Clifford

Phone(s): (901) 763-3136

Fax: (901) 763-2943

Web: [www.lespasseesinc.org/kotb.htm](http://www.lespasseesinc.org/kotb.htm)

#### Eligibility Guidelines: Grades 1-6

#### Services Provided:

- Public Awareness and Community Education  
Educational program that uses puppetry to teach children health, social, and disability information  
No charges for services in counties served

**Light, Gas, and Water Division – On Track Program**

220 S. Main, P.O. Box 430, Memphis, TN 38101

Contact: Stacey Greenberg, Community Relations Coordinator

Phone(s): (901) 528-4821

Web: www.mlgw.com

Eligibility Guidelines: Low income guidelines

Services Provided:

- Financial Assistance
  - Budgeting Education Program
  - Utility Payment Plans
- 

**Lighthouse Ministries**

3630 Jackson Avenue, Memphis, TN 38108

Contact: Dr. Melvin Brigham, Executive Director

Phone(s): (901) 382-8106

Fax: (901) 388-0583

Services Provided:

- Spiritual Counseling
  - Food, Clothing, Shelter, and Jobs
- 

**LINC Directory of Human Services, Memphis**

Memphis/Shelby Co. Public Library, 3030 Poplar Avenue, Memphis, TN 38111

Contact: Director

Phone(s): (901) 415-2700 TDD: (901) 415-2700

Email: [lincref@memphis.lib.tn.us](mailto:lincref@memphis.lib.tn.us)

Web: [www.memphislibrary.org](http://www.memphislibrary.org)

Services Provided:

- Information and Referral
    - Publish a comprehensive directory of social services
    - Directory available on the internet
- 

**Lions Club (White Station)**

P.O. Box 240123, Memphis, TN 38101

Contact: Gene Williams

Phone(s): (901) 767-5466

**Love and Charity Homeless Shelter**

2195 S. Third Street, Memphis, TN 38109

Contact: Larry Hunter

Phone(s): (901) 943-3810

Eligibility Guidelines: Men only

Services Provided:

- Emergency Housing
- 

**Loving Arms**

1233 Peabody, Memphis, TN 38104

Contact: Shelia Tankersby

Phone(s): (901) 725-6730

Eligibility Guidelines: HIV/AIDS Families

Services Provided:

- Supportive Services
- 

**Lowenstein House, Inc.**

821 S. Barksdale, Memphis, TN 38114

Contact: June Winston, Executive Director

Phone(s): (901) 274-5486

Fax: (901) 278-6927

Web: [www.orgsites.com/tn/lowensteinhouse](http://www.orgsites.com/tn/lowensteinhouse)

Eligibility Guidelines: Adults with mental illness ages 18 and older

Services Provided:

- Adult Day Care
- Counseling and/or Mental Health Services
- Employment, Job Training Program
- Recreational Activities

**Lupus Foundation of America, Inc., Memphis**

3181 Poplar Avenue, Suite 100, Memphis, TN 38111

Contact: Acquanette Thomas, President

Phone(s): (901) 458-5302

Fax: (901) 358-2269

Email: Thomasacque@aol.com

Web: <http://hometown.aol.com/tdhood69/myhomepage/business.html>

**Services Provided:**

- Newsletter Available
  - Public Awareness and Community Education
  - Specific Disability Information
  - Support Groups
- 

**Martha's Manor**

4860 Walnut Grove Road, Memphis, TN 38117

Contact: Michael Hodges, Program Director

Phone(s): (901) 763-1373

Fax: (901) 763-1374

Web: [www.marthasmanor.org](http://www.marthasmanor.org)

**Eligibility Guidelines:** Ambulatory, basic self-help skills, able to participate in a group setting; Ages 22-45 years

**Services Provided:**

- Adult Day Care
  - Recreational Activities
  - Music Program
  - Arts and Crafts Activities
  - Recreational and Academic Activities
  - Physical Education Classes
- Monthly tuition/financial assistance available  
Tuition is \$329 a month  
Mon-Fri 8:30AM-4:30PM
- 

**MATA Plus**

1370 Levee Road, Memphis, TN 38103

Contact: W.C. Lewis, Senior Planner, ADA Compliance Officer

Phone(s): (901) 722-7171

Fax: (901) 722-7123

Email: [wlewis@matatransit.com](mailto:wlewis@matatransit.com)

Web: [www.mataplus.com](http://www.mataplus.com)

**Services Provided:**

- Transportation



**Mayor's Office of Human Services, City of Memphis**

125 N. Main Street, Room 1B22, Memphis, TN 38103

Contact: Dedrienne McKenzie

Phone(s): (901) 576-6503

Services Provided:

- Information and Referral
  - Homeless Prevention Resources
- 

**MED Plex, The**

880 Madison Avenue, Memphis, TN 38103

Contact: Lynn Pleasant

Phone(s): (901) 545-7100

Fax: (901) 545-7761

Web: [www.the-med.org](http://www.the-med.org)

Eligibility Guidelines: 18 and up; Children can use the dermatology and ER departments

Services Provided:

- All Medical
  - Training Programs
  - Information and Referral
- 

**Memphis Area Career Center**

444 North Main Street, 2<sup>nd</sup> Floor, Memphis, TN 38105

Phone(s): (901) 545-2240

Fax: (901) 545-2250

Web: [www.memphiscareercenter.com](http://www.memphiscareercenter.com)

Services Provided:

- Employment, Job Training Program  
One-stop career center created by US Department of Labor  
Offers skill inventories/assessment, links to training programs  
Workshop training on resume writing and job interviewing

**Memphis Area Legal Services, Inc.**

109 N. Main Street, 2<sup>nd</sup> Floor Memphis, TN 38103

Contact: Harrison D. McIver III, Executive Director

Phone(s): (901) 523-8822

Fax: (901) 578-8566

Email: [hdmciver@malsi.org](mailto:hdmciver@malsi.org)

Eligibility Guidelines: Income guidelines

Services Provided:

- Legal Counseling
  - Legal Representation in non-criminal matters
  - Community Education and Outreach
- 

**Memphis Area Transit Authority (MATA)**

1370 Levee Road, Memphis, TN 38108

Phone(s): (901) 722-7100

Web: [www.matatransit.com/](http://www.matatransit.com/)

Services Provided:

- Bus Transportation Throughout the Metropolitan Area
  - Schedule Information: 274-6282
- 

**Memphis Center for Independent Living**

163 N. Angelus, Memphis, TN 38104

Contact: Deborah Cunningham or Kevin Loften

Phone(s): (901) 726-6404

Fax: (901) 726-6521

Email: [mcil@mcil.org](mailto:mcil@mcil.org)

Web: [www.mcil.org](http://www.mcil.org)

Eligibility Guidelines: Physically Disabled; Ages 6-55 years old

Services Provided:

- Information and Referral
- Advocacy
- Peer Support Program
- ADA Information and Assistance
- Tech Lab
- Support Groups
  - Consumer run agency
  - Memphis ADAPT
  - Independent living skills training

**Memphis City School System**

2597 Avery Avenue, Memphis, TN 38122

Contact: Director

Phone(s): (901) 325-5300

Eligibility Guidelines: Ages 3-21 years; All disabilities

Services Provided:

- Special Education Program
  - Psychological Assessments
  - Related services including therapy (PT, OT, SLT, vision, behavioral)
  - Technology assistance/training
  - Information about IDEA and section 504
- 

**Memphis Day Shelter**

383 Poplar Avenue, Memphis, TN 38103

Contact: Day Shelter Coordinator

Phone(s): (901) 526-8403

Services Provided:

- Shelter
  - Clothing
  - Referral Services
- 

**Memphis Family Shelter**

Contact: Donna Fortson

Phone(s): (901) 278-2728

Fax: (901) 278-2720

Eligibility Guidelines: Women with Children

Services Provided:

- Transitional Housing
- Individualized Counseling and Goal Setting
- Job Readiness Training
- Life Skills
- Referral to Longer Term Housing Options

**Memphis Food Bank**

239 South Dudley Street, Memphis, TN 38104

Contact: Susan Sanford

Phone(s): (901) 527-0841

Fax: (901) 528-1172

Web: [www.memphisfoodbank.org/](http://www.memphisfoodbank.org/)

**Services Provided:**

- Collecting and Distributing Donated Food to Charitable Agencies
  - Feeding the needy, ill, and infants
- 

**Memphis Furniture Banc, The**

326 E. Butler Avenue, Memphis, TN 38126

Contact: Shirley Williams

Phone(s): (901) 529-0709

**Eligibility Guidelines:** Must be homeless moving to a permanent home

**Services Provided:**

- Furniture
  - Services to help move
- 

**Memphis Health Center**

360 E.H. Crump Boulevard, Memphis, TN 38126

Contact: Rose Dugger

Phone(s): (901) 774-5794

**Eligibility Guidelines:** Anyone in need of medical services

**Services Provided:**

- Medical Care

**Memphis Housing Authority**

700 Adams Avenue, Memphis, TN 38105

Contact: Margaret Thomas, Lead Service Coordinator

Phone(s): (901) 544-1150

Web: [www.mecca.org/MHA/](http://www.mecca.org/MHA/)

**Services Provided:**

- Housing, Search, and Information
  - Subsidized Housing
  - Section 8 Rental Assistance Program  
Homeownership program and House and Home Grant program administered in Nashville office
- 

**Memphis Inner City Outreach, Inc.**

225 Exchange, Memphis, TN 38105

Contact: Dr. Ray David Thomas

Phone(s): (901) 527-8701

**Eligibility Guidelines:** Homeless/Low Income

**Services Provided:**

- Emergency Assistance
  - Information and Referral
- 

**Memphis Interfaith Hospitality Network**

200 E. Parkway North, Memphis, TN 38112

Contact: Mattie Hughlett

Phone(s): (901) 452-6446

Fax: (901) 454-1135

Web: [www.balmoralpc.com/MIHNINFO.htm](http://www.balmoralpc.com/MIHNINFO.htm)

**Eligibility Guidelines:** Married couple with or without children or single parent with children

**Services Provided:**

- Emergency Housing

**Memphis Leadership Foundation**

1548 Poplar Avenue, Memphis, TN 38104

P.O. Box 40174, Memphis, TN 38174

Contact: Howard Eddings Jr., President/CEO

Phone(s): (901) 729-2931

Fax: (901) 729-2933

Email: [mlf@mlfonline.org](mailto:mlf@mlfonline.org)

Web: [www.mlfonline.org](http://www.mlfonline.org)

Eligibility Guidelines: Anyone homeless age 24 and above

Services Provided:

- Housing Referrals
  - Information and Referrals
  - Job Readiness and Training
- 

**Memphis Mental Health Institute**

865 Poplar Avenue, 1st Floor, Memphis, TN 38105

Contact: Sharon Jackson

Phone(s): (901) 524-1200

Eligibility Guidelines: 18 and up who are mentally ill

Services Provided:

- Inpatient Acute Care
- Treatment Teams

### **Memphis Oral School for the Deaf**

711 Jefferson Avenue, Memphis, TN 38105  
Contact: Elizabeth Farrar, Executive Director  
Phone(s): (901) 448-8490  
Fax: (901) 448-8495  
Email: [ekenworthy@utm.edu](mailto:ekenworthy@utm.edu)  
Web: [www.oraldeafed.edu](http://www.oraldeafed.edu)

Eligibility Guidelines: Age birth to 8 years; Hearing loss, mild to profound

Services Provided:

- Deafness and Hearing Impairment Program
  - Early Intervention Program for Young Children
  - Newsletter Available
- Before and after school daycare  
Half-day summer program  
Aural Rehab/Cochlear Implant therapy  
Speech/language therapy  
Parent/Infant training program (birth-3)  
Day school (ages 2-8)

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### **Memphis Partners, Inc.**

2701 Union Avenue Extended, Suite 300, Memphis, TN 38105  
Contact: Rhonda Lambert Martin  
Phone(s): (901) 320-7979  
Fax: (901) 320-7986

Eligibility Guidelines: Ages 12-24

Services Provided:

- Support Services
- Support Programs

**Memphis Recovery Center**

219 N. Montgomery, Memphis, TN 38104

Contact: James Carson  
Phone(s): (901) 272-7751  
Fax: (901) 274-2172  
Web: www.memphisrecovery.com

Eligibility Guidelines: A & D Men and Women; Youth 13 on up to adults

Services Provided:

- In-Patient Treatment
  - Out-Patient Treatment
- 

**Memphis/Shelby County Emergency Mental Health**

450 Pontotoc Avenue, Memphis, TN 38126

Contact: Cheryl Jones  
Phone(s): (901) 577-9400

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**Memphis/Shelby County Health Department**

814 Jefferson Avenue, Memphis, TN 38105

Contact: Dr. John Kirkley  
Phone(s): (901) 544-7380

Services Provided:

- Primary Care Services
- 

**Memphis Three Quarter Center for Life Skills Development**

3377 Coleman, Memphis, TN 38122

Contact: Barbara Stattington  
Phone(s): (901) 458-6677

Eligibility Guidelines: Mentally Ill 18 years and older males and females; Must have insurance

Services Provided:

- Transitional Housing



**Memphis Union Mission**

383 Poplar Avenue, Memphis, TN 38103

Contact: Rev. Mark Calhoun

Phone(s): (901) 526-8403

Web: [www.memphisunionmission.org/](http://www.memphisunionmission.org/)

Eligibility Guidelines: Men 18 and over only

Services Provided:

- Only Available in Cold Weather
  - Emergency Housing
  - Transitional Work Programs (30-60 days)
- 

**Memphis Union Mission Calvary Colony**

4535 Benjestown Road, Memphis, TN 38127

Contact: Pastor Steve Jesson

Phone(s): (901) 357-9641 (901) 526-8434

Eligibility Guidelines: A & D Men 18 years and up

Services Provided:

- Transitional Housing
  - Transitional Work Program
- 

**Memphis Works**

4189 Leroy Avenue, Memphis, TN 38108

Contact: Jean Phebus, Director of Programs

Phone(s): (901) 767-0922

Fax: (901) 767-0798

Email: [jphebus@ucpmemphis.org](mailto:jphebus@ucpmemphis.org)

Web: [www.ucpmemphis.org](http://www.ucpmemphis.org) OR [www.memphisworks.org](http://www.memphisworks.org)

Eligibility Guidelines: Ages 18 years and older

Services Provided:

- Occupational Skills Training
- Job Placement Services

**Mental Health Association of the Mid-South**

1407 Union, Suite 1205, Memphis, TN 38112

Contact: Dawn C. Ducca

Phone(s): (901) 323-0633

Services Provided:

- Information and Referral
- 

**Messick Adult Education Center**

703 South Greer, Memphis, TN 38111

Contact: Carol Miller, Principal

Phone(s): (901) 325-4840

Fax: (901) 325-4842

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**Metropolitan Inter Faith Association (MIFA)**

P.O. Box 3130, Memphis, TN 38173

Contact: Beverly Thomas, HR Director

Phone(s): (901) 527-0208

Fax: (901) 527-3202

Email: MIFA@MIFA.org

Web: www.MIFA.org

Services Provided:

- Child Care Program
- Employment, Job Training Program
- Financial Assistance
- Home Rehabilitation/Repair Service
- Housing, Search, and Information
- Meals on Wheels Food Program
- Residential Services/Adult
- Residential Services/Child
- Emergency assistance program
- Information and referral service for the elderly

### **Mid-South ACT (Access Center for Technology)**

University of Memphis, Patterson, Room 119, Memphis, TN 38152

Contact: Lavonnie Perry Claybon  
Phone(s): (901) 678-1489  
Fax: (901) 678-3215  
Email: [act@memphis.edu](mailto:act@memphis.edu)  
Web: <http://coe.memphis.edu/act>

Eligibility Guidelines: Birth through adult

#### Services Provided:

- Assistive Technology and Evaluation Training
  - Technical Assistance and Training  
Provide services and information regarding assistive technology  
"Hands on" center set up to review computer hardware and software  
Augmentative Communication Evaluations and Training
- 

### **Mid South Lion's Sight and Hearing Services**

188 S. Bellevue, Suite 421, Memphis, TN 38104

P.O. Box 40626, Memphis, TN 38178

Contact: Brad Baker, Executive Director OR JoAnne Roe, Program Director  
Phone(s): (901) 726-0771 (800) 642-3413  
Fax: (901) 726-6003  
Email: [midsouthlions@msn.com](mailto:midsouthlions@msn.com)  
Web: [www.midsouthlions.org](http://www.midsouthlions.org)

Eligibility Guidelines: Low income guidelines; all ages

#### Services Provided:

- Blind and Visual Impairment Program
- Deafness and Hearing Impairment Program  
Provide hearing and vision exams at no cost to low-income individuals  
Provide hearing aids and glasses

**Midtown Mental Health Center**

427 Linden Avenue, Memphis, TN 38126

Contact: Barbara Sappington

Phone(s): (901) 577-0200

Fax: (901) 577-9473

Web: [www.midtownmentalhealth.org](http://www.midtownmentalhealth.org)

Eligibility Guidelines: Must be homeless and severely mentally ill

Services Provided:

- Outreach
  - Case Management
  - Alcohol and Drug Abuse Services
  - Supportive Housing
  - Crisis Services
  - Psychiatric Services
- 

**Midtown Mobile Crisis Unit, Memphis**

427 Linden Avenue, Memphis, TN 38128

Contact: Aubrey Howard, CEO

Phone(s): (901) 577-9400

Fax: (901) 577-9409

Email: [ahoward936@aol.com](mailto:ahoward936@aol.com)

Eligibility Guidelines: Must be on TennCare

Services Provided:

- Counseling and/or Mental Health Services
  - Provides emergency in-house mental health assessment
- 

**MIFA – Exchange Store**

910 Vance Avenue, Memphis, TN 38126

Contact: Margaret Craddock

Phone(s): (901) 527-0208

Services Provided:

- Furniture
- Clothing/Accessories

**Mission Corps. International**

1578 Lamar, Memphis, TN 38114

Contact: Wilbur Parker

Phone(s): (901) 276-2425

Eligibility Guidelines: Men 18 and over

Services Provided:

- Transitional Housing
  - Christian Program
  - Job Placement
  - Educational Opportunities
  - \$70 per week
- 

**Missionaries of Charity Homeless Shelter and Maternity Home**

700 N. Seventh Street, Memphis, TN 38107

Contact: Sister Janita, M. C.

Phone(s): (901) 526-5456

Eligibility Guidelines: Women 18 and older, if under 18 must be with mother.

Services Provided:

- Emergency Housing
- 

**Moriah House (Memphis Union Mission)**

Contact: Beverly Thomas

Phone(s): (901) 522-8819

Eligibility Guidelines: Abused Women

Services Provided:

- Transitional Housing

### **Multiple Sclerosis Society, Mid-South Chapter**

6685 Quince Road, Suite 124, Memphis, TN 38119

Contact: Sheila Kernan, Program Coordinator

Phone: (901) 755-4900 TDD: (901) 344-4861

Fax: (901) 755-4944

Email: [questions@msmidsouth.org](mailto:questions@msmidsouth.org)

Web: [www.msmidsouth.org](http://www.msmidsouth.org)

#### Services Provided:

- Advocacy Services
  - Assistive Technology Purchase Assistance
  - Counseling and/or Mental Health Services
  - Information and Referral
  - Specific Disability Information
  - Support Groups
- Advocacy for MS at local, state, and federal levels  
Referral for attendant care  
Financial assistance for bathroom safety equipment  
Offer publications and publish three newsletters

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### **Muscular Dystrophy Association, Memphis**

6094 Apple Tree Drive #9, Memphis, TN 38115

Contact: Norma Graham

Phone(s): (901) 367-0902

Fax: (901) 367-0994

Email: [memphisdistrict@mda.usa.org](mailto:memphisdistrict@mda.usa.org)

Web: [www.mda.usa.org](http://www.mda.usa.org)

#### Services Provided:

- Camps and/or Summer Programs (21 and younger)
  - Specific Disability Information
  - Support Groups
- Weekly MDA clinic in Memphis  
Orthopedic equipment including braces and wheelchairs  
One week summer camp program

**National Alliance for the Mentally Ill (NAMI), Memphis**

499 Patterson Road, Memphis, TN 38111

Contact: Deborah Farrell, Director

Phone(s): (901) 323-5928

Fax: (901) 680-9327

Web: [www.nami-memphis.org/](http://www.nami-memphis.org/)

Eligibility Guidelines: Anyone mentally ill

Services Provided:

- Advocacy Services
  - Information and Referral
  - Newsletter Available
  - Parent Education
  - Public Awareness and Community Education
  - Specific Disability Information
  - Support Groups
  - Crisis Intervention Team
- 

**Native-American Inter-Tribal Agency**

P.O. Box 11473, Memphis, TN 38111

Contact: Joe Phillips

Phone(s): (901) 342-0093

Eligibility Guidelines: Must be Native American

Services Provided:

- Transitional Housing
- 

**Neighborhood Christian Center**

223 Scott Street, Memphis, TN 38112

Contact: Pamela Cox

Phone(s): (901) 452-6701

Email: [pcox@ncclife.org](mailto:pcox@ncclife.org)

Web: [www.ncclife.org/](http://www.ncclife.org/)

Eligibility Guidelines: Referrals from Local Agencies

Services Provided:

- Information and Referrals
- Assistance Services
- Emergency Shelter

### **Neighborhood Housing Opportunities**

1548 Poplar Avenue, Memphis, TN 38104

Contact: Elaine St. Clemmons

Phone(s): (901) 729-2934

Eligibility Guidelines: Employed families/individuals who are working towards a home purchase

Services Provided:

- Interim Housing (12-24 months)
- 

### **New Directions**

642 Semmes, Memphis, TN 38111

Contact: Albert Jones

Phone(s): (901) 327-4244

Fax: (901) 327-4263

Eligibility Guidelines: A & D Men and Women 18 years and older; Pregnant women have priority

Services Provided:

- Transitional Housing
  - Inpatient Program (28 days)
  - Outpatient Program
- 

### **Parents Encouraging Parents**

Shelby County Health Department, 814 Jefferson Street, Room 150, Memphis, TN 38105

Contact: Virginia Factor, Program Director

Phone(s): (901) 544-7488

Fax: (901) 544-7454

Eligibility Guidelines: Birth to 21 years with a chronic health problem or disability

Services Provided:

- Information and Referral
  - Parent Education
  - Support Groups
- Resource library of information on rare diseases/disorders  
Parent to parent support network  
Sponsored by the Public Health Department



**Partners for the Homeless**

2400 Poplar Avenue, Suite 226, Memphis, TN 38112

Contact: Pat Morgan  
Phone(s): (901) 458-8928  
Fax: (901) 458-9103  
Email: pathinc@bellsouth.net  
Web: www.msopath.org

Eligibility Guidelines: Anyone Homeless

Services Provided:

- Information and Referral
- 

**Partners in Placement, Inc.**

Suite 205, 3485 Poplar Avenue, Memphis, TN 38111

Contact: Roger Boeving, Executive Director  
Phone(s): (901) 458-7094  
Fax: (901) 458-5943  
Email: p\_placement@hotmail.com

Eligibility Guidelines: Ages 18 years and older

Services Provided:

- ADA Information and Assistance
  - Employment, Job Placement Program  
Referral from Vocational Rehabilitation or Veterans Administration required
- 

**Paul Schwartz Center for Children and Families**

2100 Whitney Avenue, Memphis, TN 38127

Phone(s): (901) 353-5440  
Web: www.ccnmemphis.org

**Peabody House, The (Whitehaven SWMHC)**

1076 Peabody, Memphis, TN 38104

Contact: Alma Prahter-Sledge

Phone(s): (901) 527-5775

Eligibility Guidelines: HIV/AIDS or Mentally Ill 18 years and up

Services Provided:

- Emergency Shelter
  - Housing (up to 420 days)
  - Information and Referral
- 

**People First, Memphis**

Raymond Skinner Center, 712 Tanglewood, Memphis, TN 38104

Contact: Eugene Harris, Director

Phone(s): (901) 272-2528

Eligibility Guidelines: Ages 22 years and older

Services Provided:

- Advocacy Services
  - Consumer Advocacy Group
- 

**Personal and Career Development**

3383 Park Avenue, Memphis, TN 38111

Contact: Marcia Hunter

Phone(s): (901) 452-9037

Fax: (901) 458-1547

Email: [submit@youth-express.org](mailto:submit@youth-express.org)

Web: [www.youth-express.org](http://www.youth-express.org)

Eligibility Guidelines: Homeless and have a low income

Services Provided:

- Job Counseling/Job Placement
- Educational Services
- Career Services

**Porter Leath Children's Center**

868 North Manassas St., Memphis, TN 38107

Contact: Michael Warr, Director

Phone(s): (901) 577-2500

Fax: (901) 577-2506

Email: mwarr@poter-leath.org

Web: www.porter-leath.org/

**Services Provided:**

- Early Intervention Program for Young Children
  - Residential Services/Child
  - Employment Training
    - Adoption and foster care
    - Special needs adoption
    - Emergency shelter for children
    - Optimist boys home
    - Food program
- 

**Psychological Services Center, The University of Memphis**

126 Psychology Building, The University of Memphis, Memphis, TN 38152

Phone(s): (901) 678-2147

Web: www.psyc.memphis.edu

**Services Provided:**

- Individual and Family Counseling
  - Assessment Testing
- 

**Public Health Department, Shelby County**

814 Jefferson Avenue, Memphis, TN 38105

Contact: Yvonne Madlock, Director

Phone(s): (901) 544-7600

Fax: (901) 544-7567

**Eligibility Guidelines:** Income guidelines

**Services Provided:**

- Health Insurance Information
- Public Health Services
  - Immunizations available
  - Parents Encouraging Parents – Peer support group
  - Assistance with TennCare application
  - Children's Special Services (CSS) insurance for children with chronic illnesses (birth to 21 years)
  - Hispanic Community Outreach Program

**Pyramid Recovery Center, Inc.**

1833 S. Third Street, Memphis, TN 38109

Contact: Coleman Thompson

Phone(s): (901) 948-4862

Eligibility Guidelines: Mentally ill and adults and youth in recovery

Services Provided:

- Counseling
  - Education
  - Job Readiness
  - Child/Family Management
- 

**Raymond Skinner Center**

712 Tanglewood, Memphis, TN 38104

Contact: Eugene Harris, Director

Phone(s): (901) 272-2528

Fax: (901) 272-2532

Eligibility Guidelines: Age requirements vary by program; 5-21 years + adult

Services Provided:

- Camps and/or Summer Programs
  - Child Care Program
  - Recreational Activities
    - Classes in arts and crafts, swim, and dance
    - Organized social activities
    - After school program for children with disabilities
    - Day program for adults with mental retardation
    - Heads Up, a day program for individuals with head injuries
- 

**Relational DataSearch**

6015 Summer Trace Drive #210, Memphis, TN 38134

Contact: Howard Westblade, Owner

Phone(s): (901) 385-2688 (800) 684-5453

Email: rdsdot@myexcel.com

Web: www.relationaldatasearch.com

Eligibility Guidelines: Must be 18 years or older

Services Provided:

- Employment, Job Training Program
- Job matching software program

**RHA Community Homes, Inc.**

5050 Poplar, Suite 718, Avenue, Memphis, TN 38157

Contact: Charolette Perry, Program Manager

Phone(s): (901) 767-1455

Fax: (901) 767-1409

Email: ddms@netten.net

**Services Provided:**

- Residential Services/Adult  
Provide waiver services (employment and vocational) to individuals coming out of state development centers
- 

**RISE Project of West TN**

College of Education, Univ. of Memphis, 121 Browning Hall, Memphis, TN 38152

Contact: Paul Ayers

Phone(s): (901) 678-4932

Fax: (901) 678-1656

Email: payers@memphis.edu

Web: www.people.memphis.edu/~coe\_rise

**Eligibility Guidelines:** Ages 3-21 years; Services provided to schools by written agreement

**Services Provided:**

- Autism Resources
  - IDEA Information and/or Training
  - Information and Referral
  - Learning Disability Resources
  - Newsletter Available
  - Technical Assistance and Training  
RISE – Restructuring for Inclusive School Environments  
Inservice training available to school systems  
Lending library of inclusion resources  
Technical assistance and support project  
Sponsor annual inclusion conference
- 

**Sacred Heart Homeless Ministry**

1324 Jefferson Avenue, Memphis, TN 38104

Contact: Paul Gray

Phone(s): (901) 726-1891

**Eligibility Guidelines:** Anyone Homeless

**Services Provided:**

- Information and Referrals

**Safe House Transitional Centers, Inc.**

4716 Mickey Drive, Memphis, TN 38116

Contact: Curtis Oliver

Phone(s): (901) 396-8040

Fax: (901) 396-7590

Eligibility Guidelines: 18 years and over, must be employable or receiving disability compensation

Services Provided:

- Home Environment
  - Long-Term Out-Patient Treatment
- 

**Salvation Army**

696 Jackson Avenue, Memphis, TN 38105

Contact: Director

Phone(s): (901) 543-8586

Fax: (901) 543-8599

Services Provided:

- Child Care Program
  - Financial Assistance
  - Women's Shelter
  - Emergency Shelter
- 

**Salvation Army Adult Rehabilitation**

130 N. Danny Thomas Blvd., Memphis, TN 38103

Contact: Betty Humphreys

Phone(s): (901) 576-2284

Eligibility Guidelines: A & D men who are homeless

Services Provided:

- In-Patient Treatment
- Individual/Group Counseling
- Clothing Assistance

**Salvation Army Family Shelter**

696 Jackson Avenue, Memphis, TN 38105

Contact: Sharon Hall

Phone(s): (901) 576-2278 (901) 576-2277

**Services Provided:**

- Temporary Shelter
  - Resettlement Counseling
- 

**Seek for the Old Path Shelter**

1169 Linden Avenue, Memphis, TN 38104

Contact: Barbara Moment

Phone(s): (901) 274-2989

**Eligibility Guidelines:** Mothers with children and homeless women

**Services Provided:**

- Emergency Housing
  - Transitional Housing (30-90 days)
- 

**Senior Services, Memphis**

4700 Poplar Avenue, Suite 100, Memphis, TN 38117

Contact: Carla Baker, Director

Phone(s): (901) 766-0600 (800) 487-5207

Fax: (901) 766-0699

Email: jcarroll@memphisseniors.com

Web: www.memphisseniors.com

**Services Provided:**

- Advocacy Services
  - Information and Referral
  - In-Home Assistance
  - Senior Citizen Services
- H.O.M.E. Program is a long-term alternative care program for frail individuals needing assistance and care  
Must be Medicaid eligible  
Foster care for special needs children  
Personal case management  
Homemakers  
Senior centers  
Employment for older workers  
Mon-Fri 8:15AM-4:30PM

### **Serenity Recovery Center**

301 N. Bellevue, Memphis, TN 38105

Contact: Allen Richardson

Phone(s): (901) 521-1131

Eligibility Guidelines: Men and women 18 years and up; not on TennCare; Medically stable; Not on anti-psychotic or anti-depressant medication

Services Provided:

- Residential Treatment
  - Outpatient Program
  - After-Care Program
  - Individual Therapy
  - Gender Specific Treatment
  - Half-Way Program
  - Case Management
  - Life Skills Training
  - Job Placement and Retention Assistance
  - Alcohol and Drug Residential Rehabilitation
  - Halfway House
- 

### **Service Over Self, Memphis**

2505 Poplar, Memphis, TN 38112

Contact: David Montague, Director

Phone(s): (901) 681-9044

Fax: (901) 683-5725

Email: [ericb@sosmemphis.org](mailto:ericb@sosmemphis.org)

Web: [www.sosmemphis.org](http://www.sosmemphis.org)

Eligibility Guidelines: Must live in Bing-Hampton neighborhood in Memphis (38112 zip code) and must be home-owners

Services Provided:

- Advocacy Services
  - Information and Referral
  - In-Home Assistance
  - Senior Citizen Services
- 

### **Shady Oaks School**

501 N. Mendenhall Road, Memphis, TN 38117

Phone(s): (901) 682-9077

Services Provided:

- Special help for ADD, dyslexia, and other learning difficulties



### **Shelby County Assistant to Mayor for Health Policies**

160 North Main, Memphis, TN 38103

Contact: Nancy Lawhead

Phone(s): (901) 545-5684

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### **Shelby County Community Services Agency**

409 Ayers, Memphis, TN 38107

Contact: Marcella Lewis

Phone(s): (901) 523-7518

Eligibility Guidelines: Must live in Shelby County and be Homeless/Low Income

Services Provided:

- Housing Referrals
  - Support Services
  - Financial Assistance
  - Case Management
- 

### **Shelby County School System**

Special Education Division, 5650 Woodlawn, Memphis, TN 38134

Contact: Joe Bellanti, Director of Special Education

Phone(s): (901) 373-2603

Web: [www.scs.k12.tn.us](http://www.scs.k12.tn.us)

Eligibility Guidelines: Ages 3-21 years; All disabilities

Services Provided:

- Special Education Program
  - Psychological assessments
  - Related services including therapy (PT, OT, ALT, vision, behavioral)
  - Technology assistance/training
  - Information about IDEA and section 004

### **Shelby County Victim Assistance Center**

600 Adams, Memphis, TN 38105

Contact: Heidi Verbeek

Phone(s): (901) 545-4357

Fax: (901) 545-4208

Web: [www.co.shelby.tn.us/county\\_gov/mayor/vac/](http://www.co.shelby.tn.us/county_gov/mayor/vac/)

Eligibility Guidelines: Victims of Violent Crimes

Services Provided:

- Information and Referrals
  - Assistance
- 

### **Shelby Residential and Vocational Services (SRVS)**

3592 Knight Arnold Road, Memphis, TN 38118

Contact: Jefferie Bruton, Director

Phone(s): (901) 375-4804

Fax: (901) 362-1891

Email: [brutonjeff@srvs.org](mailto:brutonjeff@srvs.org)

Web: [www.srvs.org](http://www.srvs.org)

Services Provided:

- Adult Day Care
  - Employment, Job Training Program
  - Family Support Program Provider
  - Senior Citizen Services
- Independent Living Skills Training Program  
Respite care adult (limited)  
Residential care for children and adults who receive  
Medicaid waiver
- 

### **SMACC (Students, Mothers, and Concerned Citizens)**

Phone(s): (901) 725-4277      24-hour (901) 458-1661

Eligibility Guidelines: Battered Women

Services Provided:

- Emergency Housing
- Transitional Housing

**Social Security Administration, Memphis (North)**

Room 304, 3<sup>rd</sup> Floor, 3606 Austin Peay Highway, Memphis, TN 38168

Contact: Michael West, District Manager

Phone(s): (901) 385-0127 (800) 772-1213 TDD (800) 325-0778

Web: www.ssa.gov

Eligibility Guidelines: Permanently disabled for one year

Services Provided:

- Health Insurance Information
  - Social Security Disability  
Medicaid Benefits  
Supplemental Security Income (SSI) – financial guidelines to be eligible  
Social Security Disability Insurance (SSDI)
- 

**Social Security Administration, Memphis (East)**

1255 Lynnfield Road, Suite 295, Memphis, TN 38119

Contact: District Manager

Phone(s): (901) 680-0130 (800) 772-1213

Web: www.ssa.gov

Eligibility Guidelines: Permanently disabled for one year

Services Provided:

- Health Insurance Information
  - Social Security Disability  
Medicaid benefits  
Supplemental Security Income (SSI) – financial guidelines to be eligible  
Social Security Disability Insurance (SSDI)
- 

**Social Security Administration, Memphis (South)**

1891 South Third Street, Memphis, TN 38109

Contact: District Manager

Phone(s): (901) 946-0224 (800) 772-1213 TDD (800) 325-0778

Web: www.ssa.gov

Eligibility Guidelines: Permanently disabled for one year

Services Provided:

- Health Insurance Information
- Social Security Disability  
Medicare benefits  
Supplemental Security Income (SSI) – financial guidelines to be eligible  
Social Security Disability Insurance (SSDI)

**Social Security Administration, Memphis (Downtown)**

1451 Union Avenue, Memphis, TN 38104

Contact: Susanna Holmes, Staff Assistant

Phone(s): (901) 544-0038 (800) 772-1213

Web: www.ssa.gov

Eligibility Guidelines: Permanently disabled for one year

Services Provided:

- Health Insurance Information
  - Social Security Disability  
Medicare benefits  
Supplemental Security Income (SSI) – financial guidelines to be eligible  
Social Security Disability Insurance (SSDI)
- 

**Sophia's House (Through YWCA/CC)**

Contact: Nancy Denlow

Phone(s): (901) 728-4229

Eligibility Guidelines: A & D Women with children

Services Provided:

- Treatment Center
  - Transitional Housing
  - Job Training/Placement
  - Individual/Group Therapy
- 

**SOS Industries**

3412 Jackson Avenue, Memphis, TN 38122

Contact: Dudley Crowder

Phone(s): (901) 323-8585

Fax: (901) 324-8596

Email: SOS@srvs.org

Web: www.sos-industries.com/

Eligibility Guidelines: Mentally Retarded ages 16 and up

Services Provided:

- Vocational Services

**Southeast Mental Health Center**

3810 Winchester Road, Memphis, TN 38181

Contact: Gene Lawrence

Phone(s): (901) 369-1400

Services Provided:

- Psychotherapy and Counseling
  - EAPs
  - Education Services
  - Family/Marriage Counseling
  - Alcohol and Drug Treatment Services
  - Vocational Services
  - Case Monitoring
  - Day Treatment
- 

**Southwest Tennessee Community College, Educational Opportunity Center**

5396 Mendenhall Square Mall, Memphis, TN 38118

Phone(s): (901) 333-6048

Web: [www.southwestoc.org](http://www.southwestoc.org)

Services Provided:

- Career Exploration
- Career Assessment
- Counseling and Educational Planning
- Academic Advising
- Information and Referral Services
- Study Groups
- Tutors

**Special Kids and Families, Inc.**

P.O. Box 22383, Memphis, TN 38122

Contact: Rebecah Holborson, Executive Director  
Phone(s): (901) 324-7050 TDD (901) 324-1285  
Fax: (901) 324-1285  
Email: spkids@wnm.net  
Web: www.spkids.org

Eligibility Guidelines: Birth to 3 years old

Services Provided:

- Advocacy Services
  - Early Intervention Program for Young Children
  - IDEA Information and/or Training
  - Parent Education
  - Support Groups
  - Technical Assistance and Training
- Adaptive equipment, toy and book lending library  
Inclusive library  
Oral motor/speech therapy  
Support/training to day care centers
- 

**Spirit, Soul, & Body Ministry**

5684 Rust Road, Memphis, TN 38127

Contact: Pastor Tamara Coleman  
Phone(s): (901) 353-4617

Eligibility Guidelines: Homeless/At Risk of Becoming Homeless

Services Provided:

- Housing Assistance
- 

**St. John's Methodist Church**

1207 Peabody Avenue, Memphis, TN 38104

Contact: Ronnie Ward  
Phone(s): (901) 726-4104

Eligibility Guidelines: Anyone Homeless

Services Provided:

- Information and Referral
- Soup Kitchen/Food Pantry

**St. Jude Hospital**

332 N. Lauderdale, Memphis, TN 38105

Contact: Chris Sinnock

Phone(s): (901) 495-3657

Web: [www.stjude.org/](http://www.stjude.org/)

Eligibility Guidelines: HIV/AIDS Children and Families Birth to 21

Services Provided:

- Pediatric & Adolescent Clinical Trail Unit
- 

**St. Mary's Catholic Church**

155 Market Avenue, Memphis, TN 38105

Contact: Tommie Davis

Phone(s): (901) 522-9420

Eligibility Guidelines: Anyone who is hungry

Services Provided:

- Soup Kitchen
- 

**St. Patrick's Catholic Church**

277 Fourth at Linden, Memphis, TN 38126

Phone(s): (901) 527-2542

Services Provided:

- Food to the Hungry
- 

**STAR Placement**

2978 Austin Peay Highway, Suite 239, Memphis, TN 38128

Contact: Velicia Deener, Director

Phone(s): (901) 382-2201

Fax: (901) 373-7262

Email: [starplac@bellsouth.net](mailto:starplac@bellsouth.net)

Eligibility Guidelines: Ages 18 years and older; Certified as disabled

Services Provided:

- Employment, Job Placement Program

## **STEP (Support and Training for Exceptional Parents), West TN**

P.O. Box 720537, Memphis, TN 38175

Contact: Jenness Roth, W. TN Coordinator

Phone(s): (901) 756-4332

Fax: (901) 753-2536

Email: [tnstepwest@aol.com](mailto:tnstepwest@aol.com)

Web: [www.tnstep.org](http://www.tnstep.org)

Eligibility Guidelines: Age birth to 22 years; All disabilities

### Services Provided:

- IDEA Information and/or Training
  - Newsletter Available
  - Parent Education
- Provide parent training series/workshops on various topics related to special education
- 

## **Stuttering Foundation of America**

3100 Walnut Grove Road, Suite 603, Memphis, TN 38111

Contact: Jane Frayser, President

Phone(s): (901) 452-7343 (800) 992-9392

Fax: (901) 452-3931

Email: [stutter@vantek.net](mailto:stutter@vantek.net)

Web: [www.stutteringhelp.org](http://www.stutteringhelp.org)

### Services Provided:

- Advocacy Services
  - Camps and/or Summer Programs
  - Information and Referral
  - Newsletter Available
  - Parent Education
  - Specific Disability Information
  - Support Groups
- 

## **Susanna Preschool for Exceptional Children**

United Methodist Neighborhood Centers, 278 Greenlawn, Memphis, TN 38105

Contact: Teresa Wilkins, Director

Phone(s): (901) 527-9990

Fax: (901) 527-9937

### Services Provided:

- Special Education Program



**Synergy Foundation, Inc.**

P.O. Box 16217 Memphis, TN 38186

Contact: Walter Williams

Phone(s): (901) 332-2227

Fax: (901) 332-0477

Email: [walter@synergyfoundation.com](mailto:walter@synergyfoundation.com)

Web: [www.synergyfoundation.com/](http://www.synergyfoundation.com/)

**Services Provided:**

- Long-Term Residential Treatment
  - Vocational Rehabilitation
  - Out-Patient Program
  - Domestic Violence Program
  - DUI School
- 

**TEAM Evaluation Center, Memphis**

6563 Stage Oaks Drive, Suite 100, Bartlett, TN 38134

Contact: Sharon Key, Administrator

Phone(s): (901) 937-5234

Fax: (901) 937-5237

Email: [keysa71@hotmail.com](mailto:keysa71@hotmail.com)

**Services Provided:**

- Developmental and/or Psychological Assessment
  - Information and Referral
  - Technical Assistance and Training
- Licensed diagnostic and evaluation center  
Speech and language, OT, PT assessments
- 

**Tennessee Delta Childcare Resource Center**

5396 Mendenhall Square Mall, Room 135, STCC SE Campus, Memphis, TN 38115

Contact: Marie Sell, Director

Phone(s): (901) 333-6051

Fax: (901) 333-6052

Email: [msell@southwest.tn.edu](mailto:msell@southwest.tn.edu)

Web: [www.delta.tn.edu](http://www.delta.tn.edu)

**Services Provided:**

- Assessment Testing
  - Technical Assistance and Training
  - On-Site Consultations
- Child Care Resource Program – offers disability training and support to area child care providers and parents

**The Crisis Center**

P.O. Box 40068, Memphis, TN 38174

Contact: Melissa Goldsmith, Program Contact

Phone(s): (901) 276-1111

Fax: (901) 726-9505

Email: LissaB500@aol.com

**Services Provided:**

- Counseling and/or Mental Health Services
  - Information and Referral
  - 24-hour crisis intervention services
  - Mental health and community referral telephone hotline
- 

**The University of Memphis, Project Memphis**

3771 Poplar Avenue, Memphis, TN 38152

Contact: Rosezella Wills, Project Associate

Phone(s): (901) 678-2120

Fax: (901) 323-9560

Email: rlwills@memphis.edu

**Eligibility Guidelines:** Children from birth to 3 with developmental delays; Referral required

**Services Provided:**

- Early Intervention Program for Young Children
  - Provides home-based and community-based educational services for children and their families
- 

**The Upper Room Empowerment Center Church**

3901 Park Avenue #1, Memphis, TN 38111

Contact: Marsha R. Swinney

Phone(s): (901) 323-1303

Fax: (901) 380-5575

**Eligibility Guidelines:** Homeless, senior citizens with low-income, nursing home residents, and orphaned children

**Services Provided:**

- Financial Assistance
- Food and Clothing Assistance
- Tuesday and Wednesday/6:00am-8:00am
- Thursday/6:00pm-8:30pm
- 2<sup>nd</sup> Saturday/3:00pm-4:30pm
- Sunday/9:00am-1:00pm

**The Wesley School**

9315 E. Shelby Drive, Collierville, TN 38017  
Contact: Richard L. Johnson, Principal  
Phone(s): (901) 737-3762  
Fax: (901) 737-3784

Eligibility Guidelines: For those in K-7 with language and learning difficulties

Services Provided:

- Small Group Instruction
  - Multi-Sensory Techniques
  - Testing Modifications
- 

**TN Department of Employment Security**

1295 Poplar Avenue, Memphis, TN 38104  
Contact: Raymond Neal  
Phone(s): (901) 543-7535  
Web: [www.state.tn.us/labor-wfd/esdiv.html](http://www.state.tn.us/labor-wfd/esdiv.html)

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**TN Department of Human Services**

170 N. Main Street, Memphis, TN 38103  
Contact: Linda L. Williams  
Phone(s): (901) 543-7351  
Fax: (901) 543-6084  
Web: [www.state.tn.us/humanserv/](http://www.state.tn.us/humanserv/)

Services Provided:

- Temporary Financial Assistance
- Referrals
- Medical Services
- Educational Services

### **TN Early Intervention System – Memphis Area**

4111 S. MSU B Street, South Campus, Suite 1, Building 48, Memphis, TN 38152

Contact: Judy Self, Program Coordinator  
Phone(s): (901) 678-4655 (800) 852-7157  
Fax: (901) 678-5720  
Email: judyself@memphis.edu

Eligibility Guidelines: Developmental delay; Ages birth to 3 years; referrals from any source needed

#### Services Provided:

- Autism Resources
  - Early Intervention Program for Young Children
  - IDEA Information and/or Training
  - Information and Referral
- Sponsored by TN Department of Education  
Home based and community based services
- 

### **TN Hemophilia and Bleeding Disorders Foundation**

499 South Patterson, Suite 202, Memphis, TN 38111

Contact: Teresa Paton, Field Coordinator  
Phone(s): (901) 458-6727  
Fax: (901) 458-6743

#### Services Provided:

- Advocacy Services
  - Information and Referral
  - Specific Disability Information
  - Support Groups
- Work with University of TN Hemophilia Clinic  
Summer camp for children  
Educational scholarships  
Enrichment scholarships for children  
Adolescent program

**TN Infant Parent Service (TIPS), Memphis**

4097 South MSU B Street, University of Memphis, Memphis, TN 38152

Contact: Jeryl Nickey, Regional Lead Teacher

Phone(s): (901) 678-3501

Fax: (901) 323-9478

Eligibility Guidelines: Birth to 5 years; Developmental delay or hearing loss or vision loss

Services Provided:

- Blind and Visual Impairment Program
  - Deafness and Hearing Impairment Program
  - Early Intervention Program for Young Children
  - Information and Referral
  - Parent Education
- Birth to 3 years for Home Intervention Services  
Birth to 5 years for Consultative Services

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**TN Protection and Advocacy, Inc., Memphis**

2693 Union Avenue Extended, Suite 100, Memphis, TN 38112

Contact: Marianne Finley, Regional Advocacy Programs Coordinator

Phone(s): (901) 458-6013 (800) 342-1660

Fax: (901) 458-7819

Web: [www.tpainc.org](http://www.tpainc.org)

Services Provided:

- ADA Information and Assistance
- Advocacy Services
- Legal Counseling

### **Traumatic Brain Injury Services, Memphis**

Dept. of Neurosurgery, Medical Center, Adam Pavillian, Ste. A659, Memphis, TN 38103

Contact: Carolyn Chambers, Program Coordinator

Phone(s): (901) 545-8487

Fax: (901) 545-8489

Email: [cchambers@the-med.org](mailto:cchambers@the-med.org)

Eligibility Guidelines: Persons with a traumatic brain injury

#### Services Provided:

- Advocacy Services
  - Camps and/or Summer Programs
  - Information and Referral
  - Newsletter Available
  - Specific Disability Information
  - Support Groups
- Annual education conference  
Safety and Prevention Initiatives
- 

### **United Cerebral Palsy of Memphis**

4189 Leroy Street, Memphis, TN 38108

Contact: Diana Reid, Director

Phone(s): (901) 761-4277

Fax: (901) 323-0179

Email: [ucpmemphis@aol.org](mailto:ucpmemphis@aol.org)

Web: [www.ucpmemphis.org](http://www.ucpmemphis.org)

#### Services Provided:

- ADA Information and Assistance
  - Assistive Technology/Purchase Assistance
  - Camps and/or Summer Programs
  - Developmental and/or Psychological Assessment
  - Employment, Job Training Program
  - Financial Assistance
  - Information and Referral
  - Ramp Construction
  - Recreational Activities
  - Respite Care/Child
  - Specific Disability Information
- Eight week summer day camp  
Swimming and social activities  
Therapeutic horseback riding program  
Equipment loan and assistance program  
Lending library – adapted toys

**United Way of the Mid-South**

1407 Union Avenue, #900, Memphis, TN 38104

Contact: Director

Phone(s): (901) 543-5800

Web: [www.unitedwaymecca.org](http://www.unitedwaymecca.org) OR [www.uwmidsouth.org](http://www.uwmidsouth.org)

**Services Provided:**

- IDEA Information and/or Training
  - Newsletter Available
  - Public Awareness and Community Education
- Conducts annual fundraising campaign to financially support local community agencies
- 

**US Department of Veteran Affairs**

1835 Union Avenue, Suite 100, Memphis, TN 38104

Contact: Bill Fargo

Phone(s): (901) 722-2510

Web: [www.va.gov/](http://www.va.gov/)

**Eligibility Guidelines: Veterans****Services Provided:**

- Non-Housing Services
- 

**Urban League**

413 N. Cleveland Street, Memphis, TN 38104

Contact: Herman Ewing

Phone(s): (901) 272-2491

Fax: (901) 272-1673

Web: [www.mphsurbanleague.org](http://www.mphsurbanleague.org)

**Services Provided:**

- Job Training

## **UT Boling Center for Developmental Disabilities**

711 Jefferson Avenue, Memphis, TN 38105

Contact: Frederick Palmer, Director

Phone(s): (901) 448-6511 (888) 572-2249

Fax: (901) 448-7097 TDD (901) 448-4677

Email: [wwilson@utmem.edu](mailto:wwilson@utmem.edu)

Web: [www.utmem.edu/bcdd](http://www.utmem.edu/bcdd)

Eligibility Guidelines: All ages, all disabilities

### Services Provided:

- Advocacy Services
  - Assistive Technology Equipment and/or Evaluation
  - Autism Resources
  - Behavior Resources
  - Child Care Program
  - Counseling and/or Mental Health Services
  - Deafness and Hearing Impairment Program
  - Developmental and/or Psychological Assessment
  - Early Intervention Program for Young Children
  - Learning Disability Resources
  - Newsletter Available
  - Outpatient Rehab Therapy (OT, PT, and/or ST)
  - Parent Education
  - Special Educational Programs
  - Support Groups
- Interdisciplinary Diagnostic Evaluation Center  
Developmental pediatric clinic  
Reproductive Health Clinic for adults with disabilities  
Psychology Clinic (behavioral specialty)  
Spina Bifida Clinic  
Feeding/Swallowing disorder clinic



### **UT Clinic for Exceptional Children**

711 Jefferson Avenue, Memphis, TN 38105  
Contact: M. DeCoster, Director  
Phone(s): (901) 448-6565 (888) 572-2249  
Email: mdecoster@utmem.edu  
Web: www.utmem.edu/bcdd/ex\_children.html

Eligibility Guidelines: Must be residents of Memphis, 0-6 years of age, and meet income guidelines by the state

#### Services Provided:

- Developmental and/or Psychological Assessment
  - Information and Referral
    - Screening – Social Assessment
    - Pediatric examination
    - Developmental screening
    - Vision and hearing screening (3-6 years)
    - Nutrition assessment
    - Psychological consultation
    - No fee for services
- 

### **UT Extension Support**

5565 Shelby Oaks Drive, Memphis, TN 38134  
Contact: Donna L. Downen, M.S.  
Phone(s): (901) 544-0243

Eligibility Guidelines: Shelby County Resident

#### Services Provided:

- Educational Programs
- 

### **UT Rehabilitation Engineering Program**

682 Court Street, Memphis, TN 38163  
Contact: Frederick Palmer, Director  
Phone(s): (901) 448-6445 Client Number: (901) 448-6504  
Fax: (901) 448-8781  
Web: www.utmem.edu/bcdd

#### Services Provided:

- Assistive Technology Equipment and/or Evaluation
  - Evaluation of custom-made wheelchairs, bath aids, augmentative communication devices
  - Designs devices for employment
  - Catalog of special devices
  - Fee Varies
  - Referrals Needed

**VA Medical Center**

1030 Jefferson Avenue, Memphis, TN 38104

Contact: Ed Wailin

Phone(s): (901) 523-8990

Web: [www.humana-military.com/bene/vaweb/facilityinfo/memphis.htm](http://www.humana-military.com/bene/vaweb/facilityinfo/memphis.htm)

Eligibility Guidelines: A & D; Mentally Ill Veterans

Services Provided:

- Non-Housing Services
  - Alcohol and Drug Rehab
  - Social Work Services
  - Medical Services
  - Psychiatric Services
- 

**Vet Center, The**

1835 Union Avenue, Suite 100, Memphis, TN 38104

Contact: Linwood Cato

Phone(s): (901) 544-0177

Eligibility Guidelines: Veterans, men and women

Services Provided:

- Assistance Services
  - Individual/Group Counseling
  - Referrals
- 

**Vocational Rehabilitation Services, Region 9**

170 North Main Street, 3<sup>rd</sup> Floor, Memphis, TN 38103

Contact: Regional Supervisor

Phone(s): (901) 543-7301 TDD (901) 543-6506

Fax: (901) 543-6036

Web: [www.state.tn.us/humanserv/VRServices.html](http://www.state.tn.us/humanserv/VRServices.html)

Eligibility Guidelines: Persons 18 years and older who need and can benefit from VR services in order to return to work or enter employment

Services Provided:

- Accessibility Information
  - Assistive Technology Purchase Assistance
  - Automobile/Van Adaptations
  - Blind and Visual Impairment Program
  - Employment, Job Training Program
- Equipment resource as related to vocational training and placement including auto adaptations and computer assistance

**Whitehaven Southwest Mental Health Center**

1087 Alice Avenue, Memphis, TN 38106

Contact: Emma Martin

Phone(s): (901) 774-7811

Services Provided:

- Individual/Group Counseling
  - Substance Abuse Counseling
  - HIV/AIDS Education
- 

**Work Place, The (Affiliated with Bridges)**

245 Wagner Place, Suite 200, Memphis, TN 38103

Contact: Elaine Burks

Phone(s): (901) 527-5627

Eligibility Guidelines: 18 years and up; low income

Services Provided:

- Job Skills
  - Job Training
  - Job Placement
- 

**YMCA – Main Office**

777 West Poplar, Suite 102, Collierville, TN 38017

Phone(s): (901) 850-0987

Email: [info@ymcamemphis.org](mailto:info@ymcamemphis.org)

Web: [www.ymcamemphis.org/](http://www.ymcamemphis.org/)

Services Provided:

- Non-Housing Services
  - Information and Referral
- 

**YMCA Abused Women’s Center**

766 S. Highland (Office), Memphis, TN 38111

Phone(s): (901) 725-4277

Fax: (901) 725-0161

Services Provided:

- Emergency Housing

**Youth Fair Chance**

961 E. H. Crump Blvd., Memphis, TN 38104

Contact: Edna M. Perry

Phone(s): (901) 578-7997

Eligibility Guidelines: Youth

Services Provided:

- Counseling
  - Job Training
- 

**Youth Services at Southwest Tennessee Community College**

3545 Lamar Avenue, Memphis, TN, 38118

Contact: Toni Lawal, Director

Phone(s): (901) 333-6344

Eligibility Guidelines: Youth between 17-21, unemployed/low employment, receiving TANF benefits

Services Provided:

- Employability Training and Employment Search Assistance
- Vocational/Technical Training
- A college degree or certification
- GED Classes
- Academic Enrichment
- Leadership Development Skills
- Guidance and Counseling
- Summer Employment
- Supportive Services

## **Youth Villages**

P.O. Box 341154, Memphis, TN 38134

Contact: Jim Hancock, Assistant Director, Managed Care

Phone(s): (901) 252-7600

Fax: (901) 252-7620

Email: [jim.hancock@youthvillages.org](mailto:jim.hancock@youthvillages.org)

Web: [www.youthvillages.org](http://www.youthvillages.org)

Eligibility Guidelines: Ages 0 to 21 years of age

### Services Provided:

- Counseling and/or Mental Health Services
  - Residential Services/Child
  - Respite Care/Adult
- Therapeutic Foster Care  
Group Homes for Adolescents  
In-Home, Family-based Treatment  
Residential Treatment- typical length of stay is 90 days  
Outpatient Treatment  
Services children in West and Middle TN  
Treatment program for children with dual dx  
Runaway/Homeless Shelter

**ADAPT, Memphis**

Americans Disabled for Attendant Programs Today is a grassroots program to advance the civil rights, life opportunities, and self-image of persons with disabilities

Contact: Deborah Cunningham

Phone(s): (901) 726-6404

**Meets:**

1<sup>st</sup> Monday/6:00pm

Memphis Center for Independent Living, 163 N. Angelus

**Fee:**

None. Membership fee for ADAPT is \$10 per year.

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**ADD Adult Support Group**

Contact: Ted Baldick, Ph.D.

Phone(s): (901) 458-6291

**Meets:**

1<sup>st</sup> and 3<sup>rd</sup> Thursdays/5:30-6:30pm

Christian Psychological Center, 3978 Central Avenue

Sponsored by Christian Psychological Center

**Fee:**

None

## **ADD Support Groups**

Professionally facilitated support groups free and open to all parents and children with Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder (ADD/ADHD) and to other interested persons. Offer ideas to enhance parenting skills, provides opportunities to share.

### Meets:

Bartlett – Alturia Elementary

Contact: Audrey Nunnery (901) 372-0008

Meets: 3<sup>rd</sup> Monday/7:00-8:30pm

Alturia Elementary School, 6641 Deermont Road

Bartlett – Library

Contact: Jim Solley (901) 323-1430

Meets: Bartlett Library, 6382 Stage Road

Sponsored by Learning Disabilities Association

Bellevue Baptist Church

Contact: Church Office (901) 385-5830

Meets: Wednesday/6:15-7:45pm

Bellevue Baptist Church, 2000 Appling Road, Room W246

Christian Psychological Center

Contact: Allison Garrott, Ph.D (901) 458-6291

Meets: 4<sup>th</sup> Thursday/7:30pm

Christian Psychological Center, 3978 Central Avenue

Collierville High School

Contact: Margaret Stewart (901) 853-7294

Meets: 2<sup>nd</sup> Tuesday/7:00-8:30pm

Collierville High School Library, 1101 N. Byhalia Road

Germantown Library

Contact: Jim Solley (901) 323-1430

Meets: Call for meeting times

Germantown Library, 1925 Exeter Road

Sponsored by Learning Disabilities Association

Jewish Family Services

Contact: Elaine Kruger (901) 767-8511

Millington South Elementary School

Contact: Audrey Nunnery

Meets: 1<sup>st</sup> Monday/7:00-8:30pm

Millington South Elementary School, 4885 Bill Knight Road

### Fee:

None

**AL-ANON**

12-step support group for family and friends of an alcohol addicted person. (See also AA, Alateen, Alatot).

Contact: Al-Anon Answering  
Phone(s): (901) 278-5953

Meets:  
Various days/hours and locations. Call for information

Fee:  
None

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**ALATEEN**

For support of teenagers who are coping with family members and friends who are alcohol-addicted. (See also AA, Al-Anon, Alatot).

Contact: Alateen Answering  
Phone(s): (901) 278-5953

Meets:  
Various days/hours and locations. Call for information

Fee:  
None

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**ALATOT**

For support of young children living with an alcohol-addicted person in the home.

Contact: Al-Anon Answering  
Phone(s): (901) 278-5953

Meets:  
Various days/hours and locations. Call for information

Fee:  
None



### **Alcohol and Drug Abusers Support Group**

Biblically-based 12 week group to deal with alcohol and chemical dependency and to explore why a person abuses alcohol or drugs. Also explores relapse prevention and warning signs.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:

13-week sessions. Call for next starting date.  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:  
None

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### **Alcoholics Anonymous (A.A)**

12-step fellowship of men and women who share their experience, strength, and hope with each other to achieve sobriety and help others who have a desire to stop drinking.

Contact: AA Hotline Open 24 hours  
Phone(s): (901) 454-1414

Meets:

Daily-daytime and evening meetings  
All areas, call for more information

Fee:  
None

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### **Alliance for the Blind and Visually Impaired/Adult Support Group**

To serve people with retinitis pigmentosa, glaucoma, and/or others who are adjusting to visual loss at any level. Need not prove certifiable visual impairment to participate. Provides peer support plus an opportunity to explore adjustment techniques, share experiences, strengthen coping skills. Meets for 6 week sessions.

Contact: Mike Melton OR Celeste Allen  
Phone(s): (901) 577-7800

Meets:

Call for next starting dates and more information.

Fee:  
None

### **Alliance for the Mentally Ill of Memphis (AMI)**

For mental health consumers and family and friends of the mentally ill. Provides support, advocacy, education, and research. Information and referral. 24 hour answering service. Also sponsors "Journey of Hope", a 12-week free program for families, that teaches technical knowledge and coping skills.

Contact: Office  
Phone(s): (901) 323-5928

Meets:  
4<sup>th</sup> Tuesdays  
Call for more information

Fee:  
None

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### **ALS Support Group**

For patients with ALS (Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease), and other MD type patients and their families to discuss fears, stressors, and frustrations connected with this highly progressive disorder. Sponsored by Muscular Dystrophy Association.

Contact: Norma Graham  
Phone(s): (901) 367-0902

Meets:  
2<sup>nd</sup> Sunday/1:30-3:30pm  
Education meeting. Open to the public.  
Christ United Methodist Church, 4488 Poplar Avenue

Fee:  
None

### **Alzheimer Support Groups**

Support groups for families and friends of Alzheimer's patients interested in obtaining information about Alzheimer's and suggestions for coping. Open to the public. Professionally facilitated.

Contact: Alzheimer Association OR Sherry Lear-Park  
Phone(s): (901) 565-0011

Meets:

Call for information about ongoing groups.

Fee:

No fee for any of the groups

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### **Alzheimer's Day Care Inc. Support Group**

A professionally facilitated support group for caregivers and families of Alzheimer's victims and other dementias. Led by a volunteer facilitator.

Contact: Julie Todd  
Phone(s): (901) 372-4585

Meets:

2<sup>nd</sup> Tuesday/4:30pm and the last Wednesday of each month.  
4585 Raleigh La-Grange inside Kennedy Place

Fee:

None

## **Alzheimer's Support Group**

### Meets:

Memphis Kennedy Park – 2<sup>nd</sup> Tuesday/4:30-6:00pm and 4<sup>th</sup> Wednesday/11:30am-12:45pm, Contact: Julie Todd (901) 372-4585

First Evangelical Church – Last Monday/7:00pm

Contact: Church Office (901) 682-8452

Memphis Jewish Home – 3<sup>rd</sup> Thursday/6:00pm

Contact: Dan Rojcewicz (901) 758-0036

Church of the Holy Communion – 4<sup>th</sup> Thursday/12:00pm

Contact: Martha Boyd (901) 767-6987

Kirby Pines

Contact: Dianne Congelton (901) 365-0772

St. Andrews A.M.E. Church

Contact: Imogene Gunn (901) 948-3441

St. Ann Catholic Church – 2<sup>nd</sup> Saturday/10:30am

Contact: Janet Hart (901) 388-9867

Brighton Gardens – 2<sup>nd</sup> Wednesday/5:30pm

Contact: Melanie Price (901) 763-3232

Atria Riverdale – 2<sup>nd</sup> Monday/6:00pm

Contact: Loretta Buntyn (901) 794-7799

### Fee:

None

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## **American Diabetes Association**

Self-help group for persons with diabetes and their families. Medical professionals also welcome.

Contact: Laura Shy

Phone(s): (901) 682-8232

### Meets:

Pediatric and adult support groups quarterly.

Call for information.

### Fee:

None to attend the meetings, \$24 to join the American Diabetes Association

### **Arthritis Foundation Support Group**

For persons with arthritis to share common problems and to learn to cope with them. Leader are trained and follow guidelines. Call for information about the warm water aquatics program.

Contact: Lynn Harris, Executive Director  
Phone(s): (901) 685-9060

Meets:

2<sup>nd</sup> Monday/12:30 at St. Francis Hospital  
3<sup>rd</sup> Monday/7:00pm at Baptist Hospital for Women  
1<sup>st</sup> Tuesday/6:00pm in Jackson  
Saturdays/10:15am and 12:15pm at Germantown Library  
4<sup>th</sup> Tuesday/7:00pm in Southaven

Fee:

None

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### **Autism Society of America, Memphis Chapter**

To provide education, advocacy, and support for children with autism, their families, and their teachers.

Contact: Autism Society or Linda Forsythe or Bob Birch  
Phone(s): (901) 360-9407 or (901) 365-4592 or (901) 682-3845

Meets:

Call for information on meeting times and dates.

Fee:

None

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### **B.M.T. – Bone Marrow Transplant Support Group**

A session for adult oncology bone marrow and stem cell transplant patients, their family, and friends in any stage of the transplant decision-making process.

Contact: Call for reservations  
Phone(s): (901) 726-8686

Meets:

Call for more information.

Fee:

None

### **Beautiful Bundles**

A support group for new moms and their babies.

Contact: Pam Sere  
Phone(s): (901) 227-9873

Meets:  
Thursdays/12:30-2:30pm  
Baptist Women's Hospital Conference Room D, 1<sup>st</sup> floor, 6225 Humphrey's Blvd.

Fee:  
None

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### **Bereavement Support Group**

For family members and friends who have experienced the loss of a loved one from illness. Professionally facilitated group sponsored by Methodist Hospice.

Contact: Sally Aldrich  
Phone(s): (901) 380-8169

Meets:  
2<sup>nd</sup> Monday/1:00-2:30pm  
St. Luke's Methodist Church, 480 S. Highland (corner of Mynders)

Fee:  
None

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### **Bitterness Support Group**

A support group tracing the development of bitterness from being hurt and offended by others. Explores the "victim" syndrome, how to deal with the conflict, to forgive the offender, and to enjoy the release from bondage.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:  
13 week sessions, call for information  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:  
None

### **Black Women's – Women of Color Support Group**

This group deals specifically with issues related to the everyday lives and stresses of black women, including relational/marital issues, job-related problems, stress management. Led by a black female professional.

Contact: Carmella Guy, MSN, RN  
Phone(s): (901) 324-9480

Meets:  
Wednesday/6:00-8:00pm  
2400 Poplar Avenue, #418

Fee:  
Flexible fee scale

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### **Boundaries**

Individuals will learn how and why to set personal boundaries and respect the boundaries of others. Open group, no registration required. Appropriate for men, women, and teens.

Contact: Pastoral Support Ministry  
Phone(s): (901) 255-8115

Meets:  
Sundays/5:00pm  
Central Church, 2005 Winchester Blvd, Collierville

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### **Break Free Codependency Group (Co-Ed)**

Professionally facilitated group using the Twelve Steps for Christians as a model for recovery from addictive and dysfunctional situations. Provides ways to cope with unhealthy relationships. Meetings are open, confidential, safe, and supportive.

Contact: Church Counseling  
Phone(s): (901) 761-0576

Meets:  
Monday/7:00-8:30pm in Wilson Ross Building Room 206 or 208  
Christ United Methodist Church, 4488 Poplar

Fee:  
None

### **Break Free Women's Day Support Group**

Professionally facilitated group using the Twelve Steps for Christians as a model for recovery from addictive and dysfunctional situations. Provides ways to cope with unhealthy relationships. Meetings are open, confidential, safe, and supportive.

Contact: Church Counseling  
Phone(s): (901) 761-0576

Meets:

Friday/1:00-2:15pm in Wilson Ross Building Room 413  
Christ United Methodist Church, 4488 Poplar

Fee:  
None

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### **Breast Cancer Support Group**

Professionally facilitated support and discussion group aimed toward younger women with breast cancer.

Contact: Don Marston  
Phone(s): (901) 763-0446

Meets:

Mondays/12:00pm  
Memphis Cancer Center, 1068 Cresthaven

Fee:  
None

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### **Breast Cancer Support Group**

Professionally facilitated support and discussion group emphasizing coping skills and stress management.

Contact: Bobbie Williams  
Phone(s): (901) 227-9650

Meets:

1<sup>st</sup> and 3<sup>rd</sup> Tuesday/7:00pm  
2<sup>nd</sup> and 4<sup>th</sup> Wednesday/9:30am  
Women's Health Center, Room 101, Baptist East, 6025 Walnut Grove Rd.

Fee:  
None



### **Burn Information Group**

Provides support and information to family members and friends of burn patients. Individualized to patient and family needs. Also offers on-going support and information during rehabilitation of burn patient. Participant may be a previous burn patient from any time or from any hospital.

Contact: Peggy Simpson, RN or Virginia Donelson  
Phone(s): (901) 545-8090 OR (901) 545-6841

Meets:

Call for information  
The Regional Medical Center, Critical Care Waiting Room, 877 Jefferson Avenue

Fee:

None

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### **C.O.U.R.A.G.E.**

A support group for those with handicaps or disabilities.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:

Call for more information.  
Bellevue Baptist Church, 2000 Appling Road

Fee:

None

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### **Cancer Center Support Group**

Open discussion professionally facilitated for people with all types of cancer, their friends, and families.

Contact: Don Marston  
Phone(s): (901) 763-0446

Meets:

Wednesday/2:00-3:00pm  
Memphis Cancer Center Auditorium, 1068 Cresthaven, Suite 500

Fee:

None

### **Candlelighters**

A self-help group for parents of children with cancer. Sponsored by the American Cancer Society.

Contact: Jeanne Dycuys, St. Jude  
Phone(s): (901) 495-3670

Meets:

Telephone support available. Will meet if enough interest if indicated.

Fee:

None

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### **Career Support Ministry**

On-going professionally facilitated support group for people in career transition. Open to the public.

Contact: Career Support or Henriette McClendon  
Phone(s): (901) 682-8895

Meets:

Tuesday/6:45am

Christ United Methodist Church, Seabrook Hall 4488 Poplar Avenue

Fee:

None

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### **Caring for Aging Parents**

Support group that offers information about the aging process, resources currently available, and a place to exchange practical tips on what does and does not work.

Contact: Biblical Guidance  
Phone(s): (901) 385-5835

Meets:

Call for more information.

Bellevue Baptist Church, 2000 Appling Road

No meetings during the summer.

Fee:

None

### **Caring Partners**

Facing sexuality and cancer: for patients and their partners, discussing self-image and intimacy.

Contact: Call for reservations  
Phone(s): (901) 726-8686

Meets:  
Meets three time annually, call for more information

Fee:  
None

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### **Carpe Diem of the Mid-South**

Carpe Diem is a partner with the health care and religious communities of the Mid-South. It strives to elicit an active response to cancer, building survivor skills in coping with the disease and in enhancing quality of life.

Contact: Brenda Wiseman  
Phone(s): (901) 754-0570  
Web: [www.carpediemforlife.org/intro.html](http://www.carpediemforlife.org/intro.html)

Meets:  
Workshops and retreats are offered on 2-3 month interval.  
Call for more information.

Fee:  
None

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### **Chemical Dependency**

Using the Christ-centered, 12-step approach, various chemical dependency behaviors are looked at that prevent one from achieving a life of sobriety and serenity.

Contact: Pastoral Support Ministry  
Phone(s): (901) 255-8115

Meets:  
Sundays/5:00pm  
Wednesdays/5:00pm  
Central Church, Room 209, 2005 Winchester Blvd, Collierville

Fee:  
None

### **Chronic Fatigue Immune Dysfunction Syndrome (CFIDS)**

Telephone support and referral, assistance, and education for patients, families, caregivers, and health care professionals. Provides assistance for social security, attorney referral, lending library of book and videos, physician referrals.

Contact: Becky Barton  
Phone(s): (901) 387-1027

Meets:  
Telephone support only

Fee:  
None

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### **Circle of Friends**

Professionally led education and support session for cancer patients and their families. Open to anyone. Has full meal at the meeting. Call to make reservations.

Contact: Gwendolyn Brown, ACSW  
Phone(s): (901) 448-5274

Meets:  
Meets quarterly, call for more information.

Fee:  
None

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### **Co-Sex and Love Addicts Anonymous (CO-SLAA)**

For families and friends and significant others of sex and love addicts who see a need to stop living out a pattern of co-sex and love addiction. Non-smoking. See also Sex and Love Addicts Anonymous.

Contact: SLAA Hotline  
Phone(s): (901) 385-4565

Meets:  
Sunday/5:30-6:30pm. Call for more information.  
Galloway United Methodist Church, 1015 S. Cooper

Fee:  
None

### **Cocaine Anonymous**

A 12-step program for addicts and alcoholics with the desire to stop using mood and mind-altering substances and to help each other stay sober. To share strength and hope. Newcomer packets available at meetings.

Contact: 24-hour hotline  
Phone(s): (901) 725-5010

Meets:

Various days/hours and locations. Call for more information.

Fee:

None

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### **Codependency Groups – ACOA**

Support groups for people exploring codependency issues.

Contact: Central Christian Church  
Phone(s): (901) 276-2708

Meets:

Wednesday, Friday, and Sunday/7:00pm  
Central Christian Church, 531 S. McLean (corner Peabody)

Fee:

None

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### **Compassionate Friends**

A self-help group offering friendship and understanding to bereaved parents.

Contact: Sharon and Milton Southall  
Phone(s): (901) 476-9927

Meets:

St. Louis Catholic Church, 203 W. White Station Road

Fee:

None

### **Conquering Co-Dependency**

This group will aid those who have identified co-dependent behaviors to take steps to change these life-long habits.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:  
Call for more information.

Fee:  
None

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### **Conquering Eating Disorders**

A 12-step program for those with eating disorders.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:  
Call for more information.  
Bellevue Baptist Church, 2000 Appling Road

Fee:  
None

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### **COPE**

Support group open to all people with cancer, their families and friends, for education and support. Targeted discussion professionally led.

Contact: Don Marston  
Phone(s): (901) 763-0446

Meets:  
3<sup>rd</sup> Saturday/2:00pm  
1068 Cresthaven, Suite 200, Flying Colors Room

Fee:  
None

### **Dealing with the Death of a Spouse**

12-week session led by those who have lost a loved one. This group offers understanding of the grieving process, emotional and spiritual support, and encouragement uniquely designed for these hurting individuals.

Contact: Biblical Guidance  
Phone(s): (901) 385-5835

Meets:

12 week sessions. Call for next starting date and time.  
Bellevue Baptist Church, 2000 Appling Road  
No meetings during the summer.

Fee:

None

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### **Depression Support Group**

Biblically-based 12-week session support group to help participants understand what depression is, what causes it, who gets depressed and why. You also learn what to do when depression strikes.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:

Monday/7:00pm  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:

None

### **Diabetes Education**

Diabetes is a very complicated disease. This class will help you understand diabetes and give you support with your diet, exercise, medicines, blood sugar testing, and controlling complications.

Contact: Julia, Nancy, or Pat  
Phone(s): (901) 259-4673

#### Meets:

Diabetes Wellness Education: Mondays/11:00am  
Diabetes Fellowship Class: Thursdays/5:00pm  
Hope and Healing Center  
Call for more information.

#### Fee:

None

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### **Diabetes Support Group – Day**

A group that provides information and support to adult diabetics.

Contact: Charlotte Cavin  
Phone(s): (901) 226-5454

#### Meets:

2<sup>nd</sup> Monday/1:00-2:00pm  
Baptist Wellness Complex, 80 Humphrey's Blvd, Suite 102

#### Fee:

None

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### **Diabetes Support Group – Evening**

A group that provides information and support to adult diabetics.

Contact: Charlotte Cavin  
Phone(s): (901) 226-5454

#### Meets:

2<sup>nd</sup> Tuesday/7:00-8:00pm  
Baptist Women's Hospital, Conference Room A, 1<sup>st</sup> floor, 6225 Humphrey's Blvd.

#### Fee:

None



### **Diabetics Support Group**

Professionally facilitated group to provide information and support to diabetics and their families and friends.

Contact: Laura Roberson  
Phone(s): (901) 765-2492

Meets:  
3<sup>rd</sup> Thursday/7:00pm  
St. Francis Hospital, St. Claire Hall, 5959 Park Avenue

Fee:  
None

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### **Divorce and Beyond**

Peer support for those experiencing the pain and grief of divorce. Professionally facilitated.

Contact: Reba David  
Phone(s): (901) 754-7085

Meets:  
Call for next starting dates.  
Holy Rosary Church, 4851 Park Avenue

Fee:  
\$15 for materials. Scholarship Available

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### **Divorce Recovery Workshop**

Mental health professional from Christian Psychological Center presents lecture for first hour; during second hour group breaks into small groups for sharing. Rainbows group for children meets at same time.

Contact: Gail Stevens  
Phone(s): (901) 454-0034

Meets:  
Wednesday/6:30-8:30pm; 10-week sessions, call for starting dates.  
Second Presbyterian Church, 4055 Poplar Avenue

Fee:  
\$30.00 fee covers materials. Scholarships available.

### **Divorced, Widowed, or Separated**

Ongoing, peer-led support group.

Contact: Church Office  
Phone(s): (901) 396-9996

Meets:

1<sup>st</sup> Monday/7:30pm  
St. Joseph Catholic Church, Fellowship Hall  
3825 Neely Road

Fee:

None

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### **Domestic Violence/Anger Management**

A certified program for court-ordered clients and open to any males interested in increasing recognition of anger triggers and coping with conflict in a non-violent manner. This series meets weekly for 12 weeks.

Contact: Anne Marie, Troy. T. Steinmacher, Mark Lovett  
Phone(s): (901) 324-3637

Meets:

Monday/7:00-8:30pm  
Thursday/7:00-8:30pm  
2400 Poplar Avenue, Suite 500

Fee:

\$10 per session

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### **Eating Disorders Support Group**

Professionally facilitated support group for people with eating disorders. Open to anyone with an eating disorder.

Contact: Beth Lyons, Ph.D.  
Phone(s): (901) 761-2622

Meets:

Mondays/6:00-7:00pm, Wilson Ross Building Room 410  
Christ United Methodist Church, 4488 Poplar

Fee:

None

**Embrace**

Support group for women with breast cancer.

Contact: Don Marston  
Phone(s): (901) 763-0446

Meets:  
3<sup>rd</sup> Tuesday/7:00pm  
1068 Cresthaven, Suite 230

Fee:  
None

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**Empty Arms Support Exchange**

Support for families who have lost babies through miscarriage, stillbirth, or ectopic pregnancy.

Contact: Rose Johnson  
Phone(s): (901) 226-5807

Meets:  
4<sup>th</sup> Monday/7:00-9:00pm  
Women's Resource Center of Baptist Hospital

Fee:  
None

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**Epilepsy Foundation of West TN**

For people who have epilepsy or for families and friends of persons affected by epilepsy. Also for recently diagnosed patients and those considering surgery.

Contact: Carolyne Park-Teagram  
Phone(s): (901) 272-3268

Meets:  
Call for meeting dates and times.  
Epilepsy Foundation of West Tennessee, 1750 Madison Suite, B40

Fee:  
None

## **Exercise**

Everybody is welcome to come and do these low-impact workouts.

Contact: Nancy, Pat, or Julia  
Phone(s): (901) 272-0003

Meets:  
Mondays/12:00-6:00pm  
Tuesdays/1:00pm  
Thursdays/1:00-6:00pm

Fee:  
None

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## **Families of Children with Developmental Disabilities Support Group**

A support group for family members and caretakers of children with any developmental disability. Child care available for the handicapped child and his/her siblings.

Contact: Church Office  
Phone(s): (901) 458-3335

Meets:  
2<sup>nd</sup> Tuesday/7:00pm  
Highland Street Church of Christ  
Christian Life Center, 443 S. Highland

Fee:  
None

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## **Family Caregivers**

Designed for adult children of aging parents or others who feel responsible for a spouse or family member who needs care. Open to community. Professionally facilitated.

Contact: Debby Weinstein  
Phone(s): (901) 767-8511

Meets:  
1<sup>st</sup> and 3<sup>rd</sup> Tuesday/7:30-9:30pm. Call for more information  
Jewish Family Service, 6560 Poplar

Fee:  
None

### **Fibromyalgia Support Group**

Fibromyalgia is an arthritic condition of unknown cause in which the affected person has chronic pain and fatigue in muscles, tendons and ligaments. This group is for people who have been diagnosed with fibromyalgia. Group time is spent in discussion and guest speakers present new research.

Contact: Jackie Browder (St. Francis) or Sandy Smith (Baptist)  
Phone(s): (901) 323-5938 or (901) 754-6394

Meets:

St. Francis Hospital, 2<sup>nd</sup> Monday/12:30pm  
Baptist East, 3<sup>rd</sup> Monday/7:00pm

Fee:

None

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### **Flying Colors: Getting Through Cancer Together**

Support center open daily where people with cancer can interact with other survivors in support groups, workshops, and special events. Lending library and internet access to all cancer survivors and family.

Contact: Pat McRee, Director  
Phone(s): (901) 682-3916

Meets:

Mondays/12:00pm  
1068 Cresthaven

Fee:

None

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### **Food Addiction Support Group**

A 13-week support group for those with food addictions and other eating disorders.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:

Monday/7:00pm, 13 week sessions. Call for next starting date.  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:

None

### **Food Choices for Women**

Provides support and an alternative for yo-yo dieting. Spring and Fall sessions.

Contact: Counseling Center  
Phone(s): (901) 761-0576

Meets:  
Christ United Methodist Church, 4488 Poplar Avenue  
Call for times and dates.

Fee:  
None

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### **Forward**

Support for widows, widowers, and adult children who have lost a parent and for parents who have lost an adult child. Gives surviving spouses a helping hand to lead them back to normal patterns of life. Monthly specials. Free babysitting.

Contact: Church Office or Dale Brady  
Phone(s): (901) 754-7216 or (901) 753-3100

Meets:  
Call for times and days.  
Germantown U.M.C, 2331 S. Germantown Road

Fee:  
None

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### **Friends and Family of the Mentally III**

Volunteer facilitated support group for friends and family members of those suffering from mental illness.

Contact: Church Office or Peg Schulz  
Phone(s): (901) 767-6987 or (901) 682-0809

Meets:  
2<sup>nd</sup> and 4<sup>th</sup> Wednesday/2:00pm  
Church of Holy Communion, Room 308  
Call for more information.

Fee:  
None

## **GAMANON**

Special fellowship for adult family members and spouses of compulsive gamblers. See also Gamblers Anonymous at Central Church

Contact: 24-hour answering  
Phone(s): (901) 371-4083

### Meets:

Sunday/6:00-8:00pm  
Covenant Community Church basement, 704 N. Highland

### Fee:

None

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## **Gamblers Anonymous**

A fellowship of men and women who share their experience, strength, and hope in an effort to solve their common problem. Must have a desire to stop gambling.

Contact: 24 hour answering  
Phone(s): (901) 371-4083

### Meets:

Sunday/7:00-9:00pm at Christ United Methodist Church, Room 114  
Monday/7:30-9:30pm at Charter Lakeside  
Tuesday/12:00pm at Christ United Methodist Church, Room 402  
Wednesday/7:30pm at Christ United Methodist Church, Room 414  
Thursdays/7:30pm at Christ United Methodist Church, Room 402

### Fee:

None

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## **Germantown Tough Love International**

Parent support for all ages of children with all kinds of problems, not just drugs and alcohol.

Contact: Gaily Ray or Turner Carpenter  
Phone(s): (901) 371-1652 or (901) 365-4673

### Meets:

Tuesday/7:00-9:00pm  
Central Church, 2005 Winchester Blvd, Collierville

### Fee:

None

### **Girls in the Hood**

Professionally led ongoing support and mentoring group for teenage girls to deal with life issues and to share from their own perspective.

Contact: Rev. William Young or Diane Young  
Phone(s): (901) 370-4673

Meets:  
Saturday/10:00am-1:00pm  
The Healing Center, 3900 Tchulahoma Road

Fee:  
None

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### **God's Plan for Parenting Teens**

This support group will serve as a resource for parents desiring to implement Biblical principles for parenting teenagers.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:  
Call for more information.

Fee:  
None

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### **Grandparents As Parents**

This support group will provide the opportunity to share feelings and unique issues in a warm, supportive environment.

Contact:  
Call for next starting dates.  
Bellevue Baptist Church, 2000 Appling Road

Fee:  
None



### **Grief and Loss Support Group**

To help individuals cope with the grief resulting from a loss by death, divorce, etc. Professionally facilitated group running for 12-week sessions.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:

Monday/7:00pm, call for next starting dates.  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:

None

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### **Grief Recovery, “Living Water”**

For those recovering from the death of a loved one.

Contact: Carolyn Hamlet, Leader  
Phone(s): (901) 683-7787

Meets:

1<sup>st</sup> and 3<sup>rd</sup> Thursday/7:00-9:00pm, meets in Parlor  
Christ United Methodist Church, 4488 Poplar Avenue

Fee:

None

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### **Grief Recovery Outreach Program**

12-week ongoing program for those who wish to resolve their loss issues and move beyond their grief to a richer quality of life. Grief may be as a result of death. Divorce, or from a loss of career, trust, substance dependency, security, or health.

Contact: St. Francis Hospital  
Phone(s): (901) 765-1400

Meets:

Call for times and dates.  
Christ United Methodist Church, 4488 Poplar Avenue

Fee:

Sliding Scale Fee

### **Grief Support Group**

For adults who have suffered a loss through death.

Contact: Rosalie Pecoraro  
Phone(s): (901) 754-1204

Meets:

Tuesday/7:00pm  
Our Lady of Perpetual Help, Conference Room/Library  
8151 Poplar Avenue, Germantown

Fee:

None

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### **GROW (Grief Recovery of Widowed)**

To help widowed men and women through the grief process. Gives the bereaved a safe place to express feelings, listen to others, and offer support. Group discussion facilitated by qualified grief counselor. A free service of Memorial Park Funeral Home.

Contact: Betty Sheddan or Memorial Park Funeral  
Phone(s): (901) 794-9923 or (901) 767-8930

Meets:

Saturdays/2 hour meetings weekly for 6 weeks; 4-6 sessions per year.  
Call for next session dates.

Fee:

None

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### **Growing Seasons**

Peer support for children 4 to 12 years of age who have suffered a loss through death or divorce. Meets at same time as Divorce Recovery Group for parents. 10 week sessions starting in February and September. See also Divorce Recovery (Central Church).

Contact: Church Office  
Phone(s): (901) 255-8115

Meets:

Wednesday/7:00pm  
Call for next starting dates.  
Central Church, 2005 Winchester Blvd, Collierville

Fee:

\$10 for supplies.

### **H.E.A.L (Helping Ease A Loss)**

Professionally facilitated support group for any parent or family member who has suffered the loss of a child (newborn, stillborn, miscarriage, or tubal pregnancy).

Contact: Becky Peavey  
Phone(s): (901) 726-7884

Meets:  
3<sup>rd</sup> Thursday/7:00pm  
Christ United Methodist Church, 4488 Poplar Avenue

Fee:  
None

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### **H.O.P.E. (Helping Other Parents be Encouraged)**

This group is for parents and other family members of adult children who have chosen alternative sexual lifestyles. This group will offer parents an opportunity to experience mutual support, encouragement, as well as receive information in a confidential Christian environment.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:  
Call for more information

Fee:  
None

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### **H.O.P.E. (Helping Other People Endure)**

For anyone who has lost an infant that never left the hospital.

Contact: Rose Johnson  
Phone(s): (901) 226-5807

Meets:  
1<sup>st</sup> Wednesday/7:00pm  
Baptist Hospital East, 6025 Walnut Grove Road  
Pharmacy Classroom, 1<sup>st</sup> floor

Fee:  
None

### **H.O.P.E. Group (Helping Others with Post-Abortion Experiences)**

Ongoing group run by Life Choices.

Contact: Amanda Perry  
Phone(s): (901) 757-5537

Meets:  
Last Monday/7:00pm  
Call for information

Fee:  
None

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### **Healing for Damaged Emotions**

Six-week groups to begin the healing process on those who have sustained emotional injuries. Acknowledges that damaged emotions can be the cause of unfounded sickness, strained relationships, and suicide. Looks at spiritual as well as emotional dimensions. Call for next starting date.

Contact: Rev. Williams Young or Diane Young  
Phone(s): (901) 368-6448

Meets:  
Thursday/6:00pm for children (6 week sessions)  
Thursday/7:00pm for adults (6 week sessions)  
The Healing Center, 3900 Tchulahoma Road

Fee:  
None. Donations accepted

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### **Healing for Substance Abusers**

Professionally led 6-week session group for adults who are recovering from substance abuse.

Contact: Rev. Williams Young or Diane Young  
Phone(s): (901) 368-6448

Meets:  
Thursday/7:00pm. Call for next starting dates.  
The Healing Center, 3900 Tchulahoma Road

Fee:  
Donations accepted

### **Healing the Marriage**

Six-week support group for couples aspiring to begin, maintain, restore, or improve their marriages.

Contact: Rev. Williams Young or Diane Young  
Phone(s): (901) 368-6448

Meets:

Thursday/7:00pm. Call for next starting dates  
The Healing Center, 3900 Tchulahoma Road

Fee:

Donations accepted

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### **Heart to Heart Chemical Dependency Group**

Ongoing group for fellowship through introduction to 12-step recovery program. Must have a desire to be sober or drug-free.

Contact: Turner Carpenter  
Phone(s): (901) 365-4673

Meets:

Sunday/6:00-7:30pm  
Wednesday/7:00-8:30pm  
Central Church, 2005 Winchester Blvd, Collierville

Fee:

None

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### **Heart to Heart Grief Group**

Helping those dealing with the loss of a loved one from cancer.

Contact: Don Marston  
Phone(s): (901) 763-0446

Meets:

1<sup>st</sup> Monday/5:30pm  
1068 Cresthaven, Suite 500

Fee:

None

### **Heart to Heart Preteen Group**

Ongoing group for the preventive support of preteens (children ages 9-12 years of age) who come from addictive or dysfunctional families.

Contact: Turner Carpenter  
Phone(s): (901) 365-4673

Meets:  
Sunday/6:00-7:30pm  
Central Church, 2005 Winchester Blvd, Collierville

Fee:  
None

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### **Heart to Heart Tot Group**

Ongoing support group to offer preventive support to children 8 years of age and under who come from addictive or dysfunctional families.

Contact: Turner Carpenter  
Phone(s): (901) 365-4673

Meets:  
Sunday/6:00-7:30pm  
Central Church, 2005 Winchester Blvd, Collierville

Fee:  
None

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### **HIV/AIDS Support Group**

A group that provides support for persons living with HIV/AIDS.

Contact: Terry Orgel, L.P.C or Rev. Tim Meadows  
Phone(s): (901) 754-9423 or (901) 726-9443

Meets:  
2<sup>nd</sup> and 4<sup>th</sup> Thursday/6:00-6:30pm  
Holy Trinity Community Church

Fee:  
None

### **HIV/AIDS Support Group**

Ongoing facilitated support group for gay men living with AIDS. Must have referral from Friends For Life who sponsors this group.

Contact: Friends for Life – AIDS: Carol Dunn  
Phone(s): (901) 272-0855

Meets:

Monday/7:30-9:00pm  
Call for more information  
Friends for Life – HIV Resources, 1450 Poplar

Fee:

None

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### **HIV Positive Support Group**

Ongoing and open professionally facilitated support group for people who are HIV positive from any hospital or agency, and for their families and friends. Led by a social worker and hospital chaplain.

Contact: Sylvester Mays  
Phone(s): (901) 545-7446

Meets:

Thursday/11:00am-12:00pm  
Adult Special Care Unit, MedPlex, 880 Madison, 5<sup>th</sup> floor

Fee:

None

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### **Hope for the Bereaved**

Professionally facilitated 6-8 week sessions, offered several times a year at various churches, for anyone grieving over the loss of a spouse, child, parent, friend, or relative. Offers understanding, coping, and growing through grief.

Contact: Reba David  
Phone(s): (901) 754-7085

Meets:

Offered 8 week sessions, 4 times a year plus one afternoon 8-week session a year  
St. Louis Church, 203 S. White Station Road

Fee:

None

### **Hospice Grief Support**

An educative and supportive program sponsored by Trinity Hospice to help grieving individuals cope with loss.

Contact: Carol Cressman  
Phone(s): (901) 767-6767 ext. 767

Meets:

7 weekly sessions on Mondays/12:00-1:00pm or 6:00-7:00pm  
Second Baptist Church, 4680 Walnut Grove Road

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### **“Hot Shots” – Diabetes Support Group for Children**

Contact: Terry Moore  
Phone(s): (901) 226-5624

Meets:

1<sup>st</sup> Saturday/10:00am-12:00pm  
St. Georges Day School. 8250 Poplar Avenue

Fee:

None

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### **Implantable Cardiovascular Defibrillator (ICD) Support Group**

Professionally led support group for people who have implantable cardioverter defibrillators. Each meeting features a program and support and sharing time.

Contact: Treva Jolley, R.N. or Marie Gill, R.N.  
Phone(s): (901) 726-8435

Meets:

4 times a year. Call for times and dates.  
St. John's U.M.C., 6019 Walnut Grove, Room 6019

Fee:

None



### **Interstitial Cystitis Association**

Support for those who suffer from this bladder disease and for their families. Group meets quarterly. Promotes research through government and private channels.

Contact: Carolyn Bruton (evenings)  
Phone(s): (901) 377-3914

Meets:

Call for meeting dates.  
Baptist Hospital East, Seminar Room, 6019 Walnut Grove

Fee:

None

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### **Journey of Hope**

Free comprehensive education program for families of the mentally ill. Sponsored by the Tennessee Alliance for the Mentally Ill.

Contact: TN Alliance for the Mentally Ill  
Phone(s): (901) 587-4687 or (800) 467-3589

Meets:

Call for meeting times, dates, and locations.

Fee:

None

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### **Journey With Courage**

A professionally facilitated ongoing grief support group for individuals who have recently lost spouses, parents, or a loved one.

Contact: Church Office  
Phone(s): (901) 388-2250

Meets:

1<sup>st</sup> and 3<sup>rd</sup> Saturdays/3:00-4:30pm  
Brownsville Road Church of Christ, 3333 Old Brownsville

Fee:

None

### **Keepers of the Covenant**

Are you disillusioned and disappointed? Do you have a deep desire to honor your marriage commitment? This group will help you learn how to gain hope, encouragement, and strength when tempted to quit.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:  
Call for more information.

Fee:  
None

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### **La Leche League**

Support groups and information on the benefits of breast-feeding, preparing for the baby, nutrition, and weaning. Home and office visitation available by appointment and donations are requested for these services. You do not have to be a member to attend.

Contact: Information  
Phone(s): (901) 452-3383

Meets:  
3<sup>rd</sup> Tuesday/9:30-11:00am – call for location, 683-3726 (Sharon)  
1<sup>st</sup> Thursday/10:00-11:30am – Park Avenue Church of Christ, 344-8700 (Terry)  
2<sup>nd</sup> Tuesday/6:00-8:00pm – Germantown Library, 757-9859 (Margaret Meyer)  
2<sup>nd</sup> Thursday/6:30-8:00pm – Bartlett Library, 6382 Stage Road

Fee:  
Meetings are free, \$30 membership fee for activities/bi-monthly journal

**Learning Disabilities Association of Greater Memphis (LDA/GM)**

For support and information for parents of children, youth, and/or adults with learning disabilities and/or attention disorders. For parents, grandparents, siblings, caregivers. Has a lending library with books, videos, and cassettes and cd's. Call for more information

Contact: Jim Solley  
Phone(s): (901) 323-1430

Meets:

3<sup>rd</sup> Tuesday/7:00-8:30pm – Bartlett Library, 6382 Stage Road  
4<sup>th</sup> Tuesday/7:00-9:00pm – Germantown Library

Fee:

None

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**Leukemia Society of American Family Support Group**

This group focuses on those dealing with leukemia.

Contact: Don Marston or Betty Dozier  
Phone(s): (901) 763-0446

Meets:

1<sup>st</sup> Thursday/7:00pm  
1068 Cresthaven, Suite 200 (Flying Colors)

Fee:

None

### **Life Choices**

Supporting groups for those who have had abortions, for unwed mothers, for mothers of unwed daughters who are experiencing crisis pregnancies, and for those who have released their babies for adoption. Groups are professionally facilitated.

Contact: 24-hour Hotline or Midtown Center or Cordova Office  
Phone(s): (901) 323-5441 or (901) 323-5433 or (901) 757-5537

Meets:  
Call for more information.

Fee:  
None

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### **Life Focus, Search for Significance**

Ongoing support group that concentrates on building self-esteem through Christian values. Professionally-led by a medical doctor. Limited to 15 enrollees.

Contact: Church Office  
Phone(s): (901) 324-3585

Meets:  
13 week sessions, call for next starting date.  
First Assembly of God Church, 255 N. Highland

Fee:  
\$10 fee for workbooks; scholarships available

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### **Lite Stretch and Strength**

Sitting in a chair, you will use weights and dynabands to strengthen upper and lower body muscles and stretch all over for relaxation and flexibility. This class is for those who have trouble exercising while standing.

Contact: Nancy, Pat, or Julie  
Phone(s): (901) 272-0003

Meets:  
Mondays and Fridays/10:00am  
Hope and Healing Center  
Call for more information

Fee:  
None

### **Lupus Foundation of America, Inc., Memphis**

To give support to Lupus patients, their families, and friends, and raise money to provide research to find the cause and cure.

Contact: Lupus Foundation Office  
Phone(s): (901) 458-5302

Meets:  
Thursday/10:00am  
Lupus Foundation Office, Suite 100, 3181 Poplar

Fee:  
None

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### **M.A.M.A. Memphis Area Mastectomy Association**

For support of persons who have had a mastectomy. Films and brochures available. Self-help group sponsored by the American Cancer Society.

Contact: Patsy Hart  
Phone(s): (901) 725-8632

Meets:  
4<sup>th</sup> Monday/7:00-8:30pm, meets in Parlor  
Christ United Methodist Church, 4488 Poplar

Fee:  
None

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### **Making Peace With Your Past**

12-week session support group for adults who have experienced any type of abuse or unusual circumstances in their past. Dealing with problems of growing up in a dysfunctional family allows individuals to move forward in their lives. You not have to be a Bellevue member to attend.

Contact: Biblical Guidance  
Phone(s): (901) 385-3835

Meets:  
Meets weekly, call for days and times.  
Bellevue Baptist Church, 2000 Appling Road  
No meetings during the summer

Fee:  
None

**Man to Man**

Cancer support group for men.

Contact: Patsy Hart  
Phone(s): (901) 382-9500

Meets:  
3<sup>rd</sup> Thursday/7:00pm  
5135 Covington Way, Suite 1  
Sponsored by the American Cancer Society

Fee:  
None

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**Memphis Association for Parents of Visually Impaired Children**

A self-help group providing services to parents of blind and visually impaired children. Open to grandparents, friends, caretakers, interested professionals or teachers.

Contact: Sherry Taylor  
Phone(s): (901) 853-0201

Meets:  
On request

Fee:  
None

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**Memphis Chronic Fatigue Immune Dysfunction Syndrome Support Group (MCFIDS)**

A self-help group offering emotional support for afflicted persons and their families and friends. Disease also known as Chronic Fatigue Syndrome. Group provides information and advocacy.

Contact: Julie Graham (after noon) or Doug (evening)  
Phone(s): (901) 327-2862 or (901) 458-2520

Meets:  
Call for more information

Fee:  
None

### **Memphis Depressive and Manic Depressive Association (MDMDA)**

Self-help group to provide hope, education, and support to those diagnosed with a mood disorder (affective disorder), their families and friends. Attempts to decrease stigma associated with this illness.

Contact: Information Line or Julia Flanagan  
Phone(s): (901) 377-4763 or (901) 373-0904

Meets:

1<sup>st</sup> and 3<sup>rd</sup> Thursdays/Life Center, 6425 Summer Avenue  
2<sup>nd</sup> and 4<sup>th</sup> Thursdays/7:00pm, Room 3, Charter Lakeside Conference Center

Fee:

None

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### **Memphis Lambda Center**

Self-help meetings of 12-step programs dealing with alcohol and drug addictions. Primary outreach, though not exclusive, is to gay men and lesbians.

Contact: Conrad Cowherd or Craig Hodges  
Phone(s): (901) 527-1461 or (901) 324-9200

Meets:

AA Meetings: Daily/8:00pm (Thursday meetings are exclusively for women)  
Al-Anon: Tuesday/6:00pm

Fee:

None

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### **Memphis Lost Chord Club**

Self-help group for persons who have had a laryngectomy. Sponsored by the American Cancer Society.

Contact: Patsy Hart, ACS Staff or Fannie Langford  
Phone(s): (901) 382-9500 or (901) 726-0197

Meets:

Call for more information

Fee:

None

**Memphis Ostomy Group**

Self-help group for people who have had an ileostomy, colostomy, or ileoconduit.  
Sponsored by the American Cancer Society.

Contact: Patsy Hart, ACS Staff or Memphis Ostomy Infoline  
Phone(s): (901) 382-9500 or (901) 324-8785

Meets:  
3<sup>rd</sup> Sunday/2:00pm  
Union Avenue Baptist Church, 2181 Union Avenue

Fee:  
None

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**Memphis Regional Brain Tumor Support Group**

Contact: Robbie Lowery  
Phone(s): (901) 726-6868

Meets:  
1<sup>st</sup> Thursday/5:00pm  
44 South Cleveland

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**Memphis TMJ and Implant Survivors Alliance Support Group**

A self-help group for people with TMJ (Temporomandibular Joint) and implant services.

Contact: Bev Miller or Marcy  
Phone(s): (901) 794-6973 or (901) 767-2556

Meets:  
Every other month. Call for more information.  
Parkway Village Library, 4655 Knight Arnold Road

Fee:  
None



### **Men's Group**

A support group for men only, dealing with issues that concern men.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:  
Call for more information.  
Bellevue Baptist Church, 2000 Appling Road

Fee:  
None

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### **Mended Hearts**

To help and encourage those with cardiovascular disease and their families. Self-help support services for those undergoing heart surgery or any heart ailment (stroke, attack, etc.)

Contact: Euris McKnight or Dee Watkins  
Phone(s): (901) 384-8514 or (901) 683-9165

Meets:  
4<sup>th</sup> Thursday/7:30pm  
St. Francis Hospital, St. Clair Room, 5959 Park Avenue

Fee:  
None to attend, \$20 to join national and local chapters

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### **Mid-South Parkinson Disease Foundation**

Contact: Charles Bingham  
Phone(s): (901) 452-7800

Meets:  
4<sup>th</sup> Tuesday/2:00pm

Fee:  
None

### **MIFA Caregiver Support Group**

Provides information and emotional support for caregivers. Offers encouragement and sharing opportunities for anyone caring for a disabled or frail elderly family member.

Contact: Caregivers Program or Molly Long  
Phone(s): (901) 527-0208

Meets:

Groups meet monthly at various congregations through the city and Tipton County  
Call for more information

Fee:

None

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### **Mom-Tot Support Group**

Staff-directed groups for preschoolers and their mothers for educational and socialization purposes. Mothers meet and interact with others experiencing similar parenting stresses in a non-critical environment. Especially helpful to the isolated mother, first-time parents, or newcomer single parents looking for connections.

Contact: Barbara Blumenthal  
Phone(s): (901) 452-3830

Meets:

Thursday Mornings/9:30-11:00am  
Call for more information

Fee:

None

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### **More Muscle**

An intense upper body work-out using hand weights as well as squats and lunges for lower body strengthening.

Contact: Nancy, Pat, or Julia  
Phone(s): (901) 272-0003

Meets:

Fridays/12:00pm  
Hope and Healing Center  
Call for more information

Fee:

None

### **Mothers of Victims/Children's Education Support Group**

The mother's group provides a strong support system while allowing for discussion of various topics. This group is for mothers of children who have been sexually abused. The children's group meets concurrently with the mom's group and focuses on self-esteem, anger management, goal setting, and communication.

Contact: Angela Glass, M.S.S.W. or Barbara Boswell, L.M.S.W.  
Phone(s): (901) 525-2377

Meets:

Monday/6:00-8:00pm  
1085 Poplar Avenue

Fee:

None

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### **Muscular Dystrophy Association Support Group**

For parents of children diagnosed with muscular dystrophy or neuromuscular diseases. Baby-sitter is provided for children. Sponsored by the Muscular Dystrophy Association.

Contact: M.D.A. or Normal Graham  
Phone(s): (901) 367-0902

Meets:

2<sup>nd</sup> Sundays/1:30pm  
Christ United Methodist Church, 4488 Poplar Avenue

Fee:

None

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### **Narcotics Anonymous**

Non-profit fellowship of men and women who meet regularly to help each other recover from drug/alcohol addiction. Must have desire to stop using alcohol and/or drugs. Self-help 12-step program.

Contact: 24-hour Hotline  
Phone(s): (901) 276-5483

Meets:

Daily; daytime and evening, including midnight  
Call for more information

Fee:

None

### **National Kidney Foundation of West TN**

Open to kidney patients of all types including dialysis and transplant patients and to other interested persons.

Contact: Susan Lofton  
Phone(s): (901) 683-6185

Meets:

3<sup>rd</sup> Tuesday/7:00pm  
Christ United Methodist Church, Dunnam Building, Room 329, 4488 Poplar

Fee:

None

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### **National Multiple Sclerosis Society, Mid-South Chapter**

To discuss problems, share experiences, and make announcements. For patients, family members, close friends of MS patients, or interested professionals.

Contact: Multiple Sclerosis  
Phone(s): (901) 324-9610

Meets:

2<sup>nd</sup> Thursday/7:30pm  
1<sup>st</sup> Thursday/10:00am  
5295 Park Avenue, Church of Christ

Fee:

None

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### **National Neurofibromatosis Foundation, TN Chapter Support Group**

Self-help group offering support and information for patients, families, physicians, and persons interested in neurofibromatosis.

Contact: Bob and Suzanne Dunham  
Phone(s): (901) 382-0818

Meets:

Meets quarterly in Nashville, call for more information.

Fee:

None

### **New Beginnings**

Christian-based support group for people going through a divorce. Looks at the grief and recovery processes through a Biblical orientation. Stresses importance of development of relationships between group members. For children ages 4 years through 6<sup>th</sup> grade. See also Growing Seasons.

Contact: Randall Johnson  
Phone(s): (901) 375-8153

Meets:

Call for more information  
Central Church, 2005 Winchester Blvd, Collierville

Fee:

\$20 for materials, scholarships available.

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### **New Beginnings**

For patients and families living beyond the diagnosis of cancer. A session dedicated to establishing strong networks with other survivors in the community while learning helpful ways of communicating with family and others.

Contact: Call for reservations  
Phone(s): (901) 726-8686

Meets:

3<sup>rd</sup> Thursday/7:00-8:00pm

Fee:

None

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### **Nicotine Anonymous**

12-step group that is open to anyone wishing to stop smoking and become and remain nicotine-free.

Contact: Jerry or Lenora Johnson or David Graham  
Phone(s): (901) 353-0636 or (901) 763-0909

Meets:

Wednesday/7:00pm  
St. Francis Hospital, 5959 Park Avenue, 1<sup>st</sup> Floor Conference Room

Fee:

None

### **Nicotine Anonymous**

12-step group that is open to anyone wishing to stop smoking and become and remain nicotine-free.

Contact: Don Anderson  
Phone(s): (901) 678-2986 or 278-6234

Meets:  
Saturdays/10:00-11:00am  
Christ United Methodist Church, 4488 Poplar

Fee:  
None

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### **Nursementers**

For nurses recovering from chemical dependency and eating disorders. Not intended to be a replacement for aftercare, AA, NA, etc. Complements 12-steps. For support of nurses especially during work re-entry and early recovery stage after having already gone through treatment.

Contact: Kathryn Skinner  
Phone(s): (901) 726-7497

Meets:  
Monday/4:30-6:00pm  
Methodist Family Counseling Center

Fee:  
\$50 monthly for employed nurses, no fee for unemployed nurses

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### **Obsessive Compulsive Disorder Support Group**

Professionally facilitated support group to share coping strategies for dealing with obsessive compulsive disorder.

Contact: Kate Reid-Surmeier or Mental Health  
Phone(s): (901) 757-2103 or (901) 323-0633

Meets:  
Every other Saturday/10:00-11:30am. Call for more information  
2400 Poplar Avenue, 4<sup>th</sup> floor conference room

Fee:  
None

### **On Our Own**

Self-help group offering socialization and recreation for adult mental health consumers.

Contact: Lenora Coleman  
Phone(s): (901) 577-0200

Meets:  
Call for meeting times and dates  
Midtown Mental Health Center, 426 Linden

Fee:  
None

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### **Oncology Support Groups**

Open and ongoing support and education for all cancer patients and their families and close friends. Do not have to be a patient at Baptist to attend.

Contact: Stephanie Thompson or Stan Jubert  
Phone(s): (901) 226-5029 or (901) 382-9500

Meets:  
Call for meeting times.  
Baptist Memorial Hospital East, 4<sup>th</sup> floor waiting room, 6019 Walnut Grove Road

Fee:  
None

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### **Overcomers Outreach**

A self-help support group for alcohol and/or drug abusers and their families. There is also a special group for children at the Sunday meeting only.

Contact: Biblical Guidance  
Phone(s): (901) 385-5835

Meets:  
Sunday/5:00-6:15pm  
Wednesday/6:15-7:45pm  
Bellevue Baptist Church, Room W208, 2000 Appling Road  
No meetings during the summer

Fee:  
None

### **Overeaters Anonymous**

A 12-step program for persons addicted to food. Only requirement to attend is a desire to abstain from compulsive overeating.

Contact: Information Line  
Phone(s): (901) 458-5261

Meets:

Newcomers meeting Saturday/9:30am  
St. Luke's Methodist Church, 480 S. Highland  
Newcomers meeting Wednesday/7:00pm

Fee:

None

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### **P.A.C. Support Group**

Adult socialization and sharing program for persons with cerebral palsy or other disabilities.

Contact: Ashley Lockett  
Phone(s): (901) 761-4277

Meets:

Monthly. Call for more information.

Fee:

None

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### **Paraphiliacs and Friends Anonymous**

Self-help peer group for all types of paraphiliacs for benefit of the paraphiliac, their friends, and consenting lovers.

Contact: Jesse Morrison  
Phone(s): (901) 729-4302

Meets:

Wednesday/7:00pm  
1271 Poplar Avenue, Apt. 211

Fee:

None



### **Parent Coping Skills**

A professionally-led 7 week group to discuss drawing boundaries and setting limits, building and enhancing self-esteem, and getting in touch with anger.

Contact: Elaine Krueger  
Phone(s): (901) 767-8511

Meets:

7-week sessions, call for more information  
Jewish Family Service, 6560 Poplar Avenue

Fee:

Sliding scale fee

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### **Parent Support Group**

Parent skills for parents and caretakers of newborns through age 4. For persons living in the Southside and Dept/Orange Mound neighborhoods. Childcare is provided.

Contact: Intake Counselor  
Phone(s): (901) 324-3637

Meets:

Monday/10:00am-12:00pm  
Orange Mound Family Resource Center, 680 Hanley Street

Fee:

None

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### **Parenting: Mine, Yours, and Ours**

Support group with the aim of creating health bonding and blending for those in remarriage situations. This group will offer support and encouragement in key areas of concern.

Contact: Biblical Guidance  
Phone(s): (901) 385-5835

Meets:

Call for more information  
Bellevue Baptist Church, 2000 Appling Road  
No meetings during the summer

Fee:

None

### **Parents and Friends of Lesbians and Gays (P FLAG)**

To educate and support parents, siblings, and friends of gay men and lesbian women and to discuss parental and family problems. Espouses family values, monogamy, and safe sex. For gay men and lesbian women also.

Contact: Arnold Drake  
Phone(s): (901) 761-1444

Meets:  
1<sup>st</sup> Thursday/7:00-9:00pm  
St. John's Episcopal Church, 322 S. Greer

Fee:  
None

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### **Parents Encouraging Parents (P.E.P.)**

Provides parent to parent support and information to families of children with a disability, chronic illness, or special health care need. Offers encouragement and support of other parents who have "been there" and are willing to share the challenges of their own experiences.

Contact: Virginia Factor  
Phone(s): (901) 794-5331

Meets:  
Call for dates, times, and locations around the city.

Fee:  
None

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### **Parents of ADD/ADHD Children**

For parents of children with ADD/ADHD to have a place to share their concerns and experience mutual support in facing their unique challenges. Also, for parents with unanswered questions about their child's behavior or attention habits can receive information about these issues.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:  
Call for more information.

Fee:  
None

### **Parents of Child Sexual Abuse Victims**

Support group for parents and adult caretakers. Ongoing and professionally led. Free screening interview required. Call for information.

Contact: Randy Schnell, Ph.D. or Sheryl Jett, Secretary  
Phone(s): (901) 761-8760

Meets:  
Call for more information.

Fee:  
None

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### **Parkinson's Support Group of Memphis**

Self-help group which provides emotional support and information to people with Parkinson's disease and their families. Also strives to educate the public about Parkinson's.

Contact: Parkinson Line or Rosalie Abraham  
Phone(s): (901) 682-8414 or (901) 683-0461

Meets:  
4<sup>th</sup> Tuesday/2:00pm; no meeting in December.  
St. John's Episcopal Church, Parish Hall, 322 S. Greer

Fee:  
None

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### **PATH – Grief Recovery**

A support group that provides grief support for those who have suffered loss through the death of a significant person in their lives. PATH offers a safe place to deal with subjects such as the physical symptoms relating to grief, adjustment issues, and how to choose the PATH of hope and love.

Contact: Pastoral Support Ministry  
Phone(s): (901) 255-8115

Meets:  
Mondays/6:45pm  
Two seven-week seminars are held each year with one in the Summer and one in Fall.  
Central Church, 2005 Winchester Boulevard, Collierville

Fee:  
None

### **Patient – Family – Caregiver**

A support group for all those touched by cancer.

Contact: Brenda Wiseman or Sandy Stillman  
Phone(s): (901) 683-0055

Meets:  
2<sup>nd</sup> and 4<sup>th</sup> Tuesdays/6:00pm at West Clinic  
1775 Moriah Woods Blvd., Suite 5

Fee:  
None

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### **Peace in the Storm**

Spring and Fall workshops on Depression and Anxiety.

Contact: Kathy Miller  
Phone(s): (901) 761-0576

Meets:  
Monday/Evenings – call for meeting times  
Christ United Methodist Church, 4488 Poplar

Fee:  
None

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### **Pet Loss Support Group**

Professionally-led group to assist pet owners dealing with the loss or impending death of an animal. Sponsored by the Memphis and Shelby County Veterinary Association.

Contact: Barbara Well at the Pet Cemetery or Reservation Number  
Phone(s): (901) 873-4127 or (901) 682-6993

Meets:  
1<sup>st</sup> and 3<sup>rd</sup> Monday/6:30-8:30pm  
670 Colonial, Suite 5

Fee:  
None

### **Polio Support Group of Memphis**

For people with direct experiences with polio, their families, or interested professionals. Provides emotional support, information, and education. Cater to needs created by growing awareness of post-polio syndrome.

Contact: Deborah Cunningham  
Phone(s): (901) 726-6404

Meets:

3<sup>rd</sup> Saturday/10:30am  
Memphis Center for Independent Living, 163 N. Angelus

Fee:

None

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### **PRISM - Program for Innovative Self-Management**

Contact: Intake Counselor  
Phone(s): (901) 324-3637

Meets:

Tuesdays/4:00-5:00pm  
Southside Boys Club, 677 Richmond

Fee:

None

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### **Professionals Working With Persons With AIDS**

Professionally facilitated group to provide an environment for mutual exchange of support and encouragement to professionals working with persons with HIV/AIDS.

Contact: Anna LauBach, L.C.S.W.  
Phone(s): (901) 324-3637

Meets:

1<sup>st</sup> and 3<sup>rd</sup> Thursday/4:00-5:00pm  
Friends for Life, 1450 Poplar Avenue

Fee:

None

## **Rainbows**

Peer support group for children age 4 through 8<sup>th</sup> grade who have suffered a loss through divorce or death. Divorce Recovery Group for parents meets simultaneously.

Contact: Sandy Hazelwood  
Phone(s): (901) 454-0034

### Meets:

Wednesdays/6:30-8:30pm; 10-week sessions in spring and fall  
Call for dates.

Second Presbyterian Church, 4055 Poplar

### Fee:

\$20 per family, scholarships available.

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## **Rainbows #1**

Professionally facilitated support for children who have suffered a loss through divorce or death. Groups available for children grade K-8. Children grouped by age. Students who attend school at the church meet during school hours. The evening groups are for children from other schools.

Contact: Reba David  
Phone(s): (901) 754-7085

### Meets:

Call for more information.

### Fee:

None

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## **Rational Recovery Centers**

An Alternative to addiction treatment.

Contact: Ms. Lois Trimpey  
Phone(s): (800) 303-2873

### Meets:

Call for more information.

### Fee:

None

### **Reach to Recovery**

A rehabilitation program for women who have had breast surgery. Designed to meet physical, emotional, and cosmetic needs related to breast cancer surgery. One woman reaching out to another woman for support at request of physician or by self-referral.

Contact: Patsy Hart, ACS Staff  
Phone(s): (901) 382-9500

Meets:

Referral Program. American Cancer Society office hours: 8:30-4:30pm weekdays

Fee:

None

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### **Recovering from Divorce**

12-week sessions to learn to cope with the realities of divorce and to share concerns and experience mutual support. Parents with questions about their children's behavior or attention habits can receive information and support about these issues also.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:

Call for next starting dates.  
Bellevue Baptist Church, 2000 Appling Road  
No meetings during the summer.

Fee:

None

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### **Recovery, Inc.**

Self-help method of will training at weekly group meetings that members attend because they share common problems such as nervous symptoms or fear, anxiety or depression. Members learn to use the Recovery Method, a system from controlling temperamental behavior and changing attitudes.

Contact: Mildred Boswell  
Phone(s): (901) 683-0297

Meets:

Tuesdays/7:30pm  
Colonial Park United Methodist Church, 5330 Park Avenue

Fee:

None

**Resolve**

Peer support group of education and advocacy for individuals experiencing primary or secondary infertility. Open to the public; a chapter of Resolve, Inc..

Contact: Helpline  
Phone(s): (901) 541-5360

Meets:  
Call for more information

Fee:  
No fee, there is a \$35 membership fee to receive newsletter.

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**Schizophrenics Anonymous**

A confidential self-help group for persons with schizophrenia or schizophrenia related symptoms to achieve recovery as it relates to the individual's needs.

Contact: Mental Health  
Phone(s): (901) 323-0633

Meets:  
Call for meeting dates and times.

Fee:  
None

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**Self Help for Hard of Hearing (SHHH)**

A local branch of a national organization of hard of hearing people, their relatives, and friends. A non-sectarian, non-profit organization devoted to the welfare and interest of those who cannot hear well but are committed to participating in the hearing world.

Contact: Bobbie Langston  
Phone(s): (901) 685-9213

Meets:  
Phone support available.  
Call for more information.

Fee:  
None, \$10 to join local organization.



### **Sex and Love Addicts Anonymous (SLAA)**

12-step program to provide support for people to find freedom from sex and love addiction, to help those who suffer from a compulsive need for sex, and those with a desperate attachment for one person. All meetings are non-smoking and for SLAA members only. See also Co-Sex and Love Addicts Anonymous.

Contact: SLAA Hotline  
Phone(s): (901) 385-4565

Meets:

Mondays/8:00-9:00pm  
Tuesdays/12:10-12:50pm  
Saturdays/4:00-5:00pm

Fee:

None

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### **Sexual Abuse Support Group**

Biblically-based 12-week session support group for those who have been sexually abused. This abuse could have been from family members, friends, or unknowns. The group explores feelings of betrayal, fear, shame, guilt, loneliness, and the explosive anger you may experience and think no one understands but you.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:

Mondays/7:00pm, call for next session.  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:

None

### **Sexual Assault Survivor's Support Group**

An open, ongoing, professionally-led group for female survivors of sexual assault. Call to arrange for a required intake interview. Sponsored by the Memphis Sexual Assault Resource Center.

Contact: Memphis Sexual Assault Resource Center  
Phone(s): (901) 272-2020

Meets:

Tuesdays/5:30-6:30pm for females 13-17 years of age.  
Tuesdays/3:30-4:30pm for adult women 18 years and up.  
Memphis Sexual Assault Resource Center, 1331 Union, #1150

Fee:

None

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### **Silicone Implant Survivors (SIS)**

An education and sharing self-help group for survivors of any silicone implant (breast, tmj, etc.).

Contact: Peggy Simpson  
Phone(s): (901) 385-0709

Meets:

Monthly, call for more information.

Fee:

None

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### **Single Again Support Group**

To help those recovering from divorce. Ongoing and professionally advised. Also offers 8 weeks seminar 4 times a year for a fee. Call for starting dates.

Contact: Marilyn West  
Phone(s): (901) 683-3521 ext. 163

Meets:

Wednesdays/6:30-7:30pm  
Christ United Methodist Church, Rooms 341 & 329  
4488 Poplar Avenue

Fee:

None

### **Single Mothers Support Group**

Biblically-based 12-week session support group for single mothers by choice or by change, who are caring for children in their homes. Examines everyday situation and helps to see how to apply God's Word to every area of your life.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:

Mondays/7:00pm, call for next starting dates.  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:

None

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### **Single Parent Support Group**

Ongoing group for discussing children's concerns.

Contact: Debbie Young or Marilyn  
Phone(s): (901) 683-3521 (for Marilyn ext. 163)

Meets:

Wednesdays/6:30pm  
Christ United Methodist Church, Church Parlor, 4488 Poplar

Fee:

None

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### **Smoking Support**

For those who are trying to quit, who are thinking about quitting, or who have quit and need support to stay off cigarettes.

Contact: Nancy, Pat, or Julie  
Phone(s): (901) 272-0003

Meets:

Wednesdays/5:00pm  
Hope and Healing Center  
Call for more information.

Fee:

None

### **Soul Circuit**

Led by pastoral counselor, Dr. Ron McDonald. Cross-training exercise while listening to motivational words and music.

Contact: Nancy, Pat, or Julie  
Phone(s): (901) 272-0003

Meets:

Tuesdays and Fridays/7:30am  
Hope and Healing Center  
Call for more information.

Fee:

None

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### **SOWN – Supportive Older Women’s Network**

Free, open, and ongoing support groups for older women that meet in various locations to discuss the benefits and hazards of aging, and to share resources, information, and experiences. Led by a facilitator. Occasional guest speakers.

Contact: Mental Health  
Phone(s): (901) 323-0633

Meets:

Monthly meetings; call for dates and times.

Fee:

None

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### **Special Kids**

Formerly Down Syndrome Association of Memphis, meets monthly to provide emotional support for parents of children with developmental disabilities, and especially provides individual support for parents or newly diagnosed children.

Contact: JoAnn Hinkle or Ruth Richards  
Phone(s): (901) 366-5437

Meets:

Office hours are 8:30-4:30pm  
Call for information about meetings.

Fee:

None

### **Special Singles**

Professionally led support group for young adults with special needs to meet and socialize with peers. Open to the public and coordinated by Jewish Family Services.

Contact: Debby Weinstein  
Phone(s): (901) 767-8511

Meets:  
Call for information.

Fee:  
\$10 per meeting for activities

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### **Spina Bifida Association of Memphis**

To provide educational, financial, and emotional support for families affected by spina bifida. Groups meet periodically and phone support and visitations are available.

Contact: Kelly and Terry  
Phone(s): (901) 753-8968

Meets:  
Call for more information.

Fee:  
\$25 annual membership dues, not mandatory to attend meetings.

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### **Spinal Cord Injury Support Group**

A peer-led self-help group for support and encouragement of those with spinal cord injuries.

Contact: Tony Martin  
Phone(s): (901) 726-7569 or (901) 685-5677

Meets:  
Call for more information.

Fee:  
None

### **Spirit Quest: Men Helping Men**

Men only self-help group to deal with men's issues.

Contact: Jim Brasfield  
Phone(s): (901) 853-2917

Meets:

Meetings in Memphis and N. Mississippi  
Call for more information.

Fee:

None, donations accepted.

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### **Strength Aerobics**

For everyone, from beginners to advanced, marching or jogging, with light hand weights to build muscle strength all over the body, including the heart.

Contact: Nancy, Pat, or Julie  
Phone(s): (901) 272-0003

Meets:

Mondays and Thursdays/5:00pm  
Church Health Center  
Call for more information.

Fee:

None

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### **Stretch and Relax Arthritis Support Group**

For those who suffer with the pain and stiffness of arthritis. This class is deep muscle stretching and relaxation from a sitting position. Also an opportunity to learn more about arthritis and how to cope.

Contact: Nancy, Pat, or Julia  
Phone(s): (901) 272-0003

Meets:

Thursdays/10:00am  
Church Health Center  
Call for more information.

Fee:

None

### **Stretching Prayer**

A work-out for the body and spirit. This is 15 minutes of deep and relaxing stretching while listening to Scriptural readings and prayer.

Contact: Nancy, Pat, or Julia  
Phone(s): (901) 272-0003

Meets:

Tuesdays and Fridays/8:00am  
Hope and Healing Center  
Call for more information.

Fee:

None

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### **Stroke Club**

To bring former stroke patients, their families, and friends together to discuss common problems and assist each other in solving them. Monthly meetings and programs provide social and educational opportunities as well as a positive supportive environment to continue self-improvement and recovery.

Contact: Joan Cunningham  
Phone(s): (901) 937-7545

Meets:

4<sup>th</sup> Thursday/6:30-7:30pm  
Raymond Skinner Center, 712 N. Tanglewood  
3<sup>rd</sup> Thursday/6:30-7:30pm

Fee:

None

### **Survivors of Homicide Victims**

For adults who have suffered a loss through homicide. Professionally facilitated and time limited. Screening and interview required.

Contact: Susan Bell  
Phone(s): (901) 353-5440

Meets:

Weekly. Call for dates and times.  
Comprehensive Counseling Network, formerly Frayser Family Counseling Center, 2150 Whitney Avenue

Fee:

None

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### **Survivors of Suicide**

Self-help, non-denominational, non-discriminatory confidential group for those who have experienced the loss of a loved one by suicide. Warm, caring atmosphere to work through grief and recovery processes.

Contact: Church Office  
Phone(s): (901) 683-3505

Meets:

1<sup>st</sup> and 3<sup>rd</sup> Tuesday/7:00-9:00pm  
Kingsway Christian Church, Room 22, 6310 Poplar  
Call for more information.

Fee:

None

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### **T.R.E.N.D. – Tapping Resources Enabling the Newly Disabled**

For support of people with newly acquired or chronic disability which has new and changing problems associated with progression of condition. Personal experiences shared. Presentations about topics of interests.

Contact: Deborah Cunningham  
Phone(s): (901) 726-6404

Meets:

6-8 week sessions. Call for information.  
Memphis Center for Independent Living, 163 N. Angelus

Fee:

None



### **Teen Parenting Support Group**

Professionally-led group for one or both parents. Meets for 12-week sessions.

Contact: Church Office  
Phone(s): (901) 844-3000

Meets:

Mondays/6:30-8:30pm. Call for next starting dates.  
World Overcomers Outreach Ministries, 6655 Winchester Road

Fee:

None

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### **Tennessee Voices for Children**

Family support group for parents who have children with emotional problems. Each group is co-facilitated by parents and a mental health professional.

Contact: Pat Jessup  
Phone(s): (901) 726-6404

Meets:

2<sup>nd</sup> Tuesday and Thursday/6:00pm  
Memphis Center for Independent Living, 163 N. Angelus

Fee:

None

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### **The Healing Heart**

Many women have suffered sexual abuse in the past. This living and understanding group will provide insight in learning how to release the shame and guilt that is a residual part of this painful experience.

Contact: Biblical Guidance Ministry  
Phone(s): (901) 385-5835

Meets:

Call for more information.

Fee:

None

### **The Leukemia Society of America, Family Support Group**

This group focuses on those dealing with leukemia, lymphemia.

Contact: Don Marston or Betty Dozier  
Phone(s): (901) 763-0446

Meets:

1<sup>st</sup> Thursday/7:00pm  
1068 Cresthaven, Suite 200 (in Flying Colors)

Fee:

None

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### **This Day is Mine**

Support group for cancer patients, their families, and friends.

Contact: Macia Meals or Carol Canada  
Phone(s): (901) 342-1739 or (901) 342-1221

Meets:

3<sup>rd</sup> Thursday/7:00pm – call for information  
Baptist Hospital, DeSoto Meeting Room, 7601 Southcrest Pkwy. (Southaven, MS)

Fee:

None

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### **Time to Heal**

For anyone whose life has been touched by someone who is dying or has died of AIDS.

Contact: Reba David  
Phone(s): (901) 754-7085

Meets:

Wednesdays/1:00-2:30pm  
Holy Rosary Church, 4851 Park Ave.

Fee:

None

**Tinsel and Tears**

Holiday grief presentation for adults suffering from any loss by death. Offered once a year in November.

Contact: Reba David  
Phone(s): (901) 754-7085

Meets:  
Call for information.

Fee:  
None

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**TN Hemophilia and Bleeding Disorders Foundation**

To help persons with hemophilia and their families with all problems dealing with hemophilia, including AIDS.

Contact: Hemophilia and Bleeding Foundation or Teresa Paton  
Phone(s): (901) 458-6727

Meets:  
Call for information.  
WONN - Women's Outreach Network of National Hemophilia – for wives, sisters, and mothers of hemophiliacs.

Fee:  
None

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**Total Parenteral Nutrition (T.P.N.)**

A self-help group for those who have lost their small intestine due to Crohn's disease or embolus of the mesenteric artery and may have had ostomy. Also for those people on internal nutrition. To inform and enlighten newly diagnosed persons of the latest techniques available and to offer encouragement and support.

Contact: Laurie Kruger or Virginia Tate  
Phone(s): (901) 795-4470 or (901) 383-8340

Meets:  
Meets monthly. Call for information.

Fee:  
None

### **Tough Love Parent Support Group**

Self-help open and ongoing group for parents of children with behavioral and alcohol/drug related problems. To help the parents regain control of their home.

Contact: Gail Ray or Turner Carpenter  
Phone(s): (901) 371-1652

Meets:  
Call for information.

Fee:  
None

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### **Tourette Syndrome Support Group**

Encourages communication among Tourette Syndrome families, and helps those diagnosed with Tourette Syndrome who are in need of assistance. Answers phone inquiries and supplies information and support.

Contact: Regina Sentrell  
Phone(s): (901) 372-9923

Meets:  
Call for more information.

Fee:  
None

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### **Transplant Support Group**

Support group to provide emotional support and information to transplant recipients, candidates for transplants, and their families. Occasional guest speakers.

Contact: Organ Transplant or TRIO Transplant International  
Phone(s): (901) 684-1697 or (901) 680-0111

Meets:  
Call for meeting times and dates.  
Organ Transplant Fund Office, 1102 Brookfield, 202

Fee:  
None

### **Trinity Bereavement Support Group**

Professionally facilitated support group to help survivors by learning about grief and how to accept support. Participants learn how to express grief and how to pace themselves on the road to recovery.

Contact: Rick McDade, Chaplain  
Phone(s): (901) 767-6767

Meets:

Tuesdays/evenings

4-week sessions four times a year. Call for information.

Trinity Healthcare System, Hospice Building, 1038 Oakhaven

Fee:

None

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### **Trinity Hospice**

Professionally facilitated support group for those who have lost a loved one. Uses group interaction and education to assist with reconciling a loss and healing the bereaved.

Contact: Ruth Young  
Phone(s): (901) 767-6767 ext. 478

Meets:

Mondays/12:00pm and 6:00pm

Meets for seven sessions.

2<sup>nd</sup> Baptist Church, 4680 Walnut Grove Rd.

Fee:

None

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### **Unwritten Chapter**

For anyone who is dual diagnosed as an alcoholic and also has a mental illness.

Phone(s): (901) 683-7063

Meets:

Saturdays/7:00pm

Austin Peay and Jackson Avenue – behind Shooters

Fee:

None

### **UT Motility Disorder Support Group**

For persons with gastroparesis, chronic intestinal pseudoobstruction, or irritable bowel syndrome as rendered by a gastroenterologist or patient. May be referred at the discretion of Drs. Cutts or Abell. Offers patients a forum to share experiences and to learn more about these disorders from professional staff.

Contact: Dr. Theresa Cutts or Dr. T. L. Abell  
Phone(s): (901) 448-6539

Meets:

1<sup>st</sup> Monday/6:00pm, call for information.  
UT Bowld Hospital, Room 438B, Dobbs Building, 951 Court Ave.

Fee:

None

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### **Victims of Abuse**

Ongoing support group meetings to help victims of domestic assault. Exchanging experiences is encouraged to reduce tension and heighten awareness of domestic violence. Group is co-ed and open to the public. Professionally led.

Contact: Dr. Betty Winter or Jean Swift  
Phone(s): (901) 942-7283

Meets:

Call for more information.

Fee:

None

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### **Victims of Sex Abuse Support Group**

Professionally led 6-week group for men and women who have experienced the trauma of being sexually abused in their past.

Contact: Rev. Williams Young or Diane Young  
Phone(s): (901) 368-6448

Meets:

Thursdays/7:15-8:15pm  
The Healing Center, 3900 Tchulahoma Rd.

Fee:

None, donations accepted.

### **Walk and Talk**

Enjoy a one-mile walk in the beautiful neighborhood across the street from the Church Health Center while enjoying the company and safety of a group.

Contact: Nancy, Pat, or Julia  
Phone(s): (901) 272-0003

Meets:

Mondays/1:00pm  
Tuesdays/5:30pm  
Thursdays/12:00pm

Fee:

None

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### **Weight Loss Support Group**

Losing weight is a long and hard battle which most people cannot face alone. These support classes (Tuesdays and Saturdays for women, Wednesdays for men) are a time to learn about eating and exercising for healthy weight loss that stays off.

Contact: Nancy, Pat, or Julia  
Phone(s): (901) 272-0003

Meets:

Tuesdays/5:00pm and Saturdays/9:00am for women  
Wednesdays/5:30pm for men  
Church Health Center

Fee:

None

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### **Wings of Eagles**

A support group for all men living with cancer.

Contact: Brenda Wiseman or Sandy Stillman  
Phone(s): (901) 683-0055

Meets:

1<sup>st</sup> and 3<sup>rd</sup> Tuesday/6:00pm  
West Clinic, 1775 Moriah Woods Blvd., Suite 5

Fee:

None

### **Women Helping Other Women (WHOW)**

For women diagnosed with breast cancer.

Contact: Jackie Graves  
Phone(s): (901) 227-9650

Meets:  
Call for times and dates.  
Women's Health Center Baptist Women's Hospital  
6215 Humphrey Blvd, Suite 100

Fee:  
None

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### **Women Survivors of Incest Support Group**

Ongoing support group for women who are survivors of incest. Professional intake counseling available.

Contact: Church Counseling  
Phone(s): (901) 761-0576

Meets:  
Wednesday/7:00-8:30pm  
Christ United Methodist Church, 4488 Poplar Avenue  
Call for room number.

Fee:  
None

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### **Women with Disabilities Support Group**

A support group for women with disabilities. Discussion topics focus on women's issues and designed to empower participants with knowledge and ways to enhance the quality of their life.

Contact: Gail Avery  
Phone(s): (901) 726-6404

Meets:  
Call for meeting times and dates.  
Center for Independent Living, 193 N. Angelus

Fee:  
None



## Alphabetical Index

Access Industries, Inc., 1  
ADAPT, Memphis, 1  
ADAPT, Memphis Support Group, 78  
ADD Adult Support Group, 78  
ADD Support Groups, 79  
AGAPE Child and Family Services, Inc., 1  
Agency for Youth and Family Development, 2  
Aging Commission of the Mid-South, 2  
Al-Anon, 80  
Alateen, 80  
Alatot, 80  
Alcohol and Drug Abusers Support Group, 81  
Alcoholics Anonymous, 3, 81  
Alliance for the Blind and Visually Impaired, 3  
Alliance for the Blind and Visually Impaired/Adult Support Group, 81  
Alliance for the Mentally Ill (AMI) Support Group, 82  
Aloysius House, 4  
Alpha Omega Veterans Services, 4  
ALS Support Group, 82  
Alzheimer Support Groups, 83  
Alzheimer's Association of the Mid-South, 5  
Alzheimer's Day Care Inc. Support Group, 83  
Alzheimer's Support Group, 84  
American Council of the Blind, Memphis Chapter, 5  
American Diabetes Association, 84  
Arc of the Mid-South, The, 5  
Arthritis Foundation Support Group, 85  
Autism Society of America, Memphis Chapter, 6  
Autism Society of America, Memphis Chapter Support Group, 85  
B.M.T. – Bone Marrow Transplant Support Group, 85  
Babylove (MMHC), 6  
Barbara K. Lipman Early Childhood School, 6  
Barron Heights Community Development Center, 7  
Beautiful Bundles, 86  
Bereavement Support Group, 86  
Bethany Home, 7  
Birthright of Memphis, 7  
Bitterness Support Group, 86  
Black Women's – Women of Color Support Group, 87  
Bodine School, The, 8  
Boundaries, 87  
Break Free Codependency Group (Co-Ed), 87  
Break Free Women's Day Support Group, 88  
Breath of Life S.D.A. Church, 8  
Breast Cancer Support Group, 88

Bridges, 8  
Burn Information Group, 89  
C.A.A.P. (Cocaine and Alcohol Awareness Program), Inc., 9  
C.O.U.R.A.G.E., 89  
Calvary Rescue Mission, 9  
(Calvary) Street Ministry, The, 9  
Camelot Care Center, Inc., Memphis, 10  
Cancer Center Support Group, 89  
Candlelighters, 90  
Career Support Ministry, 90  
Caring for Aging Parents, 90  
Caring Partners, 91  
Carpe Diem of the Mid-South, 91  
Case Management, Inc., 10  
Catholic Charities, Inc., 10  
Center for Rehabilitation and Employment Research, 11  
Center for Therapeutic Taekwondo, 11  
Chemical Dependency, 91  
Child Abuse and Neglect Hotline, 11  
Child Advocacy Center, 12  
Christ Community Health Services, 12  
Chronic Fatigue Immune Dysfunction Syndrome (CFIDS), 92  
Church Health Center, 12  
Circle of Friends, 92  
Clovernook, 13  
Co-Sex and Love Addicts Anonymous (CO-SLAA), 92  
Cocaine Anonymous, 93  
Codependency Groups – ACOA, 93  
Collierville Alzheimer's Day Care Center, 13  
Community Service Agency, Memphis, 14  
Compassionate Friends, 93  
Comprehensive Counseling Network, 14  
Conquering Co-Dependency, 94  
Conquering Eating Disorders, 94  
Consumer Credit Counseling Services, 15  
COPE, 94  
County Clerk Office, Shelby County, 15  
Cystic Fibrosis Foundation, Memphis, 15  
Dealing with the Death of a Spouse Support Group, 95  
Delta Area Agency on Aging, 16  
DeNeuille Learning Center, 16  
Department of Human Services, Shelby County, 16  
Depression Support Group, 95  
Diabetes Education Support Group, 96  
Diabetes Support Group – Day, 96  
Diabetes Support Group – Evening, 96

Diabetics Support Group, 97  
Diocese of Memphis Housing Corporation, 17  
Dismas House, 17  
Division of Mental Retardation Services in West TN, 17  
Divorce and Beyond Support Group, 97  
Divorce Recovery Workshop, 97  
Divorced, Widowed, or Separated Support Group, 98  
Domestic Violence/Anger Management Support Group, 98  
Dozier House/Catholic Charities Program, 18  
Dozier House Homeless Assessment Center, 18  
Dyslexia Foundation of Memphis, 18  
Eating Disorders Support Group, 98  
Embrace Support Group, 99  
Empty Arms Support Exchange, 99  
Epilepsy Foundation of West TN, 19  
Epilepsy Foundation of West TN Support Group, 99  
Estival Place (MIFA), 19  
Exchange Club Family Center of the Mid-South, Inc., 19  
Exercise Support Group, 100  
Families of Children with Developmental Disabilities Support Group, 100  
Family Caregivers Support Group, 100  
Family Haven Apartments (Whitehaven SWMHC), 20  
Family Resource Center, Shelby County, 20  
Family Services of the Mid-South, 20, 21  
Fibromyalgia Support Group, 101  
Final Net/Homeless Children's Program, 21  
Flying Colors: Getting Through Cancer Together Support Group, 101  
Food Addiction Support Group, 101  
Food Choices for Women Support Group, 102  
Forward Support Group, 102  
Frayser-Millington Mental Health Center, 21  
Friends and Family of the Mentally Ill Support Group, 102  
Friends for Life, 22  
GAMANON Support Group, 103  
Gamblers Anonymous, 103  
Genesis House, 22  
Germantown Tough Love International Support Group, 103  
Girls in the Hood Support Group, 104  
GMICH (Greater Memphis Inter-Agency Coalition for the Homeless), 22  
God's Plan for Parenting Teens Support Group, 104  
Good Neighbor Love Center, 23  
Goodwill Homes Community Services, 23  
Goodwill Industries, Inc., Memphis, 23  
Grace House of Memphis, 24  
Grandparents As Parents Support Group, 104  
Grant Center, The, 24

Grief and Loss Support Group, 105  
 Grief Recovery, "Living Water" Support Group, 105  
 Grief Recovery Outreach Program, 105  
 Grief Support Group, 106  
 GROW (Grief Recovery of Widowed) Support Group, 106  
 Growing Seasons Support Group, 106  
 H.E.A.L. (Helping Ease a Loss), 107  
 H.O.P.E. (Helping Other Parents be Encouraged), 107  
 H.O.P.E. (Helping Other People Endure), 107  
 H.O.P.E. Group (Helping Others With Post-Abortion Experiences), 108  
 Habitat for Humanity of Greater Memphis, 24  
 Handicap Unlimited, 25  
 Harbor House, 25  
 Harwood Center, Inc., 26  
 Healing for Damaged Emotions Support Group, 108  
 Healing for Substance Abusers Support Group, 108  
 Healing the Marriage Support Group, 109  
 Heart to Heart Chemical Dependency Group, 109  
 Heart to Heart Grief Group, 109  
 Heart to Heart Preteen Group, 110  
 Heart to Heart Tot Group, 110  
 HIV/AIDS Support Group, 110, 111  
 HIV Positive Support Group, 111  
 Hope and Healing Center, 26  
 HOPE Center, 26  
 Hope for the Bereaved Support Group, 111  
 HOPE Health Center for the Homeless, 27  
 Hope House, 27  
 HOPE Works, Inc. (MACS), 27  
 Hospice Grief Support, 112  
 "Hot Shots" – Diabetes Support Group for Children, 112  
 Implantable Cardiovascular Defibrillator (ICD) Support Group, 112  
 Interpreting Service for the Deaf, Inc., 28  
 Interstitial Cystitis Association Support Group, 113  
 Journey of Hope Support Group, 113  
 Journey With Courage Support Group, 113  
 Keepers of the Covenant Support Group, 114  
 La Leche League Support Group, 114  
 Labor Force, 28  
 Latino-Memphis, 28  
 Learning Disabilities Association of Greater Memphis Support Group, 115  
 Learning Disabilities Association of Tennessee, 29  
 LeBonheur Early Intervention and Development (LEAD), 29  
 Les Passees Kids on the Block, Memphis, 29  
 Leukemia Society of American Family Support Group, 115  
 Life Choices Support Group, 116

Life Focus, Search for Significance Support Group, 116  
 Light, Gas, and Water Division – On Track Program, 30  
 Lighthouse Ministries, 30  
 LINC Directory of Human Services, Memphis, 30  
 Lions Club (White Station), 30  
 Lite Stretch and Strength, 116  
 Love and Charity Homeless Shelter, 31  
 Loving Arms, 31  
 Lowenstein House, Inc., 31  
 Lupus Foundation of America, Inc., Memphis, 32  
 Lupus Foundation of America, Inc., Memphis Support Group, 117  
 M.A.M.A. Memphis Area Mastectomy Association Support Group, 117  
 Making Peace With Your Past Support Group, 117  
 Man to Man Support Group, 118  
 Martha's Manor, 32  
 MATA Plus, 32  
 Mayor's Office of Human Services, 33  
 MED Plex, The, 33  
 Memphis Area Career Center, 33  
 Memphis Area Legal Services, Inc., 34  
 Memphis Area Transit Authority (MATA), 34  
 Memphis Association for Parents of Visually Impaired Children Support  
 Group, 118  
 Memphis Center for Independent Living, 34  
 Memphis Chronic Fatigue Immune Dysfunction Syndrome Support Group, 118  
 Memphis City School System, 35  
 Memphis Day Shelter, 35  
 Memphis Depressive and Manic Depressive Association (MDMDA) Support  
 Group, 119  
 Memphis Family Shelter, 35  
 Memphis Food Bank, 36  
 Memphis Furniture Banc, The, 36  
 Memphis Health Center, 36  
 Memphis Housing Authority, 37  
 Memphis Inner City Outreach, Inc., 37  
 Memphis Interfaith Hospitality Network, 37  
 Memphis Lambda Center Support Group, 119  
 Memphis Leadership Foundation, 38  
 Memphis Lost Chord Club Support Group, 119  
 Memphis Mental Health Institute, 38  
 Memphis Oral School for the Deaf, 39  
 Memphis Ostomy Group Support Group, 120  
 Memphis Partners, Inc., 39  
 Memphis Recovery Center, 40  
 Memphis Regional Brain Tumor Support Group, 120  
 Memphis/Shelby County Emergency Mental Health, 40

Memphis/Shelby County Health Department, 40  
 Memphis Three Quarter Center for Life Skills Development, 40  
 Memphis TMJ and Implant Survivors Alliance Support Group, 120  
 Memphis Union Mission, 41  
 Memphis Union Mission Calvary Colony, 41  
 Memphis Works, 41  
 Men's Group Support Group, 121  
 Mended Hearts Support Group, 121  
 Mental Health Association of the Mid-South, 42  
 Messick Adult Education Center, 42  
 Metropolitan Inter Faith Association (MIFA), 42  
 Mid-South ACT (Access Center for Technology), 43  
 Mid South Lion's Sight and Hearing Services, 43  
 Mid-South Parkinson Disease Foundation Support Group, 121  
 Midtown Mental Health Center, 44  
 Midtown Mobile Crisis Unit, Memphis, 44  
 MIFA Caregiver Support Group, 122  
 MIFA – Exchange Store, 44  
 Mission Corps, International, 45  
 Missionaries of Charity Homeless Shelter and Maternity Home, 45  
 Mom-Tot Support Group, 122  
 More Muscle, 122  
 Moriah House (Memphis Union Mission), 45  
 Mothers of Victims/Children's Education Support Group, 123  
 Multiple Sclerosis Society, Mid-South Chapter, 46  
 Muscular Dystrophy Association, Memphis, 46  
 Muscular Dystrophy Association Support Group, 123  
 Narcotics Anonymous, 123  
 National Alliance for the Mentally Ill (NAMI), Memphis, 47  
 National Kidney Foundation of West TN Support Group, 124  
 National Multiple Sclerosis Society, Mid-South Chapter, Support Group, 124  
 National Neurofibromatosis Foundation, TN Chapter Support Group, 124  
 Native-American Inter-Tribal Agency, 47  
 Neighborhood Christian Center, 47  
 Neighborhood Housing Opportunities, 48  
 New Beginnings Support Group, 125  
 New Directions, 48  
 Nicotine Anonymous, 125, 126  
 Nursementers Support Group, 126  
 Obsessive Compulsive Disorder Support Group, 126  
 On our Own Support Group, 127  
 Oncology Support Groups, 127  
 Overcomers Outreach Support Group, 127  
 Overeaters Anonymous, 128  
 P.A.C. Support Group, 128  
 Paraphiliacs and Friends Anonymous, 128

Parent Coping Skills Support Group, 129  
Parent Support Group, 129  
Parenting: Mine, Yours, and Ours Support Group, 129  
Parents and Friends of Lesbians and Gays (P-FLAG) Support Group, 130  
Parents Encouraging Parents, 48  
Parents Encouraging Parents (P.E.P.) Support Group, 130  
Parents of ADD/ADHD Children Support Group, 130  
Parents of Child Sexual Abuse Victims Support Group, 131  
Parkinson's Support Group of Memphis, 131  
Partners for the Homeless, 49  
Partners in Placement, Inc., 49  
PATH – Grief Recovery Support Group, 131  
Patient – Family – Caregiver Support Group, 132  
Paul Schwartz Center for Children and Families, 49  
Peabody House, The (Whitehaven SWMHC), 50  
Peace in the Storm Support Group, 132  
People First, Memphis, 50  
Personal and Career Development, 50  
Pet Loss Support Group, 132  
Polio Support Group of Memphis, 133  
Porter Leath Children's Center, 51  
PRISM – Program for Innovative Self-Management Support Group, 133  
Professionals Working With Persons With AIDS Support Group, 133  
Psychological Services Center, The University of Memphis, 51  
Public Health Department, Shelby County, 51  
Pyramid Recovery Center, Inc., 52  
Rainbows Support Group, 134  
Rainbows #1 Support Group, 134  
Rational Recovery Centers Support Group, 134  
Raymond Skinner Center, 52  
Reach to Recovery Support Group, 135  
Recovering from Divorce Support Group, 135  
Recovery, Inc. Support Group, 135  
Relational DataSearch, 52  
Resolve Support Group, 136  
RHA Community Homes, Inc., 53  
RISE Project of West TN, 53  
Sacred Heart Homeless Ministry, 53  
Safe House Transitional Center, Inc., 54  
Salvation Army, 54  
Salvation Army Adult Rehabilitation, 54  
Salvation Army Family Shelter, 55  
Schizophrenics Anonymous, 136  
Seek for the Old Path Shelter, 55  
Self Help for Hard of Hearing (SHHH), 136  
Senior Services, Memphis, 55

Serenity Recovery Center, 56  
 Service Over Self, Memphis, 56  
 Sex and Love Addicts Anonymous (SLAA), 137  
 Sexual Abuse Support Group, 137  
 Sexual Assault Survivor's Support Group, 137  
 Shady Oaks School, 56  
 Shelby County Assistant to Mayor for Health Policies, 57  
 Shelby County Community Services Agency, 57  
 Shelby County School System, 57  
 Shelby County Victim Assistance Center, 58  
 Shelby Residential and Vocational Services (SRVS), 58  
 Silicone Implant Survivors (SIS) Support Group, 138  
 Single Again Support Group, 138  
 Single Mothers Support Group, 139  
 Single Parent Support Group, 139  
 SMACC (Students, Mothers, and Concerned Citizens), 58  
 Smoking Support, 139  
 Social Security Administration, Memphis, 59, 60  
 Sophia's House (Through YMCA/CC), 60  
 SOS Industries, 60  
 Soul Circuit Support Group, 140  
 Southeast Mental Health Center, 61  
 Southwest TN Community College, Educational Opportunity Center, 61  
 SOWN – Supportive Older Women's Network, 140  
 Special Kids Support Group, 140  
 Special Kids and Families, Inc., 62  
 Special Singles Support Group, 141  
 Spina Bifida Association of Memphis Support Group, 141  
 Spinal Cord Injury Support Group, 141  
 Spirit Quest: Men Helping Men Support Group, 142  
 Spirit, Soul, & Body Ministry, 62  
 St. John's Methodist Church, 62  
 St. Jude Hospital, 63  
 St. Mary's Catholic Church, 63  
 St. Patrick's Catholic Church, 63  
 STAR Placement, 63  
 STEP (Support and Training for Exceptional Parents), West TN, 64  
 Strength Aerobics, 142  
 Stretch and Relax Arthritis Support Group, 142  
 Stretching Prayer, 143  
 Stroke Club Support Group, 143  
 Stuttering Foundation of America, 64  
 Survivors of Homicide Victims Support Group, 144  
 Survivors of Suicide Support Group, 144  
 Susanna Preschool for Exceptional Children, 64  
 Synergy Foundation, Inc., 65



T.R.E.N.D. – Tapping Resources Enabling the Newly Disabled, 144  
TEAM Evaluation Center, Memphis, 65  
Teen Parenting Support Group, 145  
Tennessee Delta Childcare Resource Center, 65  
Tennessee Voices for Children Support Group, 145  
The Crisis Center, 66  
The Healing Heart Support Group, 145  
The Leukemia Society of America, Family Support Group, 146  
The University of Memphis, Project Memphis, 66  
The Upper Room Empowerment Center, 66  
The Wesley School, 67  
This Day is Mine Support Group, 146  
Time to Heal Support Group, 146  
Tinsel and Tears Support Group, 147  
TN Department of Employment Services, 67  
TN Department of Human Services, 67  
TN Early Intervention System – Memphis Area, 68  
TN Hemophilia and Bleeding Disorders Foundation, 68  
TN Hemophilia and Bleeding Disorders Foundation Support Group, 147  
TN Infant Parent Service (TIPS), Memphis, 69  
TN Protection and Advocacy, Inc., Memphis, 69  
Total Parenteral Nutrition (T.P.N.) Support Group, 147  
Tough Love Parent Support Group, 148  
Tourette Syndrome Support Group, 148  
Transplant Support Group, 148  
Traumatic Brain Injury Services, Memphis, 70  
Trinity Bereavement Support Group, 149  
Trinity Hospice Support Group, 149  
United Cerebral Palsy of Memphis, 70  
United Way of the Mid-South, 71  
Unwritten Chapter, 149  
US Department of Veterans Affairs, 71  
Urban League, 71  
UT Boling Center for Developmental Disabilities, 72  
UT Clinic for Exceptional Children, 73  
UT Extension Support, 73  
UT Motility Disorder Support Group, 150  
UT Rehabilitation Engineering Program, 73  
VA Medical Center, 74  
Vet Center, The, 74  
Victims of Abuse Support Group, 150  
Victims of Sex Abuse Support Group, 150  
Vocational Rehabilitation Services, Region 9, 74  
Walk and Talk Support Group, 151  
Weight Loss Support Group, 151  
Whitehaven Southwest Mental Health Center, 75

Wings of Eagles Support Group, 151  
Women Helping Other Women (WHOW) Support Group, 152  
Women Survivors of Incest Support Group, 152  
Women with Disabilities Support Group, 152  
Work Place, The (Affiliated with Bridges), 75  
YMCA- Main Office, 75  
YMCA Abused Women's Services, 75  
Youth Fair Chance, 76  
Youth Services at Southwest Tennessee Community College, 76  
Youth Villages, 77