HAAMI ENRICHMENT SESSION
HEALTH STUDIES PEER GROUP

UNIVERSITY OF MEMPHIS EDUCATION SUPPORT PROGRAM (ESP)
LEARNING SPECIALIST DR. Y
HAAMI ENRICHMENT SESSION
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ACADEMIC SUCCESS AND CAREER-READINESS TIPS

▪ What is the difference between health studies and health science?

▪ In general, a health sciences degree program, such as Health Studies, focuses on human health whereas a life sciences degree focuses on all living things.
Health studies is an academic concentration that focuses on the promotion and education of community and public health. Enrolling in a health studies degree program is an excellent way to prepare for further education in public health or health science.

Health studies help others understand the importance of living healthy lifestyles.
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ACADEMIC SUCCESS

▪ What do you learn in health studies?

▪ In a BS in Health Studies program, you'll take classes focused on the policies, organization, financing, and dynamics of the U.S. healthcare system. You can even choose from specializations such as healthcare management, health promotion and wellness, and health psychology and behavior.
ESP ACADEMIC SUCCESS LEARNING OBJECTIVES:
BY THE END OF THIS PRESENTATION, THE SCHOLARS WILL BE ABLE TO:

• IDENTIFY THE MOST IMPORTANT INFORMATION RELEVANT TO EACH COURSE ENROLLED
• IDENTIFY, SUCCINCTLY, COURSE AND PROFESSIONAL TERMS AND LINGO ASSOCIATED WITH HEALTH STUDIES AND OTHER SUBJECT MATTERS
• EXPLAIN HEALTH STUDIES CONTENT, CONCEPTS AND THEORIES EASIER
• APPLY AND IMPLEMENT FUNDAMENTALS OF DATA ANALYSIS, RESEARCH DESIGN AND PROGRAM EVALUATION MUCH FASTER THAN USUAL
• GRASP AND UNDERSTAND RESEARCH METHODS AND ANALYTIC STRATEGIES FASTER THAN USUAL
Tip One:
Most Important part of the Syllabus

• Learning Objectives/Goals/Learning Outcomes
  • (This will prepare you for the entire class)
  • (these objectives teach you more than any part of the class)
EXAMPLE SYLLABUS:

- Attached Syllabus
Tip Two

Absolutely Every Class Encompass

• Analytical Thinking Skills (application)
• Determining the connection or relationship between two or more things:
• Example, a puzzle
EXAMPLE:

MATH TEACHER AND HER FAMILY TRIP TO CANCUN...
Tip Three

Absolutely Every Class Encompass

- Critical Thinking Skills
- Determining whether something is true/false; right/wrong; good/bad; real/unreal; believable/not believable
EXAMPLE:

HOW DO YOU KNOW THAT COVID-19 IS AUTHENTIC, REAL, OR WHAT WE ARE TOLD, ONE WAY OR THE OTHER?
Tip Four
Absolutely Every Class Encompass

• Critical Thinking Skills
• Determining whether something is true/false; right/wrong; good/bad; real/unreal; believable/not believable
EXAMPLE:

CROSS REFERENCE (RELIABLE/CREDITABLE) IS ONE OF THE ABSOLUTE BEST WAYS, AS WELL AS, ASKING THE RIGHT QUESTIONS, MENTALLY OR VERBALLY.
Tip Five
Answer is ALWAYS in the Question
EXAMPLE:

- Multiple choice questions are composed of one question (stem) with multiple possible answers (choices), including the correct answer and several incorrect answers (distractors). Typically, students select the correct answer by circling the associated number or letter, or filling in the associated circle on the machine-readable response sheet.

- **Example:** Distractors are:

  - A) Elements of the exam layout that distract attention from the questions
  - B) Incorrect but plausible choices used in multiple choice questions
  - C) Unnecessary clauses included in the stem of multiple choice questions
Tip Six
Every word is defined and described in the definition:
EXAMPLE:

- IS AN EATING DISORDER CHARACTERIZED BY AN ABNORMALLY LOW BODY WEIGHT, AN INTENSE FEAR OF GAINING WEIGHT AND A DISTORTED PERCEPTION OF WEIGHT.
ANSWER

• ANOREXIA (AN-O-REK-SEE-UH)
CLOSING

• WHAT IS MORE IMPORTANT THAN HEALTH?