




FACULTY/STAFF MEMBERSHIPS

R. BRAD MARTIN STUDENT  
**WELLNESS CENTER**



# MEMBERSHIP BENEFITS



As one of the benefits of working for the University of Memphis, full-time, permanent employees are eligible to enroll in a payroll-deducted membership to the Student Wellness Center. Conveniently located near the heart of campus, the new Wellness Center offers state-of-the-art facilities and programming to support you in your wellness journey.

**Membership entitles you to enjoy full use of the facility's many amenities, which include:**

- Wide array of cardio and weight equipment and machines
- Functional training equipment
- Fitness classes, such as yoga, kickboxing, pilates, high-intensity interval training, zumba, boot camp and more!
- Outdoor leisure pool
- Indoor and outdoor basketball courts
- Indoor walking track
- Wellness patio
- Tennis courts
- Freedom climber rotating climbing wall
- Discounted rates for personal training

After your workout, enjoy a smoothie or other healthy snack in our new Tiger Café!

# SIGN UP FOR A MEMBERSHIP

Memberships are available for a nominal fee of \$18 per month for individuals or \$36 for households.

To enroll, visit [memphis.edu/campusrec](https://memphis.edu/campusrec), email [campus-recreation@memphis.edu](mailto:campus-recreation@memphis.edu) or call 901.678.3457.



## HOUSEHOLD MEMBERSHIPS

Employees may sponsor one adult who lives in their household, as well as any eligible dependent children ages 26 and younger. Sponsoring member must furnish proof of eligibility for all household members.



## TEMPORARY/ CONTRACT MEMBERSHIPS

Paid memberships are also available for adjunct and other part-time employees who are not eligible for the payroll-deducted memberships. A copy of the employment contract or other documentation will be required.



**The R. Brad Martin Student Wellness Center**  
**3735 Southern Avenue | Memphis, Tennessee 38152**  
**901.678.3285 | [campus-recreation@memphis.edu](mailto:campus-recreation@memphis.edu)**

**[memphis.edu/campusrec](https://memphis.edu/campusrec)**