



## PROTEIN SNACK PACK

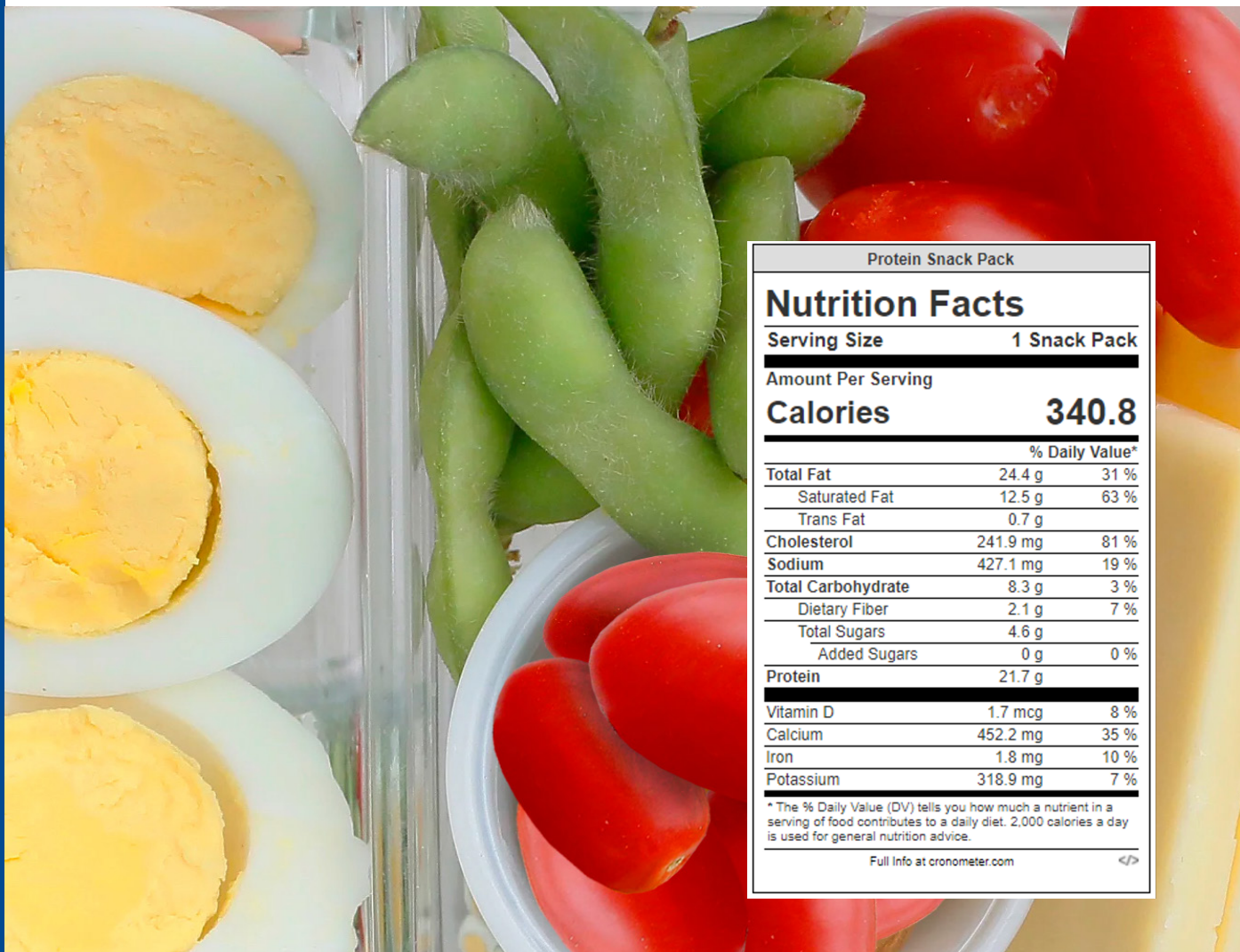
### INGREDIENTS

- 2 hard boiled eggs
- ¼ cup cheddar cheese slices or cubes
- ½ cup cherry tomatoes
- ½ cup snap peas or sliced cucumber
- 6 whole-grain crackers



### DIRECTIONS

Measure out vegetables and cheese and serve with hard boiled eggs. Enjoy!



Protein Snack Pack

Nutrition Facts

Serving Size

1 Snack Pack

Amount Per Serving

Calories

340.8

% Daily Value\*

Total Fat	24.4 g	31 %
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Saturated Fat	12.5 g	63 %
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Trans Fat	0.7 g	
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Cholesterol	241.9 mg	81 %
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Sodium	427.1 mg	19 %
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Total Carbohydrate	8.3 g	3 %
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Dietary Fiber	2.1 g	7 %
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Total Sugars	4.6 g	
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Added Sugars	0 g	0 %
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Protein	21.7 g	
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Vitamin D	1.7 mcg	8 %
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Calcium	452.2 mg	35 %
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Iron	1.8 mg	10 %
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Potassium	318.9 mg	7 %
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\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Full Info at [cronometer.com](http://cronometer.com)