

Counseling Program Objective 5: Students will demonstrate an ability to create an environment conducive to developing counseling relationships consistent with client goals and evidence based skills in assessment, counseling, case conceptualization, treatment planning, and documentation.

CACREP domain: Counseling and Helping Relationships

CACREP Standard	Unmet	Met	Exceeds
2F5f. counselor characteristics and behaviors that influence the counseling process	Although student provides some self-reflection regarding the content, s/he lacks necessary self-awareness in reflecting upon his/her own performance or content knowledge/comfort level.	Student demonstrates self-reflection that is primarily regarding content of counseling session rather than the process. Reflects knowledge/comfort level, skills and attitudes targeted by this class.	Student demonstrates appropriate levels of self-reflection including incorporating previous feedback received from the instructor and classmates/colleagues. Student demonstrates the ability to reflect on both content and process aspects of the session.
2F5g. essential interviewing, counseling, and case conceptualization skills	Case conceptualization lacks psychological depth.	Student is able to demonstrate a coherent case conceptualization.	Case conceptualization demonstrates complexity and is clearly grounded in a theoretical framework.
2F5h. developmentally relevant counseling treatment or intervention plans	Goals and interventions are not clearly connected to presenting problem.	Student presents logical treatment goals and interventions based on presenting problems and symptoms.	Student integrates evidence based treatment into development of appropriate goals and interventions.

Documents / Assignments to Include:

- Final counseling skills evaluation from instructor
- Final tape packet documents with all potentially identifying information redacted
- Journals (if using LiveText, upload as a single document)