



# PRACTICUM APPLICATION

Student Health and Counseling Services

211 & 214 Wilder Tower  
The University of Memphis  
Memphis, TN 38152  
901.678.2068

## **IMPORTANT INSTRUCTIONS—PLEASE NOTE:**

Student Health and Counseling Services offers practicum opportunities in career and psychological counseling and integrated behavioral health for graduate students in counseling, counseling psychology, clinical psychology, and social work.

Deadlines for receipt of applications are February 1<sup>st</sup> for the following fall semester, and October 1<sup>st</sup> for the following spring semester (Deadlines may be extended if positions are not filled.)

**However, we encourage students who are interested in our practicum training to submit their applications as early as mid-September for training starting August of the following year, as offers will be made on a rolling basis.** Applications are reviewed as they are received and applicants will be required to interview. ALL application materials must be received prior to scheduling an interview with the panel of SHCS senior staff members. Following the interview process, the Training Director will notify applicants of the panel's decision regarding practicum placements as soon as possible.

Practicum students may apply for one semester or one full academic year placement. Preference will be given to applicants desiring a 2-semester placement (fall and spring semesters) and space is limited to a maximum of 6 students per semester. Practicum opportunities during summer semesters will be very limited and restricted to students who have previously completed a practicum rotation, preferably in the preceding spring semester. Practicum placement assignments for all semesters will be determined by the SHCS Training Committee.

All practicum applicants are required to submit to the Practicum Coordinator:

- 1) **Completed Practicum Application - reviewed and signed by your faculty advisor;**
- 2) **Curriculum vitae;**
- 3) **Unofficial copies of all graduate transcripts, and**
- 4) **Two (2) Practicum Readiness Forms completed by two faculty members**

**\*If you are a Master's student, please consult with the Counseling, Educational Psychology, & Research Department's Practicum/Internship Coordinator before submitting your application packet.**

### **Brief Description of the SHCS Practicum Experience:**

Practicum students at the SHCS will have opportunities to provide individual and couple psychotherapy as well as career counseling to a diverse undergraduate and graduate student population. Students may also have limited opportunity to provide walk-in crisis and family therapy.

Outreach opportunities are available and strongly encouraged. Professional development opportunities are available. Practicum students who have received training in assessments – administering, scoring and interpreting intelligence and achievement tests may also apply to conduct formal Learning Disability and Attention-Deficit/Hyperactivity Disorder evaluations as a part of their direct contact hours.

Uniquely, practicum trainees at SHCS will also receive training in behavioral health consultation model. Each trainee will be assigned a minimum of 2 hours of integrated health program coverage at the Health Center. Besides, practicum trainees will also receive training in utilizing biofeedback and other stress reduction programs. Each practicum trainee will be assigned a minimum of 2 hours of relaxation zone coverage.

The most frequent presenting concerns for clients seen at the Counseling Center/ SHCS are interpersonal issues followed by depression and anxiety. Clients also present with abuse, assault and trauma-related concerns, eating disorders, grief and loss issues, substance abuse issues, academic problems, and a variety of other concerns. In terms of severity, presenting issues range from adjustment-related or situational/developmental concerns to characterological and, in some cases, severe and debilitating problems.

Supervision of practicum students includes 1.5 hours of weekly individual supervision by psychology interns who are supervised by licensed psychologists, as well as 2 hours of weekly case conference (group supervision) facilitated by one or two senior staff. Senior staff review and sign all practicum students' case notes, view recordings of practicum students' sessions in case conference, and often view or listen to practicum students' recordings during individual supervision meetings with their intern supervisees.

A full-time practicum placement at the SHCS requires a minimum of 150 hours on-site (60-75 hours of direct client contact). If a student's academic program on-site hour requirements are different from the on-site requirements listed above, the student may negotiate a contract with the SHCS to meet requirements of their academic program. Specifically, Counseling Psychology students are required by the department to complete 200 hours, 75 of which are to be direct client contact hours. Master's level counseling students completing full or part-time internships are required to complete 300 or 600 hours per semester with 120 or 240 direct client contact hours, respectively.

To insure that practicum students reach their minimum hourly requirements, it is recommended that students schedule 10-12 clinical hours (hours that will be available to see clients, participate in outreaches, etc.) per week. In addition, 3.5 hours will need to be reserved for individual and group supervision at the Counseling Center and 2 hours for departmental supervision (practicum class). The goal is to schedule a total of approximately 17 hours per week for client contact and supervision. The highest traffic times in the CC are from 9am to 3pm. During the fall and spring semesters, the Counseling Center is open from 8am to 7pm on Monday – Wednesday and 8 to 4:30 on Thursday and Friday.

**Please feel free to contact Dr. Linh P. Luu, Ph.D. Training Director, by email at [lluu1@memphis.edu](mailto:lluu1@memphis.edu) or by phone at 901.678.2068 if you have any questions about practicum opportunities or application procedures.**



Counseling Center/SHCS  
 211 & 214 Wilder Tower  
 Memphis, Tennessee 38152-3520  
 Office: 901.678.2068  
 Fax: 901.678.4895  
[www.memphis.edu/counseling/](http://www.memphis.edu/counseling/)

Name: \_\_\_\_\_  
 (Please Print Clearly)

Address: \_\_\_\_\_  
 Street Apt. # City State Zip

Phone Numbers with Area Codes: H: \_\_\_\_\_ W: \_\_\_\_\_ C: \_\_\_\_\_

Email address: \_\_\_\_\_  
 (Please Print Clearly)

To indicate your interest in participating in a year-long or single semester practicum, please mark all of the slots below that apply. I am applying for a practicum placement for:

Fall \_\_\_\_\_ 20 \_\_\_\_\_; Spring \_\_\_\_\_ 20 \_\_\_\_\_; Summer \_\_\_\_\_ 20 \_\_\_\_\_

**Undergraduate Degree(s) earned:**

Institution	_____	Date Completed	_____
Degree	_____	Cumulative GPA	_____
Major	_____	Minor	_____

**Graduate Degree(s) earned:**

Institution	_____	Date Completed	_____
Degree	_____	Cumulative GPA	_____

Major \_\_\_\_\_ Subspecialty \_\_\_\_\_

**Current Graduate Program:**

Institution \_\_\_\_\_ Program Start Date \_\_\_\_\_

Degree sought \_\_\_\_\_ Cumulative GPA \_\_\_\_\_

Major \_\_\_\_\_ Subspecialty \_\_\_\_\_

Faculty Advisor \_\_\_\_\_

Faculty Practicum Coordinator \_\_\_\_\_

**Please describe your previous related work/volunteer experience:**

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**If you have completed other practica, please indicate type of experience and site:**

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**What interests you in applying for a practicum at the Counseling Department?**

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**In which areas of practice do you feel most confident and which areas would you like to strengthen?**

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**What are your long-term career goals?**

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**Who will be your practicum supervisor in your department? Please provide her/his contact information including address and phone number:**

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**Please list the schedule of courses you will be taking during the first semester of practicum for which you are applying (please include days and times):**

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**Do you intend to be employed on campus (assistantship, job, or work study) or off campus (job or internship) during the practicum? If yes, please list type of employment and the number of hours you plan to work.**

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**Please feel free to provide any additional information that might be relevant to your application.**

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**I am submitting Vitae, unofficial copies of all graduate transcripts, and two Practicum Readiness forms with this application.**

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**Applicant's Signature**

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**Date**

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**Faculty Advisor's Signature**

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**Date**