



## Suicide Intervention Plan

There is no typical suicidal person. No age group, ethnicity, or background is immune. We understand that many individuals struggling with mental health issues display behaviors deliberately or inadvertently signal their suicidal intent. Recognizing the warning signs (<http://tspn.org/warning-signs>) and learning what to do next may help save a life.

When a student, faculty, or staff member encounters a student with suicidal intent, making suicidal statements, writing suicidal notes, and/or exhibiting self-harm, such as cutting or any similar at-risk behaviors, the following individual should be contacted immediately:

- First, contact UofM Police Services at 901.678.HELP (4357) if medical attention is required.
- Second, contact UofM Counseling Center at 901-678-2068 for assistance. If the crisis occurs after hours, contact the Tiger Care Line at 901.678.2068 and dial 2 to speak to a crisis counselor.

If the suicidal person has plans and access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt, this individual is in imminent danger and should not be left alone. Get the person help immediately. Determine who can get there quickly and keep the individual safe.

Should you have this concern, you should immediately call UofM Police Services at 901.678.HELP (4357) or 911.

If you encounter a suicidal student who is in imminent danger, all reasonable steps should be taken to not leave the student alone until help arrives.

Faculty and staff members are not permitted to promise confidentiality or honor a previous promise of confidentiality to the student who might harm themselves. The faculty or staff members must explain to the student that information may be shared with others to help them, but there will not be discussion with others who do not need to know of the incident.

If faculty or staff suspect that a student may be thinking about suicide, approach the student directly to address concerns. Promote hope by listening to the student. Let them know that they are not alone, and help is available. When in doubt, seek consultation from other professionals such as the Counseling Center. All concerns should be reported using the Report a Concern

about a Student at [https://cm.maxient.com/reportingform.php?UnivofMemphis&layout\\_id=30](https://cm.maxient.com/reportingform.php?UnivofMemphis&layout_id=30)  
(not to use in replacement for contacting Police Services and/or the Counseling Center/ On-call Counselor in case of emergency and imminent danger)

#### Additional Intervention Resources

- a) University of Memphis has established relationships with the following local Mental Health facilities for the purpose of crisis referral services.
  - Crestwyn Behavioral Health Hospital provides emergency services for further evaluation of crisis situations at 901-248.1500.
  - City of Memphis Crisis Intervention Team provides emergency services for further evaluation of crisis situations at 901-545-2677, extension 0.
- b) The National Suicide Prevention Lifeline at 988 OR 1-800-273-TALK (8255) provides access to trained telephone counselors, 24 hours a day, 7 days a week
- c) Crisis Text Line: texting TN to 741 741.

The safety and wellbeing of our students, faculty, and staff is of the utmost importance. In situations that require immediate action because of safety or other concerns, University of Memphis will take any reasonable administrative action or accommodation protocols that are appropriate.