University of Memphis
Suicide Prevention Plan

The University of Memphis is committed to the mental health wellness of our students, faculty and staff. As such, and in compliance with the requirements of T.C.A. § 49-7-172, University of Memphis has developed a suicide prevention plan that engages in a variety of initiatives to improve and provide crisis services.

University of Memphis’ Suicide Prevention Plan will be disseminated to faculty, staff, and students each academic term by email and will be available on the Counseling Center website (https://www.memphis.edu/counseling/resources/suicide-prevention.php) at all times.

Prevention
University of Memphis has developed a comprehensive approach to increase mental health awareness though efforts of prevention.

Contact
University of Memphis contact for suicide prevention work is the Suicide, Trauma, and Response Team (S.T.A.R.T) which contains Artice Carter, LCSW, Dr. Lisa Winborn, and Dr. David Deason. The contact for the team is 901-678-2068.

Prevention Components & Resources
Key components of University of Memphis suicide prevention work include:

- A suicide or mental health wellness syllabus statement included on Faculty Syllabi for all courses.
- Promotion of the National Suicide Prevention Lifeline, Crisis Text Line, and campus/community resources are made available through:
  - Counseling Center website https://www.memphis.edu/counseling/about/emergency-contacts.php
  - Tiger Care Cards
- Utilizing community resources and agencies to provide prevention services for University of Memphis community members. University of Memphis has established relationships with the following local Mental Health facilities for the purpose of providing prevention education, training and/or prevention screenings.
  - Tennessee Suicide Prevention Network provides education and training.
  - Alliance Health Care Mobile Crisis provides emergency services for further evaluation of crisis situations.
St. Francis Hospital Behavior Unit provides emergency services for further evaluation of crisis situations.

Additional Information

Information regarding such relationships at University of Memphis is available at the Counseling Center. The S.T.A.R.T will have available a comprehensive list of partners and services available to members of the University of Memphis community which may include crisis referral services, prevention screenings, training programs, etc. Any campus member interested in accessing the services/agencies and training noted above, or for more information about University of Memphis suicide prevention efforts should contact a member of the S.T.A.R.T at 901-678-2068.

Intervention

There is no typical suicidal person. No age group, ethnicity, or background is immune. We understand that many troubled individuals display behaviors deliberately or inadvertently signal their suicidal intent. Recognizing the warning signs (http://tspn.org/warning-signs) and learning what to do next may help save a life.

Contact

If someone exhibits behavioral patterns that may indicate possible risk for suicide, they should be watched closely. If they appear numerous or severe, seek professional help at once. The National Suicide Prevention Lifeline at 1-800-273-TALK (8255) provides access to trained telephone counselors, 24 hours a day, 7 days a week or the Crisis Text Line by texting TN to 741 741.

If a student, faculty, or staff member encounters a suicidal student, faculty, or staff member, the following individual should be contacted immediately:

- Student Health and Counseling Center at 901-678-2068

Should the incident occur after hours, or the above noted individual is not available, the following should be contacted immediately:

- After Hours 24/7 Crisis Line 901-678-HELP (4357)

If the suicidal person has plans and access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt, this individual is in imminent danger and should not be left alone. Get the person help immediately. Determine who can get there quickly and keep the individual safe.

Should you have this concern, you should immediately call 9-1-1.

Intervention Resources

University of Memphis has established relationships with the following local Mental Health facilities for the purpose of crisis referral services.
Alliance Health Care Mobile Crisis provides emergency services for further evaluation of crisis situations at 901-577-9400.

St. Francis Hospital Behavior Unit provides emergency services for further evaluation of crisis situations at 901-765-1400.

The safety and wellbeing of our students, faculty, and staff is of the utmost importance. In situations that require immediate action because of safety or other concerns, University of Memphis will take any reasonable administrative action or accommodation protocols that are appropriate. Such interim actions may include, but are not limited to: adjustments to schedules, ADA accommodations, adjustments of course, exam, schedules, facilitation of hold harmless voluntary withdrawals, incompletes, etc.

Additional Information
Information regarding such relationships at University of Memphis is available at the Counseling Center. S.T.A.R.T will have available a comprehensive list of partners and services available to members of the University of Memphis community. Any campus member interested in more information about University of Memphis’ suicide intervention protocol should contact S.T.A.R.T at 901-678-2068.

Postvention
Because all student/faculty/staff deaths affect our community, whether that death is accidental, due to illness, or the result of self-inflicted injury, it important for University of Memphis to respond to and recognize all deaths in a consistent manner. Campus leadership and the communications department developed a protocol that includes a campus response to a student/faculty/staff suicide to decrease the trauma experienced by the students and other campus community members left behind and to help prevent further suicides through contagion.

Contact
If a student, staff, or faculty member death occurs by suicide, the following person, or their designee, should be notified immediately:

- S.T.A.R.T with Student Health and Counseling Services at 901-678-2068

Postvention Components & Resources
University of Memphis has established relationships with the following local Mental Health facilities for the purpose of working to decrease community trauma.

- Lakeside Behavior Health provides mental health services.

Additional Information
Information regarding such relationships at University of Memphis is available at the Counseling Center. S.T.A.R.T will have available a comprehensive list of partners and services available to
members of University of Memphis. Any campus member interested in more information about University of Memphis’ suicide prevention protocol should contact 901-678-2068.

Comprehensive Response Protocol
University of Memphis comprehensive suicide prevention, intervention and postvention protocol is available to the campus community and campus administration. For more information, please contact S.T.A.R.T at 901-678-2068.