PRACTICUM APPLICATION

Student Health and Counseling Services

211 & 214 Wilder Tower The University of Memphis Memphis, TN 38152 901.678.2068

IMPORTANT INSTRUCTIONS—PLEASE NOTE:

Student Health and Counseling Services offers practicum opportunities for graduate students in counseling, counseling psychology, clinical psychology, and social work.

Deadlines for receipt of applications are February 1st for the following fall semester, and October 1st for the following spring semester (Deadlines may be extended if positions are not filled.)

However, we encourage students who are interested in our practicum training to submit their applications as early as mid-September for training starting August of the following year, as offers will be made on a rolling basis. Applications are reviewed as they are received and applicants will be required to interview. ALL application materials must be received prior to scheduling an interview with the panel of SHCS senior staff members. Following the interview process, the Training Director will notify applicants of the panel's decision regarding practicum placements as soon as possible.

Practicum students may apply for one semester or one full academic year placement. Preference will be given to applicants desiring a 2-semester placement (fall and spring semesters) and space is limited to a maximum of 4 students per semester. Practicum opportunities during summer semesters will not be available. Practicum placement assignments for all semesters will be determined by the SHCS Training Committee.

All practicum applicants are required to submit to the Training Director:

- 1) Completed Practicum Application reviewed and signed by your facultyadvisor;
- 2) Curriculum vitae;
- 3) Unofficial copies of all graduate transcripts, and
- 4) Two (2) Practicum Readiness Forms completed by two faculty members

*If you are a Master's student, please consult with the Counseling, Educational Psychology, & Research Department's Practicum/Internship Coordinator <u>before</u> submitting your application packet.

Brief Description of the SHCS Practicum Experience:

Practicum students at the SHCS will have opportunities to provide individual and couples psychotherapy as well as career counseling to a diverse undergraduate and graduate student population. Students may also have limited opportunity to provide walk-in crisis and family therapy.

Outreach opportunities are available and are a required portion of this training experience. Professional development opportunities are available. Practicum students who have received training in assessments – administering, scoring and interpreting intelligence and achievement tests may also apply to conduct formal Learning Disability and Attention-Deficit/Hyperactivity Disorder evaluations as a part of their direct contact hours.

The most frequent presenting concerns for clients seen at the Counseling Center/SHCS are interpersonal issues followed by depression and anxiety. Clients also present with abuse, assault and trauma-related concerns, eating disorders, grief and loss issues, substance abuse issues, academic problems, and a variety of other concerns. In terms of severity, presenting issues range from adjustment-related or situational/developmental concerns to characterological and, in some cases, severe and debilitating problems.

Supervision of practicum students includes 1.5 hours of weekly individual supervision by psychology interns who are supervised by licensed psychologists, as well as 2 hours of weekly case conference (group supervision) facilitated by one senior staff member and a doctoral intern (on a rotating basis). Senior staff review and sign all practicum students' case notes, view recordings of practicum students' sessions in case conference, and often view or listen to practicum students' recordings during individual supervision meetings with their intern supervisees.

A full-time practicum placement at the SHCS requires a minimum of 150 hours on-site (60-75 hours of direct client contact). If a student's academic program on-site hour requirements are different from the on-site requirements listed above, the student may negotiate a contract with the SHCS to meet requirements of their academic program. Specifically, Counseling Psychology students are required by the department to complete 200 hours, 75 of which are to be direct client contact hours. Master's level counseling students completing full or part-time internships are required to complete 300 or 600 hours per semester with 120 or 240 direct client contact hours, respectively.

To ensure that practicum students reach their minimum hourly requirements, it is recommended that students schedule 10-12 clinical hours (hours that will be available to see clients, participate in outreaches, etc.) per week. In addition, 3.5 hours will need to be reserved for individual and group supervision at the Counseling Center and 2 hours for departmental supervision (practicum class). The goal is to schedule a total of approximately 17 hours per week for client contact and supervision. The highest traffic times in the CC are from 9am to 3pm. The Counseling Center is open from 8am-4:30 PM Monday-Friday.

Please feel free to contact Chris Carden, Ph.D. Training Director, by email at dccarden@memphis.edu or by phone at 901.678.2068 if you have any questions about practicum opportunities or application procedures.



Counseling Center/SHCS

211 &214 Wilder Tower Memphis, Tennessee 38152-3520

Office: 901.678.2068 Fax: 901.678.4895

www.memphis.edu/counseling/

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| Address: | | | | |
| Street | Apt.# | City | State | Zip |
| Phone Numbers with Area Codes: I | H:W: | | _C: | |
| mail address: | | | | |
| (Please Pri | nt Clearly) | | | |
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| Major | Subspecialty | |
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| Current Graduate Program: | | |
| Institution | Program Start Date | |
| Degree sought | Cumulative GPA | |
| Major | Subspecialty | |
| Faculty Advisor | | |
| Faculty Practicum Coordinator | | |
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| Please describe your previous related | work/volunteer experience: | |
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| If you have completed other practica, p | please indicate type of experience and site: | |
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| What interests you in applying for a p | racticum at the Counseling Department? | |
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| In which areas of practice do you feel strengthen? | most confident and which areas would you like to | |
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| What are your long-term career goals? | |
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| Who will be your practicum supervisor in your department? Please information including address and phone number: | provide her/his contact |
| Please list the schedule of courses you will be taking during the first which you are applying (please include days and times): | t semester of practicum for |
| Do you intend to be employed on campus (assistantship, job, or we internship) during the practicum? If yes, please list type of employ you plan to work. | |
| Please feel free to provide any additional information that might be | e relevant to your application. |

| n submitting Vitae, unofficial copies of all graduate transcripts, and two Practicum Readines ns with this application. | | | |
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| Applicant's Signature | Date | | |
| Faculty Advisor's Signature | Date | | |