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## ***ADCCC Annual UofM Report 2020-2021***

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### **Mission**

Our mission is to reduce high risk behaviors and stigma in relation to alcohol and drugs and mental health, by increasing proactive responses to substance use and providing educational and recreational options to engage students. This document serves as our annual reporting of progress.

I. We will base our strategies and progress on SAMHSA's Strategic Prevention Framework outlined below.

A. Assessment

1. JED assessment completed
2. Student focus groups
3. Substance Use screening

B. Capacity Building

1. Quarterly committee meetings
2. Students for Recovery and Sobriety Coalition meetings
3. Partnership with Memphis Area Prevention Coalition
4. Partnership with TN Collegiate Recovery Initiative
5. Recognized as "Recovery Friendly Campus"

C. Planning

1. Used prevention plans from CHASCO
2. Budgeted grant money to fund events and social norms materials

D. Implementation

1. Sober Conversation event series hosted by SRSC
2. Recovery Ally Trainings

E. Evaluation

1. Student satisfaction survey after events
2. Recovery Ally Attendance: 37 total
3. SRSC Event Attendance: 56 total
4. Next goals: increase student engagement and online presence

## **Projections**

The ADCCC can be integrated in phases to meet students' needs and assess campus capacity. Having a support-based program allows for the creation and expansion of services with foundation of peer support. The highlighted phase represents the current phase of the program.

- **Phase 1: Educational workshops, trainings, sober curious groups, development of RSO, marketing to increase awareness, and needs assessment from JED**
- Phase 2: Recovery groups, focus groups, increase student engagement, emphasize our campus amnesty code
- Phase 3: Substance free social events (movie screenings, campus kickbacks, sober tailgating), podcasts, involvement with NSO
- Phase 4: Dedicated physical facility and housing, scholarships for students in recovery or are sober, creation of other chapters on college campuses to connect with community events

Potential costs would include staff, designated space, and events. Through CHASCO grant funding, we have been able to host events and work with student liaisons for AOD prevention and plan to continue to help with ADCCC efforts.