

OCTOBER 2020

NSSLHA NEWSLETTER

University of Memphis Chapter



Philanthropy

Happy October! We hope everyone has been doing well in their classes so far. We don't know about y'all, but we are super excited to be finally getting some cooler weather!

Here are some updates:

- The [fundraiser](#) is up and running! Please consider purchasing a shirt to support our organization. The funding goes to supporting our social events (when we can get together again) and will be of great use to support the Mid-South Conference as we prepare for it in the Spring! If you have more questions about how to purchase a t-shirt, please contact Ashley Morgan or Sara Smith. The price of the shirt is \$25 and orders are due by October 31st.

October Health Awareness:

- [Audiology Awareness Month](#)
- [AAC Awareness Month](#)
- [Health Literacy Month](#)
- [National Down Syndrome Awareness Month](#)
- [Mental Illness Awareness Week \(October 4-10\)](#) and [World Mental Health Day \(October 10\)](#)
- [National Health Education Week \(October 20-24\)](#)
- [National Healthcare Quality Week \(October 18-24\)](#)

As usual, click the links (anything underlined) for more information! This is always good information to consider as we continue to study and work clinically. If you have any questions or suggestions for the newsletter, or something you would like to raise awareness to/shout out, please let Ashley Morgan, Sara Smith, or Chandra Gilliam know! We hope you all have a great October!

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Legislation /Current Events

As election day swiftly approaches, please be sure to request your absentee ballots, double check your polling locations, and most importantly, VOTE on November 3rd!

The Public Information Committee would like all groups and researchers to know that there are supports and services in place to utilize for marketing, brochures, and other ideas you may have. Students can contact me @sdavis34@memphis.edu for more details.



- [Click here to ask your congressmen to continue the suspension of student loan repayment and interest accrual & provide additional funding for colleges and universities to respond to COVID-19, including direct financial support to students.](#)
- [Click Here to Support the Workforce Diversity Act, which aims to increase opportunities for minorities and those from disadvantaged backgrounds in the Allied Health field.](#)

“Embrace uncertainty. Some of the most beautiful chapters in our lives won’t have a title until much later.”

BOB GOFF

Things to Do in Memphis: October

Remember that taking care of your social, mental, and physical health is also important.

- Thursday's at the Botanical Gardens
- Memphis Grizzlies Games
- Mempho Music Festival 10/6-10/7
- Harry Potter and the Sorcerer's Stone in Concert: 10/6-10/7
- Cooper-Young Fest 10/20
- Set up a zoom date with your friends!

Don't forget to wear your mask!

