



THE UNIVERSITY OF MEMPHIS

2023
2024

STUDENT WELLNESS PLANNER



The University of Memphis

2023/2024 Student Academic & Wellness Planner

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The University reserves the right to cancel or alter any part of this Handbook without notice.

The policies, procedures and programs of The University of Memphis are continually under examination and revision. The Student Handbook and Planner represents information in effect at the time of publication, but there is no guarantee that such information will not be changed or revoked.

This Handbook and Planner is not intended to state contractual terms and does not constitute a contract between the student and The University of Memphis.

The University of Memphis reserves the right to make changes as required to calendar dates, programs, activities, policies and other rules and regulations affecting students and to determine when such change shall take effect. Failure to read this Handbook and Planner does not exempt students from following policies, procedures, regulations, and requirements described herein. Please contact University offices responsible for the programs and policies in this Handbook for verification and updates.

The University of Memphis offers equal opportunity to all persons without regard to race, religion, sex, creed, color, national origin or disability. The University does not discriminate on these bases in recruitment and admission of students or in the operation of its programs and activities, as specified by federal laws and regulations. Designated coordinators for university compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 are the Vice President for Student Affairs and the Equal Opportunity Compliance Officer. Information in this document will be provided in alternate format upon request. The University of Memphis is an Equal Opportunity/Affirmative Action University. It is committed to education of a non-racially identifiable student body.

TABLE OF CONTENTS

Academic Calendar	22
Blue Line	15
Campus Directory	10-13
Campus Map	178
Campus Recreation	124
Career Services	136-137
Dean of Students Office	5, 60
Disability Resources for Students.....	148-149
Housing & Residence Life	17
Multicultural Affairs	98
Office of Institutional Equity	19
Office of Student Accountability	16
Police Services	162
Residence Life Policies	17
Student Leadership & Involvement	18, 24
Student Code of Rights and Responsibilities	16
Student Government Association	6
Student Health and Counseling Services	36

Student Rights Under FERPA.....	21
Tobacco Policy	20
Tutoring@ESP	110
University Libraries	48
University & Student Business Services (Deadlines/Dates).....	23
Veterans & Military Student Services	86
Victim Services	72





DEAN OF STUDENTS

Dean of Students,
Vice Provost for Student
Development and Wellness

Dr. Justin Lawhead

jtlawhed@memphis.edu

WELCOME TIGERS!!!

Welcome Back Tigers! It is great to you have back on campus as we begin a new academic year.

The Dean of Students Office is here to help you. Our goal is to make your college experience a very fulfilling and successful one. We assist students in the resolution of problems, mitigation of crisis and referral to campus resources.

We will work with you to address any concerns or challenges you may have. Our office is an excellent place to start if you can't figure out what to do, where to go or who to ask.

Our primary departmental focus is inclusive practices focusing on student service and success. I want you to feel very comfortable contacting our office at deanofstudents@memphis.edu or 901.678.2187. Our staff is student-centered and ready to support you.



Student Government Association

214 University Center
Memphis, TN 38152-3370
Office: 901.678.2051
www.memphis.edu/sga



"The Voice of the Students!"

We hope that you will get involved with SGA through our freshman council, townhall discussions, tabling initiatives, and connect with us on social media! If you have any questions, concerns, or ideas, please contact any member of SGA. It is our pleasure to represent you and advocate on your behalf as the 'voice of the students.'

Click or scan to learn more about SGA and current leadership



MISSION

Produce well-rounded, successful graduates and cutting-edge research for the enrichment of our ever-changing society.

VALUES

The University of Memphis (UofM) is a comprehensive, internationally recognized, urban public research university preparing students for success in a diverse, innovative global environment. Core Values of the University of Memphis are:

- Student Success
- Service
- Innovation
- Diversity and Inclusion
- Collaboration
- Accountability



TIGER SPIRIT

U of M Alma Mater
Stand Firm, O Alma mater
Through All The Years To Come;
In Days Of Youth And Beauty
Thy Halls Have Been Our Home.
In Time Of Preparation
Great Lessons Didst Thou Teach
Till Now O Alma Mater,
The Stars We'll Strive To Reach.

U of M Fight Song

Go Tigers Go, Go On To Victory,
Be A Winner Thru And Thru;
Fight Tigers, Fight Cause We're
Going All The Way –
Fight, Fight
For The Blue And Gray.
Come On Let's Go Tigers Go,
Go On To Victory.
Show Your Colors Bright And True;
So Fight Now Without A Fear,
Right Now Let's Shout A Cheer,
Fight For Dear Ole Memphis U.
(Yell)
Go Tigers Go, Go Tigers Go.



WHY TIGERS?

When The University of Memphis first fielded a football team in the fall of 1912, no one had selected a nickname for the squad. Early references to the football team tabbed them only as the Blue and Gray Warriors of West Tennessee Normal School.

After the final game of the 1914 season, there was a student parade. During this event, several Normal students shouted, "We fight like Tigers".

The nickname was born.

More and more the nickname "Tigers" was used, particularly in campus publications. But it did not catch on with the newspapers downtown. They continued to use "Normals" or the "Blue and Gray" when referring to the University.

Under Coach Lester Barnard in 1922, Normal's football team gave a ring of truth to that old student yell about Tigers. The team adopted a motto- "Every Man A Tiger" and went on to score 174 points while allowing their opponents just 29 points.

In the late 1920s, student publications and downtown newspapers began referring to the football team as the "Teachers" or "Tutors". The Tiger nickname would return. But not until 1939 was it initially adopted as the official nickname for the University of Memphis.

CAMPUS DIRECTORY

For all emergencies: 678.HELP

Academic Counseling Center

212 Wilder Tower
678.2062
memphis.edu/acc

Admissions - Undergraduate

101 Wilder Tower
678.2111
memphis.edu/admissions

Admissions - Graduate

FedEx Institute of Technology
365 Innovations Drive, Suite 201
678.3685
memphis.edu/graduateadmissions/index.php

Athletic Ticket Office

570 Normal Street
678.2331
gotigersgo.com

Barbara K Lipman Early Learning and Research Center

3771 Poplar Avenue
678.2120
memphis.edu/lipman

Campus Post Office

259 University Center
678.2408
bf.memphis.edu/mail

Campus Recreation

3735 Southern Avenue
678.3285
memphis.edu/campusrec

Counseling Center

214 Wilder Tower
678.2068
memphis.edu/counseling

Career Services

400 Wilder Tower
678.2239
memphis.edu/careerservices

Cecil C. Humphreys School of Law

1 North Front St
678.2421
memphis.edu/law

Center for Academic Retention & Enrichment Services (CARES)

500 Wilder Tower
678.2393
memphis.edu/cares

Center for International Educational Services

110 International Center
678.2814
memphis.edu/cies

Center for Service Learning & Volunteerism

243 University Center
678.2644
memphis.edu/service

Class Cancellation Hotline (due to inclement weather)

678.0888

College of Arts and Sciences

107 Scates Hall
678.5454
memphis.edu/cas

College of Communication and Fine Arts

232 Communication & Fine Arts Building
678.2350
memphis.edu/ccfa

College of Education

215 Ball Hall
678.4265
memphis.edu/education

College of Professional & Liberal Studies

218 Brister Hall
678.2716
memphis.edu/cpls

Commencement Office

101 Brister Hall
678.5547
memphis.edu/commencement

Conference & Event Services

FedEx Institute of Technology, Suite 210
678.5000
memphis.edu/conferences

Counseling, Educational Psychology & Research

100 Ball Hall
678.2841
memphis.edu/cepr

Daily Helmsman

113 Meeman Journalism Building
678.2191
dailyhelmsman.com

Dean of Students

359 University Center
678.2187
memphis.edu/deanofstudents

Disability Resources for Students (DRS)

110 Wilder Tower
678.2880
memphis.edu/drs

Educational Support Programs (ESP)

217 Mitchell Hall
678.2704
memphis.edu/esp

Experiential Learning Credit

800 Wilder Tower
678.2783
memphis.edu/cree/elc/
experiential_learning.php

Finish Line

800 Wilder Tower
678.2783
memphis.edu/innovation/finishline/index.php

Fogelman College of Business and Economics

678.2432
memphis.edu/fcbe
Undergraduate Student Services Office
678.2855
Graduate Programs Office
678.3721

Graduate Student Association

214 Administration Building
678.1408
memphis.edu/gsa/

Herff College of Engineering

memphis.edu/herff/index.php

Biomedical Engineering

330 Engineering Technology Building
678.3733

Civil Engineering

104 Engineering Science Building
678.2746

Electrical and Computer Engineering

206 Engineering Science Building
678.2175

Engineering Technology

209 Engineering Technology Building
678.2225

Mechanical Engineering

312 Engineering Science Building
678.2173

Holiday Inn

3700 Central Avenue
678.8200

Helen Hardin Honors College

425 Patterson
678.2690
memphis.edu/honors

Information Technology Services

100 Administration Building
678.8888
memphis.edu/its

Kemmons Wilson School of Hospitality & Resort Management

McCord Hall (2nd & 3rd floor)
678.8021
memphis.edu/wilson

Lactation Rooms for Nursing Mothers

For access visit the Dean of Students Office
359 University Center (UC)
678.2187
University Center (UC) 240
Clement Hall 118
Patterson Hall 124
Cecil C. Humphreys School of Law (134)
Loewenberg College of Nursing (CHB room 1501A)

Loewenberg School of Nursing

2502 Community Health Building
4055 N. Park Loop
UofM Park Avenue Campus
678.2003
memphis.edu/nursing

Marketing and Communication

308 Administration Building
678.2843
memphis.edu/communications

McWherter Library

126 Ned R. McWherter Library
678.2205- Circulation Desk
678.2201- Administration Department
memphis.edu/libraries

Multicultural Affairs Office

223 University Center
678.2054
memphis.edu/multiculturalaffairs

Parking & Transportation Services

120 Zach Curlin Parking Garage
678.2212
memphis.edu/parking/index.php

Police Services

100 Zach Curlin Parking Garage
EMERGENCY 678.HELP (4357)
Non-Emergency 678.3848
Tiger Patrol 678.HOME (4663)
memphis.edu/police

Procurement and Contract Services

115 Administration Building
678.2265
memphis.edu/procurement/index.php

Professional & Continuing Education

678.4144
memphis.edu/pace

Registrar's Office

003 Wilder Tower
678.2810 – Registration and General Inquires
678.3927 – Transcripts
678.2996 – Veterans Educational Benefits & Certification
memphis.edu/registrar

Residence Life

Centennial Place, suite 175
678.2295 – Administration
memphis.edu/reslife

- Centennial Place 678.2836
- Graduate & Student Family Housing & Park Ave. Apartments, 678-2087
- Living Learning Residence Complex, 678.5726
- Rawls Hall, 678.2130
- Carpenter Complex, 678.1641
- Smith Hall, 678.2151
- South Hall, 678.2820
- Carney-Johnston at Lambuth, 731.425.1951

ROTC

-Air Force
118 Hayden Hall
678.2681
memphis.edu/afrotc

-Army
123D Hayden Hall
678.2934
memphis.edu/armyrotc

-Naval
120 Hayden Hall
678.2370
memphis.edu/nrotc

Rudi E. Scheidt School of Music

Scheidt Family Performing Arts Center 2119
678.2541
memphis.edu/music

Student Leadership & Involvement (SLI)

211 University Center
678.8679
memphis.edu/studentinvolvement

School of Communication Sciences and Disorders

4055 North Park Loop
Memphis, TN 38152
678.5800
memphis.edu/csd

Student Accountability, Office of

405 Mitchell Hall
678.2298
memphis.edu/osa

Student Employment Services

memphis.edu/studentemployment
See Career Services for questions about TigerLink/Handshake

Student Financial Aid

103 Wilder Tower
678.4825
memphis.edu/financialaid

Student Government Association (SGA)

214 University Center
678.2051
memphis.edu/sga

Student Health Center

200 Hudson Health Center
678.2287
memphis.edu/health

Testing Center

112 Brister Hall
678.2428
memphis.edu/testing

Theatre & Dance

143 Theatre Building
678.2523
memphis.edu/theatre

Theatre & Dance Ticket Office

147 Theatre Building
678.2576

The University of Memphis Institute on Disability

4050 South Park Loop
Bldg. 29, Room 119
678.4303
memphis.edu/umid

Tiger Dining Services

292.9674
dineoncampus.com/uofm

University & Student Business Services

115 Wilder Tower
678.2712
memphis.edu/usbs

University Campus School

535 Zach Curlin Street
678.2285
memphis.edu/campusschool

University Center

678.5000 Scheduling Office
memphis.edu/uc

UofM Global

200 Brister Hall
844.302.3886
memphis.edu/uofmglobal

UofM Media Room

308 Administration Building
678.2843
memphis.edu/mediaroom

University of Memphis Bookstore

506 University Dr.
678.2011
memphis.bncollege.com

University Operator

678.2000

Veterans & Military Student Services

222 University Center
678.4269
memphis.edu/veterans

Victim Services

122 Clement Hall
678.4471
memphis.edu/victimservices

Lambuth Campus Directory

For all emergencies: 731.425.1942

University of Memphis Lambuth Information Desk

731.425.5087

memphis.edu/lambuth





Parking and Transportation Services

120 Zach Curlin Parking Garage
Memphis, TN 38152-3370

Office: 901.678.2212

Fax: 901.678.4962

www.memphis.edu/parking/blueline

The Blue Line

Blue Route (Main Campus)

Has 11 stops on the Main Campus

From 7am-5pm M-Th there is one bus on the route

Friday 7am-2pm there is one bus on the route

Anyone can ride the bus for free, after 5pm riders must show current UofM ID 11pm

Gray Route (Park Avenue Campus)

Has 5 stops on the Main Campus and 5 on the Park Avenue Campus

From 7am-5pm M-Th there is one bus on the route

Friday 7am-2pm there is one bus on the route

Anyone can ride the bus for free, after 5pm riders must show current UofM ID

Evening Route (Covers both Blue & Gray Routes)

From 5pm-11pm M-Th there is one bus on this route

Friday 2pm-5pm there is one bus on this route

Anyone can ride the bus for free, after 5pm riders must show current UofM ID

Purple Kroger Poplar Plaza Route (Fall/Spring only)

One bus dedicated to this route; runs continuously from the 3 stops located near Residence Halls. Route begins at the Central Parking Lot Carpenter Complex at 2pm. Next Stop is Shirley C. Raines Centennial Place, and then to Rawls Hall stop (includes Rawls, Smith, LLC.)

LAST BUS leaves Poplar Plaza at 4:45pm; it is your responsibility to make this bus. If you miss this bus you must provide your own means of transportation back to campus.

Red Target Colonial Route (Fall/Spring only)

One bus dedicated to this route; runs continuously from the 3 stops located near Residence Halls. Route begins at the Central Parking Lot Carpenter Complex at 2pm. Next Stop is Shirley C. Raines Centennial Place, and then to Rawls Hall stop (includes Rawls, Smith, LLC.)

LAST BUS leaves Target at 4:45pm; it is your responsibility to make this bus. If you miss this bus you must provide your own means of transportation back to campus.



The Office of Student Accountability

405 Mitchell Hall
Memphis, TN 38152-3370
Office: 901.678.2298
www.memphis.edu/osa

The Office of Student Accountability

Mission

The Office of Student Accountability at the University of Memphis advocates for student rights and promotes academic and personal success.

Guiding Principles

- a. Maintain an environment which is conducive to academic success;
- b. Promote a safe and secure campus by protecting the rights of all members of the University of Memphis community;
- c. Encourage students to assume self and social responsibility;
- d. Provide opportunities for individual growth and development;
- e. Enhance student decision making and conflict resolution skills;
- f. Advance the development of student ethical values.

[Click to access the Student Code Rights & Responsibilities](#)



Housing & Residence Life

175 Centennial Place
Memphis, TN 38152-3370
Office: 901.678.2295
Fax: 901.678.5219
www.memphis.edu/reslife

Housing & Residence Life

The University of Memphis main campus offers eight different communities including Graduate and Student Family Housing for graduate students or students who are married and/or have families. International Students transitioning and starting their collegiate careers are also directly supported by our department. Further, we have an on-campus residential living at our Lambuth campus. Whether you're interested in a traditional style residence hall or apartment style living, the University of Memphis has accommodations to meet your needs.

Click to see RESIDENCE LIFE—POLICIES



Student Leadership & Involvement

Make the Most of Your College Experience

In Student Leadership & Involvement our mission is to engage students in promoting positive social change through transformative learning, community engagement, and leadership development.

We provide opportunities for students to engage in organizations and activities that promote personal and professional development, community engagement, transformational relationships, and positive social change that will enhance the student experience, and prepare them to be competent professionals and alumni of the University of Memphis.





Office for Institutional Equity

156 Administration Building

Memphis, TN 38152-3370

Office: 901.678.2713

Fax: 901.678.4800

www.memphis.edu/oie

Commit to Equity for All

The Office for Institutional Equity monitors the University's policy on equal opportunity and affirmative action in employment and education in that it will not discriminate based on race, color, national origin, religion, age, sex (except where sex is a bona fide occupational qualification), disability, where the person is a qualified disabled person, or because of their status as a qualified disabled veteran or veteran of the Vietnam era.

The Office for Institutional Equity (OIE) provides institutional leadership in promoting and furthering the University's commitment to equal opportunity and nondiscrimination for all members of its community.

OIE provides a range of services that uphold values of equity and diversity, as well as support compliance efforts in the areas of equal opportunity, affirmative action, harassment prevention, nondiscrimination and Title IX.

[For more information on university policies and procedures, click here.](#)

LIMITED TOBACCO USE ON CAMPUS

The University of Memphis believes that a healthy, safe and aesthetically pleasing campus environment for students, faculty and staff to learn, live, and work is beneficial to everyone. In 2011, UofM President Shirley Raines appointed a committee to develop a 'healthy campus' initiative. Named Memphis Healthy U, the initiative has three action components: move more, eat healthier and be tobacco-free.

The tobacco-free initiative was originally proposed by the Student Government Association, which enacted a resolution calling for a smoke-free campus. The Faculty Senate and Staff Senate then passed similar resolutions.

Building on these developments, the University's Policy Review Board approved a comprehensive policy to limit the use of tobacco on all UofM campuses by faculty, staff, students, contractors and visitors. It will be effective October 1, 2012, 24 hours a day, year round. The complete policy can be viewed at <http://policies.memphis.edu/UM1738.htm>, but key components include:

- Tobacco use is not permitted in any UofM-owned or leased property, including grounds, vehicles, and buildings. The only exception is residential rental properties governed by tenant leases, and individual guest rooms designated as 'smoking rooms' in the UofM Holiday Inn and the Fogelman Executive Center.
- Tobacco use is also prohibited in all state-owned vehicles.
- Several sites on the main, Park Avenue (South Campus), Lambuth and Millington campuses have been designated where the use of tobacco products is permitted. These sites are noted via links on the Designated Areas page.

For more information and a map of designated smoking locations click [here](#)



Student Rights Under FERPA

The Family Educational Rights and Privacy Act (FERPA) affords eligible students certain rights with respect to their education records. (To see what is considered an educational record at UofM, see Inventory of Academic and Student Education Records.) These rights, as well as Directory Information, are discussed below.

[Click for more details](#)

Student Rights

1. The right to inspect and review the student's education records within 45 days [calendar days] of the day the University receives a request for access.
2. The right to request an amendment of the student's education records that the student believes are inaccurate, misleading, or otherwise in violation of the student's privacy rights under FERPA.
3. The right to provide written consent before the University discloses personally identifiable information from the student's education records, except to the extent that FERPA authorizes disclosure without consent.
- 4. The right to file a complaint. Written complaints concerning failure by the University to comply with FERPA should be submitted to the University of Memphis, Office of the Registrar, 003 Wilder Tower, Memphis, TN 38152-3520, or to the Family Policy Compliance Office, U.S. Department of Education, 400 Maryland Avenue, SW, Washington, DC 20202-4605.**

Directory Information

Directory information is defined by the Family Education Rights and Privacy Act of 1974 (FERPA) as information contained in a student's education record "that would not generally be considered harmful or an invasion of privacy" if disclosed. Each institution has the right to define, within the limits of FERPA regulations, the data that it considers to be directory information.

Directory information may be disclosed from a student's education record without prior consent per FERPA regulations. Therefore, at its discretion, the University of Memphis (UofM) may provide "directory information" in accordance with the provisions of FERPA regulations.

2023–2024 Academic Calendar

www.memphis.edu/registrar/calendars/academic/ay2324.php

Fall 2023

All Parts of Term

- Registration Period Begins: **April 3, 2023 / Monday**

Full Part of Term

- First Day of Classes: **August 28, 2023 / Monday**
- Labor Day: **September 4, 2023 / Monday**
- Fall Break: **October 14-17, 2023 / Saturday-Tuesday**
- Thanksgiving Holidays: **November 22-26, 2023 / Wednesday-Sunday**
- Last Day of Classes: **November 30, 2022 / Wednesday**
- Study Day: **December 6, 2023 / Wednesday**
- Exams: **December 8-14, 2023 / Friday-Thursday**

1st Half Part of Term

- First Day of Classes: **August 28, 2023 / Monday**
- Last Day of Classes/Exams: **October 13, 2023 / Friday**

2nd Half Part of Term

- First Day of Classes: **October 18, 2023 / Wednesday**
- Last Day of Classes/Exams: **December 6, 2023 / Wednesday**

Spring 2024

All Parts of Term

- Registration Period Begins: **November 13, 2024 / Monday**

Full Part of Term

- M. L. King, Jr. Holiday: **January 15, 2024 / Monday**
- First Day of Classes: **January 16, 2024 / Tuesday**
- Spring Break: **March 4-10, 2024 / Monday-Sunday**
- Last Day of Classes: **April 24, 2024 / Wednesday**
- Study Day: **April 25, 2024 / Thursday**
- Exams: **April 26 - May 2, 2024 / Friday-Thursday**

1st Half Part of Term

- First Day of Classes: **January 16, 2024 / Tuesday**
- Last Day of Classes/Exams: **March 1, 2024 / Friday**

2nd Half Part of Term

- First Day of Classes: **March 11, 2024 / Monday**
- Last Day of Classes/Exams: **April 24, 2024 / Wednesday**

Undergraduate & Graduate Calendar

University & Student Business Services Deadlines and Dates

Fall 2023 Calendar

University & Student Business Services

Locations:

Main Campus Office and Mailing Address:

115 Wilder Tower

Memphis, TN 38152

Lambuth Campus Office and Mailing Address:

109 Varnell-Jones

Jackson, TN 38301

Office Hours:

Monday - Friday, 8:00 a.m. to 4:30 p.m.

Phone: 901.678.2712

Fax: 901.678.0288 or 901.678.2772





Student Activities Council Professional Development
 discover experience Frosh Camp connect
 belong **STUDENT LEADERSHIP** TigerZone
 Weeks of Welcome Leader to Leader
 Fraternity & Sorority Life & INVOLVEMENT create Homecoming
 engage Blue Crew Rising Leaders
 Student Engagement lead Emerging Leaders Student Event Allocation Community Engagement
 Registered Student Organizations pride leadership spirit
 Tigers for St. Jude
 Presidents Leadership Awards



211 University Center | 901.678.8679 | studentinvolvement@memphis.edu




 @SLIMemphis

REFLECTION ON FRIENDSHIP



Think of the friends in your life right now, whether they are close by or you live in different places. Where did you meet them?

How did you connect with them?

A grid of 20 rows and 20 columns of small dots for writing.



How can you improve your friendships?

What are your shared interests?

A grid of 20 rows and 20 columns of small dots for writing.



august 2023

monday		tuesday	wednesday
		1	2
7		8	9
14	15	16	
21	22	23	
28	29	30	
• First Day of Classes (Full Term/1st Half POT)			

THE UNIVERSITY OF
MEMPHIS[®]

thursday		friday	saturday/sunday
	3	4	5
			6
	10	11	12
			13
	17	18	19
	24	25	26
			27
	31		

week of **august 7** to **august 13**

Driven by doing.

monday

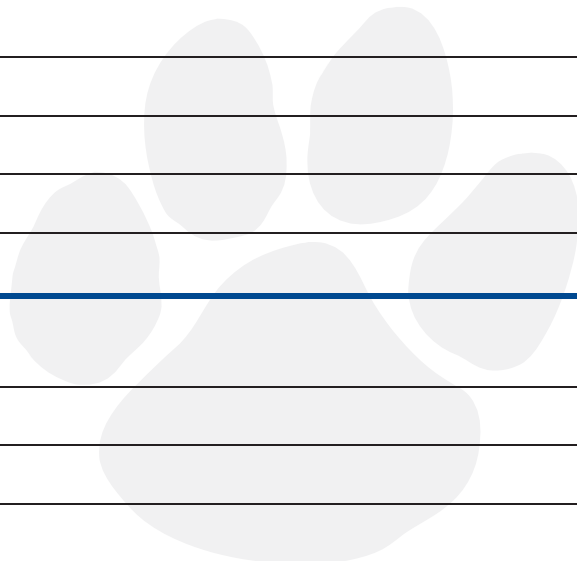
august 7

tuesday

august 8

wednesday

august 9



JUL 2023

M	T	W	T	F	S	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUG 2023

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEP 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

august 10

thursday

august 11

friday

august 12

saturday

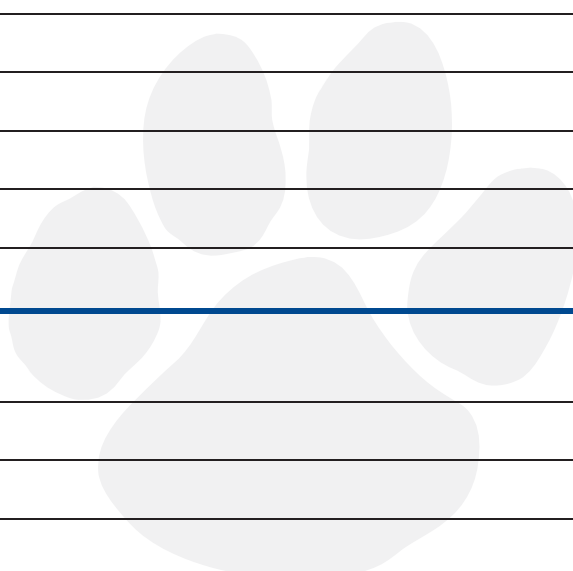
august 13

sunday

week of **august 14** to **august 20**

Driven by doing.

monday	august 14
tuesday	august 15
wednesday	august 16



SEP	M	T	W	T	F	S	S
2023					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	

thursday

friday

saturday

sunday

Driven by doing.

monday	august 21
tuesday	august 22
wednesday	august 23

JUL 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUG 2023

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEP 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

august 24

thursday

august 25

friday

august 26

saturday

august 27

sunday

week of **august 28** to **september 3**

Driven by doing.

monday	august 28	• First Day of Classes (Full Term/1st Half POT)
tuesday	august 29	
wednesday	august 30	

SEP 2023	M	T	W	T	F	S	S
					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	

35

FEELING UNWELL?

VISIT THE HEALTH CENTER.

Monday, Wednesday, Thursday, Friday | 8 AM–4:30 PM
Tuesday | 9 AM–4:30 PM
200 Hudson Health Center
901.678.2287

FEELING STRESSED?

VISIT THE RELAXATION ZONE.

Monday–Friday | 9 AM–4 PM
Summer Hours | Monday–Friday | 10
AM–3 PM 302 Brister Hall
901.678.2068

FEELING DOWN?

VISIT THE COUNSELING CENTER.

Monday–Thursday | 8 AM–7 PM
Friday | 8 AM–4:30 PM
214 Wilder Tower
901.678.2068

To learn more about Student Health and Counseling Services, visit
memphis.edu/counseling/wellness



THE UNIVERSITY OF
MEMPHIS

Student Health and
Counseling Services

The University of Memphis is an Equal Opportunity/Affirmative Action University. It is committed to the education of a non-racially identifiable student body. UOM1185-FY1819

Take a Moment to Journal

ON A SCALE OF 1 TO 10, HOW STRESSED DO YOU FEEL? WHAT
CAN YOU DO TO DECREASE THAT NUMBER BY 1?

ACTION STEPS

ROADBLOCKS

september 2023

monday		tuesday		wednesday	
4		5		6	
Labor Day • University Closed					
11		12		13	
18		19		20	
25		26		27	

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thursday		friday	saturday/sunday
		1	2
			3
7		8	9
			10
14		15	16
			17
21		22	23
			24
28		29	30

Driven by doing.

monday	september 4	Labor Day
		• University Closed
tuesday	september 5	
wednesday	september 6	

	M	T	W	T	F	S	S
OCT 2023							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31					

thursday

friday

saturday

sunday

week of **september 11** to **september 17**

Driven by doing.

monday

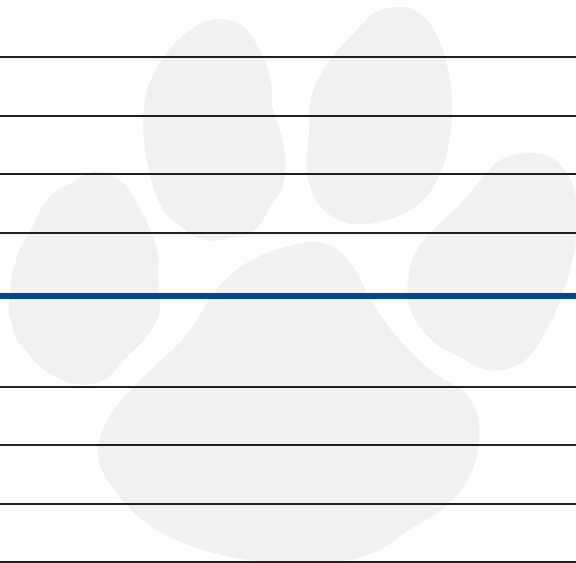
september 11

tuesday

september 12

wednesday

september 13



	M	T	W	T	F	S	S
OCT 2023							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31					

thursday

friday

saturday

sunday

week of **september 18** to **september 24**

Driven by doing.

monday

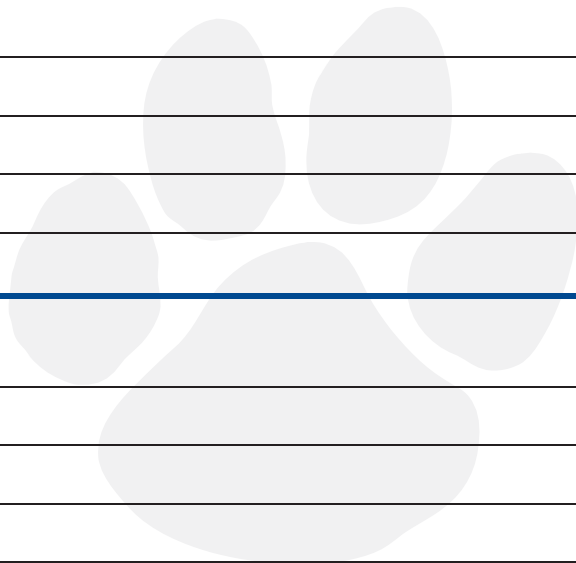
september 18

tuesday

september 19

wednesday

september 20



AUG 2023	M	T	W	T	F	S	S
		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

SEP 2023	M	T	W	T	F	S	S
					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	

OCT 2023	M	T	W	T	F	S	S
							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31					

september 21		thursday	
september 22		friday	
september 23	saturday	september 24	sunday

week of **september 25** to **october 1**

Driven by doing.

monday

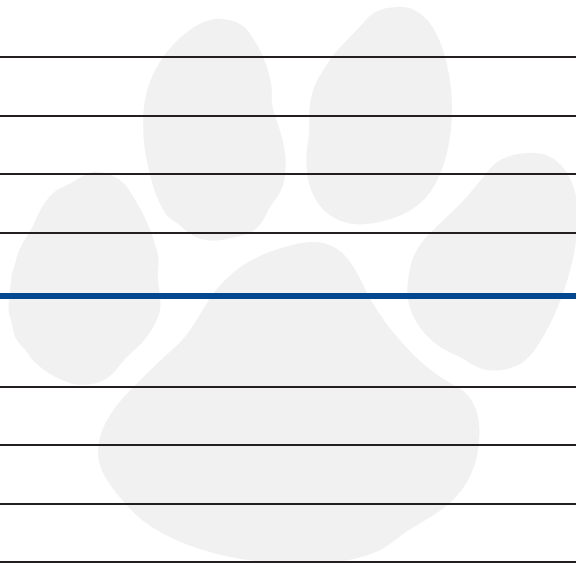
september 25

tuesday

september 26

wednesday

september 27



	M	T	W	T	F	S	S
OCT 2023							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31					

saturday

1 Study Space *(nap space!)*

McWherter Library has extended hours during semesters and keeps its 1st Floor Learning Commons open 24 hours during exams. Find group and silent study spaces for every study style. Reserve a group study room online at libcal.memphis.edu

2 Research Access

Your student ID is your library card. Check out up to 35 books for 30 days. Access millions of books, eBooks, journals and databases for every course. Start your research with our search box at memphis.edu/libraries

3 Find Help Now *Don't get up! Chat online.*

Call, chat, text, email or visit the Research Assistance Desk (McWherter Library, 1st floor) for immediate answers to research questions: memphis.edu/libraries/help

4 One-On-One Help

Make an appointment with a librarian for more in-depth help, in person or online, at libcal.memphis.edu/appointments

5 Research Guides

We offer research guides with Library Help Videos, online tutorials, citation resources and more. We also offer subject guides for each discipline packed with relevant databases, journal titles and more. Visit libguides.memphis.edu

6 Free Technology

Find computers and printers on all floors of McWherter Library. Visit the Checkout Desk (McWherter, 1st floor) to borrow laptops (4-hour or semester loan), charging cords, art tablets, cameras, audio recorders, microphones, projectors and more: memphis.edu/libraries/technology

TOP 10 LIBRARIES TIPS



7 the sandbox creatorspace

The sandbox creatorspace (McWherter, 1st floor) is a collaborative learning space, which includes 3D printers, a laser cutter, vinyl cutter, Adobe software, workshop space and more. The sandbox also includes studios for audio, video and podcast production and presentation practice.

8 Interlibrary Loan

If we don't have the materials you need, request them from other libraries free of charge at itlibloan.memphis.edu

9 View History

Find primary sources and more in Special Collections (McWherter, 4th floor, appointment only) and in Government Publications (McWherter, 1st floor). Access their online collections at digitalcommons.memphis.edu

10 Writing Help

The Center for Writing and Communication (McWherter Library, 1st floor) helps with brainstorming, revisions, citations and more, in person or online: memphis.edu/cwc



University Libraries



McWherter Map

Need help navigating the library?
Check out our map online.



Books to Read



TITLE	AUTHOR	RATING
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★
		★★★★★

october 2023

monday	tuesday	wednesday
2	3	4
9	10	11
• Fall Break 16	• Fall Break 17	• 1st Day of Classes (2nd Half POT) 18
23	24	25
30	Halloween 31	

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thursday		friday	saturday/sunday
			30
			1
5	6	7	8
12	13	14	15
		• Fall Break	
19	20	21	22
26	27	28	29

week of **october 2** to **october 8**

Driven by doing.

monday

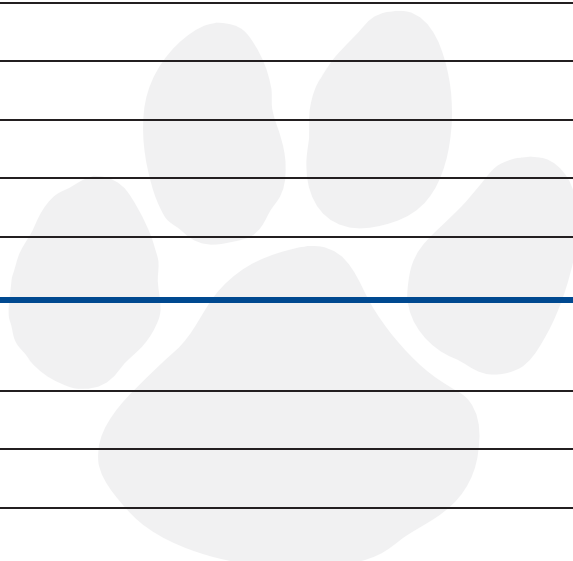
october 2

tuesday

october 3

wednesday

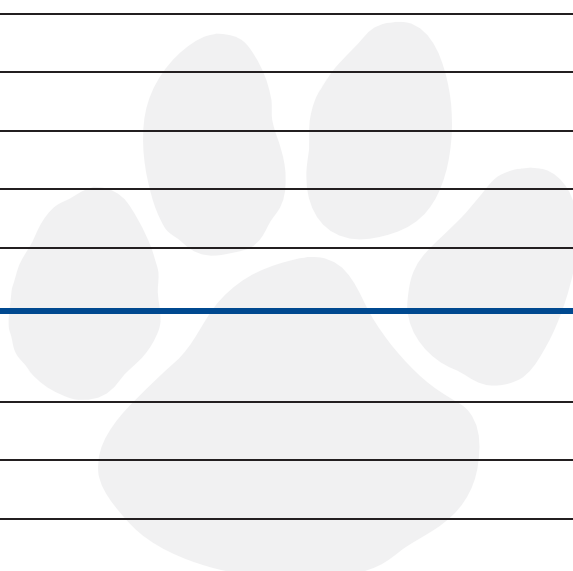
october 4



week of **october 9** to **october 15**

Driven by doing.

monday	october 9
tuesday	october 10
wednesday	october 11



	M	T	W	T	F	S	S
NOV 2023			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30			

week of **october 16** to **october 22**

Driven by doing.

monday	october 16	• Fall Break
tuesday	october 17	• Fall Break
wednesday	october 18	

SEP 2023

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCT 2023

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOV 2023

M	T	W	T	F	S	S
			1	2	3	4
			5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

october 19

thursday

october 20

friday

october 21

saturday

october 22

sunday

Driven by doing.

monday	october 23
tuesday	october 24
wednesday	october 25



INFORMING. ADVISING. REFERRING. ASSISTING. NAVIGATING.

THE DEAN OF STUDENTS OFFICE AND THE STUDENT OUTREACH AND SUPPORT PROGRAM IS HERE TO HELP IF YOU:

- Experience personal concerns and are unsure of what to do
- Need access to basic resources (Housing, Food, etc.) or financial benefits
- Were you recently hospitalized or unable to attend classes
- Need help coordinating communication with your instructors due to an emergency



VISIT
memphis.edu/deanofstudents
or contact out office at | 901.678.2187



My Road to Success

WHAT SUPPORTS DO I NEED TO BE SUCCESSFUL IN COLLEGE?

Physical Supports/Resource

Supportive People

How can I support myself?

november 2023

monday	tuesday	wednesday
		1
6	7	8
13 • Registration Period Begins	14	15
20	21	22 • Thanksgiving Holiday (No Classes)
27	28	29

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thursday		friday	saturday/sunday
	2	3	4
			5
9		10	11
			12
16		17	18
			19
Thanksgiving Day 23 • Thanksgiving Day (University Closed)		24 • Thanksgiving Holiday (University Closed)	25 • Thanksgiving Holiday (University Closed)
			26 • Thanksgiving Holiday (University Closed)
30			

week of **october 30** to **november 5**

Driven by doing.

monday	october 30	
tuesday	october 31	Halloween
wednesday	november 1	

OCT 2023

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOV 2023

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DEC 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

<div>november 2</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>thursday</div>
<div>november 3</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	
<div>november 4</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>saturday</div>
<div>november 5</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>sunday</div>

week of **november 6** to **november 12**

Driven by doing.

monday

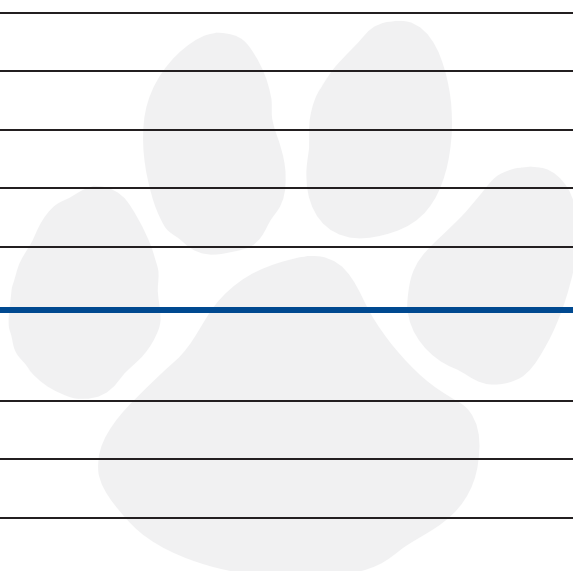
november 6

tuesday

november 7

wednesday

november 8



	M	T	W	T	F	S	S
DEC 2023					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

thursday

friday

sunday

saturday

week of **november 13** to **november 19**

Driven by doing.

monday

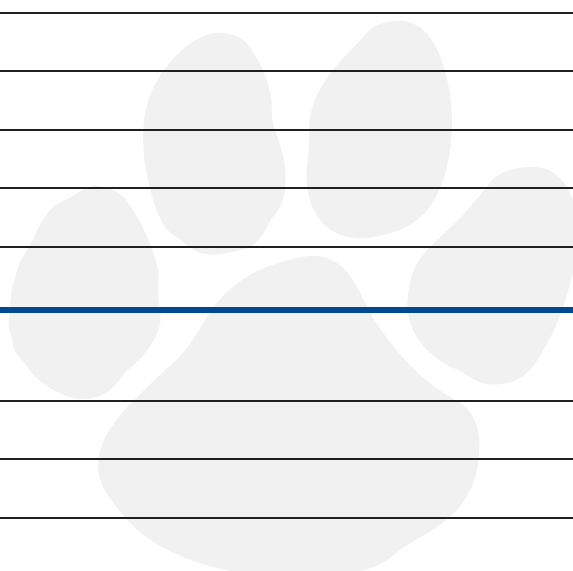
november 13

tuesday

november 14

wednesday

november 15



DEC	M	T	W	T	F	S	S
2023					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

thursday

friday

saturday

sunday

week of **november 20** to **november 26**

Driven by doing.

monday	november 20
tuesday	november 21
wednesday	november 22
	Thanksgiving Holiday (University Closed)

OCT 2023

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOV 2023

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DEC 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

november 23		thursday
Thanksgiving Day		
Thanksgiving Day (University Closed)		
november 24	Thanksgiving Holiday (University Closed)	friday
november 25	saturday	sunday
Thanksgiving Holiday (University Closed)		november 26
		Thanksgiving Holiday (University Closed)



VICTIM SERVICES IS HERE TO LISTEN.

Victim Services advocates for students' rights, provides resources and support in the immediate aftermath of a crime, and offers continuous support to minimize associated trauma. We also facilitate participation in criminal justice processes, medical and counseling support, and assist in maneuvering through the University's process.

FREE & CONFIDENTIAL SERVICES

This is a FREE resource. What you share with a victim coordinator is confidential and will not be shared without your permission. A victim coordinator is mandated to report shared information if:

- An intention to harm oneself or another is disclosed; or
- There is suspicion of child abuse or neglect.

No one deserves to be battered or abused. All sexual contact without consent is against the law. You can get help for yourself, your friends and your coworkers.



VICTIM SERVICES
901.678.4471



The University of Memphis is an Equal Opportunity/Affirmative Action University. It is committed to the education of a non-racially identifiable student body. UOM194-FY2021
This project is funded under an agreement with the State of Tennessee. This project was supported by Award No. 2016-VA-GX-0053 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice through the Tennessee Office of Criminal Justice Programs. The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office of Justice Programs, Office for Victims of Crime, or the State of Tennessee Office of Criminal Justice Programs.

[illegible]

december 2023

monday	tuesday	wednesday
4	5	6
• Exams 11	• Exams 12	• Exams 13
18	19	20
Christmas Day • University Closed 25	Kwanzaa (Begins) • University Closed 26	• University Closed 27

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thursday		friday	saturday/sunday
		1	2
			3
7 • Study Day Hannukah (Begins at sundown)		8 • Exams	9
			10
14 • Exams		15	16
			17
21		22 • University Closed	23 Christmas Eve • University Closed
			24 • University Closed
28 • University Closed		29 • University Closed	30 • University Closed
			31 New Year's Eve • University Closed

week of **november 27** to **december 3**

Driven by doing.

monday

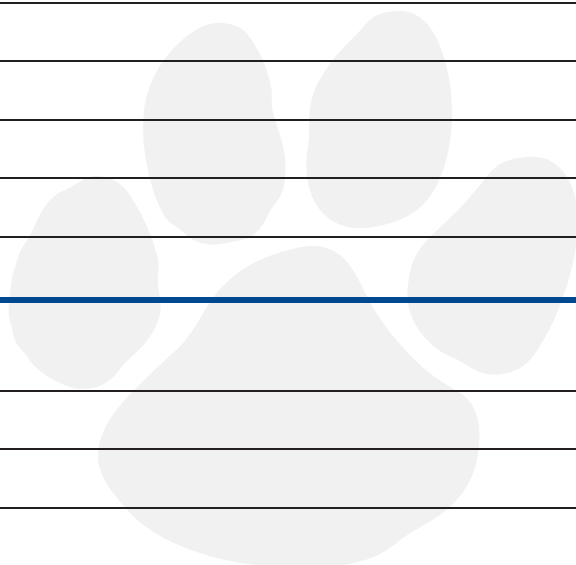
november 27

tuesday

november 28

wednesday

november 29



JAN 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

december 1

december 2

december 3

sunday

saturday

Driven by doing.

monday	december 4
tuesday	december 5
wednesday	december 6
	• Last day of Classes

JAN 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

79

week of **december 11** to **december 17**

Driven by doing.

monday	december 11	• Exams
tuesday	december 12	• Exams
wednesday	december 13	• Exams

JAN 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

- Exams

sunday

saturday

week of **december 18** to **december 24**

Driven by doing.

monday

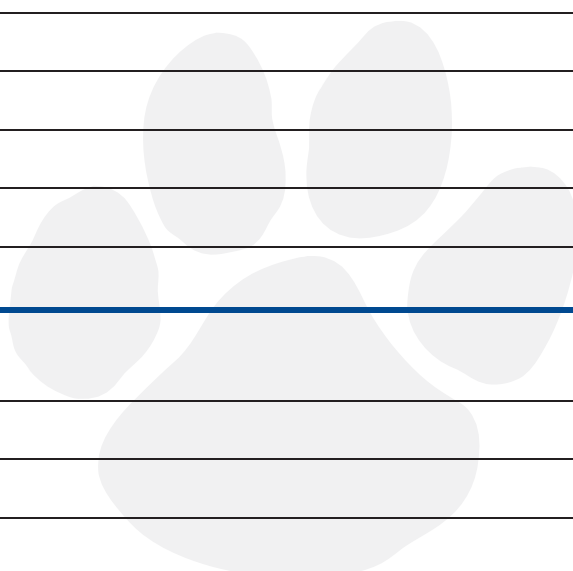
december 18

tuesday

december 19

wednesday

december 20



	M	T	W	T	F	S	S
JAN 2024	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

december 24

- University Closed

saturday

sunday

Driven by doing.

monday	december 25	Christmas Day
		• University Closed
tuesday	december 26	Kwanzaa <i>(Begins)</i>
		• University Closed
wednesday	december 27	• University Closed



HONORING VETERANS AND MILITARY FAMILIES

OUR GOAL IS SIMPLE. WE HELP YOU:
Get in. Get through. Get out. Get paid.

OFFICE HOURS

Monday-Friday | 9 AM–5 PM

CONTACT US

222 University Center
veterans@memphis.edu
memphis.edu/veterans | 901.678.4269



WHAT IS A HERO?



january 2024

monday	tuesday	wednesday
<p>1</p> <p>New Year's Day</p> <p>F</p>	<p>2</p> <ul style="list-style-type: none"> New Year's Day (observed) University Closed 	<p>3</p>
<p>8</p>	<p>9</p>	<p>10</p>
<p>15</p> <p>Martin Luther King, Jr. Day</p> <ul style="list-style-type: none"> University Closed 	<p>16</p> <ul style="list-style-type: none"> 1st Day of Classes (Full Terms/1st Half POT) 	<p>17</p>
<p>22</p>	<p>23</p>	<p>24</p>
<p>29</p>	<p>30</p>	<p>31</p>

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thursday		friday	saturday/sunday
	4	5	6
			7
	11	12	13
			14
	18	19	20
			21
	25	26	27
			28

week of **january 1** to **january 7**

Driven by doing.

monday	january 1	New Year's Day
		• University Closed
tuesday	january 2	• New Year's Day (observed)
wednesday	january 3	

week of **january 8** to **january 14**

Driven by doing.

monday

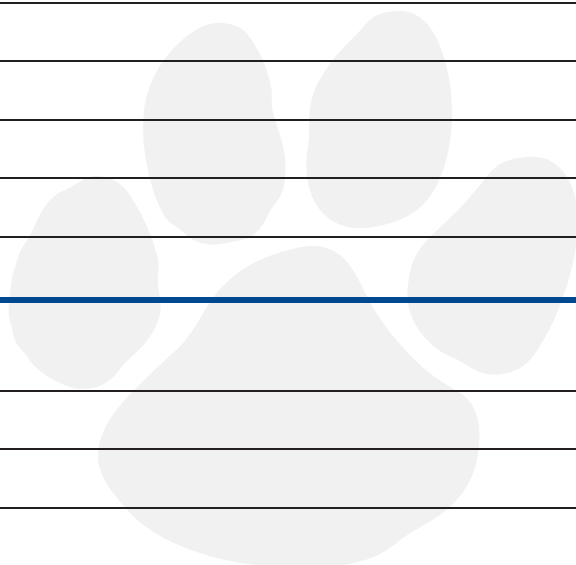
january 8

tuesday

january 9

wednesday

january 10



DEC 2023

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JAN 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEB 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

january 11		thursday	
january 12		friday	
january 13	saturday	january 14	sunday

week of **january 15** to **january 21**

Driven by doing.

monday	january 15	Martin Luther King, Jr. Day
		• University Closed
tuesday	january 16	• 1st Day of Classes (Full Terms/1st Half POT)
wednesday	january 17	

	M	T	W	T	F	S	S
FEB 2024				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29			

january 19

january 20

january 21

sunday

saturday

week of **january 22** to **january 28**

Driven by doing.

monday

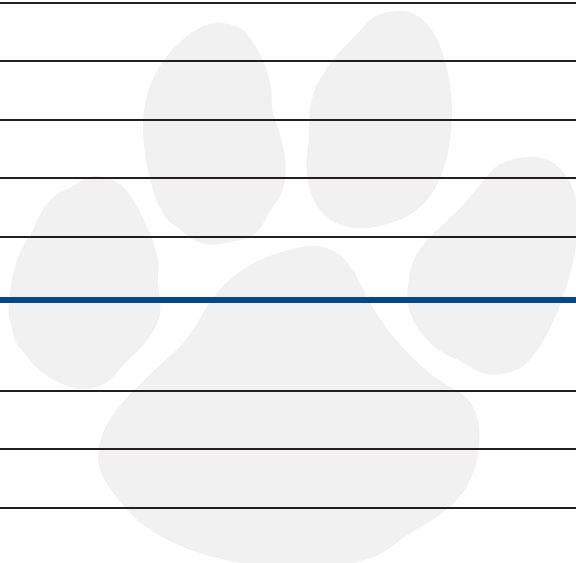
january 22

tuesday

january 23

wednesday

january 24





EMBRACE THE DIVERSITY AROUND YOU

FOR MORE INFORMATION

223 University Center
memphis.edu/multiculturalaffairs | 901.678.2054



Letter to Self

What would you like to tell your future self?



february 2024

monday			tuesday			wednesday		
5			6			7		
12			13			Valentine's Day 14		
Presidents' Day 19			20			21		
26			27			28		

THE UNIVERSITY OF
MEMPHIS[®]

thursday		friday	saturday/sunday
<div>1</div> <div>• Black History Month (Begins)</div>		2	3
			4
8		9	10
			11
15		16	17
			18
22		23	24
			25
29			

week of **january 29** to **february 4**

Driven by doing.

monday

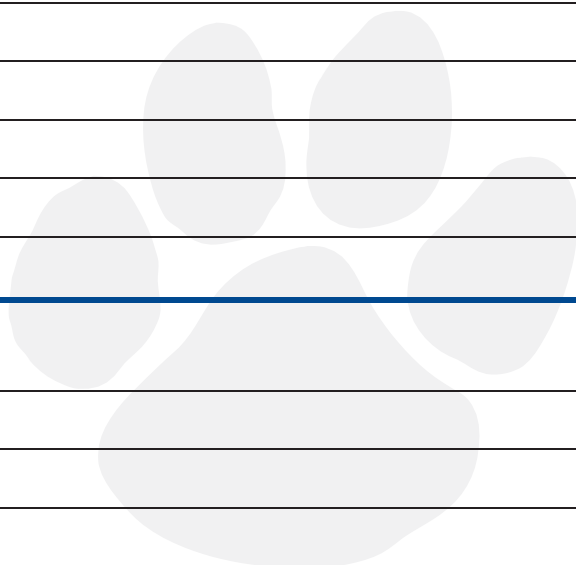
january 29

tuesday

january 30

wednesday

january 31



JAN 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEB 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

MAR 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

february 1		thursday	
february 2		friday	
february 3	saturday	february 4	sunday

Driven by doing.

monday	february 5
tuesday	february 6
wednesday	february 7

JAN 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEB 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

MAR 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

february 8

thursday

february 9

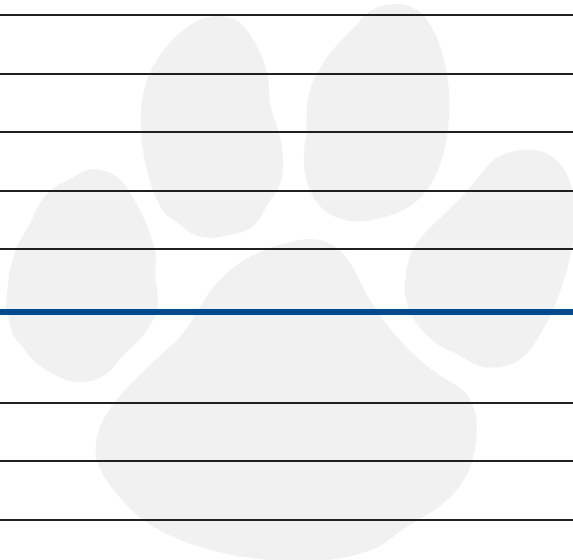
friday

february 10

saturday

february 11

sunday



Driven by doing.

monday	february 12
tuesday	february 13
wednesday	february 14
	Valentine's Day

MAR	M	T	W	T	F	S	S
2024					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

february 16

february 17

february 18

friday

sunday

saturday

week of **february 19** to **february 25**

Driven by doing.

february 19

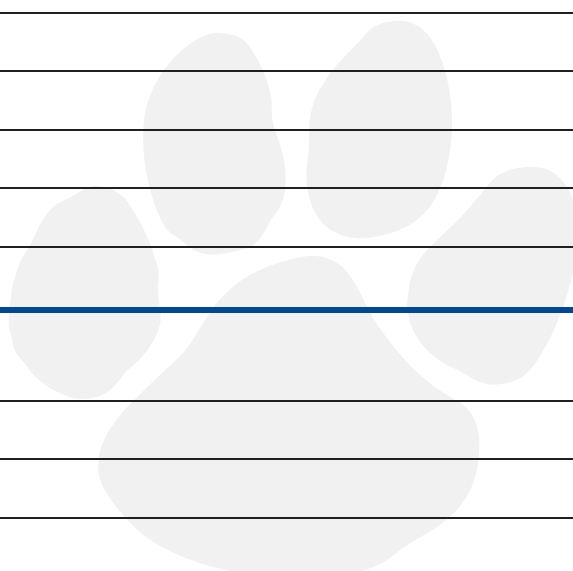
monday

february 20

tuesday

february 21

wednesday



JAN 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEB 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

MAR 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

<div>february 22</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	thursday
<div>february 23</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	
<div>february 24</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	saturday
<div>february 25</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	
	sunday



FREE Tutoring@ESP

Where Students Get Better 2023

Individual and group learning centers (in person and virtually)

Appointments not required

Weekly workshops

Consultations

ESP WORKSHOPS

Focuses on specific academic issues providing tips, techniques and tools for better grades

For schedule:

memphis.edu/esp/workshops/php

ESP TUTOR TRAINING

ESP is always looking to hire tutors

For more information,

Email tutoringesp@memphis.edu

CONTACT US

ESP Office | 217 Mitchell

901.678.2704 | esp@memphis.edu

Dr. Barbara Bekis | bbekis@memphis.edu

Jamion McNeil | jgmcneil@memphis.edu

FOLLOW ESP ON SOCIAL MEDIA



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[tutoringespufm](#)



[TutoringESPUofM](#)



THE UNIVERSITY OF
MEMPHIS
Educational Support Programs

memphis.edu/esp



[illegible][illegible][illegible]

march 2024

monday		tuesday		wednesday	
4 • Spring Break		5 • Spring Break		6 • Spring Break	
11 • 1st Day of Classes (2nd Half POT)		12		13	
18		19		20	
25		26		27	

THE UNIVERSITY OF MEMPHIS®

thursday		friday	saturday/sunday
		<div>1</div> <div><ul style="list-style-type: none">• Women's History Month Begins• Last Day of Classes/Exams (1st half POT)</div>	<div>2</div> <div>3</div>
<div>7</div> <div><ul style="list-style-type: none">• Spring Break</div>	<div>8</div> <div><ul style="list-style-type: none">• Spring Break</div>	<div>9</div> <div>10</div> <div><ul style="list-style-type: none">• Spring Break</div>	
<div>14</div>	<div>15</div>	<div>16</div> <div>17</div> <div>St. Patrick's Day</div>	
<div>21</div>	<div>22</div>	<div>23</div> <div>24</div>	
<div>28</div>	<div>29</div>	<div>30</div> <div>31</div>	

Driven by doing.

monday	february 26
tuesday	february 27
wednesday	february 28

	M	T	W	T	F	S	S
APR 2024	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					

thursday

- Last Day of Classes/Exams (1st half POT)

friday

saturday

sunday

week of **march 4** to **march 10**

Driven by doing.

monday	march 4	• Spring Break
tuesday	march 5	• Spring Break
wednesday	march 6	• Spring Break

	M	T	W	T	F	S	S
APR 2024	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					

117

week of **march 11** to **march 17**

Driven by doing.

monday	march 11	1st Day of Classes (2nd Half POT)
tuesday	march 12	
wednesday	march 13	

FEB 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

MAR 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APR 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

march 14

thursday

march 15

friday

march 16

saturday

march 17

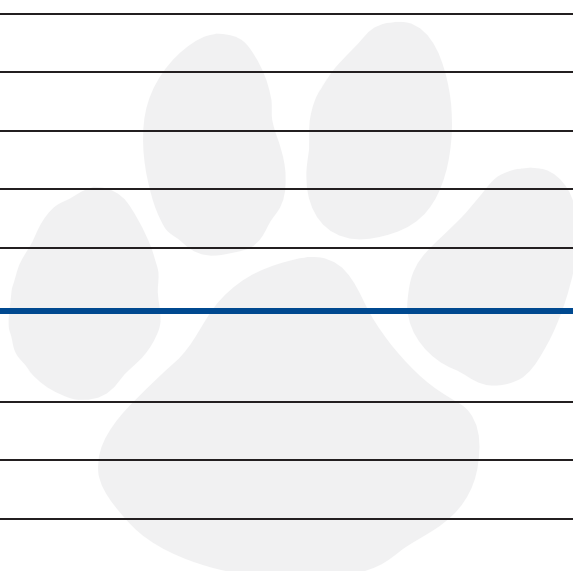
St. Patrick's Day

sunday

week of **march 18** to **march 24**

Driven by doing.

monday	march 18
tuesday	march 19
wednesday	march 20



FEB 2024	M	T	W	T	F	S	S
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29			

MAR 2024	M	T	W	T	F	S	S
					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

APR 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					

march 21

thursday

march 22

friday

march 23

saturday

march 24

sunday

week of **march 25** to **march 31**

Driven by doing.

monday

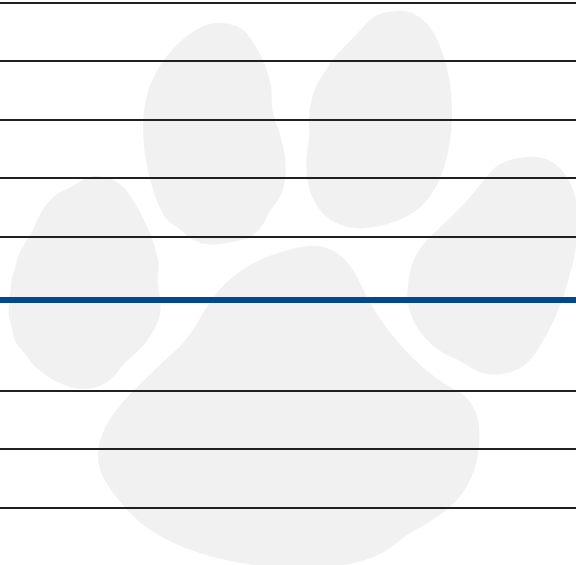
march 25

tuesday

march 26

wednesday

march 27



FEB 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

MAR 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APR 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

march 28		thursday
march 29		friday
march 30	saturday	sunday
march 31		



HOURS

MONDAY-THURSDAY, 6 AM-11 PM
(Outdoor Leisure Pool 1-7 PM)

FRIDAY, 6 AM-8 PM
(Outdoor Leisure Pool 1-7 PM)

SATURDAY, 9 AM-6 PM
(Outdoor Leisure Pool 12-5 PM)

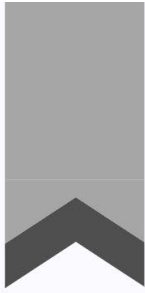
SUNDAY, 1-6 PM
(Outdoor Leisure Pool 1-5 PM)

Students have **FREE** access, including our group fitness classes!

VISIT

3735 Southern Avenue
memphis.edu/campusrec | 901.678.3285






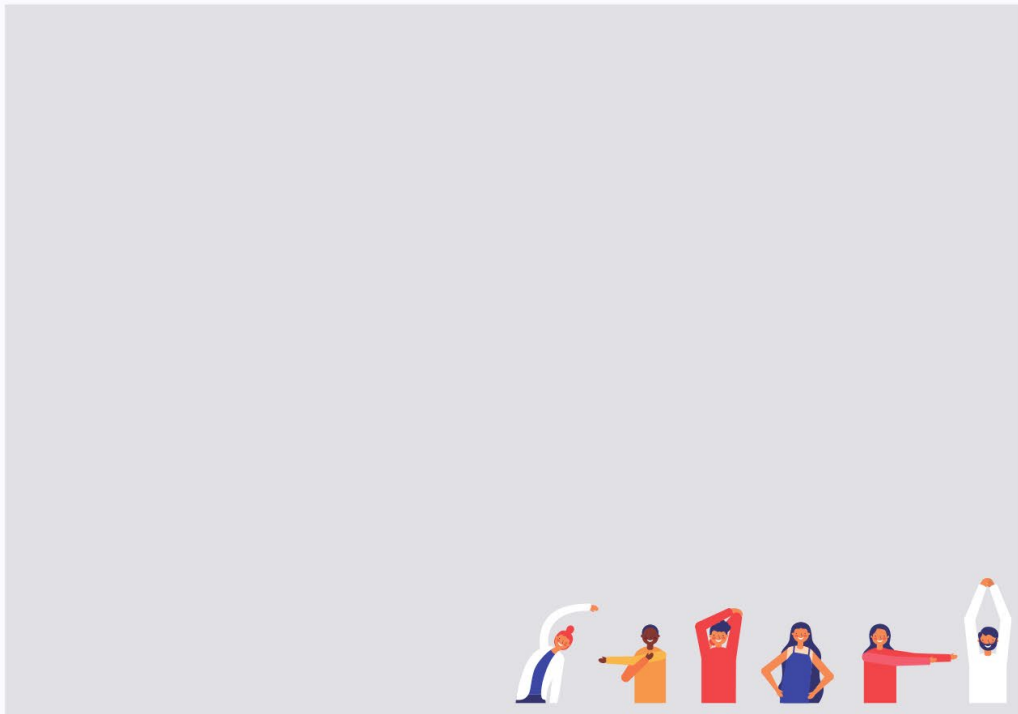
MONTH OF PHYSICAL WELLNESS



HEALTHY FOODS AND RECIPES TO TRY

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

WHAT ARE A FEW NEW THINGS YOU COULD TRY THIS MONTH TO BE MORE ACTIVE?



april 2024

monday		tuesday		wednesday	
1		2		3	
8		9		10	
15		16		17	
22		23		24 • Last Day of Classes (Full Term/2nd Half POT)	
• Exams 29		• Exams 30			

THE UNIVERSITY OF MEMPHIS®

thursday		friday		saturday/sunday	
	4		5		6
F					7
	11		12		13
					14
	18		19		20
					21
• StudyDay	25	• Exams	26	• Exams	27
					28

week of **april 1** to **april 7**

Driven by doing.

april 1

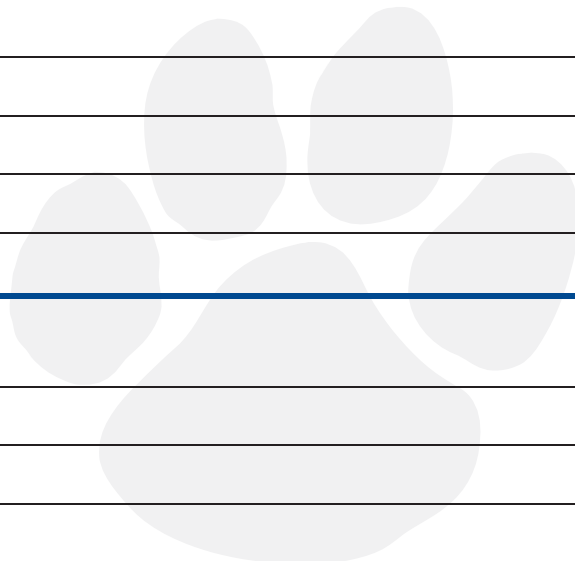
monday

april 2

tuesday

april 3

wednesday



MAY	M	T	W	T	F	S	S
2024			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

thursday

friday

saturday

sunday

week of **april 8** to **april 14**

Driven by doing.

april 8

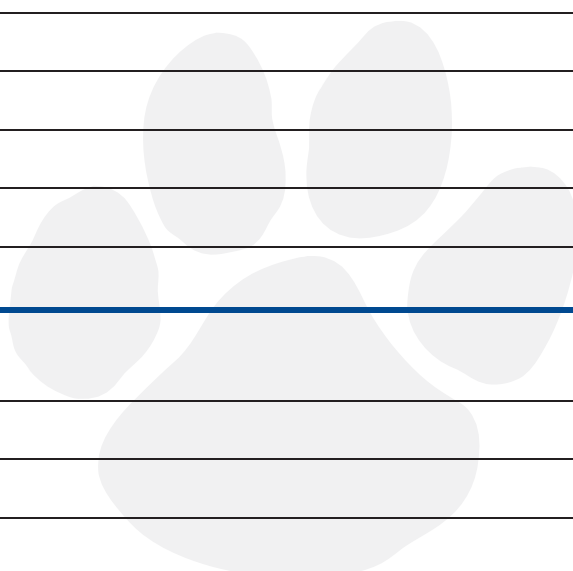
monday

april 9

tuesday

april 10

wednesday



MAY	M	T	W	T	F	S	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

sunday

week of **april 15** to **april 21**

Driven by doing.

april 15

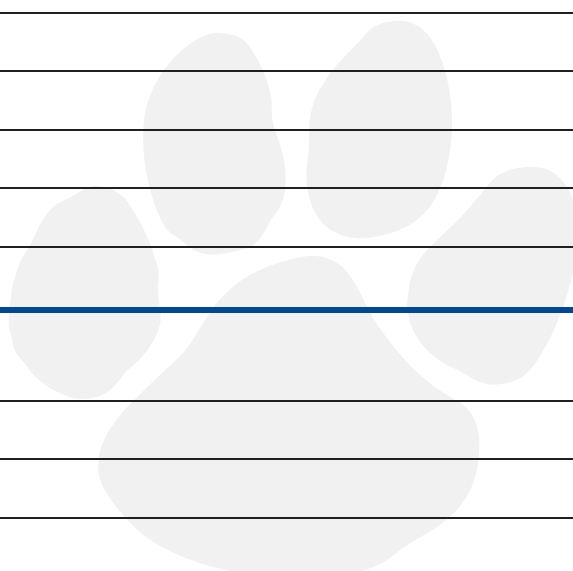
monday

april 16

tuesday

april 17

wednesday



MAR 2024	M	T	W	T	F	S	S
					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

APR 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

april 18

thursday

april 19

friday

april 20

saturday

april 21

sunday

week of **april 2&** to **april &**,

Driven by doing.

monday

april 2&

tuesday

april 2'

wednesday

april 24

• Last Day of Classes (Full Term/2nd Half POT)

	M	T	W	T	F	S	S
MAY 2024			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

135

THE TIME IS NOW

WILL YOU BE
#TIGERTALENTREADY



DISCOVER: PLAN IT

Need help choosing a major? Want to know what you can do with your major? We have the tools to assist you in this process!



DESIGN: BUILD IT

Want to know how to write an effective resume? Don't know what to say or wear during an interview? Our team can support you in these efforts.



DO: WORK IT

Looking for an internship or meaningful part-time job? Meet with a career specialist or log into TigerLink powered by Handshake to upload your resume, view jobs or register for events.

It takes work to explore your options and find the ones that fit you best, but you do not have to do the work alone! Visit Career Services to see how we can help you along the way. Remember, **THE TIME IS NOW!**



Career Services

memphis.edu/careerservices

The University of Memphis is an Equal Opportunity/Affirmative Action University. It is committed to the education of a non-racially identifiable student body. UOM335-FY2021

THE TIME IS NOW

Career Advising

Resume and Cover Letter Review

Mock Interviewing

Career Assessment

Job and Internship Searching

Graduate School Planning

Virtual Resources and Appointments

Employer Networking

(Career Fairs, Workshops, On-Campus Interviews,
Information/Recruiting Tables and Virtual Events)



memphis.edu/careerservices

may 2024

monday	tuesday	wednesday
		1 <ul style="list-style-type: none"> • Exams • Asian-Pacific American Heritage Month Begins
6	7	8
13	14	15
20	21	22
27 Memorial Day <ul style="list-style-type: none"> • University Closed 	28	29

THE UNIVERSITY OF
MEMPHIS[®]

thursday		friday	saturday/sunday
• Exams	2	3	4
			5
	9	10	11
			12
	16	17	18
			19
	23	24	25
			26
	30	31	

week of **april 29** to **may 5**

Driven by doing.

monday

april 29

• Exams

tuesday

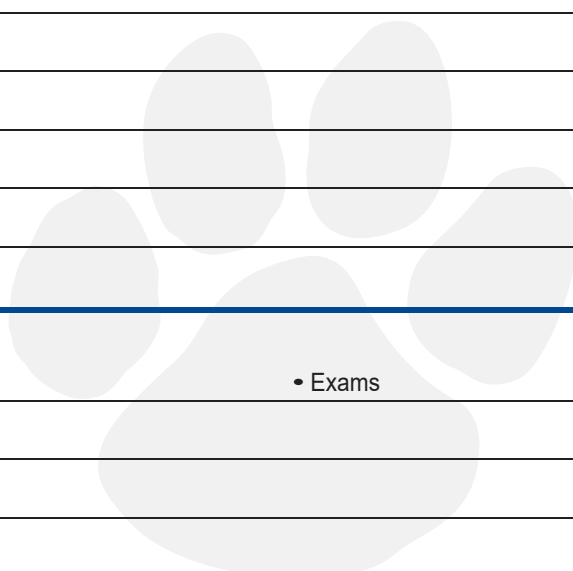
april 30

• Exams

wednesday

may 1

• Exams



APR 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					

MAY 2024	M	T	W	T	F	S	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

JUN 2024	M	T	W	T	F	S	S
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

may 2		• Exams		thursday	
may 3				friday	
may 4		saturday	may 5		sunday

week of **may 6** to **may 12**

Driven by doing.

monday

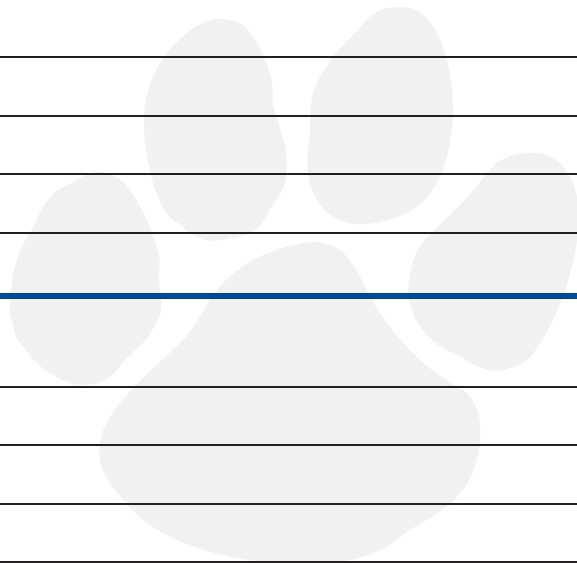
may 6

tuesday

may 7

wednesday

may 8



APR 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY 2024

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUN 2024

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

may 9

thursday

may 10

friday

may 11

saturday

may 12

sunday

143

week of **may 13** to **may 19**

Driven by doing.

monday

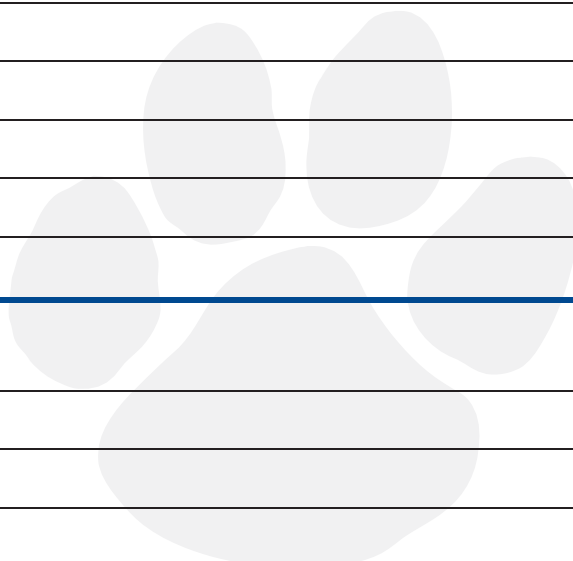
may 13

tuesday

may 14

wednesday

may 15



APR 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY 2024

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUN 2024

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

may 16

thursday

may 17

friday

may 18

saturday

may 19

sunday

145

week of **may 20** to **may 26**

Driven by doing.

monday

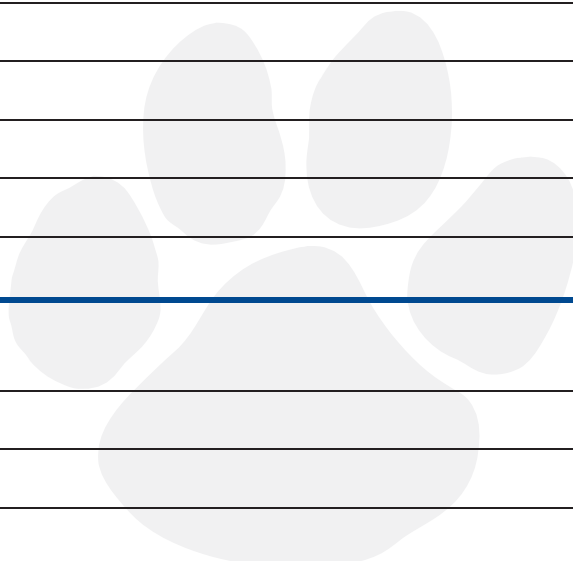
may 20

tuesday

may 21

wednesday

may 22



APR 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY 2024

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUN 2024

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

may 23		thursday	
may 24		friday	
may 25	saturday	may 26	sunday



What We Do

- We partner with the University community to design an educational environment that is inclusive and accessible
- We work individually with students to identify barriers and implement accommodations and services that reduce those barriers

Who We Serve

- Students conditions that affect learning, attention, mental health, physical health, mobility, hearing, seeing, speaking, and more.
- Students with temporary injuries

Visit Us

Students with disabilities are welcome to schedule an appointment to meet with a DRS staff member or contact us to learn about the resources which may be available to them while they are enrolled in classes at the University. To schedule a visit with DRS, please call 901-678-2880 (731-425-1906 for Lambuth students) at least 2 business days in advance of your planned visit.

Connect With Us

Connecting with DRS to request accommodations is easy. Once you have been admitted to the University, just follow this 3-step process:

1. Complete the Student Introduction Form. Go to DRS Online to complete and submit the form at www.yukon.accessiblelearning.com/Memphis/ApplicationStudent.aspx
2. Submit documents. If you have documents related to your diagnoses and/or past use of accommodations (e.g., IEPs, 504 plans), you can upload that information on DRS Online, or you can mail, email (drs@memphis.edu), fax (901-678-3070), or drop off information to our office (110 Wilder Tower). You may also contact DRS for a form your current treating professional can complete and return to us. It is unnecessary to submit documentation before being admitted to the University. If you do not have any readily available documentation, please proceed to step 3.
3. Schedule an initial appointment. Once your Student Introduction Form has been completed and reviewed, we will contact you to schedule your initial appointment. You may also contact us at 901-678-2880 to schedule your appointment.

FOR MORE INFORMATION
110 Wilder Tower
memphis.edu/drs | 901.678.3520



june 2024

monday			tuesday			wednesday		
3			4			5		
10			11			12		
17			18			19 Juneteenth		
24			25			26		

THE UNIVERSITY OF
MEMPHIS[®]

thursday		friday	saturday/sunday
			1
			2
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30

Driven by doing.

monday	may 27	Memorial Day
		• University Closed
tuesday	may 28	
wednesday	may 29	

JUN 2024	M	T	W	T	F	S	S
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

thursday

friday

saturday

sunday

week of **june 3** to **june 9**

Driven by doing.

monday

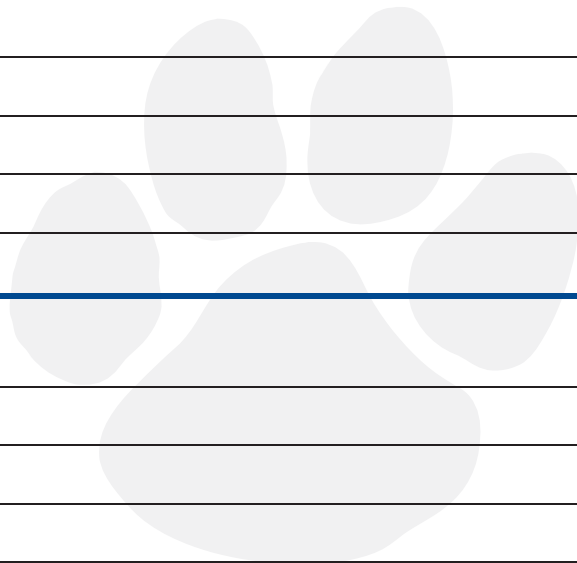
june 3

tuesday

june 4

wednesday

june 5



MAY 2024

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUN 2024

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JUL 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

june 6

thursday

june 7

friday

june 8

saturday

june 9

sunday

week of **june 10** to **june 16**

Driven by doing.

monday

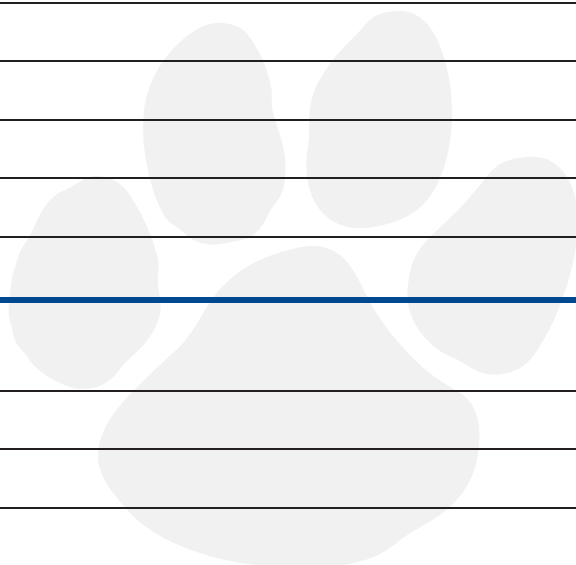
june 10

tuesday

june 11

wednesday

june 12



JUL 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

157

week of **june 17** to **june 23**

Driven by doing.

june 17

monday

june 18

tuesday

june 19

wednesday

Juneteenth

JUL 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

159

week of **june 24** to **june 30**

Driven by doing.

june 24

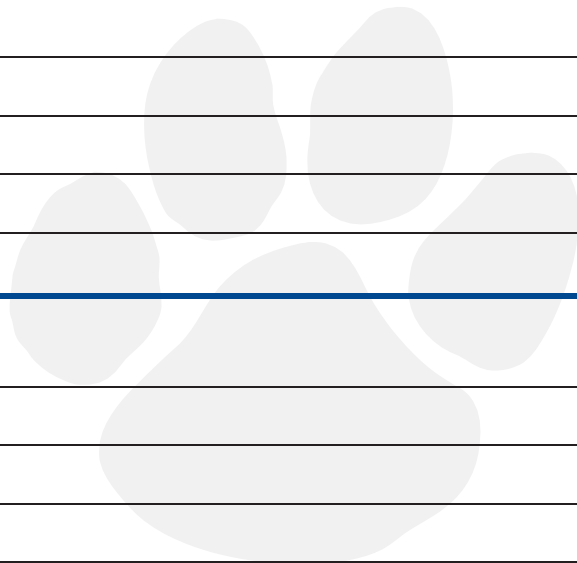
monday

june 25

tuesday

june 26

wednesday



MAY 2024	M	T	W	T	F	S	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

JUN 2024	M	T	W	T	F	S	S
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

JUL 2024	M	T	W	T	F	S	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

<div> <div>june 27</div> <div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> </div>	<div>thursday</div>
<div> <div>june 28</div> <div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> </div>	
<div> <div>june 29</div> <div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> </div>	<div> <div>saturday</div> </div>
<div> <div>june 30</div> <div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> </div>	<div> <div>sunday</div> </div>

Police Services

University of Memphis police officers are responsible for providing all police/law enforcement services to the University community. Our mission is to keep the University of Memphis a safe place to learn, live and work. The University of Memphis is consistently one of the safest large campuses in the State of Tennessee.

Tiger Patrol

The personal escort program staffed by students to enhance the safety of persons on campus seven days a week, from 6–11 p.m. To request an escort, call 901.678.4663 or (678.HOME).

Live Save App

The UofM's personal safety mobile app provides a convenient and discreet way to communicate directly with Police Services via text, pictures, video and audio directly to Police Services in real time

Contact Us

Emergency Phone: 901.678.HELP (4357)

Non-Emergency Phone: 901.678.3848

Fax: 901.678.5498 | Email: police@memphis.edu

Mailing Address: 100 Zach Curlin Parking Garage



memphis.edu/police





Life is about using the whole box of crayons.

july 2024

monday			tuesday			wednesday		
1			2			3		
8			9			10		
15			16			17		
22			23			24		
29			30			31		

THE UNIVERSITY OF MEMPHIS®

thursday		friday	saturday/sunday
Independence Day • University Closed	4	5	6
			7
	11	12	13
			14
	18	19	20
			21
	25	26	27
			28

week of **july 1** to **july 7**

Driven by doing.

july 1

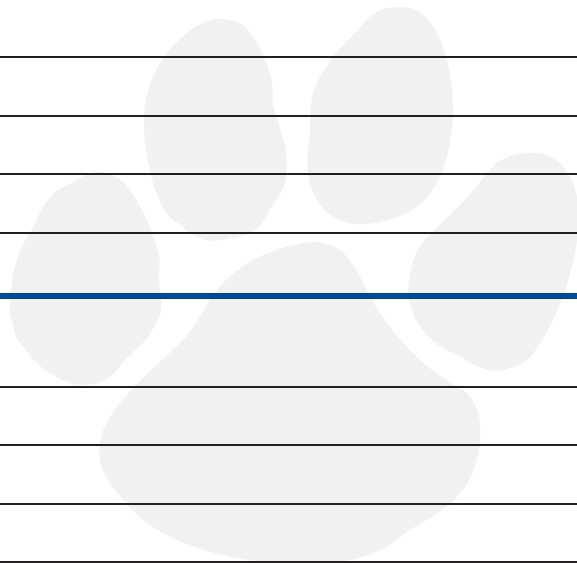
monday

july 2

tuesday

july 3

wednesday



AUG 2024	M	T	W	T	F	S	S
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	

167

week of **july 8** to **july 14**

Driven by doing.

july 8

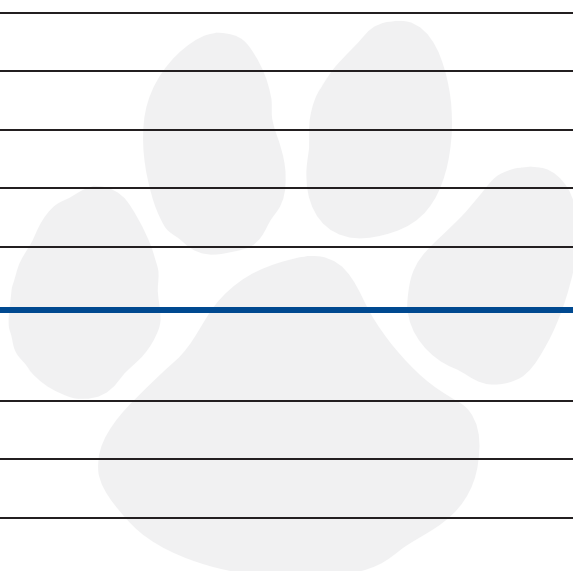
monday

july 9

tuesday

july 10

wednesday



AUG 2024	M	T	W	T	F	S	S
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	

thursday

friday

saturday

sunday

week of **july 15** to **july 21**

Driven by doing.

monday

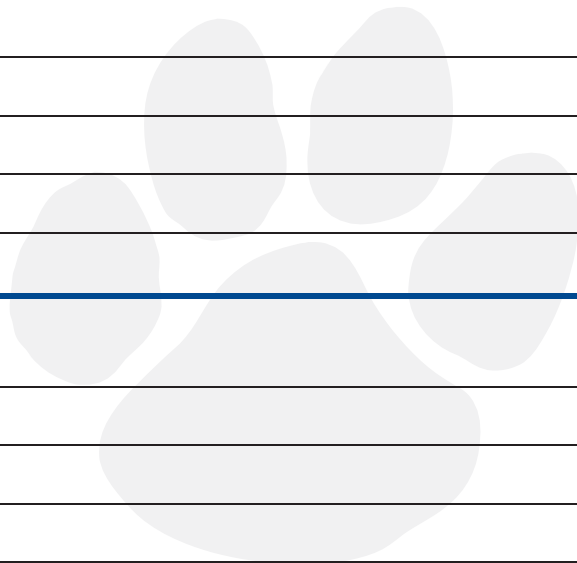
july 15

tuesday

july 16

wednesday

july 17



week of **july 22** to **july 28**

Driven by doing.

july 22

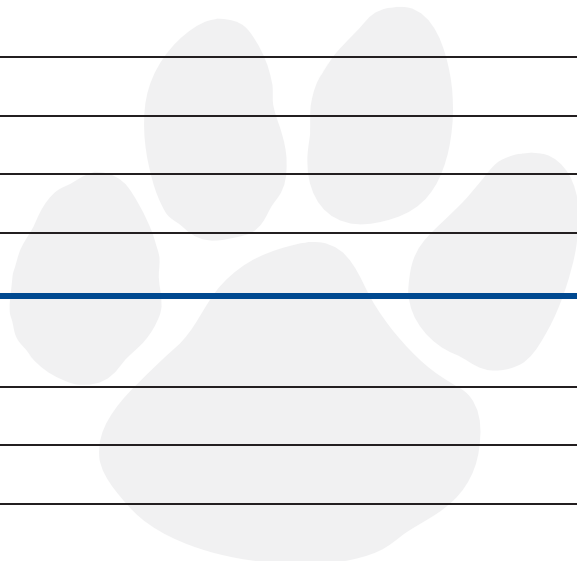
monday

july 23

tuesday

july 24

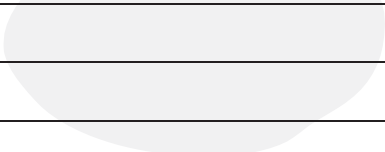

wednesday



M	T	W	T	F	S	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

M	T	W	T	F	S	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

[illegible][illegible]

sunday

week of **july 29** to **august 4**

Driven by doing.

july 29

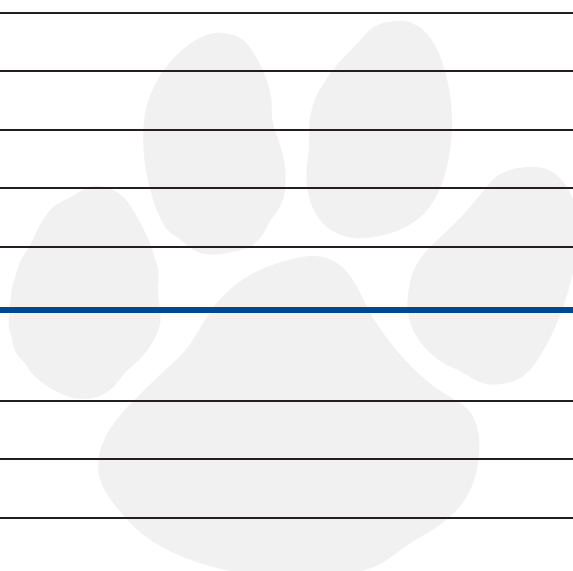
monday

july 30

tuesday

july 31


wednesday



M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

M	T	W	T	F	S	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



[illegible]

sunday

