

2026 CAMPER MANUAL



Name: _____

Cabin # _____



FROSH CAMP 2026 SCHEDULE

JULY 13 - 16 | AUGUST 3 - 6 | AUGUST 10 - 13

DAY 1 | MONDAY

1:30 PM	Campers arrive at Camp NaCoMe	Mail Room
1:30 - 2:30 PM	Unpack	Cabins
2:30 - 3:30PM	Cabin Introduction Sessions	Cabins
3:30 - 5:00 PM	Afternoon Assembly	Pavilion
5:00 - 6:00 PM	Dinner	Diner
6:15 - 7:15 PM	Tiger Spirit Session	Blue League-Pavilion
		Grey League-Mixer Hall
7:15 - 8:15 PM	Family Time	Cabins
8:30 - 10:00 PM	Rep Your High School Mixer	Mixer Hall
10:30 PM	Fireside Chats	Cabins
11:00 - 12:30 AM	Concession Stand Opens	Mail Room

DAY 2 | TUESDAY

8:15-9:15 AM	Morning Assembly	Pavilion
9:15-10:00 AM	Breakfast	Diner
10:15 - 10:45 AM	Session Rotation # 1	
	Group 1 (Cabins 1,2,3,4) Campus Resources	Rosebud
	Group 2 (Cabins 5,6,7) Tigers 901	Pavilion
	Group 3 (Cabins 8,9,10) Leadership	Mixer Hall
10:55-11:25 AM	Session Rotation # 2	
	Group 2 (Cabins 1,2,3,4) Leadership	Rosebud
	Group 3 (Cabins 5,6,7) Campus Resources	Pavilion
	Group 1 (Cabins 8,9,10) Tigers 901	Mixer Hall
11:35-12:05 PM	Session Rotation #3	
	Group 3 (Cabins 1,2,3,4) Tigers 901	Rosebud
	Group 1 (Cabins 5,6,7) Leadership	Pavilion
	Group 2 (Cabins 8,9,10) Campus Resources	Mixer Hall
12:15-1 PM	Tiger Family Trivia	Pavilion
1:00 - 2:00 PM	Lunch	Diner
2:00 - 3:00 PM	Family Time/ Family Olympics Prep	Cabins
3:10 - 4:25 PM	Family Olympics	Mixer Hall
4:35 - 5:15 PM	Tower Team Building	Upper Field
5:15 - 6:30 PM	Swimming	Cabins/Creek
6:30 -7:15 PM	Dinner	Diner
7:30 - 9:30 PM	Talent Show/Celebrity Mixer	Mixer Hall
10:00 PM	Fireside Chats	Cabins
11:00 - 12:30 AM	Concession Stand Opens	Mail Room



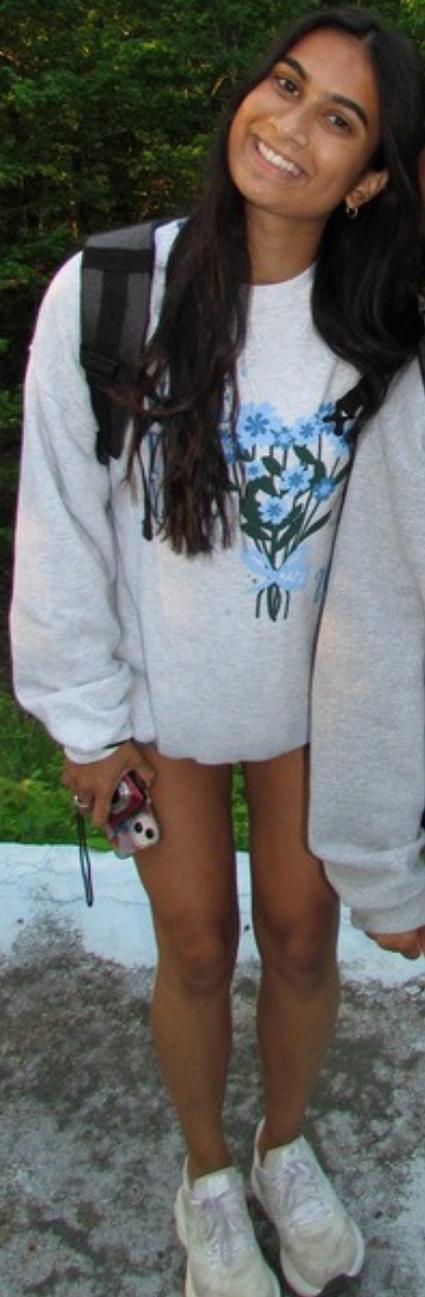
DAY 3 | WEDNESDAY

9:00 – 9:45 AM	Breakfast	Diner
10:00 – 11:00 AM	Morning Assembly	Mixer Hall
11 AM – 12:30 PM	Boat Races	Creek
12:45 – 1:30 PM	Lunch	Diner
1:45 – 2:15 PM	Get Involved! Session #1	Various Locations Mixer Hall - Multicultural Affairs Pavilion - Fraternity/Sorority Life Rosebud - Center for Service Learning & Volunteerism
2:20 – 2:50PM	Get Involved! Session #2	
3:00 – 3:25 PM	Session Prep	Cabins
3:30 – 4:45 PM	Session	Pavilion
4:45 – 6:00 PM	Family Time/Creek Walk	Cabins/Creek
6:00 – 7:15 PM	Dinner	Diner
7:00 – 9:30 PM	Closing Ceremony/ Warm & Fuzzies	Pavilion
9:30 – 11:00 PM	Rep Your Cabin Mixer	Mixer Hall
11:00 PM	Fireside Chats	Cabins
12:00 – 1:00 AM	Concession Stand Opens	Mail Room

DAY 4 | THURSDAY

8:00 –9:00 AM	Breakfast (Optional)	Diner
9:00 – 10:00 AM	Concession Stand Opens	Mail Room
9:30 AM	Campers & Counselors meet at buses	Buses
10:00 AM	Campers Depart	





INVOLVEMENT MENU

There are so many ways to get connected at the UofM! This menu is your guide to a buffet of involvement opportunities!

APPETIZERS

Don't have much time? Try an appetizer! These are lower commitment, one-time opportunities.

Fitness Class with Campus Recreation
Try a fun fitness class like yoga or cycling at the Student Wellness Center

Intramural Sports
Get a team together to play in a variety of different sports

Student Activities Council Event
Attend an event hosted by SAC like Movie Mondays, Spirit Giveaways, Make & Takes, and Talent Shows

Volunteer Event or Service Project
Give back to our community through programs like Service on Saturday

Frosh Camp & Camp 901
Make connections with other students during the summer before your first year on campus

Student Organization Events
Student Organizations host on-campus events - download TigerZone Mobile and follow @ExperienceUofM to stay informed

Athletic events
Cheer on our Memphis Tigers and show your school spirit

MAIN COURSE

Find a group of like-minded people with these long-term commitments to deeply engage in one area.

Registered Student Organizations
TigerZone has many registered student organizations for a wide variety of interests, identities, and topics

Fraternity & Sorority Life
Develop your leadership, encourage academic success and engage in meaningful service within a positive brotherhood or sisterhood

Tiger Elite
Help the Office of Admissions recruit prospective students to the University of Memphis through guided campus tours and recruitment events

A LA CARTE

Dive into a shorter-term opportunity with significant commitment and leadership development.

Frosh Camp Counselor
Guide new students in learning the ropes of being a student leader and Memphis Tiger within a camp setting

Orientation Guide
Help incoming students get connected to the UofM during New Student Orientation

SACTivity Crew
As a board or committee member, help plan and implement campus events for all students

Student Government Association
Let your voice be heard as a decision maker in the University's future

Resident Advisor
Be a peer leader and guide to students living on campus in your residence hall

ACAD 1100
Taking ACAD 1100 equips you with the tools to be successful in college while getting connected to other incoming freshmen through shared areas of study and interest

Tiger Leadership Workshops
Develop your leadership skills through a variety of topics hosted by UofM staff and local community leaders

DAILY SPECIALS

Serving everything fresh and in season, these events occur periodically during the year.

Information Fairs
Be on the lookout for Involvement Fairs, Career Fairs, & Study Abroad fairs where you can get all the information you need at one event.

Tiger Welcome
Kick off the start of the semester with weeks filled with fun events including traditions like the Bridge Walk, Frosh Frenzy, UC Takeover, and the Involvement Fair.

Homecoming

A week of spirited activities, events and friendly competition, culminating with Tiger football

Themed Months

From Black History Month to Women's History Month to Hispanic Heritage Month, we have you covered with month-filled programming

Tigers for St. Jude Finale

Register and fundraise money for the children of St. Jude in order to attend this annual, end-of-the-year celebration

Study Abroad

The world is your oyster with more than 200 study abroad programs in over 60 countries each semester

Internship Opportunities

Get hands-on work experience interning in your intended career field

Alternative Break Experience (ABE)

Spend your time off participating in community service programming in various cities across the country

DESSERTS

Go for sweet, culminating experiences, honors, and awards at the end of your University of Memphis collegiate career

President's Leadership Recognition

Awards Recognizes outstanding organizational and individual achievement at the end of each academic year

Homecoming Court

Recognition for outstanding commitment to the University presented during Homecoming Week

The Senior Lunch & The Walk

A tradition on campus to honor our graduating seniors and signify their transition from students to alumni

Graduating with Honors

Earn a GPA of a 3.25 or above to be recognized with honor cords at graduation



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