

GSIS 2024 PACKING LIST

(New information may be added; last updated 11/1/23)

Essentials

- **Government-issued photo identification:** TN state ID, TN driver's permit/license, Passport, etc.
- **Debit / Credit cards or cash:** Although all meals are provided, you may wish to buy snacks, beverages, clothing, souvenirs, or other things from the campus store or vending machines.
- **Medication:** It is vital that you bring enough for the entire duration of the program. All medication must include the original, labeled prescription.
- **Eyewear:** Glasses / Contact lenses, extra pair, cleaner, etc.

Clothing

- Shirts
- Pants
- Skirts, dresses, shorts
- Face Masks (optional)
- Tennis shoes
- Sport coat / blazer / tie / blouse or other western business apparel
- Shoes, including walking pair, dressy pair and shower sandals
- Socks
- Raincoat / Umbrella
- Sweaters / sweatshirts / long-sleeved t-shirt / (It gets chilly with A/C indoors)
- Swimsuit
- Athletic wear
- Underwear
- Pajamas / nightgown
- Hat / Sunglasses
- Clothes hangers

Basic Room and Bath Items

- Twin XL Sheets; pillows and pillowcases (these are not provided)
- Blanket / Comforter
- Towels (bath, hand, washcloths, pool)
- Toiletries you normally use (toothpaste, deodorant, etc.)
- Soap / Shower Gel / Shampoo
- Hairdryer
- Sunscreen
- Bug spray
- Refillable water bottle
- Laundry Detergent / Fabric Softener / Dryer Sheets / Laundry Basket
- Electric Fan
- Iron with auto-shutoff / steamer

Study

- Laptop, chargers, and security / theft recovery software installed.
There will be access to some computers on campus, but having a personal computer is strongly recommended.
- Flash drive
- Bookbag / Tote
- Pens, Pencils, Highlighters
- Notebooks

Other

- Talent Show items: musical instrument, costume, props, etc.
- Ear buds (You will need these for some class exercises)
- Sewing kit
- Hand sanitizer
- Sanitizing wipes and other cleaning supplies for your room
- Clear bag (A couple of destinations on our field trips will not allow bags/purses unless they are clear plastic)
- Stickers from your hometown, school, favorite sports teams, past or future travel destinations (you will have some decorating projects!)

Do Not Bring

- Candles
- Incense / potpourri
- Small kitchen appliances
- Alcohol, drugs, or associated paraphernalia
- Firearms or weapons of any kind, including pocket knives
- Martial arts equipment

If you have any questions related to the packing list and/or do not feel you will be able to supply some of the items listed above, please reach out to us ([GSIS](#)).