

Certifications for College of Health and Human Sciences

The following certifications, licenses, or experiences have been evaluated for Credit for Prior Learning by the faculty of the College of Health and Human Sciences. Students holding valid certifications/licenses, or experience may email the CPL staff at elc_program@memphis.edu to petition this credit.

Organization Name	Accredited Program	Credit Recommendation from UofM CHHS
American College of Sports Medicine	ACSM Registered Clinical Exercise Physiologist (ACSM-RCEP)	6 Credits 4000/6000
American College of Sports Medicine	ACSM Certified Clinical Exercise Physiologist (ACSM-CEP)	6 Credits 4000/6000
American College of Sports Medicine	ACSM Certified Personal Trainer (ACSM-CPT)	3 Credits 3900
American College of Sports Medicine	ACSM Certified Exercise Physiologist (ACSM-EP)	3 Credits 3900
American Council on Exercise	Group Fitness Instructor (ACE-GFI)	3 Credits 3900
American Council on Exercise	Health Coach Certification (ACE Health Coach Certification)	3 Credits 3900
American Council on Exercise	Personal Trainer (ACE-CPT)	3 Credits 3900
American Council on Exercise	Certified Medical Exercise Specialist (ACE-CMES)	3 Credits 3900
National Council on Strength and Fitness	Certified Personal Trainer (NCSF-CPT)	3 Credits 3900
National Council on Strength and Fitness	Certified Strength Coach (CSC)	3 Credits 3900
National Strength and Conditioning Association	Certified Strength and Conditioning Specialist (CSCS)	6 Credits 4000/6000
National Strength and Conditioning Association	Certified Personal Trainer (NSCA-CPT)	3 Credits 3900
National Strength and Conditioning Association	Tactical Strength and Conditioning-Facilitator (TSAC-F)	3 Credits 3900
Pilates Method Alliance	PMA Certified Pilates Teacher (PMA-CPT)	3 Credits 3900
The Cooper Institute	Personal Trainer Certification (PT)	3 Credits 3900
American Red Cross or American Heart Association	CPR/Basic Life Support	1 Credit 2900
Academy of Nutrition and Dietetics	Registered Dietitian/Registered Dietitian Nutritionist	NUTR 7800 6 credit hours (MS in Environmental Nutrition)
National Health Career Association (NHA); American Association of Medical Assistants (AAMA); American Medical Technologists; National Center for Competency Testing	Medical Assistant	1 Credit 3004 + 3 Credits UNIV 2900*
Various Health/Fitness Clubs	Health and Fitness Specialist	3 Credits 4000/6000**

UofM College of Health and Human Sciences	Sport Science Certificate through UofM CHHS see https://www.memphis.edu/healthsciences/certificates/sportscience.php	3 Credits 4000/6000
UofM College of Health and Human Sciences	Sport Science Camp for Athletes through UofM CHHS https://www.memphis.edu/healthsciences/news/sportsciencecamp.php	2 credits of 2900

*Note: In addition to receiving 4 credits for the Medical Assistant certificate, an additional 3-6 credits can be obtained for work performed as a medical assistant (3 credits per 300 hours of work experience).

**Note: To receive credit for prior work experience within a health/fitness environment, a verification statement from the employer who can confirm that 250 hours of work was satisfactorily performed is required. The work must be involving direct contact with individuals, such as performing personal training, nutritional consulting, exercise prescription, exercise testing, or similar activities. It cannot include administrative tasks. You must complete a written summary of the work that was performed, documenting the work in detail. The summary should be detailed and complete but should not exceed two written pages.