

Certifications for College of Health Sciences

The following certifications, licenses, or experiences have been evaluated for Experiential Learning Credit by the faculty of the College of Health Sciences. Students holding valid certifications/licenses, or experience may email the Experiential Learning staff at elc_program@memphis.edu to petition this credit.

| Organization Name | Accredited Program | Credit Recommendation from UofM College of Health Sciences |
|---|---|--|
| American College of Sports Medicine | ACSM Registered Clinical Exercise Physiologist (ACSM-RCEP) | 6 Credits 4000/6000 |
| American College of Sports Medicine | ACSM Certified Clinical Exercise Physiologist (ACSM-CEP) | 6 Credits 4000/6000 |
| American College of Sports Medicine | ACSM Certified Personal Trainer (ACSM-CPT) | 3 Credits 3900 |
| American College of Sports Medicine | ACSM Certified Exercise Physiologist (ACSM-EP) | 3 Credits 4000/6000 |
| American Council on Exercise | Group Fitness Instructor (ACE-GFI) | 3 Credits 3900 |
| American Council on Exercise | Health Coach Certification (ACE Health Coach Certification) | 3 Credits 3900 |
| American Council on Exercise | Personal Trainer (ACE-CPT) | 3 Credits 3900 |
| American Council on Exercise | Certified Medical Exercise Specialist (ACE-CMES) | 3 Credits 3900 |
| National Council on Strength and Fitness | Certified Personal Trainer (NCSF-CPT) | 3 Credits 3900 |
| National Council on Strength and Fitness | Certified Strength Coach (CSC) | 3 Credits 3900 |
| National Strength and Conditioning Association | Certified Strength and Conditioning Specialist (CSCS) | 6 Credits 4000/6000 |
| National Strength and Conditioning Association | Certified Personal Trainer (NSCA-CPT) | 3 Credits 3900 |
| National Strength and Conditioning Association | Tactical Strength and Conditioning-Facilitator (TSAC-F) | 3 Credits 3900 |
| Pilates Method Alliance | PMA Certified Pilates Teacher (PMA-CPT) | 3 Credits 3900 |
| The Cooper Institute | Personal Trainer Certification (PT) | 3 Credits 3900 |
| American Red Cross or American Heart Association | CPR/Basic Life Support | 1 Credit 2900 |
| Academy of Nutrition and Dietetics | Registered Dietitian/Registered Dietitian Nutritionist | NUTR 7800 6 credit hours (MS in Environmental Nutrition) |
| National Health Career Association (NHA); American Association of Medical Assistants (AAMA); American Medical Technologists; National Center for Competency Testing | Medical Assistant | 1 Credit 3004 + 3 Credits UNIV 2900* |

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| Various Health/Fitness Clubs | Health and Fitness Specialist | 3 Credits 4000/6000** |
| UofM College of Health Sciences | Sport Science Certificate through UofM College of Health Sciences; see https://www.memphis.edu/healthsciences/certificates/sportscience.php | 3 Credits 4000/6000 |
| UofM College of Health Sciences | Sport Science Camp for Athletes through UofM College of Health Sciences https://www.memphis.edu/healthsciences/news/sportsciencecamp.php | 2 credits of 2900 |

*Note: In addition to receiving 4 credits for the Medical Assistant certificate, an additional 3-6 credits can be obtained for work performed as a medical assistant (3 credits per 300 hours of work experience).

**Note: To receive credit for prior work experience within a health/fitness environment, a verification statement from the employer who can confirm that 250 hours of work was satisfactorily performed is required. The work must be involving direct contact with individuals, such as performing personal training, nutritional consulting, exercise prescription, exercise testing, or similar activities. It cannot include administrative tasks. You must complete a written summary of the work that was performed, documenting the work in detail. The summary should be detailed and complete but should not exceed two written pages.