

**Accelerated Bachelor's-to-Master's (ABM) Program**  
**The University of Memphis**  
**College of Health Sciences (CHS)**

Student's Name: \_\_\_\_\_

Date: \_\_\_\_\_ UUID: \_\_\_\_\_

Designate Your Undergraduate Program:

**BS, Health Studies – Exercise, Sport & Movement Sciences** \_\_\_\_\_

Designate the Proposed Graduate Program:

**MS, Health Studies – Exercise, Sport & Movement Sciences** \_\_\_\_\_

For students who work closely with their academic advisor in planning their course of study in the College of Health Sciences, this option offers the opportunity of simultaneously satisfying partial degree requirements for a bachelor's and a master's degree in an accelerated program of study. Upon completion of the undergraduate degree with a satisfactory undergraduate grade point average and a grade of "B" or better in all graduate courses completed, the student may move to full graduate student status, and the preapproved graduate courses taken as an undergraduate may be applied toward the pre-specified graduate program of study.

Students may use up to twelve (12) credit hours of designated courses in meeting the requirements of both the bachelor's and master's degrees. Undergraduate students will register for the 6000- or 7000-level courses, but fees will be levied at the undergraduate rate if the student does not have an undergraduate degree. A maximum total academic load of 15 hours is allowed during the semester in which any of the graduate courses are taken. Before applying for this program to the Graduate School, the student must:

**Requirements Satisfied**

- \_\_\_\_\_ 1) Have completed at least 18 hours of course work at UofM before taking courses as part of the ABM program
- \_\_\_\_\_ 2) Have a University of Memphis grade point average  $\geq 3.25$
- \_\_\_\_\_ 3) Be within 40 semester hours of undergraduate graduation
- \_\_\_\_\_ 4) Acquire written approval of the specific mentor for the laboratory internship, the program coordinator(s) of the respective undergraduate and graduate programs, the CHS Assistant Director of Student Services, and the CHS Director of Academic Programs
- \_\_\_\_\_ 5) Submit an application for admission to the ABM Program, along with all necessary admissions documentation to the Graduate School using the deadline dates listed below as a guide

A maximum total of twelve (12) semester credit hours of preapproved graduate coursework may be considered for dual credit in the undergraduate and graduate degree programs and a maximum total academic load of 15 credit hours during the semester in which any of the graduate courses are taken. Graduate credit will be applied after the student graduates from the undergraduate program and is admitted into the specified graduate program.

Students interested in this option must meet in person with the proposed Human Performance Laboratory mentor, the program coordinator(s) for respective undergraduate and graduate programs in question, the CHS Assistant Director of Student Services, as well as the CHS Director of Academic Programs, and receive their written approval of the application. Final acceptance into the ABM program is contingent upon approval by the Dean of the Graduate School (or designee). Approvals apply only for the specific programs and courses designated in the application. Stipulated

graduate courses for the ABM program are the only ones for which students in the undergraduate program are eligible to enroll, and completion of all allowable graduate courses is optional.

For application materials, contact the CHS Assistant Director of Student Services for guidance at 901-678-5037 or go to [memphis.edu/healthsciences/students/undergraduateadvising.php](http://memphis.edu/healthsciences/students/undergraduateadvising.php). Students may not apply online for the ABM program. Submit application materials to the College of Health Sciences no later than the following dates for optimal consideration:

April 15 for Fall term admission

October 15 for Spring term admission

April 15 for Summer term admission

After admission into the ABM program and satisfactory completion of stipulated coursework approved for the designated program of study, a **maximum of twelve (12) credit hours** from the following graduate courses may be applied to the program of study for both the undergraduate and graduate levels:

**Health Studies with a concentration in Exercise, Sport & Movement Sciences:**

- ESMS 6000      *Exercise Testing & Interpretation Laboratory* → replaces ESMS 4000

or

- ESMS 6603      *Advanced Methods of Strength & Conditioning* → replaces ESMS 4603

and

- HMSE 7010      *Research Methods in Health Studies* → replaces 3 upper-division elective hours
- ESMS 7020      *Publications/Proposals in Health & Biomedical Research* → replaces 3 upper-division elective hours
- ESMS 7800      *Internship (restricted to one of the Human Performance Laboratories)* → replaces 3 hours of ESMS 4605

### ABM Application/Agreement Approvals

Name

Signature

Date

Student → \_\_\_\_\_

*Human Performance  
Lab Mentor* → \_\_\_\_\_

*ESMS  
Coordinator* → \_\_\_\_\_

*CHS Assistant  
Director of Student  
Services* → \_\_\_\_\_

*CHS Director of  
Academic Programs* → \_\_\_\_\_