

M.S. Degree in Health Studies

Exercise Nutrition (EXNU)

Name:	SID#:
Advisor:	Semester/Year Admitted:

I. Major Core (6 hours)				Grade	Sem/Yr
DEPT	COURSE #	HRS	COURSE NAME		
HMSE	7010	3	Research Methods in Health Studies		
EDPR*	7541	3	Statistical Methods Applied to Education		
PUBH*	7150	3	Biostatistical Methods I		
*Either EDPR 7541 or PUBH 7150 required					
II. Exercise Nutrition Concentration (12 hours)				Grade	Sem/Yr
DEPT	COURSE #	HRS	COURSE NAME		
ESMS	7201	3	Physiology of Exercise: Musculoskeletal Aspects		
ESMS	7202	3	Physiology of Exercise: Metabolic/Cardiorespiratory Aspects		
NUTR	7412	3	Cellular Nutrition I		
NUTR	7422	3	Cellular Nutrition II		
III. Electives (12 hours)					
DEPT	COURSE #	HRS	COURSE NAME		
ESMS	6603	3	Advanced Methods of Strength & Conditioning		
ESMS	7020	3	Publications/Proposals in Health & Biomedical Sciences		
ESMS	7300	3	Morphological Aspects of Strength Development		
ESMS	7902-11	3	Special Topics in Exercise, Sport & Movement Sciences		
NUTR	7000	3	Sport & Dietary Nutrition		
NUTR	7001	3	Nutraceuticals & Dietary Supplements		
NUTR	7002	3	Exercise & Nutrition Immunology		
NUTR	7902-11	3	Special Topics in Nutrition Science		
ELC	7000	1-6	Experiential Learning Credit will also be considered for possible use as elective hours.		

IV. Culminating Experience

For graduation from the program, a written comprehensive exam covering all required coursework must be successfully completed. The exam may be taken no sooner than the semester during which the final hours of the program are being taken.

A minimum of 30 hours is required for the concentration



College of Health Sciences