Mystery Buddha Bowls

Brown Rice
Broccoli
Carrots
Red Pepper
Chickpeas
Cilantro
Green Onion
Red cabbage
Kale
Bok Choy
Cucumbers
Herbs

Sauce (optional)
2 TBSP sesame oil
2 TBSP vegetable oil
2 TBSP soy sauce
1 TBSP sesame seeds
2 TBSP cilantro
1 TBSP garlic (3 cloves)
Green onion

1. Cook rice according to package directions.
2. While rice is cooking, choose and cut your vegetables.
3. Cook vegetables as needed.
4. Make a sauce, if desired.
5. Season, as desired.
6. Assemble your bowl!

Sauce recipe from How to Cook Everything by Mark Bittman, pg 81.