

B.S. Degree in Health Studies

Health Sciences (HLSC)

Name:	SID#:
Advisor:	Semester/Year Admitted:

I. General Education Requirements (41 hours)	Grade	Sem/Yr
A. Communication (9 hours)		
ENGL 1010 (3) <i>(minimum grade of C- required)</i>		
ENGL 1020 (3) <i>(minimum grade of C- required)</i>		
COMM 2381 (3)		
B. Mathematics (3 hours)		
MATH 1420 (3); MATH 1530 (3); MATH 1710 (3); MATH 1730 (4); MATH 1830 (3); MATH 1910 (4)		
C. Literature (3 hours - select one)		
ENGL 2201 (3) or ENGL 2202 (3)		
D. Humanities (6 hours - select any two)		
ART 1030 (3); CLAS 2481 (3); COMM 1851 (3); RLGN 1100 (3); DANC 1151 (3); MUS 1030(3); MUS 1040 (3); PHIL 1101 (3); PHIL 1102 (3); POLS 1101(3); POLS 1102 (3); THEA 1030 (3); JDST 2850 (3); UNIV 3580 (3); UNIV 3581 (3)		
E. History (6 hours - select any two)		
ANTH 3282 (3); HIST 1110 (3); HIST 1120 (3); HIST 2010 (3); HIST 2020 (3); HIST 2030 (3); HIST 3863 (3); HIST 4851 (3); HIST 3881 (3); POLS 4212 (3); POLS 4405 (3); SOCI 3422 (3)		
F. Social and Behavioral Science (6 hours)		
PSYC 1030 (3) <i>Department requirement.</i>		
ANTH 1100 (3); ANTH 1200 (3); ECON 2010 (3); ECON 2020 (3); ESCI 1301 (3); ESCI 1401 (3); JOUR 1700 (3); POLS 1030 (3); POLS 1301 (3); POLS 1501 (3); PSYC 3510 (3); SOCI 1010 (3); CDFS 2101 (3); UNIV 2304 (3); HLSC 2100 (3)		
G. Natural Science (8 hours; 4 hour lecture/laboratory)		
<i>Department requirement. Students must take these courses:</i>		
BIOL 2010/2011		
BIOL 2020/2021		



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II. Major Core (17 hours)				Grade	Sem/Yr
DEPT	COURSE #	HRS	COURSE NAME		
BIOL	2010	3	Anatomy and Physiology I		
BIOL	2011	1	Anatomy and Physiology I Lab		
BIOL	2020	3	Anatomy and Physiology II		
BIOL	2021	1	Anatomy and Physiology II Lab		
HLSC	4605	6	Internship in HLSC		
NUTR	2202	3	Nutrition		
<p><i>All major core and HLSC concentration courses must be successfully (>C-) completed to be eligible for internship. A total of 9 elective or general education credit hours may be taken in conjunction with the internship. Hours beyond 9 may be attempted only with unit coordinator approval.</i></p>					
III. Health Sciences Concentration (30 hours)				Grade	Sem/Yr
DEPT	COURSE #	HRS	COURSE NAME		
HLSC	2100	3	Wellness Concepts and Practices		
HLSC	2200	3	Intro. To Public Health & Health Promotion		
HLSC	3505	3	Principles of Health Fitness Instruction		
HLSC	3606	3	Leadership/Comm Health Sci		
HLSC	3522	3	Needs Assessment & Program Eval. in HPRO		
ESMS	3700	3	Exercise Physiology		
HLSC	3800	3	Strategic Planning and Program Development		
HLSC	4500	3	Project Management in HPRO		
HLSC	4520	3	Health & Lifestyle Counseling		
HLSC	4530	3	Epidemiology		
IV. Electives (40 hours)					
DEPT	COURSE #	HRS	COURSE NAME		

File Intent to Graduate, see advisor for deadline dates.

HLSC program = 120 hours Grade of C- or better required for all core and concentration courses