



HEALTH SCIENCES

COLLEGE OF HEALTH SCIENCES



HEALTH SCIENCES

Students who enjoy focusing on the health and well-being of others may want to complete a concentration in Health Sciences. This program allows you to pursue your interests among the various health professions. It is grounded in health promotion theory and strategies, and offers elective hours to allow you to align your course plan with your own professional goals. With an emphasis on practical application, the Health Sciences program will prepare you to enter the job market or pursue graduate study in a variety of health fields.

PROGRAM HIGHLIGHTS

- **Offered** both on campus and online
- **Ability** to individualize course plan through elective hours
- **Internship** requirement provides invaluable experience and networking opportunities
- **Faculty** who bring diverse professional and academic expertise along with a strong record of exemplary teaching

CAREER OPPORTUNITIES

Our graduates begin their careers or continue their education in a variety of areas such as:

- Health Promotion
- Health Education
- Health Counseling/Coaching
- Community Wellness
- Corporate Wellness
- Public Health
- Fitness and Wellness Specialist



PRE-PROFESSIONAL FOCUS

Our graduates may also choose to further their education in graduate school or allied health programs such as:

- Health Promotion
- Public Health
- Dental/Dental Hygiene
- Occupational/Physical Therapy
- Optometry
- Pharmacy
- Medicine/Physician Assistant
- Other Allied Health Sciences



CONCENTRATION COURSEWORK

- **HLSC 2100** Wellness Concepts and Practices
- **HLSC 2200** Intro. to Public Health & Health Sciences
- **HLSC 3505** Principles of Health Fitness Instruction
- **HLSC 3522** Needs Assessment & Program Eval. in Health Sciences
- **HLSC 3606** Leadership and Communication in Health Sciences
- **ESMS 3700** Exercise Physiology Introduction
- **HLSC 3800** Strategic Planning and Program Development
- **HLSC 4500** Project Management in Health Sciences
- **HLSC 4520** Health & Lifestyle Counseling
- **HLSC 4530** Epidemiology

The flexibility of 40 credit hours of electives allows you to customize your degree!



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