

JOHN SMITH

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Sample for CHS Majors

PROFILE

Certified Health Education Specialist with initiative and passion for raising awareness of health topics in the community. Able to connect with students using friendly demeanor and easygoing personality. Sensitive to students' needs and willing to provide honest, objective information to encourage positive health decisions. Experienced in working with children and adults; have hosted classes for grades as young as kindergarten.

EDUCATION

Bachelor of Science, Expected: May 2021

University of Memphis, Memphis, TN

Major: Health Sciences

Minor: Healthcare and Society

GPA: 3.8

CERTIFICATIONS

CHES Certification: National Commission on Health Education Credentialing (NCHEC): Expires: March 2020

Adult CPR/AED: American Heart Association, Expires: July 2024

WORK EXPERIENCE

Community Health Educator, June 2019 - Present

Hattiesburg Health and Wellness Center Hattiesburg, MS

- Host “Weekly Wellness” classes open to the public, with a new topic featured every week. Prepare lesson plans and discussion points related to each weekly lesson.
- Host extended workshops on critical topics, such as long-term family care, child development, and nutrition. Designed short-term goals for the end of every session, and long-term goals for the end of every workshop.
- Conduct classroom visits to elementary, middle, and high school classes. Work with teachers in advance to ensure lessons are appropriate for students' age and skill level.
- Create marketing materials promoting relevant health topics and the Health and Wellness Center as a whole.
- Address personal questions from students after classes in a confidential and professional manner.
- Connect with schools and local organizations regarding opportunities to host health classes.

Health Education Intern, January 2018 – May 2019

University of Southern Mississippi Student Health Center Hattiesburg, MS

- Presented weekly seminars on health topics relevant to college-age adults. Popular topics included basic hygiene, cold/flu prevention, and sexual health.
- Held open “office hours” to interact one-on-one with any students with general health questions. Provided referrals to campus physicians as needed.
- Staged health information booths at campus sporting events, club fairs, and in the student union to increase visibility of student health services.

VOLUNTEER EXPERIENCE

USM Relay for Life, September 2019 – April 2020

Relay event held annually in March to benefit the American Cancer Society. Event raised \$50,000 in donations in 2020.

Organizer

- Promoted Relay for Life events and fundraisers to campus through informational booth, flyers, and emails.
- Hosted series of informational meetings for teams in the weeks leading up to the relay.

LESLIE GARRETT

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PROFESSIONAL SUMMARY

Highly dedicated and conscientious Entry Level Dietitian with an excellent patient service record and work ethic. Exceptionally adept at crafting medically mandated diet regiments tailored to individual patient needs and preferences. Able to explain complicated nutritional dietetic restrictions and plans clearly and fully to patients from a wide variety of ethnic and socioeconomic backgrounds.

EDUCATION

Bachelor of Science in Nutrition

College of Health Sciences

University of Memphis, Memphis, TN

GPA: 3.91

Expected Graduation: May 2022

HONOR/AWARDS

- **Dean's List:** University of Memphis, Memphis, TN, fall 2020

CERTIFICATIONS/LICENSURE

- **ServSafe Certification,** National Restaurant Association, 2020
- **CPR Certification,** American Heart Association, 2019

RELEVANT COURSEWORK

Nutrition 4000 Senior Seminar in Dietetics, Nutrition 4010 Management and Food Systems, Nutrition 4602 Community Nutrition, Nutrition 4102 Medical Nutrition Therapy.

RELEVANT EXPERIENCE

Undergraduate Intern, June 2020 - Present

Group Health Inc., Minneapolis, MN

- Provide counseling to diabetic and pre-diabetic patients and family members on diet restrictions and plans
- Conduct a variety of nutrition and food education programs and workshops
- Monitor and assist in the preparation and serving of special patient meals per treatment program requirements
- Assist in planning continuing education programs for patients and families regarding medical diet and food selection
- Aid and guide other dietetic and health care staff as required