

SPORT PERFORMANCE AND HEALTH CONSULTING CENTER (SPAHC)

Testing Services

All of the tests provided within the SPAHC can be conducted at regular intervals to determine the degree of progress.

For more information, contact
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www.memphis.edu/spahcc

- » Running Analysis
- » Golf Swing Analysis
- » Baseball Throwing Analysis
- » Maximal Graded Exercise Test
- » Resting Metabolic Rate
- » Anaerobic Power Test
- » Pulmonary Function Test
- » Body Composition and Bone Density Test
- » Body Composition and Skinfold Analysis
- » Sport Psychology Assessment



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