

COVID-19 PILOT TESTING FAQ

Q: How can I prevent COVID-19?

A: The CDC recommends everyday preventive actions to help prevent the spread of respiratory diseases: wash your hands, wear a mask, social distance, etc.

Q: What treatments are available for COVID-19?

A: People with COVID-19 should receive supportive care to help relieve symptoms. People with mild symptoms can recover at home. If you experience a medical emergency such as trouble breathing, call 911, and let the operator know you may have COVID-19.

Q: Are there vaccines or other medical products to prevent COVID-19?

A: At this time, there is no vaccine to prevent COVID-19. The FDA is working with vaccine developers and other researchers and manufacturers to help expedite the development and availability of medical products such as vaccines, antibodies, and drugs to prevent this virus.

Q: What is this test?

A: It is a PCR test utilizing a self-administered nasal (anterior nasal) swab. (See graphic)

Q: Will the test hurt?

A: Individuals should expect a little discomfort. Nasal sampling is the least invasive of the effective sampling methods. The swab is inserted a half-inch into each nostril.

Q: When will I receive my test results?

A: You can expect to view your results within 48 hours.

Q: Are my results and information confidential?

A: Yes. All patient information received to perform testing, which directly or indirectly identifies a patient or former patient, shall be kept confidential. However, it's mandatory to report positive test results to the Shelby County Health Department and Tennessee Department of Health.

Q: Can I get infected from taking a test?

A: No.

Source [cdc.gov/coronavirus/2019-ncov/downloads/OASH-nasal-specimen-collection-fact-sheet.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/OASH-nasal-specimen-collection-fact-sheet.pdf)

Rules of the Tennessee Department of Health Communicable and Environmental Disease Services: CHAPTER 1200-14-04
Disease Control Health Threat Procedures – Patient Bill of Rights

shelbytnhealth.com/DocumentCenter/View/1728/1200-14-04-Rules-of-Tennessee-Department-of-Health-Disease-Control-Health-Threat-Procedures?bidId=

For more information, visit COVID19.memphistn.gov