

DIABETES HEALTH INDICATORS IN 38106, 38107, 38108 38114, 38126

Prepared for: Center For Transforming Communities

This infographic presents key insights about diabetes and other health indicators across five Zip Codes in Memphis drawing attention to patterns in chronic conditions and insurance coverage.

AVERAGE DIABETES RATE

25.5%

All five zip codes show diabetes rates above 23%, which is far higher than the national average (around 11%–12%).



HIGH BLOOD PRESSURE

56.7%

38106 had the highest % of residents with high blood pressure

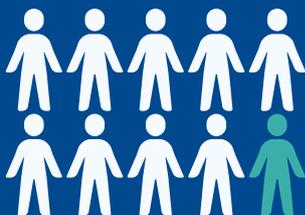
UNINSURED STATUS

25.14%

38106 had the highest % of residents who are uninsured

▲ ADDITIONAL INSIGHTS

While diabetes varies more by ZIP code, rates of high blood pressure are consistently higher across the region, suggesting that wider systemic or environmental factors like stress, food access, lifestyle, healthcare access may be at play.



Data sources:

- American Diabetes Association (2021) American Community Survey (ACS) 5-Year Estimates (2021)
- American Community Survey, U.S. Census Bureau (2023)
- PLACES Project, Centers for Disease Control, (2021).



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