# BOUNDS ON RUDIN-SHAPIRO POLYNOMIALS OF ARBITRARY DEGREE

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ABSTRACT. Let  $P_{< n}(z)$  be the Rudin–Shapiro polynomial of degree n-1. We show that  $|P_{< n}(z)| \leq \sqrt{6n-2}-1$  for all  $n \geq 0$  and |z|=1, confirming a longstanding conjecture. This bound is sharp in the case when  $n=(2\cdot 4^k+1)/3$  and z=1. We also show that for  $n\geq m\geq 0$ ,  $|P_{< n}(z)-P_{< m}(z)|\leq \sqrt{10(n-m)}$ , which is asymptotically sharp in the sense that for any  $\varepsilon>0$  there exists  $n>m\geq 0$  and z with |z|=1 and  $|P_{< n}(z)-P_{< m}(z)|\geq \sqrt{(10-\varepsilon)(n-m)}$ , contradicting a conjecture of Montgomery.

## 1. Introduction

The Rudin–Shapiro polynomials  $P_t$  and  $Q_t$  are defined by setting  $P_0(z) = Q_0(z) = 1$  and, for  $t \ge 0$ , inductively defining

$$P_{t+1}(z) = P_t(z) + z^{2^t} Q_t(z),$$

$$Q_{t+1}(z) = P_t(z) - z^{2^t} Q_t(z).$$

These polynomials were introduced independently in the 1950s by Shapiro [12, p. 39] and Rudin [10] (although the sequence  $a_n$  of their coefficients was also previously studied by Golay [6]), and have been extensively studied over the last few decades, see e.g. [1–5,7,9,11].

From the definition of  $P_t$  we see that the first  $2^t$  terms of  $P_{t+1}$  are the same as for  $P_t$ , and hence  $P_t$  can be thought of as the first  $2^t$  terms of an infinite power series

$$P_{\infty}(z) := \sum_{n=0}^{\infty} a_n z^n,$$

where the coefficients  $a_n \in \{-1, 1\}$  can also be defined [2] by the relations

$$a_0 = 1,$$
  $a_{2n} = a_n,$  and  $a_{2n+1} = (-1)^n a_n.$  (1)

Alternatively, writing  $n = \sum_i b_i 2^i$ ,  $b_i \in \{0, 1\}$ , we have that [3]

$$a_n = (-1)^{\sum_i b_i b_{i+1}},$$

i.e.,  $a_n$  is determined by the parity of the number of '11's in the binary expansion of n. For  $n \ge 0$  write

$$P_{< n}(z) := \sum_{i=0}^{n-1} a_i z^i$$

The author was partially supported by NSF grants DMS 1600742 and DMS 1855745.

for the first n terms of  $P_{\infty}(z)$  so that, for n > 0,  $P_{< n}(z)$  is a polynomial of degree n - 1, and  $P_t(z) = P_{< 2^t}(z)$ . For  $n \ge m \ge 0$  write

$$P_{[m,n)}(z) := P_{< n}(z) - P_{< m}(z) = \sum_{i=m}^{n-1} a_i z^i$$

for the polynomial with n-m terms consisting of the terms of  $P_{\infty}(z)$  from  $z^m$  to  $z^{m-1}$ .

Shapiro [12] has shown that for |z|=1,  $|P_{< n}(z)| \leq C\sqrt{n}$  for all n, where  $C=2+\sqrt{2}\approx 3.41$ , and Saffari [11] has sketched a proof that  $C=(2+\sqrt{2})\sqrt{3/5}\approx 2.64$  suffices. However, according to [8] it has 'long been conjectured' that  $C=\sqrt{6}\approx 2.45$  is sufficient, and indeed it is known that this is the best possible constant as  $|P_{< n}(1)|=2^{k+1}-1=\sqrt{6n-2}-1$  when  $n=(2\cdot 4^k+1)/3$ . In [1] it is claimed that Saffari proved this conjecture, but it appears that the proof is unpublished. In this paper we give a proof of this conjecture in the following strong form.

**Theorem 1.**  $|P_{< n}(z)| \le \sqrt{6n-2} - 1$  for all  $n \ge 1$  and |z| = 1.

In [8] Montgomery made the following conjecture about the polynomials  $P_{[m,n)}$ .

Conjecture 2.  $|P_{[m,n)}(z)| \leq 3\sqrt{n-m}$  for all  $n \geq m \geq 0$  and |z| = 1.

The basis for this conjecture was numerical evidence that suggested the worst case was when

$$m_k := \frac{5 \cdot 4^k + 1}{3}, \qquad n_k := \frac{8 \cdot 4^k + 1}{3}$$

and z = 1, in which case  $|P_{[m_k, n_k)}(1)| = 3 \cdot 2^k - 2 = 3\sqrt{n_k - m_k} - 2$ .

Unfortunately this conjecture turns out to be false. The example polynomial is correct, but for large k the largest value of  $|P_{[m_k,n_k)}(z)|$  no longer occurs at z=1. Indeed, it is not hard to show that

$$\lim_{k \to \infty} \frac{\left| P_{[m_k, n_k)}(e^{3\pi i/4}) \right|^2}{n_k - m_k} = 5 + \frac{7}{\sqrt{2}} \approx 9.95,$$

and even this is not the worst case when k is very large. Unfortunately the value of z that maximizes  $|P_{[m_k,n_k)}(z)|$  appears to be a highly erratic function of k, and so we are unable to give an explicit sequence  $z_k$  with  $|P_{[m_k,n_k)}(z_k)|^2/(n_k-m_k) \to 10$ . Nevertheless we show (in Section 5) that

$$\lim_{k \to \infty} \frac{\sup_{|z|=1} |P_{[m_k, n_k)}(z)|^2}{n_k - m_k} = 10.$$
 (2)

We also prove that this is asymptotically the worst case.

**Theorem 3.**  $|P_{[m,n)}(z)| \leq \sqrt{10(n-m)}$  for all  $n \geq m \geq 0$  and all z with |z| = 1.

We prove Theorem 1 in Section 3 and Theorem 3 in Section 4. Equation (2) follows from Theorem 7 below, which is a consequence of the proofs of the results of Rodgers [9] on the distribution of  $P_t(z)/2^{(t+1)/2}$ . We prove Theorem 7 and equation (2) in Section 5.

## 2. The L-norm.

We list a few well-known properties of the polynomials  $P_t$  and  $Q_t$  which easily follow by induction, and can be found in, for example, [8].

Proposition 4. We have the following identities.

- (a)  $|P_t(z)|^2 + |Q_t(z)|^2 = 2^{t+1}$  for all |z| = 1. In particular  $|P_t(z)|, |Q_t(z)| \le 2^{(t+1)/2}$ .
- (b)  $P_{t+k+1}(z) = P_k(z)P_t(z^{2^{k+1}}) + z^{2^k}Q_k(z)P_t(-z^{2^{k+1}}).$ In particular  $P_{t+1}(z) = P_t(z^2) + zP_t(-z^2).$

(c) 
$$Q_t(z) = (-1)^t z^{2^t - 1} P_t(-z^{-1})$$
 and  $P_t(z) = (-1)^{t+1} z^{2^t - 1} Q_t(-z^{-1})$ .

Part (b) is particularly noteworthy as it shows that  $P_{\infty}(z)$  is made up of alternate  $\pm P_k$  and  $\pm Q_k$  blocks, namely  $a_n z^{n2^k} P_k(z)$  for n even and  $a_n z^{n2^k} Q_k(z)$  for n odd.

For  $P \in \mathbb{C}[z, z^{-1}]$ , define

$$||P||_{\infty} = \sup_{|z|=1} |P(z)|$$

 $\mathrm{and}^1$ 

$$||P||_L = \sup_{|z|=1} \sqrt{|P(z)|^2 + |P(-z)|^2}.$$

**Lemma 5.**  $\|.\|_L$  is a norm on the vector space  $\mathbb{C}[z,z^{-1}]$ .

*Proof.* The fact that  $||P||_L \ge 0$  with equality iff P = 0 is clear, so it remains to prove that  $||P + Q||_L \le ||P||_L + ||Q||_L$  for any  $P, Q \in \mathbb{C}[z, z^{-1}]$ . Now

$$\begin{split} \left(|P(z)+Q(z)|^2 + |P(-z)+Q(-z)|^2\right)^{1/2} &= \left\|\left(P(z)+Q(z),P(-z)+Q(-z)\right)\right\|_2 \\ &\leq \left\|\left(P(z),P(-z)\right)\right\|_2 + \left\|\left(Q(z),Q(-z)\right)\right\|_2 \\ &\leq \|P\|_L + \|Q\|_L, \end{split}$$

where  $||(u,v)||_2 = \sqrt{|u|^2 + |v|^2}$  is the standard  $\ell_2$  norm on  $\mathbb{C}^2$  (here z is fixed). The result now follows by taking the supremum over |z| = 1.

The advantage of  $\|\cdot\|_L$  is that, unlike  $\|\cdot\|_{\infty}$ , it scales well on Rudin–Shapiro polynomials, and thus allows us to effectively bound  $P_{[m,n)}$  for arbitrarily large m and n.

**Lemma 6.** For any  $n \ge m \ge 0$ ,  $||P_{[2m,2n)}||_L^2 = 2||P_{[m,n)}||_L^2$  and  $||P_{<2n}||_L^2 = 2||P_{< n}||_L^2$ .

*Proof.* By (1) (or Proposition 4(b)) we have

$$P_{[2m,2n)}(z) = P_{[m,n)}(z^2) + zP_{[m,n)}(-z^2),$$

and hence

$$P_{[2m,2n)}(-z) = P_{[m,n)}(z^2) - zP_{[m,n)}(-z^2).$$

Thus by the paralellogram rule

$$|P_{[2m,2n)}(z)|^2 + |P_{[2m,2n)}(-z)|^2 = 2(|P_{[m,n)}(z^2)|^2 + |P_{[m,n)}(-z^2)|^2).$$

<sup>&</sup>lt;sup>1</sup>The subscript L stands for 'Limit', see Theorem 7.

The first statement follows on taking supremums over |z| = 1. The second statement then follows by taking m = 0.

As an example, we see that

$$||P_t||_L = ||P_{<2^t}||_L = 2^{t/2}||P_{<1}||_L = 2^{t/2}||1||_L = 2^{t/2} \cdot \sqrt{2} = 2^{(t+1)/2}.$$
 (3)

Clearly  $\|\pm z^t P(\pm z^s)\|_L = \|P(z)\|_L$  for any  $s \neq 0$ , so Proposition 4(c) implies that

$$||Q_t||_L = ||\pm z^{2^{t-1}} P_t(-z^{-1})||_L = ||P_t||_L = 2^{(t+1)/2}.$$
 (4)

As we clearly have  $||P||_{\infty} \leq ||P||_{L} \leq \sqrt{2}||P||_{\infty}$ , we deduce from Lemma 6 that in general

$$\limsup_{k \to \infty} \frac{\|P_{[2^k m, 2^k n)}\|_{\infty}}{2^{k/2}} \le \|P_{[m, n)}\|_{L},$$

and a natural question is how much do these quantities differ. Indeed, they are equal.

# Theorem 7.

$$\lim_{k \to \infty} \frac{\|P_{[2^k m, 2^k n)}\|_{\infty}}{2^{k/2}} = \|P_{[m,n)}\|_{L}.$$

We defer the proof of this result (which is not needed in the proofs of Theorems 1 or 3) to Section 5.

Finally we note that it is easy to see that there exists a constant C > 0 such that

$$||P_{[m,n)}||_L \le C\sqrt{n-m} \tag{5}$$

for all  $n \geq m \geq 0$ . Indeed, we may assume n > m and pick a maximal k such that  $m \leq 2^k r \leq n$  for some (necessarily odd)  $r \in \mathbb{N}$ . As  $n < 2^k (r+1) = 2^{k+1} \frac{r+1}{2}$  we can write  $n = 2^k r + 2^{t_1} + \dots + 2^{t_p}$  with  $k > t_1 > t_2 > \dots > t_p$ . Now note that, by Proposition 4(b),  $P_{[2^k r, n)}$  can be decomposed into blocks of length  $2^{t_i}$  each of which is (up to multiplication by a power of z) either  $\pm P_{t_i}$  or  $\pm Q_{t_i}$ . Thus by (3) and (4) we have  $\|P_{[2^k r, n)}\|_L \leq \sum_i 2^{(t_i+1)/2} = O(2^{t_1/2}) = O(\sqrt{n-m})$ . Similarly writing  $m = 2^k r - 2^{s_1} - \dots - 2^{s_q}$ ,  $k > s_1 > s_2 > \dots > s_q$ , we see that  $P_{[m,2^k r)}$  can be decomposed into blocks  $\pm P_{s_i}$  or  $\pm Q_{s_i}$  and  $\|P_{[m,2^k r)}\|_L \leq \sum_i 2^{(s_i+1)/2} = O(2^{s_1/2}) = O(\sqrt{n-m})$ . The result then follows as  $\|P_{[m,n)}\|_L \leq \|P_{[m,2^k r)}\|_L + \|P_{[2^k r,n)}\|_L$ .

### 3. Proof of Theorem 1

Define the function f by

$$f(n) = ||P_{< n}||_L^2$$

for  $n \in \mathbb{N} = \{0, 1, 2, ...\}$ . Lemma 6 implies that f(2n) = 2f(n), and so allows us to consistently extend this definition to all non-negative dyadic rationals  $x = \frac{n}{2^k}$  by defining

$$f(x) = 2^{-k} f(2^k x). (6)$$

Now the triangle inequality, the observation that  $P_{< n}(z) = P_{< m}(z) + P_{[m,n)}(z)$ , and (5), imply that

$$|f(n)^{1/2} - f(m)_4^{1/2}| \le C\sqrt{n-m}.$$

By (6) this implies

$$|f(x)^{1/2} - f(y)^{1/2}| \le C\sqrt{y - x} \tag{7}$$

for any dyadic rationals  $y \ge x \ge 0$ , and hence f can be extended by continuity to a continuous function  $f: [0, \infty) \to \mathbb{R}$  which satisfies

$$f(2x) = 2f(x) \tag{8}$$

for all  $x \geq 0$ .

A more refined version of the continuity statement (7) can be given if y is sufficiently close to a simple dyadic rational x.

Lemma 8. If  $2^k x \in \mathbb{N}$  then

$$|f(y)^{1/2} - f(x)^{1/2}| \le f(|y - x|)^{1/2}$$

for all  $y \ge 0$  with  $|y - x| \le 2^{-k-1}$ .

*Proof.* It is enough by continuity to prove this for any dyadic rational y, so pick a  $t \in \mathbb{N}$  such that  $2^{k+t}y$  is an integer. Writing  $n = 2^k x$  and  $r = 2^{k+t}|y - x|$ , we have  $r \leq 2^{t-1}$  and  $2^{k+t}y = 2^t n \pm r$ . Now

$$P_{<2^t n+r}(z) = P_{<2^t n}(z) \pm z^{2^t n} P_{$$

and also

$$P_{\leq 2^t n - r}(z) = P_{\leq 2^t n}(z) \pm z^{2^t n - 1} P_{\leq r}(-z^{-1}).$$

Indeed, these follow from Proposition 4(b) as  $P_{\infty}(z)$  can be decomposed into blocks of the form  $\pm z^{2^t m} P_t(z)$  when m is even and  $\pm z^{2^t m} Q_t(z)$  when m is odd. The first equality then follows as the first  $r \leq 2^{t-1}$  terms of either  $P_t$  or  $Q_t$  forms a  $P_{< r}$ . The second equality follows from Proposition 4(c) which implies the last r terms of  $P_t$  or  $Q_t$  forms a  $\pm z^{2^t - 1} P_{< r}(-z^{-1})$ .

The triangle inequality now implies that

$$\left| \| P_{<2^{k+t}y} \|_{L} - \| P_{<2^{k+t}x} \|_{L} \right| \le \| P_{<2^{k+t}|y-x|} \|_{L},$$

from which we deduce from (6) that  $|f(y)^{1/2} - f(x)^{1/2}| \le f(|x-y|)^{1/2}$ .

We now prove a slightly weaker version of Theorem 1, which is nevertheless enough to imply  $||P_{< n}||_{\infty} \leq \sqrt{6n}$ .

Theorem 9. We have the bounds

$$f(x) \le \begin{cases} 6x, & \text{if } x \in [1, \frac{4}{3}]; \\ 8, & \text{if } x \in [\frac{4}{3}, \frac{25}{16}]; \\ 9, & \text{if } x \in [\frac{25}{16}, 2]. \end{cases}$$

$$(9)$$

In particular,  $f(x) \leq 6x$  for all  $x \geq 0$ .

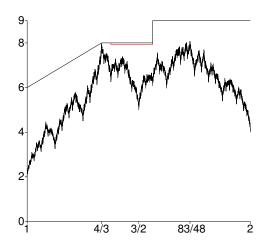


FIGURE 1. Graph of f(x) with bounds proven in Theorem 9 (black) and (10) (red). Note that  $f(\frac{83}{48}) > 8$ , so we are unable to prove a bound  $f(x) \le 8$  on the whole interval  $\left[\frac{4}{3}, 2\right]$ .

*Proof.* It is enough by continuity to prove these inequalities for a dyadic rational, and hence it is enough to prove the appropriately scaled inequalities for integers  $n = 2^k x$ . We prove the result by induction on n. Clearly  $f(0) = ||0||_L^2 = 0$  and  $f(1) = ||1||_L^2 = 2$  satisfy these conditions.

First suppose  $1 \le x \le \frac{4}{3}$ . Write x = 1 + y so that  $n = 2^k x = 2^k + r$ ,  $r = 2^k y < 2^{k-1}$ . Then by induction  $f(r) \le 6r$  and so  $f(y) \le 6y$ . Now, by Lemma 8,

$$f(x) \le (f(1)^{1/2} + f(y)^{1/2})^2 \le (\sqrt{2} + \sqrt{6y})^2 = 2 + 4\sqrt{3y} + 6y \le 6 + 6y = 6x$$

for all  $y \leq \frac{1}{3}$ .

Now suppose  $\frac{4}{3} \le x \le \frac{11}{8}$ . Again write x = 1 + y so that  $n = 2^k + r$ ,  $r = 2^k y < 2^{k-1}$ . Now  $4y \in [\frac{4}{3}, \frac{3}{2}]$ , so by induction (r < n),  $f(y) = \frac{1}{4}f(4y) \le \frac{1}{4} \cdot 8 = 2$ . Hence

$$f(x) \le (f(1)^{1/2} + f(y)^{1/2})^2 \le (\sqrt{2} + \sqrt{2})^2 = 8,$$

as required.

It remains to prove the theorem in the case when  $x \in [\frac{11}{8}, 2]$ , the last statement then following from the fact that  $f(x) \le 6x$  for all  $x \in [1, 2]$ , and f(2x) = 2f(x) for all  $x \ge 0$ . In fact, it will help in the proof of Theorem 1 to prove the very slightly stronger bound

$$f(x) \le 7.92$$
 if  $x \in \left[\frac{11}{8}, \frac{25}{16}\right]$ . (10)

The inequalities (9) and (10) however are never equalities on  $\left[\frac{11}{8},2\right]$  (see Figure 1 for a plot of f(x)). As f(x) can be readily calculated by computer, Lemma 8 allows us to provide a computer assisted proof on an interval around any dyadic point. The result will then follow by exhibiting a collection of such intervals that cover  $\left[\frac{11}{8},2\right]$ .

More specifically, we use the values of x in Table 1 to show that  $f(y) \leq 7.92$  for all  $y \in \left[\frac{11}{8}, \frac{25}{16}\right]$ , and the values of x in Table 2 to show that  $f(y) \leq 9$  for all  $y \in \left[\frac{25}{16}, 2\right]$ . In each

x (binary)	x (decimal)	f(x)	Interval covered
1.011	1.375000	6.250000	$[1.358355, 1.391645]^1$
1.01101	1.406250	6.491173	$[1.390625, 1.421875]^*$
1.011011	1.421875	6.955324	$[1.415772, 1.427978]^2$
1.0111	1.437500	6.625000	$[1.427730, 1.447270]^1$
1.1	1.500000	5.000000	$[1.437500, 1.562500]^3$

TABLE 1. Values of f(x) used to bound  $f(x) \leq 7.92$  in  $[1.375, 1.5625] = \left[\frac{11}{8}, \frac{25}{16}\right]$  along with the intervals where bound is proven. The index i on the interval indicates that the range [x-r,x+r] was limited in this case by a bound on f(r) corresponding to a scaled version of case i in (9). A star on the interval indicates r was limited by the restriction  $|y-x| \leq r = 2^{-k-1}$  in Lemma 8.

x (binary)	x (decimal)	f(x)	Interval covered
1.101	1.625000	5.971801	$[1.562500, 1.687500]^*$
1.1011	1.687500	7.090947	$[1.668559, 1.706441]^1$
1.10111	1.718750	7.284252	$[1.703125, 1.734375]^*$
1.11	1.750000	6.500000	$[1.716177, 1.783823]^1$
1.1101	1.812500	6.239011	$[1.781250, 1.843750]^*$
10.	2.000000	4.000000	$[1.833334, 2.166666]^{1}$

TABLE 2. Values of f(x) used to bound  $f(x) \leq 9$  in  $[1.5625, 2] = [\frac{25}{16}, 2]$  along with the intervals where bound is proven. The indices i on the intervals are as in Table 1.

case we use Lemma 8 to bound f(y) in an interval [x-r,x+r] around x using induction and (9) (scaled appropriately using  $f(|y-x|) = 2^{-t}f(2^t|y-x|)$  with  $2^t|y-x| \in [1,2]$ ) to bound f(|y-x|) for  $|y-x| \le r$ .

Computer calculations of f(x) were performed by evaluating  $P_{< n}(z)$  for  $n = 2^k x$  on all  $2^{24}$ th roots of unity. The maximum error bound in f(x) being easily seen to be less that  $10^{-6}$  in all cases (e.g., by the argument on page 551 of [8]).

Proof of Theorem 1. Write  $n_k = \frac{4}{3} \cdot 2^k + \frac{1}{3}$  and note that  $n_k$  is only an integer when k is odd, and that  $\sqrt{6n_k - 2} - 1 = 2^{(k+3)/2} - 1$ .

We shall prove by induction on k that

$$||P_{\leq n}||_{\infty} \leq \sqrt{6n-2}-1,$$
 for  $1 \leq n \leq 2^{k+1}$ ; and (11)

$$||P_{< n}||_{\infty} \le 2^{(k+3)/2} - 1,$$
 for  $n_k \le n \le \frac{25}{16} \cdot 2^k$ ; (12)

where we note that (12) implies (11) for  $n_k \le n \le \frac{25}{16} \cdot 2^k$ . It is easy to see that (11) and (12) hold for k = 0, 1, so assume  $k \ge 2$ .

Suppose  $2^k < n < n_k$  and write  $n = 2^k + r$ , where  $r < n_k - 2^k = n_{k-2}$ . As  $0 < r \le 2^{k-1}$  we have  $P_{< n}(z) = P_k(z) + z^{2^k} P_{< r}(z)$  and, by induction,

$$||P_{\leq n}||_{\infty} \le ||P_k||_{\infty} + ||P_{\leq r}||_{\infty} \le 2^{(k+1)/2} + \sqrt{6r - 2} - 1.$$

Now  $r \le n_{k-2}$  implies  $\sqrt{6r-2} \le 2^{(k-1)/2}$ , so

$$(2^{(k+1)/2} + \sqrt{6r - 2})^2 = 2^{k+1} + 6r - 2 + 2^{(k+3)/2}\sqrt{6r - 2}$$

$$\leq 2^{k+1} + 6r - 2 + 2^{(k+3)/2} \cdot 2^{(k-1)/2}$$

$$= 6(2^k + r) - 2 = 6n - 2.$$

Hence  $||P_{\leq n}||_{\infty} \leq \sqrt{6n-2}-1$ , as required.

Now suppose  $n_k \le n < \frac{11}{8} \cdot 2^k$  and write  $n = 2^k + r$  with  $n_{k-2} \le r \le \frac{3}{2} \cdot 2^{k-2} < \frac{25}{16} \cdot 2^{k-2}$ . Again we have  $P_{< n}(z) = P_k(z) + z^{2^k} P_{< r}(z)$  and, by induction,

$$||P_{< n}||_{\infty} \le ||P_k||_{\infty} + ||P_{< r}||_{\infty} \le 2^{(k+1)/2} + 2^{(k+1)/2} - 1 = 2^{(k+3)/2} - 1,$$

as required.

Now for  $\frac{11}{8} \cdot 2^k \le n \le \frac{25}{16} \cdot 2^k$  we simply use (10) to obtain

$$||P_{\leq n}||_{\infty} \le ||P_{\leq n}||_{L} \le \sqrt{7.92} \cdot 2^{k/2} < 2^{(k+3)/2} - 1,$$

where the last inequality holds for  $k \ge 13$ . For  $k \le 12$  computer calculations show directly that  $||P_{< n}||_L < 2^{(k+3)/2} - 1$  for this range of n.

Finally, for  $\frac{25}{16} \cdot 2^k \le n \le 2^{k+1}$  we have

$$||P_{< n}||_{\infty} \le ||P_{< n}||_{L} \le 3 \cdot 2^{k/2} < \sqrt{6 \cdot \frac{25}{16} \cdot 2^k - 2} - 1 \le \sqrt{6n - 2} - 1$$

for  $k \geq 7$ , and for  $k \leq 6$  computer calculations show directly that  $||P_{< n}||_L < \sqrt{6n-2}-1$  for this range of n.

## 4. Proof of Theorem 3

We can define, in analogy to f(x) above, the function

$$f(m,n) := ||P_{[m,n)}||_L^2$$

and extend by Lemma 6 and then by continuity to a continuous function f(x, y) defined for all  $0 \le x \le y$ ,  $x, y \in \mathbb{R}$ , that satisfies

$$f(2x, 2y) = 2f(x, y).$$

Again the strategy is to use a computer to check most of the parameter space (x, y), which by scaling and translating can be assumed to be  $[0, 2] \times [2, 4]$ . The main difficulty is that the  $P_{[m,n)}$  corresponding to (x, y) near the extremal point  $(\frac{5}{3}, \frac{8}{3})$  does not exhibit such a simple decomposition as before. Thus we will need to deal with a more complicated version of our  $\|\cdot\|_L$  norm.

Define the following function for any  $r, s \in \mathbb{N}$ ,

$$g(r,s) = \sup_{|\alpha|=1} ||P_{< s}(z) + \alpha z^{-1} P_{< r}(-z^{-1})||_L^2.$$

**Proposition 10.** The function q satisfies the following properties.

- (a) For all  $r, s \ge 0$ , g(s, r) = g(r, s).
- (b) For all  $r, s \ge 0$ , g(2r, 2s) = 2g(r, s).
- (c) There exists a constant C > 0 such that for all r, s, r', s' > 0.

$$|g(r,s)^{1/2} - g(r',s')^{1/2}| \le C|r - r'|^{1/2} + C|s - s'|^{1/2}$$

*Proof.* The first part follows immediately by simply substituting  $z \mapsto -z^{-1}$  and  $\alpha \mapsto -\alpha^{-1}$ in the definition of g(s,r). For the second part we note by Proposition 4(b) that

$$P_{<2s}(z) + \alpha z^{-1} P_{<2r}(-z^{-1}) = P_{$$

and hence

$$P_{<2s}(-z) - \alpha z^{-1} P_{<2r}(z^{-1}) = P_{$$

Thus by the parallelogram rule

$$\begin{split} \left| P_{<2s}(z) + \alpha z^{-1} P_{<2r}(-z^{-1}) \right|^2 + \left| P_{<2s}(-z) - \alpha z^{-1} P_{<2r}(z^{-1}) \right|^2 \\ &= 2 \left| P_{$$

The result now follows by taking the supremum over z and  $\alpha$ .

The last statement is immediate from the triangle inequality for  $\|\cdot\|_L$  together with (5).  $\square$ 

As with the function f, we can now extend the definition of g to non-negative dyadic rationals by setting

$$g(x,y) = 2^{-k}g(2^k x, 2^k y), (13)$$

where  $2^k x, 2^k y \in \mathbb{N}$ , and then extend the definition of g by continuity (Proposition 10(c)) to all real  $x, y \ge 0$ . The following shows that we can use the function g to bound the function f in a (rather large) neighborhood of the critical point  $(\frac{5}{3}, \frac{8}{3})$ .

**Lemma 11.** If  $0 \le x, y \le 1$  then

$$f(2-x,2+y) \le g(x,y).$$

*Proof.* By continuity it is enough to prove this for dyadic rationals, and by scaling it is then enough to show that for integers  $r = 2^{k-1}x$  and  $s = 2^{k-1}y$  with  $0 \le r, s \le 2^{k-1}$  we have

$$f(2^k - r, 2^k + s) \le g(r, s).$$

this however follows immediately from the definitions of f and g together with the fact that  $P_{[2^k-r,2^k+s)}(z)=P_{[2^k-r,2^k)}(z)+P_{[2^k,2^k+s)}(z)=\pm z^{2^k-1}P_{< r}(-z^{-1})+z^{2^k}P_{< s}(z).$ 

Remark 12. The difference between g(r,s) and  $f(2^k - r, 2^k + s)$  is that we lose information on the phase difference of the  $P_{< r}(-z^{-1})$  term and the  $P_{< s}(z)$  term. This is important due to the rather strange way in which we will need to decompose our polynomials  $P_{[m,n)}$  when (m,n) is close to  $(m_k, n_k)$ . However, it is not enough to define g(r,s) more simply as  $|||P_{< s}(z)| + |P_{< r}(-z^{-1})|||_L^2$  as this quantity is too large near the critical values of (r,s). It is important that the same  $\alpha$  is used for both the z and -z terms defining the  $||\cdot||_L$  norm in the definition of g.

Although the definition of g(r, s) is easy to use in proofs, it does not look so easy to calculate numerically due to the fact that we are taking supremums over both z and  $\alpha$ . However, one can rewrite g(r, s) in a form that avoids the supremum over  $\alpha$ . The following was therefore used in the numerical calculations of g(r, s).

**Lemma 13.** For non-negative integers r and s,

$$g(r,s) = \sup_{|z|=1} \left\{ |P_{< r}(z)|^2 + |P_{< r}(-z)|^2 + |P_{< s}(z)|^2 + |P_{< s}(-z)|^2 + |P_{< s}$$

*Proof.* Write the function g(r,s) as  $\sup_{|\alpha|=1} \sup_{|z|=1} S_{r,s}(\alpha,z)$ , where

$$\begin{split} S_{r,s}(\alpha,z) &= |P_{$$

Clearly the sum of the last two terms in maximized when  $\alpha$  is chosen so that

$$\bar{\alpha}z(P_{< s}(z)P_{< r}(-z) - P_{< s}(-z)P_{< r}(z))$$

is a positive real. Thus

$$\sup_{|\alpha|=1} S_{r,s}(\alpha,z) = |P_{< r}(z)|^2 + |P_{< r}(-z)|^2 + |P_{< s}(z)|^2 + |P_{< s}(-z)|^2 + |P_{< s}(-z)|^2 + |P_{< s}(z)|^2 + |P_{< s}(-z)|^2 + |P_{< s}(z)|^2 + |P_{< s}(-z)|^2 + |P_{< s$$

The result follows on taking the supremum over z.

The following are refined versions of the continuity statements for f and g that we will need later in the computer assisted proofs.

**Lemma 14.** If  $2^k x, 2^k y \in \mathbb{N}$  and  $|x - x'|, |y - y'| \le 2^{-k-1}$ , then

$$\left| f(x', y')^{1/2} - f(x, y)^{1/2} \right| \le f(|x' - x|)^{1/2} + f(|y' - y|)^{1/2} \le 3 \cdot 2^{-k/2},\tag{14}$$

$$\left| g(x', y')^{1/2} - g(x, y)^{1/2} \right| \le f(|x' - x|)^{1/2} + f(|y' - y|)^{1/2} \le 3 \cdot 2^{-k/2}. \tag{15}$$

*Proof.* Follows from the same proof as in Lemma 8. For the last inequality we note that if  $z \le 2^{-k-1}$  then  $f(z) \le 2^{-k-2} f(2^{k+2}z) \le 9 \cdot 2^{-k-2}$ . Hence  $f(|x'-x|)^{1/2} + f(|y'-y|)^{1/2} \le 2 \cdot 3 \cdot 2^{-(k+2)/2} = 3 \cdot 2^{-k/2}$ . □

The following is the key inequality needed to bound g(x,y) near the critical point  $(\frac{4}{3},\frac{8}{3})$ .

**Lemma 15.** For all  $x \in [0, \frac{1}{2}]$  and  $y \in [0, 1]$ ,

$$g(1+x,2+y)^{1/2} \le \sqrt{10} + g(x,y)^{1/2}$$
.

*Proof.* Writing  $r = 2^{k-1}x$  and  $s = 2^{k-1}y$  we have  $0 \le r \le 2^{k-2}$  and  $0 \le s \le 2^{k-1}$ . Thus  $P_{<2^{k-1}+r}(z) = P_{<2^{k-1}}(z) + z^{2^{k-1}}P_{<r}(z)$  and  $P_{<2^k+s}(z) = P_{2^k}(z) + z^{2^k}P_{<s}(z)$ . Clearly we may assume  $k \ge 2$ , so that

$$\begin{split} g(2^{k-1}+r,2^k+s)^{1/2} &= \sup_{\alpha} \left\| P_{<2^k}(z) + z^{2^k} P_{$$

where  $\beta = \alpha z^{-3 \cdot 2^{k-1}} = \alpha (-z)^{-3 \cdot 2^{k-1}}$ . Hence after scaling we have

$$g(1+x,2+y)^{1/2} \le g(1,2)^{1/2} + g(x,y)^{1/2}.$$

Finally we observe that

$$g(1,2) = \sup_{\alpha,z} (|1+z+\alpha z^{-1}|^2 + |1-z-\alpha z^{-1}|^2)$$
  
= 
$$\sup_{\alpha,z} 2(|1|^2 + |z+\alpha z^{-1}|^2) = 2 \cdot (1^2 + 2^2) = 10.$$

We now come to the key bound we need on g(x, y).

**Lemma 16.** For  $x \in [0, 2], y \in [0, 4]$  we have

$$g(x,y) \le \min\{10(x+y), 40\}. \tag{16}$$

In particular,  $g(x,y) \le 10(x+y)$  for all  $x,y \ge 0$ .

*Proof.* We use induction to bound g(r, s) for integers r, s, and scale using (13), however for ease of exposition we will write the proof in terms of  $x, y \in \mathbb{R}$ , which by continuity may be considered dyadic rationals.

Firstly, we can reduce to the case when (x, y) lies inside the blue contour in Figure 2, namely

$$(x,y) \in B := ([0,2] \times [0,4]) \setminus ([0,1] \times [0,2]) \setminus ([0,2] \times [0,1]).$$

Indeed, for  $x \geq y$  we have g(x,y) = g(y,x), and for  $x \leq y$ ,  $(x,y) \in [0,1] \times [0,2]$ , we have  $2^k(x,y) \in B$  for some  $k \geq 1$ . Then

$$g(x,y) = \frac{1}{2^k}g(2^kx, 2^ky) \le \min\{10(x+y), 40 \cdot 2^{-k}\} \le \min\{10(x+y), 40\}.$$

If  $x=1+x'\in[1,\frac{3}{2}]$  and  $y=2+y'\in[2,3]$  (inside red contour in Figure 1) induction  $(2^kx'<2^kx,\,2^ky'<2^ky)$  implies that

$$g(x', y') = \frac{1}{4}g(4x', 4y') \le \frac{1}{4}\min\{10(4x' + 4y'), 40\} = \min\{10(x' + y'), 10\}.$$

Thus by Lemma 15

$$g(x,y)^{1/2} \le \sqrt{10} + \min\{\sqrt{10(x'+y')}, \sqrt{10}\},\$$

so for  $x + y \le 4$   $(x' + y' \le 1)$  we have

$$g(x,y) \le \left(\sqrt{10} + \sqrt{10(x'+y')}\right)^2 = 10 + 20\sqrt{x'+y'} + 10(x'+y')$$
  
$$\le 30 + 10(x'+y') = 10(x+y),$$

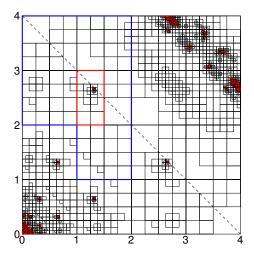
and for  $x + y \ge 4$   $(x' + y' \ge 1)$ 

$$g(x,y) \le (\sqrt{10} + \sqrt{10})^2 = 40.$$

In the remaining cases (between the red and blue contours) the inequality is strict, and so can be proved by computer. We divide up the region into dyadic squares  $S_{r,s} = [2^{-k}r, 2^{-k}(r+1)] \times [2^{-k}s, 2^{-k}(s+1)]$  and evaluate g(x,y) numerically at each corner of  $S_{r,s}$ . We then divide  $S_{r,s}$  up into 4 smaller dyadic squares  $S'_{r',s'} = [2^{-k-1}r', 2^{-k-1}(r'+1)] \times [2^{-k-1}s', 2^{-k-1}(s'+1)]$ ,  $r' \in \{2r, 2r+1\}$ ,  $s' \in \{2s, 2s+1\}$ . Using Lemma 14 we try to prove the bound (16) for each of the four smaller squares  $S'_{r',s'}$  using the value of g(x,y) at the corresponding corner of  $S_{r,s}$ . Note that all points  $(x',y') \in S'_{r',s'}$  satisfy the conditions  $|x'-x|, |y'-x| \le 2^{-k-1}$ . If this fails, we recursively subdivide each  $S'_{r',s'}$  in the same way. Once we get to squares of side length  $2^{-6}$  we give up and mark the square as bad.

This procedure was applied to the whole of  $[0,4]^2$  and the result is shown in Figure 2. The only bad squares that lie inside the blue contour also lie inside the red contour, so we are done.

Proof of Theorem 3. The result clearly holds for  $0 \le m \le n < 2$ , so assume  $n \ge 2$  and fix  $k \ge 0$  so that  $2^{k+1} \le n < 2^{k+2}$ . Now if  $m \ge 2^{k+1}$  we can use the fact that  $Q_{k+1}(z) = \pm z^{2^{k+1}-1} P_{k+1}(-z^{-1})$  to deduce that  $\|P_{[m,n)}\|_{L} = \|P_{[2^{k+2}-n,2^{k+2}-m)}\|_{L}$ . But  $2^{k+2} - m < n$ ,



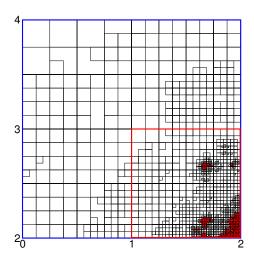


FIGURE 2. Bounding g(x, y) in Lemma 16 (left) and f(x, y) in Theorem 3 (right). Region between red and blue contours is divided recursively into squares in an attempt to prove bounds. The boundaries of the squares are shown only if the first attempt to bound f or g on them failed (so they occur as an  $S_{r,s}$  square in the proofs). On the left, the dashed line indicates the line 10(x + y) = 40. The regions outside of the blue contours and inside the red contours are shown for illustration only and are not used in the proofs.

so we are done by induction on n. Thus we may assume that  $m=2^kx$ ,  $n=2^ky$ , with  $(x,y) \in [0,2] \times [2,4]$ . For  $(x,y) \in [1,2] \times [2,3]$  we use Lemmas 11 and 16 to deduce that

$$f(x,y) \le g(2-x,y-2) \le 10(y-x).$$

In all other cases the bounds are strict, and so can be proved by computer in an exactly analogous way to Lemma 16.  $\Box$ 

# 5. Proof of Theorem 7

We first describe the strategy used to prove Theorem 7. We apply Proposition 4(b) to deduce that

$$P_{[2^{k+1}m,2^{k+1}n)}(w) = P_k(w)P_{[m,n)}(w^{2^{k+1}}) + w^{2^k}Q_k(w)P_{[m,n)}(-w^{2^{k+1}})$$
$$= \langle (P_k(w),Q_k(w))^T, (P_{[m,n)}(\bar{z}^2), \bar{z}P_{[m,n)}(-\bar{z}^2))^T \rangle,$$

where  $z=w^{2^k}$  and  $\langle u,v\rangle=u^T\bar{v}$  is the standard inner product on  $\mathbb{C}^2$ . To maximize this expression we pick z to be such that  $\|(P_{[m,n)}(z^2),P_{[m,n)}(-z^2))\|_2$  is maximized, so that then  $\|(P_{[m,n)}(\bar{z}^2),\bar{z}P_{[m,n)}(-\bar{z}^2))\|_2 = \|(P_{[m,n)}(z^2),P_{[m,n)}(-z^2))\|_2 = \|P_{[m,n)}\|_L$ . We then wish to pick w so that  $(P_k(w),Q_k(w))$  is nearly parallel to  $(P_{[m,n)}(\bar{z}^2),\bar{z}P_{[m,n)}(-\bar{z}^2))$  so as to maximize

the inner product. In this case we would have

$$P_{[2^{k+1}m,2^{k+1}n)}(w) = \langle (P_k(w),Q_k(w))^T, (P_{[m,n)}(\bar{z}^2),\bar{z}P_{[m,n)}(-\bar{z}^2))^T \rangle$$

$$\approx \|(P_k(w),Q_k(w))\|_2 \cdot \|(P_{[m,n)}(\bar{z}^2),\bar{z}P_{[m,n)}(-\bar{z}^2))\|_2$$

$$= 2^{(k+1)/2} \|P_{[m,n)}\|_L,$$

and so  $|P_{[2^{k+1}m,2^{k+1}n)}(w)|/2^{(k+1)/2} \approx ||P_{[m,n)}||_L$  as required. Hence it is enough to show that, for large k, we can approximate any vector in the 3-sphere

$$S^3 := \{(\alpha, \beta) \in \mathbb{C}^2 : |\alpha|^2 + |\beta|^2 = 1\}$$

with  $(P_k(w)/2^{(k+1)/2}, Q_k(w)/2^{(k+1)/2})$  for an appropriately chosen w.

In [9] it was shown that for w taken uniformly at random from  $S^1 := \{w \in \mathbb{C} : |w| = 1\}$  we have that  $P_k(w)/2^{(k+1)/2}$  converges in distribution as  $k \to \infty$  to a uniform random variable in the unit disk  $D := \{z \in \mathbb{C} : z \leq 1\}$ . Indeed, a stronger theorem was proved. Let

$$G(w) = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & w \\ 1 & -w \end{pmatrix}$$

and note that

$$\begin{pmatrix} P_k(w)/2^{(k+1)/2} \\ Q_k(w)/2^{(k+1)/2} \end{pmatrix} = G(w^{2^{k-1}})G(w^{2^{k-2}})\cdots G(w^2)G(w) \begin{pmatrix} 2^{-1/2} \\ 2^{-1/2} \end{pmatrix}$$

In [9] it is shown that if w is distributed uniformly on  $S^1$ , then  $G(w^{2^{k-1}})\cdots G(w)$  tends in distribution to the Haar measure on the compact Lie group U(2). This implies that  $(P_k(w)/2^{(k+1)/2}, Q_k(w)/2^{(k+1)/2})$  tends in distribution to a uniform random variable in  $S^3$ , and in particular we can approximate any  $(\alpha, \beta) \in S^3$  arbitrarily accurately as  $k \to \infty$ .

However, we also need the condition that  $w^{2^k} = z$ , so we cannot take w to be uniform in  $S^1$ . Fortunately the proof in [9] actually proves the following stronger statement.

**Theorem 17.** For each k, let  $w = w_k$  be drawn from a distribution  $\mathcal{D}_k$  supported on  $S^1$  with the property that  $\mathbb{E}(w^n) = 0$  for all n such that  $2^k \nmid n$ . Then  $G(w^{2^{k-1}}) \cdots G(w)$  tends in distribution to the Haar measure on U(2) as  $k \to \infty$ .

Indeed, the proof in [9] follows by showing that, for any (finite dimensional) irreducible representation  $\pi$  of U(2),

$$\mathbb{E}\left[\pi(G(w^{2^{k-1}}))\dots\pi(G(w))\right] \to 0 \quad \text{as } k \to \infty.$$
 (17)

Convergence in distribution to the Haar measure then follows from standard results (see Theorem 2.1 of [9]).

For each fixed  $\pi$ , the expression inside the expectation in (17) is a matrix with entries that are polynomials in w and  $w^{-1}$ , and the proof in [9] proceeds by induction on k, keeping

only the terms  $w^n$  with  $2^k \mid n$  at each stage. More specifically, assume  $\pi$  is of dimension d and let  $v \in \mathbb{C}^d$  be fixed. Then

$$\pi(G(w^{2^{k-1}}))\cdots\pi(G(w))v = (p_1^{(k)}(w),\dots,p_d^{(k)}(w))^T$$

where each  $p_i^{(k)}(w) = \sum_{j=-2^k N}^{2^k M} p_{i,j}^{(k)} w^j \in \mathbb{C}[w,w^{-1}]$  for some fixed N and M depending only on  $\pi$ . The coefficients  $p_{i,2^k j}^{(k+1)}$  depend only on the coefficients  $p_{\ell,2^k m}^{(k)}$  as the entries of the  $d \times d$  matrix  $\pi(G(w^{2^k}))$  all lie in  $\mathbb{C}[w^{2^k},w^{-2^k}]$ . Thus by ignoring all terms  $w^n$  with  $2^k \not\mid n$  in  $p_i^{(k)}$  and dropping terms with  $2^{k+1} \not\mid n$  in  $p_i^{(k+1)}$  we obtain a linear map

$$S: \mathbb{C}^{d(N+M+1)} \to \mathbb{C}^{d(N+M+1)}; \qquad S((p_{i,2^k j}^{(k)})_{i,j}) = (p_{i,2^{k+1} j}^{(k+1)})_{i,j}$$

which is in fact easily seen to be *independent* of k. It is then shown that  $||S|| = \rho < 1$  and so  $p_{i,2^k j}^{(k)} \to 0$  as  $k \to \infty$  for all i,j.

In [9] it is enough that the j=0 terms tend to 0 as for a uniform random variable on  $S^1$  we have  $\mathbb{E}(w^n)=0$  for all  $n\neq 0$ . However, the proof clearly shows that the whole vector  $(p_{i,2^kj}^{(k)})_{i,j}\in\mathbb{C}^{d(N+M+1)}$  tends to 0 as  $k\to\infty$ . Thus if  $\mathbb{E}(w^n)=0$  for all n with  $2^k\nmid n$  (and  $|\mathbb{E}(w^n)|\leq 1$  otherwise) we see that for any  $v\in\mathbb{C}^d$ ,

$$\left\| \mathbb{E}\left[ \pi(G(w^{2^{k-1}})) \cdots \pi(G(w))v \right] \right\|_2 \to 0$$
 as  $k \to \infty$ .

Hence (17) holds and Theorem 17 follows.

Proof of Theorem 7. As shown above, it is enough to show that for any  $(\alpha, \beta) \in S^3$ ,  $\varepsilon > 0$ , and  $z \in S^1$  we can find, for sufficiently large k, a w satisfying  $w^{2^k} = z$  with

$$\|(P_k(w)/2^{(k+1)/2}, Q_k(w)/2^{(k+1)/2}) - (\alpha, \beta)\|_2 < \varepsilon$$

For each k we let  $w = w_k$  be chosen uniformly at random from the solutions of  $w^{2^k} = z$  and note that  $\mathbb{E}(w^n) = 0$  for all n with  $2^k \nmid n$ . Thus we can apply Theorem 17 to deduce that

$$\begin{pmatrix} P_k(w)/2^{(k+1)/2} \\ Q_k(w)/2^{(k+1)/2} \end{pmatrix} = G(w^{2^{k-1}}) \cdots G(w^2) G(w) \begin{pmatrix} 2^{-1/2} \\ 2^{-1/2} \end{pmatrix}$$

tends in distribution to the uniform measure on  $S^3$  as  $k \to \infty$ . Thus for sufficiently large k, there is a positive probability that  $(P_k(w)/2^{(k+1)/2}, Q_k(w)/2^{(k+1)/2})$  lies in the ball of radius  $\varepsilon$  around  $(\alpha, \beta) \in S^3$ , and hence there exists a solution w of  $w^{2^k} = z$  with this property.  $\square$ 

Finally we deduce (2) by estimating  $||P_{[m_k,n_k)}||_L$ . Recall that

$$m_k := \frac{5 \cdot 4^k + 1}{3}, \qquad n_k := \frac{8 \cdot 4^k + 1}{3}.$$

Thus  $m_k = 4m_{k-1} - 1$  and  $n_k = 4n_{k-1} - 1$ . Also it is easy to check that  $a_{m_k} = 1$  and  $a_{n_k} = -1$  for  $k \ge 0$ . Hence, by Proposition 4(b),

$$P_{[m_{k+1},n_{k+1})}(z) = P_2(z)P_{[m_k,n_k)}(z^4) + z^2Q_2(z)P_{[m_k,n_k)}(-z^4) + a_{m_{k+1}}z^{m_{k+1}} - a_{n_{k+1}}z^{n_{k+1}}$$

$$= (1+z)P_{[m_k,n_k)}(z^4) + (z^2 - z^3)P_{[m_k,n_k)}(-z^4) + z^{m_{k+1}} + z^{n_{k+1}}.$$
(18)

Taking  $z = \pm 1$  we have  $P_{[m_0,n_0)}(z) = P_{[2,3)}(z) = z^2 = 1$  and

$$P_{[m_{k+1},n_{k+1})}(1) = 2P_{[m_k,n_k)}(1) + 2$$
, and  $P_{[m_{k+1},n_{k+1})}(-1) = 2P_{[m_k,n_k)}(-1) - 2$ .

From this it follows by induction that

$$P_{[m_k,n_k)}(1) = 3 \cdot 2^k - 2$$
 and  $P_{[m_k,n_k)}(-1) = -2^k + 2$  (19)

for all  $k \geq 0$ . Thus

$$||P_{[m_k,n_k)}||_L^2 \ge P_{[m_k,n_k)}(1)^2 + P_{[m_k,n_k)}(-1)^2$$
  
 
$$\ge (3 \cdot 2^k - 2)^2 + (-2^k + 2)^2 = 10 \cdot 2^{2k} - 16 \cdot 2^k + 8.$$

Thus in particular (as  $n_k - m_k = 4^k$ )

$$\liminf_{k \to \infty} \frac{\|P_{[m_k, n_k)}\|_L^2}{n_k - m_k} \ge 10.$$

As the ratio is always at most 10 by Theorem 3, we deduce that (2) holds.

To see an explicit case when  $|P_{[m_k,n_k)}(z)| > 3\sqrt{(n_k - m_k)}$  we can take  $z = e^{3\pi i/4}$ . Then  $z^4 = -1$  and so (18) and (19) imply

$$P_{[m_{k+1},n_{k+1})}(z) = (1+z)(-2^k+2) + (z^2-z^3)(3\cdot 2^k-2) + O(1)$$
  
=  $(-1-z+3z^2-3z^3)2^k + O(1)$ .

Hence

$$\frac{|P_{[m_k,n_k}(e^{3\pi i/4})|^2}{n_k - m_k} = \frac{1}{4} \left| -1 - e^{3\pi i/4} + 3e^{6\pi i/4} - 3e^{9\pi i/4} \right|^2 + o(1) = 5 + \frac{7}{\sqrt{2}} + o(1).$$

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