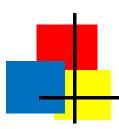


Department of Psychology University of Memphis

Graduate Programs Orientation August 18, 2016

This Session

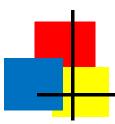
- Dr. Frank Andrasik, Department Chair
 - Welcome to the Department
- Dr. Robert Cohen, Graduate Coordinator
 - General information
- Dr. Randy Floyd, Associate Chair
 - Embodying Ideals as a Graduate Student
- Dr. Jim Murphy, Clinical Director
 - Productivity and Success
- Dr. Meghan McDevitt-Murphy, MSGP Director
 - ☐ The Many Roles of a Grad Student



Graduate Programs Orientation

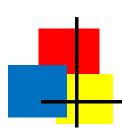
Overview of my part of this session

- Structure of the Department
- Graduate Student Activities
- Graduate Student Funding
- Student Evaluations
- Sources for help
- Final comments



Structure of the Department

Programs
Research Areas
Major Professor



Structure of the Department: **Programs**

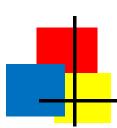
Clinical Dr. Jim Murphy

Experimental Dr. Robert Cohen

School Dr. Tom Fagan

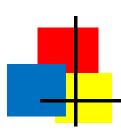
Dr. Randy Floyd

General (MSGP)
 Dr. Meghan McDevitt-Murphy



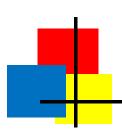
Structure of the Department: Research Areas

- Behavioral Neuroscience
- Child and Family Studies
- Clinical Health Psychology
- Cognitive Psychology
- Psychotherapy Research



Structure of the Department: Major Professor

- Doctoral Programs: Assigned
- MSGP Program: Arranged by student
- M.A./Ed.S.: Dr. Fagan



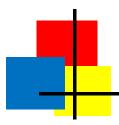
Structure of the Department: Major Professor

- Importance of the Major Professor/Student relationship
 - Apprenticeship model
 - Milestones
- You're not an undergrad anymore!
 - Commitment to lab



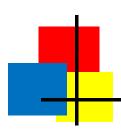
Structure of the Department (continued)

- Graduate Secretary:Cynthia Walker
- Some of her duties
 - Issues permits for restricted courses
 - Manages student files
 - Communicates deadlines, etc.
 - She will communicate with you through your memphis.edu address



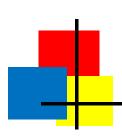
Graduate Student Activities

Courses
Research
Milestones



Graduate Student Activities: Courses

- If on Graduate Assistantship, must be enrolled for at least 9 hours.
- Consult with Major Professor
- Common courses across doctoral and MSGP programs
 - Methods (7301)
 - Stat 1 (7302)

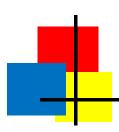


Graduate Student Activities: Courses

First Year Colloquium

First session:

Friday, August 26, 2016 Room 208 1:00 – 2:00



Graduate Student Activities: Research

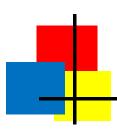
- Research involvement required every semester
- Research practica
- Research area meetings
- Lab meetings
- Department Subject Pool



Graduate Student Activities: Milestones

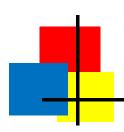
- For MSGP students:
 - Masters Thesis or Specialty Review

- For M.A./Ed.S students:
 - M.A.: Oral exam
 - Ed.S.: Praxis



Graduate Student Activities: Milestones

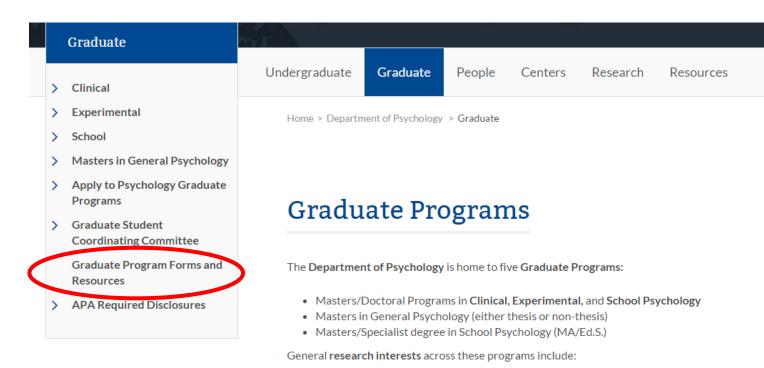
- For Doctoral students:
 - Masters Thesis
 - Mid-Point Milestone
 - 4 options for Clinical students
 - 4 options for Experimental students
 - Specialty exam for School students
 - Dissertation



Graduate Student Activities: Milestones

- See Department Graduate Handbook for committee membership, forms, etc.
- Registering for Milestone Hours
- There is paperwork for both proposal and final defense meetings.
 - Some for department
 - Some for Graduate School
 - Grad School forms go to Laura Simpson in Main Office

http://www.memphis.edu/psychology/graduate/index.php



Psychology Graduate Programs Application

Click on link to Apply to the Department of Psychology Graduate Program

The Psychological Services Center

PSC provides general outpatient psychotherapeutic and psychological assessment services to individuals and families

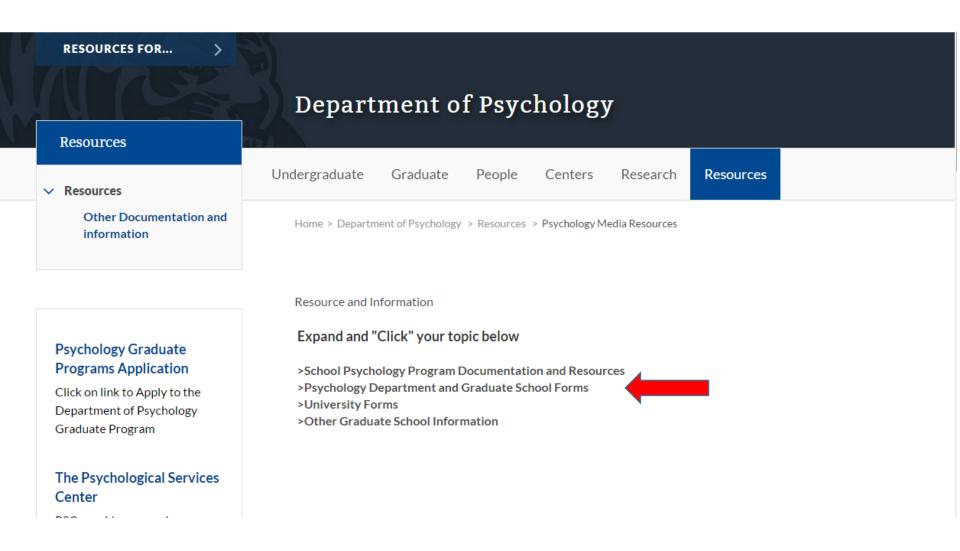
· Clinical Health Psychology

- · Behavioral Neuroscience
- Child and Family Studies
- · Cognitive Psychology
- Psychotherapy Research

The Department of Psychology at the University of Memphis:

- is a recognized Center of Excellence in the State of Tennessee
- has over 30 full-time faculty
- provides office space and conference travel funds to graduate students
- provides four years of assistantship funding to masters/doctoral students
- fosters involvement in research during students' first year while developing individual research projects with their primary mentor and other faculty
- has extensive collaborative research opportunities including:
 - Institute of Intelligent Systems housed at the FedEx Institute of Technology (on campus)
 - St. Jude Children's Research Hospital
 - A University of Tennessee Health Sciences in Memohis

http://www.memphis.edu/psychology/resources/mediaresources.php



http://www.memphis.edu/psychology/resources/mediaresources.php



Other Documentation and information

Undergraduate

Graduate People

Centers

Research

Resources

Home > Department of Psychology > Resources > Psychology Media Resources

Psychology Graduate Programs Application

Click on link to Apply to the Department of Psychology Graduate Program

The Psychological Services Center

PSC provides general outpatient psychotherapeutic and psychological assessment services to individuals and families Resource and Information

Expand and "Click" your topic below

- >School Psychology Program Documentation and Resources
- >Psychology Department and Graduate School Forms

DEPARTMENT AND GRADUATE SCHOOL MILESTONE FORMS TO COMPLETE

Masters Thesis: Proposal

Department: Student Milestone Project Rating Form

Graduate School: Thesis/Dissertation Faculty Committee Appointment Form Graduate School: Thesis or Dissertation Proposal Defense Form (including IRB)

Masters Thesis: Final Defense

Department: Student Milestone Project Rating Form

Graduate School: Thesis/Dissertation Final Defense Results

Graduate School: Final Committee Approval Form for Electronic Thesis or Dissertation

Submission

Graduate School: Comprehensive Examination Results Form

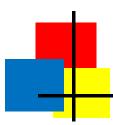


Funding

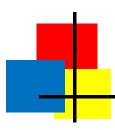


Graduate Student Funding

- Types of funding
 - GAs: RAs versus TAs
 - Department assistantships
 - Grants
 - Placements/Outside agencies
 - Fellowships and awards
- Obligations



Student Evaluations



Student Evaluations

- First year Clinical and Experimental students evaluated in December, by program faculty.
- All students for all programs are evaluated in May, again by program faculty.
- Important to meet with Major Professor before and after evaluation meetings.



Sources for Help



Sources for Help

- Graduate Catalog
- Department Graduate Handbook
- Chair, Program Directors, Cynthia, Me
- GSCC
 - Represent you at faculty meetings
 - Distribute some travel funding
- Department Grievance Committee



Final Comments

Embodying Ideals as a Graduate Student: Professional and Research Ethics, Respect for Diversity, and Institutional Protections

Randy G. Floyd
Associate Chair, Department of Psychology

THE UNIVERSITY OF MEMPHIS

GRADUATE STUDENT HANDBOOK

GENERAL INFORMATION: ETHICAL BEHAVIOR AND RESPECT FOR DIVERSITY

Students enrolled in a Department of Psychology graduate program are expected to behave in accordance with the university's Code of Student Rights and Responsibilities, found here:

http://www.memphis.edu/studentconduct/code.php. The University's policies on academic and classroom misconduct can be found at http://www.memphis.edu/studentconduct/misconduct.htm. In addition, students should display ethical and appropriate professional behaviors and be guided by the Ethical Principles of Psychologists and Code of Conduct of the American Psychological Association, http://www.apa.org/ethics/code/index.aspx.

REVISED 8/2016



Code of Student Rights & Responsibilities

Office of Student Conduct University Center Suite 359

studentconduct@memphis.edu 901.678.2298

- (x) Academic Misconduct. Plagiarism, cheating, fabrication. For purposes of this section the following definitions apply:
 - (1) Plagiarism. The adoption or reproduction of ideas, words, statements, images, or works of another person as one's own without proper attribution, or the reuse of one's own academic work previously submitted for academic credit at any academic institution (including the University of Memphis).
 - (2) Cheating. Using or attempting to use unauthorized materials, information, or aids in any academic exercise or test/examination. The term academic exercise includes all forms of work submitted for credit or hours.
 - (3) Fabrication. Unauthorized falsification or invention of any information or citation in an academic exercise. Providing false or misleading information to an instructor.
 - (4) Any attempt to interfere or tamper with the academic work of another student.
 - (5) Unauthorized sale, distribution, and/or solicitation of course notes or other course materials. Any sale, delivery, distribution, or solicitation of course materials without the consent of the author and/or the course instructor.

Academic Integrity

(1) Plagiarism, cheating, and other forms of academic dishonesty are prohibited. Students guilty of academic misconduct, either directly or indirectly, through participation or assistance, are immediately responsible to the instructor of the class in addition to other possible disciplinary sanctions which may be imposed through the regular institutional disciplinary procedures.



OF PSYCHOLOGISTS AND CODE OF CONDUCT

Adopted August 21, 2002 Effective June 1, 2003

With the 2010 Amendments Adopted February 20, 2010 Effective June 1, 2010



Ethical Principles of Psychologists and Code of Conduct

_		,
2.	Competence	6.03
2.01	Boundaries of Competence	
2.02	Providing Services in Emergencies	6.04
2.03	Maintaining Competence	6.05
2.04	Bases for Scientific and Professional	6.06
	Judgments	
3.	Human Relations	7.01
3.01	Unfair Discrimination	
3.02	Sexual Harassment	7.02
3.03	Other Harassment	
3.04	Avoiding Harm	7.03
3.05	Multiple Relationships	7.04
3.06	Conflict of Interest	
3.07	Third-Party Requests for Services	7.05
3.08	Exploitative Relationships	
3.09	Cooperation With Other	7.06
	Professionals	
3.10	Informed Consent	7.07

Education and Training
Design of Education and Training
Programs
Descriptions of Education and
Training Programs
Accuracy in Teaching
Student Disclosure of Personal
Information
Mandatory Individual or Group
Therapy
Assessing Student and Supervisee
Performance
Sexual Relationships With
Students and Supervisees

8.	Research and Publication
8.01	Institutional Approval
	* *
8.02	Informed Consent to Research
8.03	Informed Consent for Recording
	Voices and Images in Research
8.04	Client/Patient, Student, and
	Subordinate Research Participants
8.05	Dispensing With Informed Consent
	for Research
8.06	Offering Inducements for Research
	Participation
8.07	Deception in Research
8.08	Debriefing
8.09	Humane Care and Use of Animals
	in Research
8.10	Reporting Research Results
8.11	Plagiarism
8.12	Publication Credit
8.13	Duplicate Publication of Data
8.14	Sharing Research Data for Verification

THE UNIVERSITY OF MEMPHIS

GRADUATE STUDENT HANDBOOK

Institutional Review Board (IRB)

All University of Memphis faculty, staff, and students who propose to engage in any research activity involving the use of human subjects—including research for theses and dissertations must have prior approval from the Institutional Review Board (IRB). The IRB is responsible for safeguarding rights and welfare of all persons participating in research projects, whether funded or non-funded. Information about the IRB including information about forms can be accessed at http://www.memphis.edu/irb/.

Protections for research animals are ensured by the Institutional Animal Care and Use Committee. All researchers must complete an online ethic course. The home website for the IRB is: http://www.memphis.edu/irb/index.php. IRB forms may be found at http://www.memphis.edu/irb/forms.php

REVISED 8/2016

USA - English

Collaborative Institutional Training Initiative

Search Knowledge Base

a

Home

About Us

COURSES

Subscribing

Online Courses

CMEs/CEUs

News

Contact Us









Log in through my institution Log in via SSO

Create an account Register

Access requires registration as an affiliate of a subscribing CITI institution or as an unaffiliated learner.



CITI Training Modules http://www.citiprogram.org

- Complete "Un of Memphis Courses" and "Social & Behavioral Research Basic/Refresher"
- 17 modules
- Achieve an average of 80% on all quizzes

Required Modules

University of Memphis (ID: 14523)

Belmont Report and CITI Course Introduction (ID: 1127)

Students in Research (ID: 1321)

History and Ethical Principles - SBE (ID: 490)

Defining Research with Human Subjects - SBE (ID: 491)

The Federal Regulations - SBE (ID: 502)

Assessing Risk - SBE (ID: 503)

Informed Consent - SBE (ID: 504)

Privacy and Confidentiality - SBE (ID: 505)

Research with Prisoners - SBE (ID: 506)

Research with Children - SBE (ID: 507)

Research in Public Elementary and Secondary Schools - SBE (ID: 508)

International Research - SBE (ID: 509)

Internet-Based Research - SBE (ID: 510)

Research and HIPAA Privacy Protections (ID: 14)

Vulnerable Subjects - Research Involving Workers/Employees (ID: 483)

Conflicts of Interest in Research Involving Human Subjects (ID: 488)

Family Educational Rights and Privacy Act (FERPA) Tutorial

- https://my.memphis.edu/
- Graduate Assistant tab
- FERPA channel

University of Memphis FERPA Tutorial

Family Educational Rights and Privacy Act (FERPA)

University of Memphis Policy UM1248 - Privacy of Education Records

PROTECT OUR STUDENTS PROTECT OURSELVES

To be allowed access to student records, you must carefully review the material presented in this site. Maintaining the confidentiality of student records is everyone's responsibility -- faculty, staff, and students.

Why?

- Because federal law requires us to do so.
- 2. Because failure to maintain the confidentiality of student records can result in the following severe consequences:
 - · Loss of University funding from the Department of Education.
 - Sanctions against the University imposed by the Department of Education.
 - · Disciplinary action, including possible dismissal, against University employees.

This tutorial will give you a basic knowledge of the rules governing the release of student information. You will be asked to answer several questions at the end as part of completing the tutorial. Once you have completed the tutorial, you will receive an e-mail confirming your completion. Although your completion will be recorded in the University's database, you may want to retain the confirmation e-mail for your records.

Department Diversity Statement

The University of Memphis Department of Psychology seeks to understand and address issues of culture, disability, ethnicity, gender, generation, sexual orientation, national origin, privilege, race, and different views on religion in education, policy, research, practice, recruitment, and retention of diverse populations. In this, it strives to offer resources that promote goals of cultural humility, mutual respect, and social justice at the level of the department, university, and broader community.

Psychology Diversity Committee

Co-chairs: Dr. Randy Floyd and Dr. Idia Thurston

Members: Dr. Xiangen Hu, Dr. Elizabeth Meisinger, and Dr. Robert Neimeyer

Student members: Kenneth Barideaux, Alison Pickover, and Brianna Stith

THE UNIVERSITY OF MEMPHIS.

Harassment and Discrimination Grievance Procedures. No form of sexual or racial harassment will be tolerated. The University procedures for dealing with suspected harassment may be found at: http://www.memphis.edu/oie/harrassment/index.php.

DEPARTMENT OF PSYCHOLOGY

GRADUATE STUDENT HANDBOOK

It should be noted that, as part of these procedures, "All faculty members, students and staff, particularly management and supervisory personnel, are responsible for taking reasonable and necessary action to prevent and discourage sexual or racial harassment, and are required to promptly report conduct that could be in violation of institutional policies and guidelines. Such reporting should occur when information concerning a complaint is received formally or informally."

REVISED 8/2016

UM1781 - NON-DISCRIMINATION AND ANTI-HARASSMENT - The University of Memphis

Policy Statement

The University of Memphis is committed to ensuring that each member of the University community works or studies in an environment free from any form of unlawful discrimination or harassment that is based on race, color, religion, age, disability, sex, national origin, marital status, veteran status, sexual orientation, gender identity/expression or any legally protected class or basis (each a "protected class"). The University of Memphis is committed to compliance with all applicable laws and regulations prohibiting discrimination and harassment in education and employment.

HARASSMENT

Harassment is conduct that is based on a person's race, color, religion, creed, ethic or national origin, sex, sexual orientation, gender identity/expression, disability, age (as applicable), status as a covered veteran, genetic information, or any other category protected by federal or state civil rights law that:

- 1. Adversely affects a term or condition of an individual's employment, education, participation in an institution's activities or living environment;
- 2. Has the purpose or effect of unreasonably interfering with an individual's employment or academic performance or creating an intimidating, hostile, offensive or abusive environment for the individual;
- Is used as a basis for or a factor in decisions that tangibly affect an individual's employment, education, and/or participation in an institution's activities or living environment.

Examples of such conduct include, but are not limited to:

- Verbal or physical conduct relating to an employee's or student's national origin, race, surname, skin color or accent, offensive or derogatory jokes based on a protected category; racial or ethnic slurs;
- 2. Pressure for dates or sexual favors or other unwanted sexual advances:
- 3. Unwelcome comments about a person's religion or religious garments;
- 4. Offensive graffiti, cartoons or pictures; or
- 5. Offensive remarks about a person's age.

THE UNIVERSITY OF MEMPHIS.

DEPARTMENT OF PSYCHOLOGY

GRADUATE STUDENT HANDBOOK

REVISED 8/2016

Department Grievance Procedures

As detailed elsewhere in this Handbook, sometimes during a student's time in graduate school a situation can arise that requires mediation to reduce/resolve conflict. The Psychology Department suggests you use the following procedures. First, you should go to the person with whom you have a complaint and try to come to a resolution. You should feel free to consult informally with any other faculty member about the issue. At any time you may consult with other students, including GSCC officers, to discuss the issue confidentially. You may elect to have a GSCC officer meet with a department administrator to discuss ways to resolve the concern. You may also contact the GSCC officers by email, or you can put a written complaint into the GSCC mailbox. With the exception of harassment and discrimination complaints, the nature of these conversations can be kept confidential.

If you are unsatisfied or remain concerned, you may directly go to any Graduate Program Director to address the issue; you may go to the Graduate Coordinator; or you may go to the Department Chair or Associate Chair. After consulting with any or all of the individuals above, if you wish you may take a more formal step and form a Grievance Committee.

Office for Institutional Equity

Training

OIE sponsors several online training modules, available in Learning Curve.

Contact Us

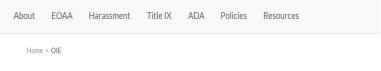
OIE provides a range of services that support equal opportunity and nondiscrimination.

How to File a Complaint

File a complaint of discrimination, harassment, sexual misconduct or retaliation.

Sexual Misconduct

General information and resources





File a Complaint

Anyone wishing to make a complaint of discrimination, harassment, sexual misconduct or retaliation may contact the office by:

- Sending an email to oie@memphis.edu,
- Calling 901-678-2713, or
- Completing the online Complaint Form.



COMPLAINT FORM FOR DISCRIMINATION/HARASSMENT/RETALIATION COMPLAINTS

ast Name:		First Name:			N	11:			
Address:			City:			State:	▼	Zip Code:	
Nobile #:	Home #:		Work #:						
mail:				Check here if	we may sen	d official n	otices by	y email	
Prefer contact by:	Email Mobile	Home							
Are you a current stu	dent? 1 Please Select	v							
Are you an employee	/applicant? Please S	Select ▼							
		COMI	PLAINT	SPECIF	CS				
vpe of Complaint:	Discrimination	Harassment	□ Retal	ation					
ype of Complaint:	Discrimination	Harassment	Retal	ation					
	Discrimination [rassment (Ple	ease select	all that a	pply):	
Please indicate the pro		n the basis of the a	lleged discri	mination or ha	,		all that a	pply):	
Please indicate the pro	status(es) that form	n the basis of the a	lleged discri	mination or ha	,		all that a	pply):	
Please indicate the pro	status(es) that form	n the basis of the a	lleged discri	mination or ha	,		all that a	pply):	
Please indicate the pro	status(es) that form	n the basis of the a	lleged discri	mination or ha	,		all that a	pply):	
Name of person(s) you	status(es) that form	n the basis of the a	lleged discri	mination or ha	,		all that a	pply):	

In your own words, briefly describe what happened to you that you believe was discriminatory, harassing, or retaliatory. Please begin with the most recent incident and explain how the behavior or action relates to the category or categories checked above. If you are alleging retaliation, be specific as to why the person is retaliating against you. Please be as detailed as possible.

Two Additional Tutorials

Welcome to...

Welcoming Diversity

CONTINUE



Welcome to...

Preventing Sexual Harassment

CONTINUE





Copyright 2009 Workplace Answers, LLC Reference: 115v



Copyright 2009 Workplace Answers, LLC Reference: 115

http://training.newmedialearning.com/diversity/umemphis/

http://training.newmedialearning.com/psh/umemphis/ Obtain a score of 80% or higher

Office of Student Conduct

Parking Citation Appeals

Information on how to file a Parking Citation Appeal.

Ethics In Action Online Workbook

For UofM students who have been in contact with OSC.

Resources

OSC related information for our campus and community.

Contact Information

Here is how to reach the OSC staff and Student Court members.

Academic Misconduct Sexual Misconduct Behavioral Intervention Team Code of Rights

Home > Office of Student Conduct



Office of Student Conduct

Academic Misconduct

Sexual Misconduct

Behavioral Intervention Team

Code of Rights

Home > Office of Student Conduct > Sexual Misconduct

Policy Related to Sexual Misconduct/Title IX Guidelines

The University of Memphis is a community of scholars founded on mutual respect and is committed to providing a living, learning and working environment that is free from sexual misconduct and harassment. Such behavior can impair or limit the educational and occupational opportunities of members of the University community and have no place in any academic environment. This policy applies to all University of Memphis students. It defines unacceptable behavior, identifies resources for persons who have been the victims of sexual misconduct, and describes the University's prevention and education efforts.

Sexual misconduct in any form is a violation of both state and federal laws and may be prosecuted in the criminal justice system as well as through the University's disciplinary process. Legal definitions may vary from those used by the University of Memphis community as outlined here. Pursuing resolution through the University's prescribed process/procedures does not preclude one from pursuing criminal or civil action now or in the future, and vice versa.

Office of Student Conduct

Academic Misconduct

Sexual Misconduct

Behavioral Intervention Team

Code of Rights

Home > Office of Student Conduct > Academic Misconduct

Maintaining high standards at all times.

WHAT IS ACADEMIC MISCONDUCT?

Plagiarism - The adoption or reproduction of ideas, words, statements, images, or works of another person as one's own without proper attribution.

Cheating - Using or attempting to use unauthorized materials, information, or aids in any academic exercise or test/examination. The term academic exercise includes all forms of work submitted for credit or hours.

Fabrication - Unauthorized falsification or invention of any information or citation in an academic exercise.

WHAT IS EXPECTED OF UOFM STUDENTS?

You and your classmates are expected to conduct yourselves with character and integrity in academics and in everyday life. Our distinguished scholastic pursuits mean everything to the University of Memphis, and we do not take the issue of integrity lightly. You are expected to uphold our high academic standards and complete your assignments, exams and other scholastic efforts with 100% honesty. You must cite sources and acknowledge the contributions of others when used in your scholastic work. Academic dishonesty will not be tolerated on any level.

Online Academic Integrity Resources

Academic Integrity at the University of Memphis http://libguides.memphis.edu/content.php?pid=453733&sid=3717893

University of Memphis History Department- Writing Resources http://www.memphis.edu/history/using_sources.php

Virtual Academic Integrity Laboratory (VAIL) http://www.umuc.edu/library/vail/index.html

Purdue Online Writing Lab http://owl.english.purdue.edu/owl/resource/589/01/

Plagiarism Prevention Resources at Penn State University http://tlt.its.psu.edu/plagiarism

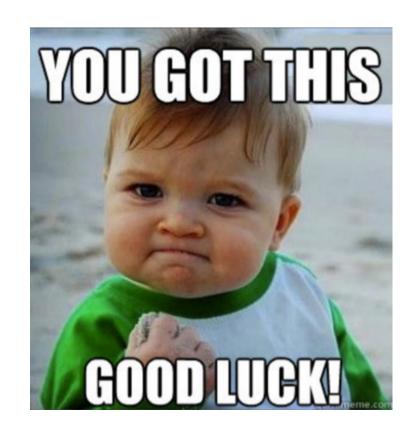
The University of Wisconsin Writing Center http://writing.wisc.edu/Handbook/QPA_plagiarism.html

Citation Style Guide (from Concordia University) http://library.concordia.ca/help/howto/citations.html

How to Properly Cite Sources (from Duke University Libraries) http://library.duke.edu/research/citing/index.html

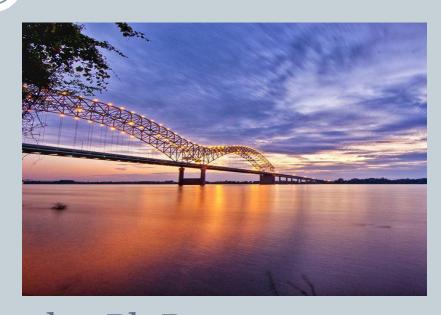
TurnItln.Org- Resource Center http://www.plagiarism.org/





Productivity and Success in Graduate School





James G. Murphy, Ph.D.

Professor

Department of Psychology

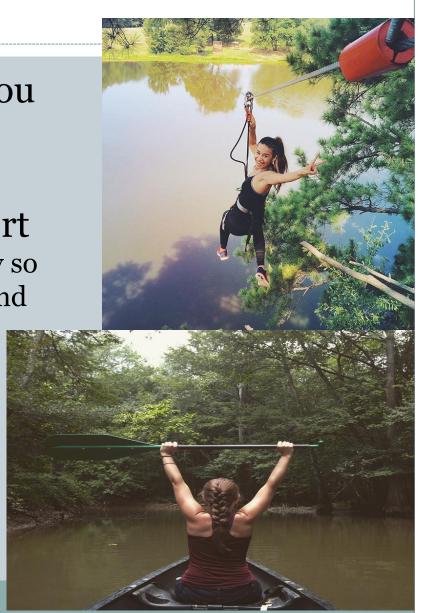


Stay Healthy and Balanced

- Make time to do the things you love to do
- Sleep and eat well!
- Get and provide social support

your classmates will be like family so invest in those relationships (and find friends outside of the department)

• You may have less time for TV/internet relative to undergrad but be sure to carve out time for fun/exercise/family

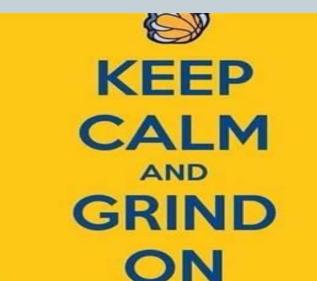


Stay Healthy and Balanced

- Procrastinating undermines health and balance (you will worry about the things you put off)
- <u>Reframe</u>: grad school demands way more time than undergrad but not unlike other professional programs (law/med school) or occupations

• Learn how to manage stress (meditation, support, exercise, etc.)

 Develop interests and friendships outside of the department



Engage and Contribute

• Fully engage in your lab, your program, the department, your placements, your field; be nice and be a good citizen - this matters as



much as your grades or other elements of performance

- Make a strong positive impression on all faculty/supervisors
 - They will write you letters for years to come to help you get jobs/internships
 - Think of yourself as a <u>contributor</u> to your lab/placement rather than as a <u>consumer</u> looking to get a particular experience/CV line
 - O Be professional in all domains respond to emails promptly, be engaged in meetings and class, don't surf the web or text during class or on placement

Find Your Professional Passions, Give yourself Multiple Career Options

- Psychology degrees provide great flexibility; the job market is dynamic and most positions will require a variety of skills
 - People with psych degrees wind up working in a wide variety of settings (clinical, research, schools, admin, teaching, policy, etc.)
- Develop passion/interest for multiple domains within your program (e.g., teaching, research, clinical work, various content areas, technologies/methods)
 - Can take time need to read/learn enough to be passionate about topics (attending conferences helps this process)

Science and Scholarship

• Develop an identity as a scholar/scientist and writer now (not just as a student)



Read outside of class (science, current events, healthcare), think critically, obsess about improving your writing and knowledge base in psychology and your area of research/clinical work

You are expected to publish your research and to present at conferences (ethical obligation to your research participants; commitment to the university/department)

Challenge yourself to do things that are hard understand statistics, talk in class, do ambitious projects, network in the university, at conferences. and via email



Embrace Your Inner Nerd







Plan Your Timeline

• Figure out your exact goals, make a timeline, and hold yourself to it



- Make progress on your milestone projects & publications
 - o Plan daily scheduled reading and writing in your interest area
 - Avoid the *tyranny of the immediate* there were always be something pressing but focus on your long-term goals



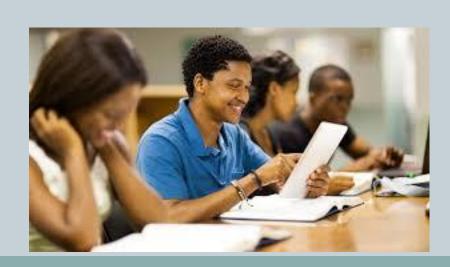








The many roles of a grad student





What does it mean to be a student

• Undergrad?

• Grad?

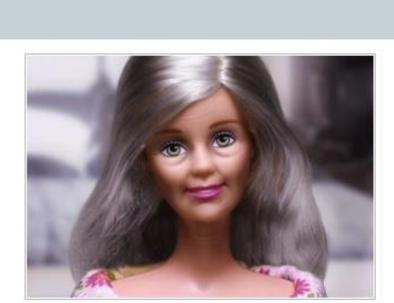
What does it mean to be a student

• Undergrad?

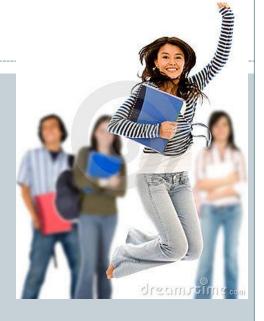
• Grad?

What does it mean to be a student

- Undergrad?
- Grad?









Professional identity

- Developmental process
- Identifying as a professional
- Owning your goals, behavior
- Active vs. passive

My points today

Think about:

- Where is your path headed?
- What does it mean to be a professional?

Remember:

- Put your best foot forward
- This matters

What will your role be?

- Research assistant
- Clinician
- Instructor
- Teaching assistant

Expectations

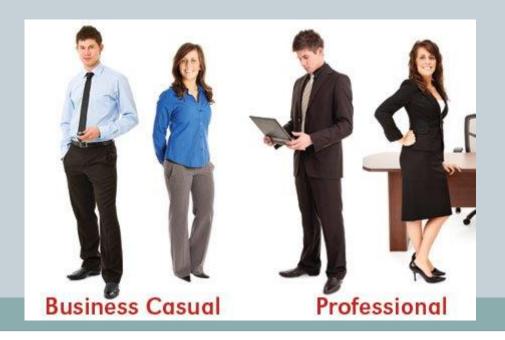
- What does your role mean for expectations?
- Attire?
- Language?
- Structure?



- o Be reliable
- o Dress appropriately
- o Be on time
- o Contribute quality work, on time
- Maintain good relationships and appropriate boundaries

Dressing appropriately

- Depends on setting
- "business casual" works well in most settings
- Observe what are people wearing?
- Talk to others (colleagues, supervisor)



Missing work

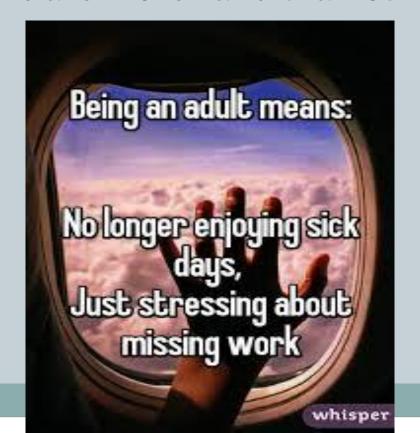
- Need to talk to your supervisor about how to handle sickness, professional leave, vacation
- Important to avoid making assumptions
- You are being hired, and paid to perform a job
- If you are not there, who will do the work?

Leave time

- Ask you supervisor if you are unsure how vacation, sick, and professional time are handled.
- Do not assume that you have paid time off

Missing work

- Even if your site allows for "sick" or "personal" days...
- Some reasons are more valid than others



When the unexpected happens

- What if you wake up sick?
- What if your car breaks down?
- What if you are hung over?
- What if you have a paper you need to finish?



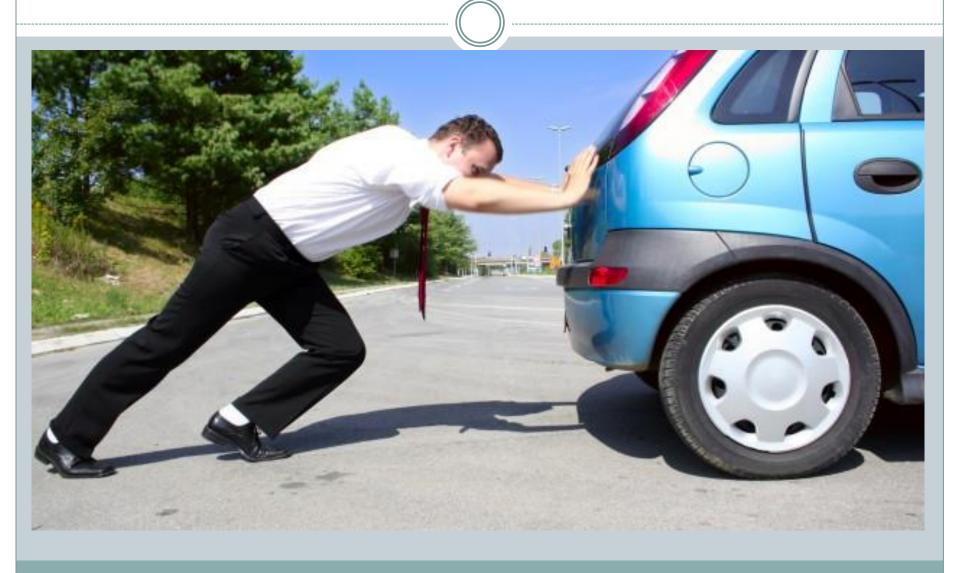




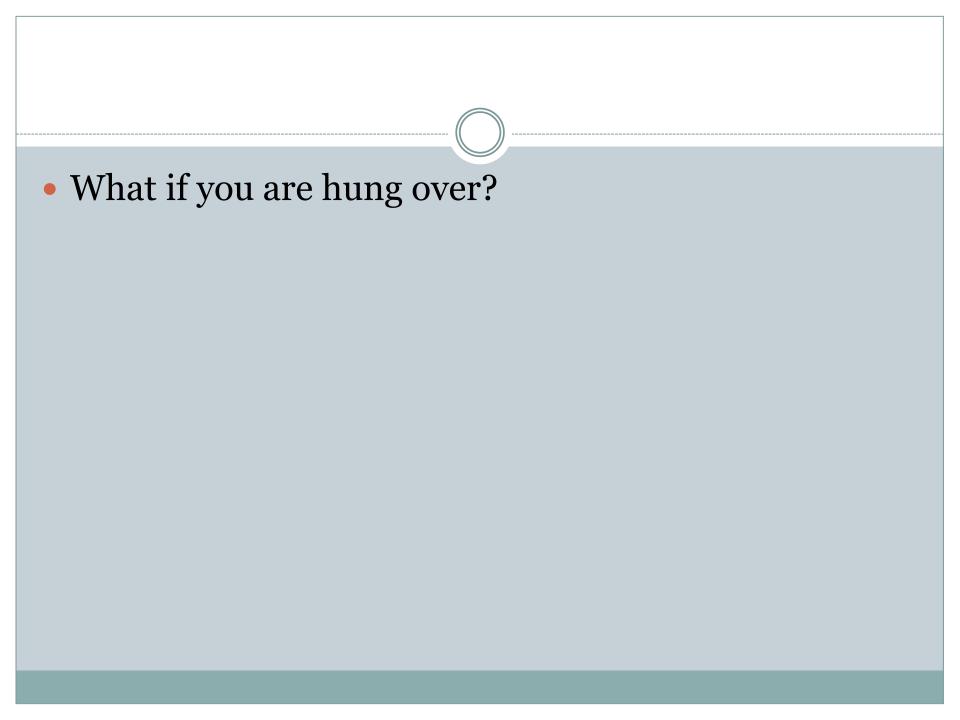
When the unexpected happens

- What if you wake up sick?
- Understandable, these things happen
- But handle the situation responsibly
- Let supervisor know ASAP
 - What is your plan? Who will see your scheduled participants? When will you complete projects you were working on
- What will the lasting impression be for your supervisor?

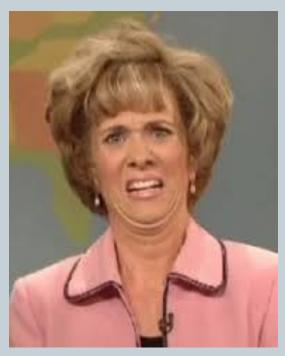
What if your car breaks down?



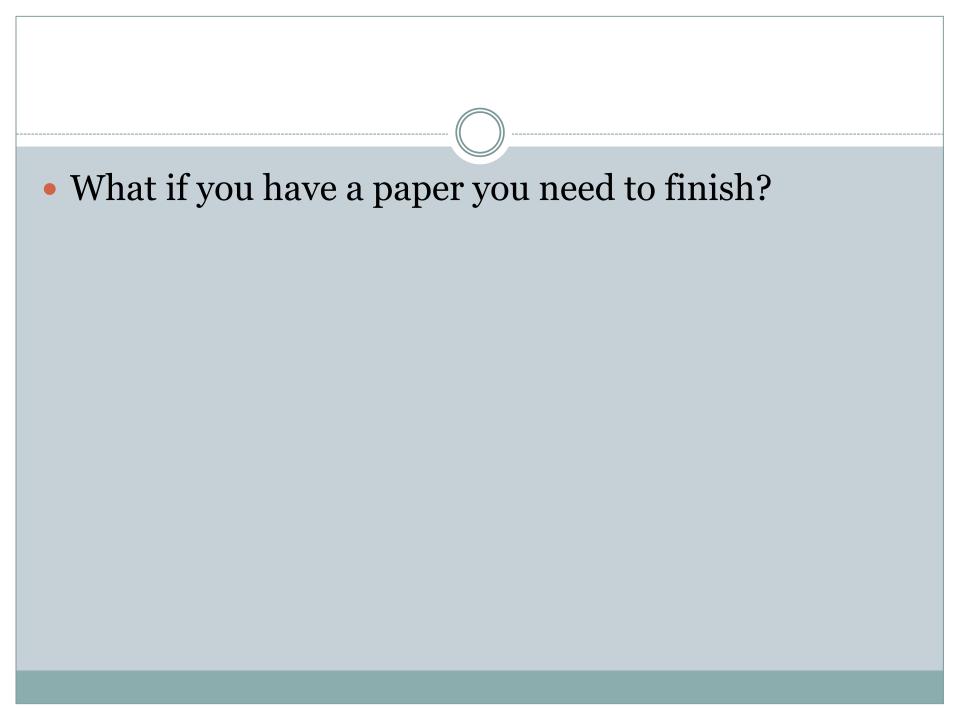
- If you have car trouble ...
- You still need to do everything in your power to keep your commitments
 - Let supervisor know you will be late
 - o Call a friend for a ride
 - o Call AAA
 - o Car repair shop
 - Public transportation



• What if you are hung over?



Probably NOT a good reason to call out



• What if you have a paper you need to finish?



- NOT a good reason to call out
- Your assistantship/placement is a commitment
- One meta-skill you will need to develop is timemanagement

Professional relationships

- Be cordial, friendly
- It is OK to get to know people in the workplace; you should develop a good working relationship with your mentor/supervisors
- Maintain appropriate boundaries
- Avoid social media relationships with supervisors

Why does all of this matter?

- You are building a professional reputation
 - O How do you want to be thought of?
- You may need your supervisor to vouch for you in the future
- You are representing the Psychology Department and the University. Your actions have implications for future students



• http://money.usnews.com/money/blogs/outside-voices-careers/2013/07/22/what-does-it-mean-to-be-professional-at-work