

Project INSPIRIT
Investigating Natural Spiritual Processes In Response to Incidents of Trauma

INFORMED CONSENT FORM - OTH

1. Purpose of the Project

The purpose of this form is to explain a University of Memphis research project in which you might choose to participate. The purpose of this project is to learn about the role of spirituality in bereavement. We hope to use what we learn from this study to help other people who have also experienced the loss of a loved one.

2. Explanation of Procedures

As part of your participation in this study, you will be asked to complete several questionnaires about your experience of loss. In particular, these questionnaires will ask you questions about your feelings of sadness and grief, about the nature of your loss, and about spiritual aspects related to your loss.

3. Risks or Discomforts

The risks of participating in this study are considered minimal. With the exception of one questionnaire, the *Inventory of Complicated Spiritual Grief*, all questionnaires used in this study have not only been used routinely for research purposes but have been tested for usefulness in studies such as this. We will make every effort to lessen your discomfort but, despite this, you are free to end your participation at any time.

4. Benefits

Although some individuals find that answering questionnaires can be helpful, we do not promise that you will benefit directly as a result of being part of this study.

5. Confidentiality

Your participation in this study and the information you provide will be kept confidential within the limits allowed by law.

In addition, our research team will publish some of the findings from this study in scientific and professional publications, and will upload summaries of our findings to the OpentoHope website. Your individual information will not be identifiable in any publication, presentation, report, or other public representation of this

project. However, by law, there are a few exceptions to issues of confidentiality. These exceptions were created to protect both the research participant and others. The law requires that we must take action if there is suspicion that you may harm yourself or someone else or there is suspicion that a child may be in danger. If we felt the need to act in response to situations such as these, we would make every attempt to contact you prior to doing so.

If our concern is that you are in danger of hurting yourself or someone else, we will break confidentiality to ensure your safety and/or that of others around you.

6. Decision to participate and right to quit at any time.

Your participation in this project is completely voluntary and you are free to quit at any time. If you decide to quit, this will not affect your relationship with the University of Memphis or OpentoHope.com. In addition, you are free to skip any question(s) that you do not want to answer, although we would encourage you to complete the forms to help us have full information. We may also contact you again at a later date to see if you want to participate in optional additional assessments and/or an optional online focus group session in which we will request your feedback on aspects of our study aims. Participation in additional assessments or an online focus group session is completely voluntary and you may say no to our request to participate further.

If at any time you have questions about this study, you are free to discuss those with the Co-Principal Investigator/Project Coordinator for this project, Laurie A. Burke, M.S., a clinical psychology Ph.D. candidate at the University of Memphis, by emailing: projectinspiritOTH@gmail.com or calling (901) 678-4774, Monday to Friday, between the hours of 9:00am and 5:00pm CST. You may also leave a voice mail message and we will return your call at our earliest convenience (response time for email and phone messages: approximately 48 hours or less). For questions about the rights of participants, please contact the University of Memphis' Institutional Review Board for the Protection of Human Subjects Chair at (901) 678-2533. The University of Memphis does not have any funds budgeted for compensation for injury, damages, or other expenses.

CONSENT TO PARTICIPATE

Before consenting to participate in this study, we want to answer any questions you may have about either this informed consent form or about the project. If you have questions, click [here](#) to email your questions to the Project Coordinator before proceeding or call or leave a message for Laurie Burke at (901) 678-4774 (response time email and phone messages: approximately 48 hours or less). If you have no

questions at this time and would like to participate in our study, please read and respond to the following statement:

I HAVE READ THE CONSENT FORM AND FULLY UNDERSTAND IT. ALL MY QUESTIONS HAVE BEEN ANSWERED WITH REGARD TO THIS STUDY. CLICKING ON THE “I AGREE” BUTTON BELOW MEANS THAT I AGREE TO TAKE PART IN THE STUDY.

Please click [here](#) to download a copy of this consent form for your records.

Please select the date.

Month

Day

- ☐ I agree
- ☐ I do not agree