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## **EDUCATION**

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- 2009-2011**      **Master of Arts**, Teachers College, Columbia University  
New York, NY  
*Program:* Clinical Psychology – Personality and Psychopathology track  
*Title:* The Impact of Combated-Related PTSD on Male  
Active Duty Army Personnel Returning from Operation  
Iraqi Freedom and Operation Enduring Freedom  
Cumulative GPA: 3.73
- 2004-2008**      **Long Island University – C.W. Post**  
Brookville, NY  
*Major:* Bachelor of Arts in Psychology  
*Minor:* History  
Cumulative GPA: 3.78

## **Research Experience**

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Paso del Norte Health Foundation -- University of Texas at El Paso  
*A Comprehensive and Collaborative Approach to Tobacco Control in the Border Region.*  
*Advisor:* Theodore Cooper, PhD

- Educating and promoting media messaging for adult tobacco cessation via the “Set Your Date” and the youth tobacco prevention “My rule: Live outside the pack” campaigns at health fairs.
- Presenting healthcare providers with smoking cessation tools and information targeted toward diverse smoking populations

October 2011 – Present

*Advisor:* Theodore Cooper, PhD

- StopLite 2010, administering a brief smoking cessation intervention
- Assisted with data collection on project Cultural Correlates of Condom Use
- Data Cleaning and use of SPSS.

Prevention and Treatment in Clinical Health Lab -- University of Texas at El Paso

January 2011 – Present

*Advisor:* Theodore Cooper, PhD

- StopLite 2010, administering a brief smoking cessation intervention
- Assisted with data collection on project Cultural Correlates of Condom Use
- Data Cleaning and use of SPSS.

Psychology and Law Lab -- University of Texas at El Paso

*Advisor:* Jennifer Eno Loudon, PhD

Jan 2011 - Present

- Independent research project evaluating attitudes toward mental health treatment as well as PTSD prevalence in the El Paso region.
- Assisting with a study evaluating the El Paso drug court and recidivism.

Interpersonal Therapy and Depression Research -- Columbia University Medical Center

*Advisor:* Helena Verdelli, PhD

Sept 2009 – Dec 2010

- Assisting in the grant writing phase of a DoD funded pilot study investigating the prevalence of Major Depressive Disorder in spouses of deployed Navel personnel stationed in Portsmouth, VA.
- Assisting in a study designed to explore the concept of divorce as a protective factor rather than risk factor in 3 generations of participants.

Harlem Children’s Zone Evaluation Project – Teachers College, Columbia University

*Advisor:* A. Jordan Wright, PhD

Sept 2009 – Dec 2010

- Team leader for administering and scoring psycho-educational and emotional measures of functioning of 3-6 year olds enrolled in the Harlem Children's Zone school, using the Woodcock-Johnson III. The purpose of this 20 year longitudinal evaluation project is to assess how well these children fare in the HCZ charter school compared to baseline as well as public schools in the same low SES neighborhood of Harlem.

## **Clinical Experience**

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St. Luke-Roosevelt Hospital, New York, New York  
 Intensive Outpatient Program for Substance Use Disorders  
*Advisor: Joseph Ruggerio, PhD*  
 Dec 2009 – Dec 2010

- Co-facilitation of group therapy for 15 individuals with SUDs and other comorbid psychiatric disorders with a focus on PTSD as well as individual therapy
- Speaking at daily staff meetings to report on patient progress to the program director.
- Preparing treatment plans, weekly progress notes, and discharge summaries.

Green Chimneys Children's Services, Brewster, New York  
*Youth Councilor II – RTF David Hall*  
 Aug 2006 – Aug 2009

- Direct care to 14 teenaged males with psychiatric illnesses and developmental and behavioral issues, as well as design and implementation of effective instructional techniques to facilitate life skills
- Individual, animal, and small group therapy
- Participation in treatment team meetings to receive an in-depth view of the treatment plan for each individual resident while working with a team of Psychologists, Psychiatrists, Social Workers, and Nurses to help each resident receive the best and well rounded care possible
- Responsible for keeping daily logs of resident successes and setbacks and daily use of a token reward system

Boehringer Ingelheim Pharmaceuticals, Inc., Ridgefield, Connecticut  
*Medical Affairs – CNS Intern*  
 June 2008 – Aug 2009

- Phase III and IV clinical trials in the therapeutic areas of Hypoactive Sexuality Desire Disorder and Parkinson's Disease
- Acted as the trial coordinator under the Primary Investigator
- Participant outreach to prevent mortality, including answering participant's questions as well as a monthly outreach newsletter
- Gained broad knowledge about clinical experimental design including moral and ethical limitations
- Prepared data analysis for monthly internal reports
- Facilitated the preparation of regulatory documents and clinical trials

## **Posters and Presentations**

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Blow, J., Chalka, C. B., Aguirre, S. Aikman, T. Dineen, A., & Cooper, T.V. (2011, November). *Assessing the efficacy of a brief light and intermittent smoking intervention in a predominately Hispanic community sample*. Poster presented at the Association for Behavioral and Cognitive Therapies, Toronto, CA.

## **Professional Affiliations**

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American Psychological Association  
 Association for the Psychological Sciences  
 Military Psychology – Division 19  
 Psychology Club - President and Secretary

## **Awards and Honors**

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Psi Chi – Psychology National Honor Society  
 Dean's List  
 Graduated Magna Cum Laude