

Joanna Buscemi, Ph.D.
Licensed Clinical Psychologist (IL #071008604)
Curriculum Vitae

CONTACT INFORMATION

University of Illinois at Chicago
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Chicago, IL 60608
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EDUCATION AND TRAINING

- 2013-present** **Postdoctoral Research Fellow (R25T)**
Institute for Health Research and Policy, Cancer Education and Career Development Program
University of Illinois at Chicago, Chicago, IL
Specialization: Obesity and Cancer Prevention
Mentor: Marian Fitzgibbon, Ph.D.
- 2011-2013** **Postdoctoral Research Fellow**
Department of Preventive Medicine
Northwestern University, Chicago, IL
Specialization: Obesity treatment and health-risk behavior change
Mentor: Bonnie Spring, Ph.D., ABPP
- 2011** **Doctor of Philosophy, Clinical Psychology**
Clinical Health Psychology Specialty (APA Accredited)
The University of Memphis, Memphis, TN
Dissertation Title: A Randomized Clinical Trial of a Brief Motivational Intervention (BMIs) for Obesity in College Students
Chair: James G. Murphy, Ph.D.
- 2010-2011** **Clinical Internship**
Charleston Consortium-Medical University of South Carolina and Charleston VA, Department of Psychiatry and Behavioral Sciences
Specialization: Behavioral Medicine (APA Accredited)
Preceptor: Patrick M. O'Neil, Ph.D.
- 2007** **Master of Science, Psychology**
The University of Memphis, Memphis, TN
Thesis Title: Predictors of Overweight in Latino Children: Acculturation as a Moderator of the Relationship between Food Insecurity, Fruit and Vegetable Availability and Body Mass Index
Thesis Chair: Bettina M. Beech, Dr. P.H., M.P.H.

2005 **Bachelor of Science**, Psychology, Summa Cum Laude
Bachelor of Arts, Spanish/Hispanic Studies
 Spring Hill College, Mobile, AL

HONORS AND AWARDS

2009 Clinical Program Director's Award, presented to one graduate student annually for excellence in research, The University of Memphis

2005 Ralph McClain Social Science Award, awarded by the Department of Social Sciences, Spring Hill College

2005 Presidential Scholar Award, presented to graduate with the highest G.P.A. in Psychology, Spring Hill College

PUBLICATIONS

Peer Reviewed Journal Articles Published or in Press ($n = 20$)

- Klosky, J., Tyc, V., Garces-Webb, D., **Buscemi, J.**, Klesges, R., & Hudson, M. (2007). Emerging issues in smoking among adolescent and adult cancer survivors: a comprehensive review. *Cancer, 110*, 2408-2419.
- Klosky, J., Garces-Webb, D., **Buscemi, J.**, Schum, L., Tyc, V., & Merchant, T. (2007). Examination of an intervention in improving parent and child distress outcomes associated with pediatric radiation therapy procedures. *Children's Health Care, 36*, 323-334.
- Kitzmann, K., Dalton, W., & **Buscemi, J.** (2008). Beyond parenting practices: family context and the treatment of pediatric obesity. *Family Relations, 57*, 13-23.
- Klosky, J., Cash, D., **Buscemi, J.**, Lensing, S., Garces-Webb, D., Zhao, W., Wiard, S., & Hudson, H. (2008). Factors influencing long-term follow-up clinic attendance among survivors of childhood cancer. *Journal of Cancer Survivorship, 2*, 225-32.
- Klosky, J.L, Tyc, V.L., Lawford, J., Ashford, J., Lensing, S., & **Buscemi, J.** (2009). Predictors of non-participation in a randomized intervention trial to reduce environmental tobacco smoke (ETS) exposure in pediatric cancer patients. *Pediatric Blood and Cancer, 52*, 644-9.
- Kitzmann, K., Dalton, W., Stanley, C., Reeves, T., Beech, B., **Buscemi, J.**, Egli, C., Gamble, H., & Midgett, E. (2010). Lifestyle interventions for youth who are overweight: A meta-analytic review. *Health Psychology, 29 (1)*, 91-101.

- Klosky, J. L., Tyc, V. L., Lensing, S., Hum, A., **Buscemi, J.**, Garces-Webb, D. M., & Hudson, M. M. (2010). Establishing the predictive validity of tobacco intentions to tobacco use among preadolescents and adolescents surviving childhood cancer. *Journal of Clinical Oncology*, 28(3), 431-436.
- Smith, A.E., Martens, M.P., Murphy, J.G., **Buscemi, J.**, Yurasek, A.M., & Skidmore, J.R. (2010). Reinforcing efficacy moderates the relationship between impulsivity-related traits and alcohol use. *Experimental and Clinical Psychopharmacology*, 18(6), 521-529.
- Buscemi, J.**, Murphy, J.G., Martens, M.P., & McDevitt-Murphy, M.E., Dennhardt, A.A., Skidmore, J.R. (2011). Help-seeking for alcohol use in college students: correlates and preferred methods. *Psychology of Addictive Behaviors*, 24, 571-580.
- Buscemi, J.**, Beech, B.M., Relyea, G. (2011). Predictors of Obesity in Latino Children: Acculturation as a Moderator of the Relationship between Food Insecurity and Body Mass Index Percentile. *Journal of Immigrant and Minority Health*, 13(1), 149-153.
- Buscemi, J.**, Martens, M.P., Murphy, J.G., Yurasek, A.M., & Smith, A.E. (2011). Moderators of the relationship between physical activity and alcohol consumption in college students. *Journal of American College Health*, 59, 503-509.
- Yurasek, A. M., Murphy, J. G., Dennhardt, A. A., Skidmore, J. R., **Buscemi, J.**, McCausland, C., & Martens, M. P. (2011). Drinking motives mediate the relationship between reinforcing efficacy and alcohol consumption and problems. *Journal of Studies on Alcohol and Drugs*, 72(6), 991-99.
- Randolph-Frye, M.E., Gamble, H.L., & **Buscemi, J.** (2011). The influence of relationship power, trauma history, and acculturation on Latinas' sexual risk behavior. *International Journal of Sexual Health*, 23, 111-119.
- Klesges, L.M., Williams, N.A., Davis, K.S., **Buscemi, J.**, & Kitzmann, K.M. (2012). Extent of pragmatic results reported in behavioral treatment of childhood obesity research studies: a systematic review. *American Journal of Preventive Medicine*, 42(2), 185-192.
- Coons, M.J., DeMott, A., **Buscemi, J.**, Duncan, J.M., Pellegrini, C.A., Steglitz, J., Pictor, A., & Spring, B. (2012). Technology Interventions to Curb Obesity: A Systematic Review of the Current Literature. *Current Cardiovascular Risk Reports*, 6, 120-134.
- Buscemi, J.**, Yurasek, A.M., Dennhardt, A.A., Martens, M.P., & Murphy, J.G. (2012). A Randomized Trial of a Brief Intervention for Obesity in College Students. *Clinical Obesity*, 1, 131-140.
- Martens, M.P., **Buscemi, J.**, Smith, A.E., & Murphy, J.G. (2012). The short-term efficacy of a brief motivational intervention designed to increase physical activity among college students. *Journal of Physical Activity and Health*, 9, 525-532.

Spring, B., Duncan, J.M., Janke, E.A., Kozak, A.T., McFadden, H.G., DeMott, A., Pictor, A., Epstein, L.H., Siddique, J., Pellegrini, C.A., **Buscemi, J.**, Hedeker, D. (2012). Integrating Technology into Standard Weight Loss Treatment: A Randomized Controlled Trial. *Archives of Internal Medicine*, 10, 1-7.

Pellegrini, C.A., Duncan, J.M., Moller, A.C., **Buscemi, J.**, Sularz, A., DeMott, A., Pictor, A., Pagato, S., Siddique, J., & Spring, B. (2012). A smart-phone supported weight loss program: design of the ENGAGED randomized controlled trial. *BMC Public Health*, 12, 1041-1051.

Moller, A.C., **Buscemi, J.**, McFadden, H.G., Hedeker, D., & Spring, B. (*in press*). Financial Motivation Undermines Potential Enjoyment in an Intensive Diet & Activity Intervention. *Journal of Behavioral Medicine*.

Manuscripts Under Review (n = 1)

Buscemi, J., Murphy, J. G., Berlin, K.S., & Raynor, H.A. (Under editorial review). A behavioral economic analysis of changes in food-related and food-free reinforcement during weight loss treatment. *Journal of Consulting and Clinical Psychology*.

Translational Behavioral Medicine Columns (n = 5)

Steglitz, J., **Buscemi, J.**, & Ferguson, M. (2012). The future of pain research, education, and treatment: a summary of the IOM report "Relieving pain in America: a blueprint for transforming prevention, care, education, and research". *Translational Behavioral Medicine*, 2(1), 6-8.

Buscemi, J., Steglitz, J., & Spring, B. (2012). Risk factors and predictors of cognitive impairment in the elderly: a synopsis and comment on "Systematic Review: Factors associated with risk for and possible prevention of cognitive decline in later life". *Translational Behavioral Medicine*, 2(2), 126-127.

Steglitz, J., **Buscemi, J.**, & Spring, B. (2012). Developing a patient-centered medical home: a synopsis and comment on "Patient preferences for shared decisions: a systematic review". *Translational Behavioral Medicine*, 2(3), 260-261.

Buscemi, J., Steglitz, J., & Spring, B. (2012). The Impact of Team Science Collaborations in Health Care: A Synopsis and Comment on "Interprofessional collaboration: effects of practice-based interventions on professional practice and healthcare outcomes". *Translational Behavioral Medicine*, 2(4), 378-379.

Johnston, W., Coons, M. J., & **Buscemi, J.** (2013). Multiple health behavior change: a synopsis and comment on "A review of multiple health behavior change interventions for primary prevention. *Translational Behavioral Medicine*, 3, 6-7.

Other Publications

Beech, B., **Buscemi, J.**, Christy, J., Connable, S., Kent, A., Lytle, L., Murray, D., Tomar, S., & Wasson, W. (2006). The role of dental professionals in preventing pediatric overweight. A guide tailored for dental professionals for use in clinical settings for pediatric obesity prevention. Distributed to dentists for use in practice across the state of TN.

Collaborated with EBBP and ABCT experts to develop a skills-based resource page for clinicians: <http://www.ebbp.org/skillsBasedResources.html>

Spring, B. & **Buscemi, J.** (2012). New Online Resource about Evidence Based Behavioral Treatments for Clinicians and Consumers. Newsletter of the International Society for Evidence-Based Health Care, 6, 9.

Buscemi, J. & Spring, B. (in press). Evidence-based practice in psychology (EBPP). In R. Cautin & S. Lilienfeld (Eds). *Encyclopedia of Clinical Psychology*. Wiley-Blackwell: Hoboken, NJ.

PRESENTATIONS

Peer Reviewed (n = 29)

Beech, B., Kent, A., Christy, J., Murray, D., Scarinci-Searles, I. & **Buscemi, J.** (2006, November). *Workforce Education to Cease Addiction to Nicotine (WE CAN): pilot intervention to increase smoking cut down and cessation among low-income African-American men*. Poster presented at the American Public Health Association Annual Meeting, Boston, MA.

Christy, J., Cleveland, M. A., Garces-Webb, D., **Buscemi, J.** & Beech, B. (2006, November). *Awareness and utilization of social services provided to homeless youth: Does the target audience hear the message?* Poster presented at the American Public Health Association Annual Meeting, Boston, MA.

Beech, B., Lytle, L., Kent, A., Christy, J., Tomar, S., Wasson, W., Murray, D., & **Buscemi, J.** (2007, October). *Reducing sugar-sweetened beverage and snack consumption through a dental office intervention to prevent pediatric obesity*. Poster presented at the North American Association for the Study of Obesity, New Orleans, LA.

Beech, B., Christy, J., **Buscemi, J.**, Kent, A. (2007, October). *ASSETS (A Stop Smoking Endeavor for Technical Students): A culturally-tailored smoking cessation and weight management intervention for African American vocational students*. Poster presented at American Association for Cancer Education, Birmingham, Alabama.

Kitzmann, K., Beech, B., Dalton, W., Stanley, Reeves, T., Egli, C.J., **Buscemi, J.** (2007, April). *Interventions for pediatric overweight: a meta-analytic review*. Poster presented at Society for Research on Child Development, Boston, MA.

Kitzmann, K. M., Dalton, W. T., Stanley, C. M., Beech, B. M., Reeves, T. J., **Buscemi, J.**, Egli, C. J., Gamble, H. L., & Midgett, E. (2008, May). *Lifestyle interventions for youth who are overweight: A meta-analytic review*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Buscemi, J. & Beech, B. (2008, October). *Predictors of overweight in Latino children: Acculturation as a moderator of the relationship between food insecurity and body mass index*. Poster presented at the American Public Health Association Annual Meeting, San Diego, CA.

Klesges, L. M., Davis, K., **Buscemi, J.**, & Kitzmann, K. M. (2009, April). *A Systematic Review of Behavioral Interventions for Childhood Obesity: Evaluating the Translation Potential of Evidence into Practice and Policy Decision Making*. Paper presented at the Society of Behavioral Medicine's 30th Annual Meeting and Scientific Sessions, Montreal, Quebec, Canada.

Randolph-Frye, M., Gamble, H., & **Buscemi, J.** (2009, April). *Latinas STI/HIV Risk: Advantages and Disadvantages of Acculturation and Relationship Power*. Poster presented at the Society of Behavioral Medicine's 30th Annual Meeting and Scientific Sessions, Montreal, Quebec, Canada.

Buscemi, J., Smith, A. E., Yurasek, A. M., Martens, M. P., & Murphy, J.G. (2009, November). *Moderators of the relationship between physical activity and alcohol consumption in college students*. Poster presented at the 2009 annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

Martens, M. P., Smith, A. E., **Buscemi, J.**, & Murphy, J. G. (2009, November). *Efficacy of a brief motivational intervention to increase physical activity and fruit/vegetable intake among college students*. Poster presented at the 2009 annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

Yurasek, A.M., **Buscemi, J.**, Smith, A.E., Skidmore, J.R. Martens, M.P., & Murphy, J.G. (2009, November). *Drinking motives as mediators of the relationship between relative reinforcement value and alcohol consumption*. Poster presented at the 2009 annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

Smith, A. E., **Buscemi, J.**, Yurasek, A., Skidmore, J. R., Martens, M., Murphy, J. (2009, November). *Relative reinforcing value moderates the relationship between impulsivity and alcohol use*. Poster presented at the 2009 annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

Beech, B.M., Bruce, M.A., **Buscemi, J.**, & Ladipo, M.O. (2009, September). *Sweetened beverage availability and consumption among rural high school students in Tennessee*. Poster presented at the 2009 American Public Health Association Annual Meeting, Philadelphia, PA.

- Buscemi, J.,** Murphy, J. G., Martens, M. P., McDevitt-Murphy, M. E., Pederson, A. A., Skidmore, J. R., & Peck, K. R. (2009, November). *Help-Seeking for Alcohol Use in College Students: Correlates and Preferred Methods*. Poster presented at the 2009 annual convention of the Association of Behavioral and Cognitive Therapies, Addictive Behaviors SIG, New York, NY.
- Peck, K.R., **Buscemi, J.,** Murphy, J. G., Martens, M. P., McDevitt-Murphy, M. E., Pederson, A. A., & Skidmore, J. R. (2009, October). *Characteristics of college students who seek help for alcohol problems*. Poster presented at the 2009 annual convention of the Tennessee Psychological Association, Nashville, TN.
- Yurasek, A.M., Jackson, A.A., **Buscemi, J.,** & Murphy, J.G. (2010, June). *Utilization of Computerized Smoking Cessation Programs among College Students*. Poster presented at the 2010 annual convention of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Riordan, P., Sawyer, R.J., **Buscemi, J.,** & Lombardo, T. (2010, October). Evaluation of a computer graphics tablet-based administration of the Rey-Osterrieth Complex Figure Test. Poster presented at the 2010 National Academy of Neuropsychology Conference, Vancouver, BC.
- Buscemi, J.,** Murphy, J.G., Yurasek, A.M., Pederson, A.A., & Martens, M.P. (2010, November). *A Randomized Clinical Trial of a Brief Motivational Intervention for Obesity in College*. Poster presented at the 2010 annual convention of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Lang, K.P., **Buscemi, J.,** & Murphy, J.G. (2010, November). *Associations between Body Image and Weight Status, Physical Activity, and Depression among Overweight and Obese College Students*. Poster presented at the 2010 annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Buscemi, J.,** Malcolm, R., Brown, J.D., Uhde, T.D., Holes-Lewis, K.A., & O'Neil, P.M. (2011, October). *Correlates of Daytime Sleepiness in an Obese Treatment-Seeking Sample*. Poster presented at the 2011 annual convention of The Obesity Society, Orlando, FL.
- Buscemi, J.,** Dennhardt, A. A., & Murphy, J.G. (2011, November). *Relations between delay discounting and obesity-related variables among overweight and obese college students*. Poster presented at the 2011 annual convention of the Association for Behavioral and Cognitive Therapies, Toronto.
- Buscemi, J.,** Murphy, J.G., & Raynor, H.A. (2011, November). *Changes in the Reinforcing Value of Food and Non-food Related Activities after Weight-Loss Treatment*. Poster presented at the 2011 annual convention of the Association for Behavioral and Cognitive Therapies, Toronto.

Buscemi, J., Coons, M.J., Moller, A.C., McFadden, H.G., Spring, B. (2012, April). *Limits of the Stage of Change Model in Predicting Multiple Health Behavior Change*. Poster presented at the 2012 convention of the Society of Behavioral Medicine, New Orleans, LA.

DeMott, A., Pictor, A., **Buscemi, J.,** Moller, A., McFadden, H. G., & Spring, B. (2012, April). *Concerns about a Digital-Divide may be Overstated: Usability Findings from a Smartphone-based Weight Loss Program*. Poster presented at the 2012 convention of the Society of Behavioral Medicine, New Orleans, LA.

Beech, B.M., Bruce, M., Murray, D.M., Hale, E.R., & **Buscemi, J.** (2012, October). *Pediatric Obesity Prevention in Dental Settings*. Oral presentation presented at the 2012 American Public Health Association annual meeting, San Francisco, CA.

Spring, B., **Buscemi, J.,** & Coons, M. J. (2012, November). *Evidence-Based Practice in Psychology: Not your Grandfather's Oldsmobile*. Oral presentation presented at the 2012 Illinois Psychological Association annual meeting, Schaumburg, IL.

Spring, B., **Buscemi, J.,** & Coons, M. J. (2013, March). *Translating the Evidence into Practice: Challenges and Implementation*. Preconference workshop presented at the 2013 Society of Behavioral Medicine annual meeting, San Francisco, CA.

Moller, A.C., **Buscemi, J.,** Kozak, A.T., McFadden, H.G., Hedeker, D., & Spring, B. (2013, March). Substitution and Complementarity in a Multiple Health Behavior Change Intervention. Poster presented at the 2013 Society of Behavioral Medicine annual meeting, San Francisco, CA.

RESEARCH EXPERIENCE

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|------------------|---|
| 2011-2013 | <p>Project title: Make Better Choices 2 (MBC2): Multiple Behavior Change In Diet and Activity</p> <p><u>Project description:</u> Intervention that uses handheld technology to help individuals monitor and transmit information about their eating and activity remotely to a behavior coach.</p> <p><u>Responsibilities:</u> Interventionist and supervisor</p> <p><u>Funding Source:</u> National Heart, Blood, and Lung Institute</p> <p><u>PI:</u> Bonnie Spring, Ph.D.</p> |
| 2011-2013 | <p>Project title: ENGAGED: E-Networks Guiding Adherence to Goals for Exercise and Diet</p> <p><u>Project description:</u> An RCT examining behavioral treatment strategies to encourage weight loss by influencing calorie and fat intake, as well as physical activity.</p> <p><u>Responsibilities:</u> Group leader and behavioral coach</p> <p><u>Funding Source:</u> National Heart, Blood, and Lung Institute</p> <p><u>PI:</u> Bonnie Spring, Ph.D.</p> |

- 2011-2013** **Project title: Evidence-Based Behavioral Practice (EBBP)**
Project description: The EBBP.org project creates online training resources to help bridge the gap between behavioral health research and practice.
Responsibilities: Project Manager
Funding Source: Office of Behavioral and Social Sciences Research
PI: Bonnie Spring, Ph.D.
- 2008-2010** **Project title: Brief Motivational Interventions for Alcohol Use with a Substance-Free Activity Supplement**
Project description: A randomized clinical trial of brief alcohol intervention for college students.
Responsibilities: Interventionist
Funding Source: National Institute of Alcohol Abuse and Alcoholism
PI: James G. Murphy, Ph.D.
- 2008-2010** **Project title: Brief Alcohol Interventions Versus Online Personalized Feedback Among College Students**
Project description: A randomized clinical trial evaluating brief alcohol interventions with college students.
Responsibilities: Interventionist; published manuscripts
Funding Source: Alcoholic Beverage Medical Research Foundation
PI: James G. Murphy, Ph.D.
- 2008-2009** **Project title: Physical Activity Project**
Project description: A randomized clinical trial of brief intervention for increased physical activity among college students.
Responsibilities: Served as Project Coordinator; conducted brief motivational interventions; helped develop the intervention and write treatment manual
Supervisors: Matthew Martens, Ph.D. and James G. Murphy, Ph.D.
- 2005-2007** **Project title: Childhood Health Surveillance**
Project description: Collected survey and anthropometric data from pediatric patients and their parents at a primary care clinic serving families of low socioeconomic status
Responsibilities: Translated measures into Spanish; collected and entered data; authored the final report
Funding Source: Assisi Foundation of Memphis
PI: Bettina M. Beech, Dr.P.H., M.P.H.

- 2005-2007** **Project title: Preventing Pediatric Obesity in a Dental Setting**
Project description: Utilizing practicing dental health professionals as a vehicle to administer pediatric obesity prevention intervention with children and their parents.
Responsibilities: Project Coordinator
Funding Source: National Institute for Dental/ Craniofacial Research
PI: Bettina M. Beech, Dr.P.H., M.P.H.
- 2005-2006** **Project title: Workplace Smoking Cessation Intervention**
Project description: Culturally-relevant worksite intervention tailored for African American men using motivational interviewing.
Responsibilities: Interventionist
Funding Source: National Cancer Institute
PI: Bettina M. Beech, Dr.P.H., M.P.H.
- 2005-2006** **Project title: A Stop Smoking Intervention for Technical Students**
Project description: An intervention tailored to African American vocational-technical students
Responsibilities: Interventionist
Funding Source: American Legacy Foundation
PI: Bettina M. Beech, Dr.P.H., M.P.H.

CLINICAL EXPERIENCE

- 2011** **Intern/Student Therapist (6 month rotation, 16 hours per week),**
 Neuropsychology Clinic/Memory Disorders Clinic, Ralph H. Johnson VA Hospital, Charleston, S.C.
Description: Two VA-wide clinics responsible for evaluation, diagnoses, and referral/recommendations for patients presenting with cognitive complaints
Responsibilities: Interviewed/evaluated patients with cognitive complaints, wrote full neuropsychological reports, provided in-person feedback to patients based on results
Supervisor: Michael Horner, Ph.D.
- 2011** **Intern/Student Therapist (6 month rotation, 16 hours per week),**
 Behavioral Medicine, Ralph H. Johnson VA Hospital, Charleston, S.C.
Description: Two interdisciplinary teams responsible for treatment of chronic pain and obesity throughout the VA
Responsibilities: Conducted psychosocial intakes with chronic pain patients, provided individual and group cognitive-behavioral therapy for chronic pain patients, co-led two weekly weight management groups
Supervisor: Layne Goble, Ph.D.

- 2010-2011** **Intern/Student Therapist (6 month rotation, 16 hours per week),**
Counseling and Psychological Services, Medical University of South Carolina
Description: A medical university-based outpatient clinic that provides mental health services for students of MUSC
Responsibilities: Conducted psychotherapy, intake assessments, and other psychological/psychoeducational assessments
Supervisors: Alice Libet, Ph.D., Alyssa Averill, Ph.D.
- 2010-2011** **Intern/Student Therapist (6 month rotation, 16 hours per week),**
Weight Management Center, Medical University of South Carolina
Description: A weight management outpatient clinic that provides services for any adult interested in weight loss
Responsibilities: Conducted psychoeducational and cognitive-behavioral groups and individual counseling for weight loss
Supervisors: Patrick O'Neil, Ph.D., Josh Brown, Ph.D.
- 2006-2010** **Student Therapist,** Psychological Services Center, The University of Memphis
Description: A university-based outpatient training clinic that provides mental health services for children, adolescents, and adults from the community.
Responsibilities: Conducting psychotherapy, intake assessments, and other psychological/psychoeducational assessments with individuals, couples, and families
Supervisors: Neil Aronov, Ph.D., Heidi Levitt, Ph.D., James P. Whelan, Ph. D., Katherine Kitmann, Ph. D., Robert Neimeyer, Ph.D.
- 2008-2010** **Behavior Change Specialist,** Tigers Feel Great Outreach Program
Description: An outreach program developed to help students to lose weight.
Responsibilities: Interventionist
Supervisor: James G. Murphy, Ph. D.
- 2009** **Student Therapist (4 month practicum, 12 hours/week),** Memphis Veterans Affairs Medical Center
Description: An outpatient clinic affiliated with the Memphis VA serving veterans for various primary care needs.
Responsibilities: Conducted chronic pain coping groups; conducted individual therapy sessions with veterans suffering from a variety of medical and psychological problems (PTSD, chronic pain, depression, substance abuse)
Supervisor: Jeffery West, Ph. D.

2007-2008 **Neuropsychological Examiner (1 year placement, 10 hours/week),**
 Center for Pediatric Neuropsychology, LeBonheur Children's Medical
 Center
Responsibilities: Administered a number of neuropsychological
 assessments to children; conducted parent interviews; reviewed medical
 charts; scored assessments; wrote reports (including history, test results,
 impressions, and recommendations)
Supervisors: Victoria R. Brewer, Ph.D. and Sarah Richie, Ph.D.

TEACHING EXPERIENCE

Spring, 2014 Instructor, Clinical Treatment of *Children and Adolescents* (doctoral level),
 Loyola University, Chicago.
Summer, 2013 Instructor, *Clinical Health Psychology* (doctoral level),
 Loyola University, Chicago.
April, 2013 Guest lecturer, *Translating the Evidence into Practice: Challenges and*
Implementation, Loyola University, Chicago.
November, 2011 Guest Lecturer, *Behavioral risk factor interventions: theory and current*
science, Northwestern University, Chicago.
May, 2009 Guest Lecturer, *College Student Binge Drinking and Motivational*
Interventions, Abnormal Psychology, Department of Psychology, The
 University of Memphis

SERVICE

Ad hoc Reviewer: *Psychology of Addictive Behaviors*, 2009
International Journal of Obesity, 2010
Translational Behavioral Medicine, 2011
Journal of Traumatic Stress, 2011
Journal of Clinical and Consulting Psychology, 2011
Journal of Clinical Psychology in Medical Settings, 2012
Journal of Immigrant and Minority Health, 2011
Surgery for Obesity and Related Diseases, 2012
Journal of Substance Abuse Treatment, 2012
Translational Behavioral Medicine, 2012

PROFESSIONAL AFFILIATIONS

Association of Behavioral and Cognitive Therapies (ABCT)
 Society of Behavioral Medicine (SBM)
 The Obesity Society (TOS)