

## CURRICULUM VITAE

**SangNam Ahn, Ph.D., M.P.S.A**

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### CURRENT PROFESSIONAL POSITION

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| 2011 – Present | Assistant Professor (Tenure Track), The University of Memphis, School of Public Health, Division of Health Services Management and Policy, Memphis, TN                            |
| 2016 – Present | Coordinator for Health Systems and Policy (HSP) PhD Program, The University of Memphis, School of Public Health, Division of Health Services Management and Policy, Memphis, TN   |
| 2011 – Present | Adjunct Assistant Professor, Texas A&M University Health Science Center, School of Public Health, Department of Health Promotion & Community Health Sciences, College Station, TX |
| 2015 – Present | Affiliated Faculty, The University of Tennessee Health Science Center, Center for Health System Improvement, Memphis, TN  |

### EDUCATION

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| 2010 – 2011 | Post-Doctoral Fellowship, Program on Healthy Aging<br>School of Public Health<br>Texas A&M University Health Science Center<br>College Station, Texas<br>Marcia G. Ory, mentor.  |
| 2006 – 2009 | Ph.D., Health Services Research<br>School of Public Health<br>Texas A&M University Health Science Center<br>College Station, Texas<br>Department of Health Policy & Management, <i>The Global Epidemic of Obesity among Community – Dwelling Elderly: The Case of the United States and China</i> , Charles D. Phillips, chair.        |
| 2004 – 2006 | M.P.S.A., Public Service and Administration<br>The Bush School of Government and Public Service<br>Texas A&M University<br>College Station, Texas<br>Capstone – <i>Outside Participation in the Developing of Proposal Rules: Exploratory Research of Rule Proposal Development in Government Agencies</i> , William West, supervisor. |
| 1995 – 1999 | B.A., English<br>Sejong University<br>Seoul, Korea   |

## **SPECIALIZED PROFESSIONAL COMPETENCE**

### **SUBSTANTIVE EXPERTISE:**

Obesity and lifestyle risk factors, global health, aging and long-term care policy, health promotion, healthcare savings estimation through evidence-based programs, chronic disease self-management, doctor-patient interactions, food insecurity, and community gardening.

### **METHODOLOGICAL EXPERTISE:**

Program planning as well as structure, process, and outcome evaluations. Qualitative methods: data coding, manual and computer-assisted analysis, and mixed methods study design. Quantitative methods: categorical data analysis, count data analysis, longitudinal data analysis, survival data analysis, hierarchical linear modeling, cost-effectiveness analysis, structural equation modeling, and regressions.

### **ADVANCED METHODOLOGICAL TRAINING**

1. Structural Equation Modeling (Dr. Oi-Man Kwok), 2010 Summer Statistics Workshop, Texas A&M University, College Station, Texas.
2. Hierarchical Linear Modeling (Dr. Oi-Man Kwok), 2010 Summer Statistics Workshop, Texas A&M University, College Station, Texas.
3. Item Response Theory (Dr. Bruce Thompson), 2009 Summer Statistics Workshop, Texas A&M University, College Station, Texas.

### **TEACHING AWARD**

1. Recipient. David Burchfield Excellence in Teaching and Learning Award, the University of Memphis School of Public Health Division of Health Systems Management and Policy, April 2016.

### **OTHER HONORS, AWARD, AND RECOGNITION**

1. Fellowship. Korea Foundation Field Research. "Identifying the Burden of Chronic Conditions among Baby Boomers and Older Adults: Comparative Study between Korea and the United States." Korea Foundation, 2015.
2. Recipient. Excellence in Research Achievement Award, the University of Memphis School of Public Health Division of Health Systems Management and Policy, April 2015.
3. Nominee. Thompson Prize for Young Investigators, the Association of University Programs in Health Administration (AUPHA), April 2015.
4. Recipient. Susan B. Anthony Aetna Award for Excellence in Research on Older Women and Public Health, 141<sup>st</sup> Annual Meeting of the American Public Health Association, November 2-6, 2013, Boston, MA. (Authorship: Smith, Jiang, Prizer, **Ahn**, Chen, Cho, Graham, Ory).
5. Listed in *Marquis Who's Who in America*, 2014 – present.
6. Recipient. First Time Principal Investigator recognition, the University of Memphis Vice Provost for Research, February 26, 2013, Memphis, TN.
7. Honorable Mention. Aetna Award for Excellence in Research on Older Women and Public Health, 140th American Public Health Association Annual Conference, October 27 – 31, 2012, San Francisco, CA. (Authorship: Smith, M. L., Ory, M. G., Miles, T., **Ahn**, S., & Whitelaw, N.).

8. Winner. Nobuo Maeda International Research Award, 139th Annual Meeting of the American Public Health Association, October 29 – November 2, 2011, Washington, DC. (Authorship: **Ahn S.**, Martinez, J. G., Smith M. L., & Ory M. G.).
9. Honorable Mention. James G. Zimmer New Investigator Research Award, 139th Annual Meeting of the American Public Health Association, October 29 – November 2, 2011, Washington, DC. (Authorship: **Ahn, S.**, Smith, M. L., Dickerson, J. B., & Ory, M. G.).
10. Nominee. Erickson Foundation Award, 139th Annual Meeting of the American Public Health Association, October 29 – November 2, 2011, Washington, DC. (Authorship: Smith, M. L., **Ahn, S.**, Goltz, Menn, Dickerson, Ory).
11. Winner. Retirement Research Foundation Doctoral Student Research Award, 138th Annual Meeting of the American Public Health Association, November 6 – 10, 2010, Denver, CO. (Authorship: **Ahn S.**, Tai-Seale M., Huber Jr., C., Smith M. L., & Ory M. G.).
12. Honorable Mention. Nobuo Maeda International Research Award, 138th Annual Meeting of the American Public Health Association, November 6 – 10, 2010, Denver, CO. (Authorship: **Ahn S.**, Zhao H., Smith M. L., Ory M. G., & Phillips, C. D.).
13. Honorable Mention. Erickson Foundation Award for Excellence in Research, 138th Annual Meeting of the American Public Health Association, November 6 – 10, 2010, Denver, CO. (Authorship: Smith M. L., Ory M. G., **Ahn S.**, & Herrera, A.).
14. Nominee. James G. Zimmer New Investigator Research Award, 138th Annual Meeting of the American Public Health Association, November 6 – 10, 2010, Denver, CO. (Authorship: Smith, M. L., Colwell, B., **Ahn, S.**, & Ory, M. G.).
15. Recipient. Delta Omega Honorary Society in Public Health, Chapter of Texas A&M University Health Science Center School of Public Health, Alpha Tau, May 2010.
16. Recipient. KUSCO – KSEA (Korean – American Scientists and Engineers Association) Scholarship, August 2008.
17. Recipient. Korean Honor Scholarship (Embassy of Korea in the U.S.), August 2007.
18. Recipient. Phi Alpha Alpha Honor Society in Public Affairs and Administration – Chapter at Texas A&M University, May 2006.
19. Recipient. U.S. Congress – Bush Fellowship, 2004 – 2006.
20. Recipient. Elite Club, GlaxoSmithKline Korea Best Salesperson, 2002 – 2004.
21. Recipient. U.S. Army Commendation Medal, February 2001.
22. Recipient. Sejong – Daeyang Academic Excellence Award, May 1995.

## RESEARCH

### RESEARCH EXPERIENCE

- 2010 – 2011    Post-Doctoral Fellowship, Texas A&M University Health Science Center, School of Public Health, Department of Social and Behavioral Health, College Station, TX
- National Outcomes Study (Investigator, PI: Ory). A joint effort with the National Council on Aging (NCOA) and the Stanford Patient Education Research Center at Stanford University. The goal is to conduct a national study of 1,000 older adults to document individual outcomes of the Stanford Chronic

Disease Self-Management Program, such as self-reported health status, quality of life, health behaviors, and health care utilization. This collaboration bridges the research to practice gap, furthering our knowledge about the outcomes of widely disseminated evidence-based programs (EBP) for seniors.

Planning a Nationwide Evaluation of Evidence-Based Programs for Seniors (Investigator; PI: Ory). A collaborative project with support from the Centers for Disease Control's Prevention Research Center-Healthy Aging Research Network. This project will develop a comprehensive plan for a nationwide evaluation of evidence-based programs for seniors.

2008 – 2009 Graduate Research Assistant, Texas A&M University Health Science Center, School of Public Health, Department of Health Policy and Management, College Station, TX

National Institute on Aging Project "Developing Prevalence Measures of Elder Abuse in Long-Term Care (PI: Hawes, 1R21AG030665 – 01):" Developing and testing methods for producing reliable estimates of the prevalence of elder abuse in nursing homes and assisted living/residential care facilities.

2007 – 2008 Statistical Consultant, Texas A&M University, School of Architecture, Department of Urban Planning, College Station, TX

National Institute on Aging Project "Outdoor Spacing for Aging: Environmental Assessment and Survey (PI: Rodiek)": Analysis of multilevel structured data regarding how institutionalized older adults assess their outdoor spacing.

2006 – 2007 Graduate Research Assistant, Texas A&M University Health Science Center, School of Public Health, Department of Social and Behavioral Health, College Station, TX

Brazos Valley Health Survey 2006 Project (PI: Burdine): A collaboration of St. Joseph's Regional Health Center, College Station Medical Center, Trinity Medical Center, the Brazos Valley Council of Governments, Brazos Valley Community Action Agency, and the School of Public Health Brazos Valley Regional Health Status Assessment – II. This is a second regional assessment used for program planning and evaluation by the Brazos Valley Health Partnership and its member organizations.

## ONGOING RESEARCH SUPPORT

Consultant P.I. Developing & Disseminating Web-Based Healthcare Cost Saving Estimator Tool for Health Promotion Programs for Use in the Healthy South Texas Initiative. Texas A&M University (Prime award from the Healthy South Texas). \$29,960 total costs (2017-2018).

Consultant P.I. Conducting Cost-Effectiveness Analysis for South Texas Initiative. Texas A&M University (Prime award from the Healthy South Texas). \$9,50 total costs (2016-2017).

Subcontract P.I. "Developing PCOR Capacity for Improving Cancer Disparities." Eugene Washington PCORI Engagement Awards Program. \$10,150 total costs (2015-2017).

Subcontract P.I. "Congregational Care Transitions Project." Church Health Center. \$39,904 Total project costs (2013-2018).

Subcontract P.I. "Congregational Care Transitions Project." Baptist Memorial Hospital-DeSoto. \$6,532 Total project costs (2015-2017).

### **ONGOING COMMUNITY/TEACHING SUPPORT**

Instructor. University of Memphis—Baptist Memorial Hospital Healthcare Leadership Institute. \$6,452 Total project costs (2016-2017).

### **GRANTS UNDER REVIEW**

Consultant P.I. "Evaluating health care utilization and cost to make the case for wide-spread dissemination of evidence-based programs" NIH-R01 (PI: Towne). \$20,000 Total project costs (2017-2020).

### **COMPLETED RESEARCH SUPPORT**

Principal Investigator. Memphis Research Consortium (MRC) Pilot Grant Award. "Adverse Family Environments and Childhood Obesity: A Moderated Mediation Model of Mental Health and Social Supports in the City of Memphis." \$22,527, Total project costs (2016-2017).

Subcontract P.I. "Texercise Select, an Exercise & Nutrition Program for Older Adults." Texas A&M Health Science Center School of Public Health (Prime award from the Texas Department of Aging and Disability Services). \$10,000 total costs (2015-2016).

Subcontract P.I. (M.G. Ory, P.I.). "Chronic Disease Self-Management Program" Texas A&M University Health Science Center School of Public Health. \$50,000 Total project costs (2012-2014).

Subcontract P.I. "Church Health Center's Diabetic Obesity Weight Loss Pilot Program – Healthy Living." BlueCross BlueShield of Tennessee Health Foundation. \$7,030 Total project costs (2012-2014).

Co-Investigator (K. Ward, P.I.). "Developing a Tailored Clinical Decision Support System for Pediatric Obesity Screening and Treatment." FedEx Institute of Technology Grant. \$8,498 Total project costs (2012-2013).

Subcontract P.I. (M.G. Ory, P.I.). "Communities Putting Prevention to Work; Chronic Disease Self-Management Program." National Council on Aging. \$23,597 total project costs (2011-2012).

### **TRAVEL/PUBLICATION GRANTS AWARDED**

CTXCARES Travel Awards (\$1,250), 2014.

Publication (BMC Public Health) Grant (\$2,060), 2013, Texas A&M University Health Science Center.

The University of Georgia College of Public Health Travel Grant (\$1,979), 2013.

NIH National Institute on Aging (NIA) Summer Institute on Aging Research Travel Grant, July 7 – 13, 2012, Bethesda, Maryland.

RAND Summer Institute Scholarship, July 11 – 14, 2011, Santa Monica, California.

Career Development Travel Grant, Texas A&M University Health Science Center, November 2007.

### **GRANT APPLICATIONS UNFUNDED**

Principal Investigator. "Cumulative Effects of Risky Behaviors on Multiple Chronic Conditions and Observed Health." NIA Regional and International Differences in Health and Longevity at Older Ages (R03: PA-13-123). \$100,000 total costs (2015-2016).

Co-Investigator. RWJF Evaluating High-Value Innovations from Low-Resource Communities. "Can a Faith and Health-based Preschool Moderate the Negative Health Effects of Poverty and other Adverse Family Environments?" \$39,385, Total project costs (2016-2018).

Co-Principal Investigator. "A Patient & Family Centered Intervention to Reduce Breast Cancer Disparities among African American Women in Memphis." Patient-Centered Outcomes Research Institute (PCORI). \$99,840 total costs (2014-2016).

Principal Investigator. Robert Wood Johnson Foundation (RWJF) New Connections: Increasing Diversity of RWJF Programming - Junior Investigators 2015. \$100,000 total costs (2015-2017).

Principal Investigator. Robert Wood Johnson Foundation (RWJF) New Connections: Increasing Diversity of RWJF Programming - Junior Investigators 2013. \$100,000 total costs (2014-2016).

Co-Investigator. (F. Renee, P.I.). "Project Better Care." Health Care Innovations Awards Round Two. \$150,000 total costs (2014-2016).

Consultant. "National Falls Prevention Resource Center." \$10,000 total costs (2014-2015)

Principal Investigator. "Memphis Holistic Gardening Triangle: Bridging Novice Gardeners, Volunteer Gardeners, Community Gardens, and Farmers' Markets to Improve Access to Fresh Fruits and Vegetables among the Vulnerable Population in Memphis, Tennessee." Aetna Regional Grant. \$40,000 total costs (2013-2014).

Consultant. (M.G. Ory, P.I.). "Planning Project for Y-USA's Healthy Aging Initiative: Advice from the Healthy Aging Research Network (HAN)." (2014-2015).

Principal Investigator. "2013 Shelby County Greenways and Green Infrastructure Health Impact Assessment." Shelby County, TN. \$75,000 total project costs (2013-2014).

Co-Investigator. "Evaluating the Impact of the Engagement of Professional Sports on High School Students' Participation in the School Breakfast Program in inner city schools." The Robert Wood Johnson Foundation (RWJF). \$15,909 direct costs, \$142,537 total costs (2013-2015).

Principal Investigator. "Impact of Food Deserts on Baby Boomer and Older Adults' Food Insecurity, Health Behaviors, and Obesity Levels." Hooks Institute Faculty Research Grants. \$5,000 total costs (2012-2013).

Principal Investigator. "Community Health Needs Assessment in the Greater Memphis Area: Identifying Current and Future Efforts to Assess Community Needs among Vulnerable Populations." Center for Health Equity Research and Promotion (CHERP) Collaborative Health Disparity Research Incubator Grants. \$10,000 total costs (2012-2013).

Co-Investigator. "IHI CMMI Innovation Challenge Grant Proposal." CMMI Healthcare Innovation Challenge Grant. \$57,553 direct costs, \$7,655,750 total costs (2012-2014).

Co-Investigator. "Addressing Childhood Obesity 150,000 Meals at a Time: Memphis' Farm-to-School Movement." National Institutes of Health (NIH) R13 Grant on Academic-Community Partnership Conference Series. \$7,488 direct costs, \$29,374 total costs (2012-2014).

Principal Investigator. "Impact of Food Deserts on Baby Boomer and Older Adults' Food Insecurity, Health Behaviors, and Obesity Levels." The Robert Wood Johnson Foundation (RWJF) Dissertation and Junior Faculty Awards Proposal. \$8,756 direct costs, \$9,817 total costs (2011-2012).

## JOURNAL (EDITORIAL) REVIEW BOARDS

- The *Maturitas*, Editorial Board, September 2012 – Present
- *Frontiers in Public Health Education and Promotion*, Associate Editor, April 2013 – Present
- *Health Behavior and Policy Review*, Editorial Board, July 2013 – Present
- *American Journal of Health Behavior*, Review Board, January 2012 – Present

## REFERRED PUBLICATIONS

1. **Ahn, S.**, Lee, J., Post, L., Bartlett-Prescott, J., & Ward, K. (2017). Evaluation of a Behavioral Intervention with Multiple Components among Low-income, Uninsured Adults with Obesity and Diabetes. *The American Journal of Health Promotion*. (in-press).
2. **Ahn, S.**, Kim, S., & Zhang, H. (2017). Changes in depressive symptoms among older adults with multiple chronic conditions: Role of positive and negative social supports. *International Journal of Environmental Research and Public Health*. 14(1), 16.
3. Smith, M. L., Bergeron, C. D., Adler, C. H., Patel, A., **Ahn, S.**, Towne, S. D., Jr., Bien, M. B., & Ory, M. G. (2017). Factors associated with healthcare-related frustrations among adults with chronic conditions. *Patient Education and Counseling*, <http://dx.doi.org/10.1016/j.pec.2016.12.033>.
4. Bhuyan, S. S., Shiyabola, O., Chandak, A., Wang, Y., Isehunwa, O. O., Anunobi, N., Ikenna, E., Deka, P., **Ahn, S.**, Kedia, S., Chang, C. (2017). Does cost-related medication nonadherence among patients with a cardiovascular disease depend on gender? Evidence from a nationally representative sample. *Women's Health Issues*, 27(1):108-115.
5. Smith, M. L., Bergeron, C. D., Cowart, C., **Ahn, S.**, Towne, S. D. Jr., Ory, M. G., Menn, M. A., Chaney, J. D. (2016). Factors associated with ageist attitudes among college students. *Geriatrics and Gerontology International*, doi: 10.1111/ggi.12894.
6. Smith, M. L., Goltz, H. H., Motlagh, A. S., **Ahn, S.**, Bergeron, C. D., & Ory, M. G. (2016). Correlates of CVD and discussing sexual issues with physicians among male Military Veterans. *Maturitas*, 92:168-75.
7. Pettus, A. J., Mendez-Luck, C., Bergeron, C. D., **Ahn, S.**, Towne, S. D. Jr., Ory, M. G., & Smith, M. L. (2016). Internet-based resources for disease self-care among middle-aged and older women with chronic conditions. *Journal of Women's Health*, doi:10.1089/jwh.2016.5843.
8. **Ahn, S.**, Smith, M. L., Altpeter, M., Belza, B., Post, L., & Ory, M. G., (2015). Streamlining intervention fidelity checklists for practice: An example from the Chronic Disease Self-Management Program. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2014.00294.
9. **Ahn, S.**, Smith, M. L., Altpeter, M., Post, L., & Ory, M.G. (2015). Healthcare cost savings estimator tool for Chronic Disease Self-Management Program (CDSMP): A new tool for program administrators and decision makers. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2015.00042.
10. Ward, K., **Ahn, S.**, Al-Ali, R., Rastam, S., Maziak, W., & Mzayek, F. (2015). The relationship between waterpipe smoking and body weight: population-based findings from Syria. *Nicotine & Tobacco Research*. 17(1), 34-40.

11. Salvatore, A. L., **Ahn, S.**, Jiang, L., Lorig, K., & Ory, M. G. (2015). National study of chronic disease self-management: 6-month and 12-month findings among cancer survivors and non-cancer survivors. *Psycho-oncology*. DOI: 10.1002/pon.3783.
12. Basu, R., Ory, M. G., Towne, S. D. Jr., Smith, M. L., Hochhalter, A. K., & Ahn, S. (2015). Cost effectiveness of the Chronic Disease Self-Management Program: Implications for community-based organizations. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2015.00027.
13. Smith, M. L., Pickens, A., **Ahn, S.**, Benden, M. E., Ory, M. G., Young K. L., Bishop, G., & Congleton, J. J. (2015). Typing performance and body discomfort among overweight and obese office workers: A pilot study of keyboard modification. *Applied Ergonomics*. 46(A), 30-37.
14. Smith, M. L., Ory, M. G., Jiang, L., Lorig, K., Kulinski, K., & **Ahn, S.** (2015). Workshop characteristics related to Chronic Disease Self-Management Education (CDSME) Program attendance. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2015.00019.
15. Cho, J., Smith, M. L., Shubert, T. E., Jiang, L., **Ahn, S.**, & Ory, M. G. (2015). Gait speed among older participants enrolled in an evidence-based fall risk reduction program: A subgroup analysis. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2015.00026.
16. Smith, M. L., Ory, M. G., **Ahn, S.**, Belza, B., Mingo, C. A., Towne Jr., S. D., & Altpeter, M. (2015). Reaching diverse participants utilizing a diverse delivery infrastructure: A replication study. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2015.00077.
17. **Ahn, S.**, Smith, M. L., Hendricks, M., & Ory, M. G. (2014). Associations of food insecurity with body mass index among baby boomers and older adults. *Food Security*, 6, 423-433.
18. **Ahn, S.**, Jiang, L., Smith, M. L., & Ory, M. G. (2014). Improvements in Sleep Problems Among the Chronic Disease Self-Management Program Participants. *Family and Community Health*, 37(4), 327-335.
19. **Ahn, S.**, Smith, M. L., Cho, J., Luohua, J., Post, L., & Ory, M. G. (2014). Factors associated with successful completion of the Chronic Disease Self-Management Program (CDSMP) among middle-aged and older Asian American participants: A national study. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2014.00257.
20. **Ahn, S.**, Kim, K., Ory, M. G., Na, Y., Kim, K. (2014). The applicability of the United States' Chronic Disease Self-Management Program (CDSMP) to Korean Adults. *Korean Journal of Health Education and Promotion*. 31(4), 63-72.
21. Jiang, L., Smith, M. L., Chen, S., **Ahn, S.**, Kulinski, K., Lorig, K., Ory, M. G. (2014). The role of Session Zero in successful completion of chronic disease self-management program workshops. *Frontiers in Public Health Education and Promotion*. DOI: 10.3389/fpubh.2014.00205.
22. Smith, M. L., Ory, M. G., **Ahn, S.**, Kulinski, K. P., Jiang, L., Horel, S., & Lorig, K. (2014). National dissemination of Chronic Disease Self-Management Education (CDSME) Programs: An incremental examination of delivery characteristics. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2014.00227.

23. Cho, J., Smith, M. L., **Ahn, S.**, Kim, K., Appiah, B., & Ory, M. (2014). Effects of an evidence-based falls-risk reduction program on physical activity and falls efficacy among oldest-old adults. *Frontiers in Public Health Education and Promotion*. DOI: 10.3389/fpubh.2014.00182.
24. Towne, S. D. Jr., Smith, M. L., **Ahn, S.**, Altpeter, M., Belza, B., Kulinski, K. P., & Ory, M. G. (2014). National dissemination of multiple evidence-based disease prevention programs: Reach to vulnerable older adults. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2014.00156.
25. Mingo, C. A., Smith, M. L., **Ahn, S.**, Jiang, L., Cho, J., Towne, S. D. Jr., & Ory, M. G. (2014). Chronic Disease Self-Management Education (CDSME) Program delivery and attendance among urban-dwelling African Americans. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2014.00174.
26. Smith, M. L., **Ahn, S.**, Jiang, L., Kulinski, K. P., & Ory, M. G. (2014). Factors associated with Hispanic adults attending Spanish-language disease self-management program workshops and workshop completion. *Frontiers in Public Health Education and Promotion*, DOI: 10.3389/fpubh.2014.00155.
27. Smith, M. L., Jiang, L., Prizer, L. P., **Ahn, S.**, Chen, S., Cho, J., Graham, K., & Ory, M. G. (2014). Health indicators associated with falls among middle-aged and older women enrolled in an evidence-based program. *Women's Health Issues*, 24(6):613-9.
28. Smith, M. L., Smith, H. A., Wilson, K. L., **Ahn, S.**, Pulczynski, J. C., & Ory, M. G. (2014). Obesity and perceived severity of obstructive sleep apnea-related conditions. *Family and Community Health*, 37(4), 258-270.
29. Ory, M. G., **Ahn, S.**, Smith, M. L., Jiang, L., Lorig, K., & Whitelaw, N. (2014). National Study of Chronic Disease Self-Management: Age comparison of outcome findings. *Health Education & Behavior*, 41(1), 34S-42S.
30. **Ahn, S.**, Basu, R., Smith, M.L., Jiang, J., Lorig, K., Whitelaw, N., & Ory, M. G. (2013). The impact of Chronic Disease Self-Management Programs: Healthcare savings through a community-based intervention. *BMC Public Health*. 13:1141. DOI: 10.1186/1471-2458-13-1141.
31. **Ahn, S.**, Smith, M. L., Cho, J., Bailey, J., & Ory, M. G. (2013). Hypertension awareness and associated factors among older Chinese adults. *Frontiers in Public Health Education and Promotion*. 1(67). DOI: 10.3389/fpubh.2013.00067.
32. Ory, M. G., **Ahn, S.**, Jiang L., Smith, M. L., Ritter, P., Whitelaw, N., & Lorig, K. (2013). Successes of a National Study of the Chronic Disease Self-Management Program: Meeting the Triple Aim of health care reform. *Medical Care*, 51(11), 992-998.
33. Ory, M. G., **Ahn, S.**, Jiang, L., Lorig, K., Ritter, P., Laurent, D., Whitelaw, N., & Smith, M. L. (2013). National Study of Chronic Disease Self-Management: Six-month outcome findings. *Journal of Aging & Health*, 25(7), 1258-1274.
34. Smith, M. L., Dickerson, J. B., Wendel, M. L., **Ahn, S.**, Pulczynski, J. C., Drake, K. N., & Ory, M. G. (2013). The utility of rural and underserved designations in geospatial assessments of distance traveled to healthcare services: Implications for public health research and practice. *Journal of Environmental and Public Health*, vol. 2013, Article ID 960157, 11 pages. DOI:10.1155/2013/960157.
35. Smith, M. L., Ory, M. G., **Ahn, S.**, & Miles, P. T. (2013). Factors associated with women's chronic disease management: Associations of healthcare frustrations, physician support,

- and self-care needs. *Journal of Aging Research*, vol. 2013, Article ID 982052, 12 pages, 2013. DOI:10.1155/2013/982052.
36. Phillips, K. L., Smith, M. L., **Ahn, S.**, Ory, M. G., & Hochhalter, A. K. (2013). Correlates of initiating colorectal cancer screening beginning at age 50. *Journal of Community Health*, 38:23-30.
  37. **Ahn S.**, Smith M. L., Dickerson J. B., Ory M. G. (2012). Health and healthcare utilization among obese and diabetic baby boomers and older adults. *American Journal of Health Promotion*, 27(2), 123-132.
  38. **Ahn, S.**, Zhao, H., Tai-Seale, M., Huber, C., Smith, M. L., Ory, M. G., & Phillips C. D. (2012). The longitudinal effects of behavioral, health, and socio-demographic factors on body mass index among older Chinese adults. *International Journal of Public Health*, 57(2), 269-277.
  39. **Ahn, S.**, Hochhalter, A., Moudouni, D., Smith, M. L., & Ory, M. G. (2012). Self-reported physical and mental health of older adults: the roles of caregiving and resources. *Maturitas*, 71(1), 62-69.
  40. **Ahn, S.** & Ashida, S. (2012). Music therapy for dementia. *Maturitas*, 71(1), 6-7.
  41. **Ahn, S.**, Smith, M. L., & Ory, M. G. (2012). Physicians' discussions about body weight, healthy diet, and physical activity with overweight or obese older patients. *Journal of Aging & Health*, 24(7), 1179-1202.
  42. Kim, H., Lee, T., Lee, S., Kim, K., Lee, S., Kam, S., **Ahn, S.**, Cho, J., & Ory, M. G. (2012). Factors associated with ADL and IADL dependency among Korean centenarians: Reaching the 100 year old life-transition. *International Journal of Aging and Human Development*, 74(3), 243-264.
  43. Smith, M. L., **Ahn, S.**, Mier, N., Jiang, L., & Ory, M. G. (2012). An evidence-based program to reduce fall-related risk among older adults: A comparison of program efficacy by ethnicity. *California Journal of Health Promotion*, 10(1), 28-44.
  44. Smith, M. L., Goltz, H. H., **Ahn, S.**, Dickerson, J. B., & Ory, M. G. (2012). Correlates of chronic disease and patient-provider discussions among middle-aged and older adult males: Implications for successful aging and sexuality. *The Aging Male*, 15(3), 115-123.
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## BOOK CHAPTERS

1. Ory M. G., **Ahn S.**, Towne S.D. Jr., Smith M. L. (2015). Chronic Disease Self-Management Education: Program success and future Directions. In M. Malone, E. Capezuti, & R. M. Palmer, eds. *Geriatrics Models of Care: Bringing 'Best Practice' to an Aging America*. Cham, Switzerland: Springer International. ISBN 978-3-319-16068-9
2. Smith, M. L., Belza, B., Altpeter, M., **Ahn, S.**, Dickerson, J. B., & Ory, M. G. (2012). Disseminating an evidence-based disease self-management program for older Americans: Implications for diversifying participant reach through delivery site adoption. Public health: Social and behavioral health. InTech: Rijeka, Croatia. ISBN 979-953-307-499-2.

## SUBMISSIONS UNDER REVIEW

1. Smith, M. L., Ory, M. G., **Ahn, S.**, & Miles, T. P. (2016). Factors associated with healthcare-related frustrations among adults with chronic conditions. *Patient Education & Counseling. Revise & Resubmit*
2. Jackson, B., Carlton, E., Relyea, G., **Ahn, S.**, & Bailey, J. (2016). Measuring primary care engagement in emergency department patients in a medically underserved area. *Journal of Health Care for the Poor and Underserved*.

3. Pettus, J., Mendez-Luck, C., Bergeron, C., **Ahn, S.**, Towne, S., Ory, M. G., Smith, M. (2016). Internet-based resources for disease self-care among middle-aged and older women with chronic conditions. *Journal of Women's Health*. *Revise & Resubmit*.
4. Smith, M.L., Bergeron, C., Towne, S., **Ahn, S.**, Ory, M. G. (2016). Social engagement among adults living with chronic conditions. *The Gerontologist*.
5. Smith, M.L., **Ahn, S.**, Ory, M. G. (2016). Factors associated with ageist attitudes among college students. *Geriatrics & Gerontology International*.
6. Cho, J., Smith, M. L., **Ahn, S.**, Kim, K., & Ory, M. G. (2016). Effects of an evidence-based falls-risk reduction program on physical activity and falls efficacy among oldest-old adults. *The Gerontologist*.
7. Smith, M. L., Smith, H. A., Dickerson, J. B., Wilson, K., **Ahn, S.**, Pulczynski, J. C., & Ory, M. G. (2016). Obesity and perceived severity of obstructive sleep apnea-related conditions among young adults. *American Journal of Preventive Medicine*.
8. Smith, M. L., **Ahn, S.**, Ory, M. G. (2016). Correlates of CVD and discussing sexual issues with physicians among male military veterans. *Journal of Sexual Medicine*.

#### REFERRED PUBLISHED ABSTRACTS

1. Smith, M. L., Ory, M. G., **Ahn, S.**, Dean, W. R., & Sharkey, J. R. (2010). Influences of food insecurity on eating behaviors among impoverished older women. *Appetite* (accepted).
2. Ory, M. G., Smith, M. L., Hochhalter, A. K., Wernicke, M. M., & **Ahn, S.** (2010). Indicators of lifetime and annual mammography screening in the Brazos Valley. *Clinical Medicine & Research* (accepted).
3. Smith, M. L., Ory, M. G., Hochhalter, A. K., Stevens, A., & **Ahn, S.** (2010). Factors associated with cardiovascular disease risk and events in the Brazos Valley. *Clinical Medicine & Research* (accepted).

#### WORKS IN PROGRESS

1. **Ahn, S.**, Zhang, H., & Levy, M. (2016). Adverse family experience, mental health, and childhood obesity: A moderated mediation model of social support. Memphis, TN: The University of Memphis School of Public Health.
2. **Ahn, S.**, Harmon, B., Post, L., & Cooper, C. (2015). Master gardening program and its implication to BMI, health, and depression. Memphis, TN: The University of Memphis School of Public Health.
3. **Ahn, S.**, Kim, S., Kwon, S., & Kim, K. (2015). Identifying the burden of chronic conditions among baby boomers and older adults: Comparative study between Korea and the United States. Memphis, TN: The University of Memphis School of Public Health.
4. **Ahn, S.**, Smith, M. L., Kwok, O., Dickerson, J. B., Jung, Y., & Ory, M. G. (2015). The role of self-reported mental health in mediating the relationship between spiritual health and physical health: A structural equation modeling approach. Memphis, TN: The University of Memphis School of Public Health.

5. Bhuyan, S. S., Chandak, A., Gupta, N., **Ahn, S.**, Gilmore, S., & Wyant, D. (2015). Provision of rehabilitation services in residential care facilities: Evidence from a national survey. Memphis, TN: The University of Memphis School of Public Health.
6. Smith, M. L., Colwell, B., **Ahn, S.**, & Ory, M. G. (2015). Correlates of smoking in Texas: Smoking status, physician interaction, and daily cigarette consumption. Memphis, TN: The University of Memphis School of Public Health.
7. Smith, M. L., Herrera, A. P., Hochhalter, A. K., **Ahn, S.**, & Ory, M. G. (2015). Correlates of self-rated successful aging among women in their 60s, 70s, and 80s. Memphis, TN: The University of Memphis School of Public Health.
8. Smith, M. L., Menn, M., Goltz, H. H., **Ahn, S.**, & Ory, M. G. (2015). Correlates of cardiovascular disease and discussing sexual issues with physicians among veteran males: Associations of sexual dysfunction. Memphis, TN: The University of Memphis School of Public Health.

### WEBINAR PRESENTATION

1. Smith, M. L., Jiang Luohua, Chen Shuai, **Ahn, S.**, Kulinski K. P., Lorig K., & Ory, M. G. (2015). Successful completion of CDSMP workshops: Can session zero make a difference? Presented at the National Council on Aging monthly webinar, November 23, 2015.
2. Ory, M. G., **Ahn, S.**, Smith, M. L., & Altpeter, M. (2014). An easy-to-use tool to estimate healthcare cost savings for CDSMP. Presented at the National Council on Aging Monthly Webinar, August 19, 2014.

### PEER REVIEWED RESEARCH PRESENTATIONS

1. **Ahn, S.**, Kim, S., & Zhang, H. (2016). Changes in depressive symptoms among older adults with multiple chronic conditions: Role of positive and negative social supports. Oral presentation at the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 - November 2, 2016, Denver, CO.
2. **Ahn, S.**, Zhang, H., & Levy, M. (2016). Adverse family experience, mental health, and childhood obesity: A moderated mediation model of social support. Presented at the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 - November 2, 2016, Denver, CO.
3. Aastha Chandak, BTech, Bhuyan, S., Shiyanbola, O., Wang, Y., Isehunwa, O., Anunobi, N., Ebuonyi, I., Deka, P., **Ahn, S.**, Kedia, S., & Chang, C. (2016). Gender disparities in cost-related medication nonadherence among cardiovascular disease patients. Abstract submitted to the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 - November 2, 2016, Denver, CO.
4. Robinson, K., Meng, L., Smith, M. L., **Ahn, S.**, Towne, S. (2016). Factors associated with pain frequency among adults with chronic conditions. Abstract submitted to the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 - November 2, 2016, Denver, CO.
5. Horrell, L., Smith, M. L., Kneipp, S. M., **Ahn, S.**, Towne, S., Mingo, C., Ory, M. G. (2016). Chronic Disease Self-Management Education Programs: A comparison of middle-aged adult participants by income. Abstract submitted to the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 - November 2, 2016, Denver, CO.

6. Smith, M. L., Adler, C., Patel, A., Venigalla, S., **Ahn, S.**, Towne, S. D. Jr., Bergeron, C. D., Bien, M. B., & Ory, M. G. (2016). Factors associated with healthcare-related frustrations among adults with chronic conditions. Presented at the Gerontological Society of America Annual Conference, November 16-20, 2016, New Orleans, Louisiana.
7. Smith, M. L., Cowart, C., **Ahn, S.**, Towne, S., Ory, M., Menn, M., & Chaney, Don. (2015). Situational and experiential factors associated with ageist attitudes among college students. Poster presented at the 143rd American Public Health Association Annual Conference, October 31 – November 4, 2015, Chicago, IL.
8. Towne, S. Smith, M. L., **Ahn, S.**, Li, Y., Dowdy, D., & Ory, M. G. (2015). State-based surveillance: Rising cost of fall-related hospitalization in Texas. Poster presented at the 143rd American Public Health Association Annual Conference, October 31 – November 4, 2015, Chicago, IL.
9. Towne S. D. Jr, Ory, M. G., **Ahn, S.**, Li, Y., Lee, S., Yoshikawa, A., & Smith, M. L. (2015). Geospatial variations in the cost of fall-related hospitalizations in a large southern U.S. state. Presented at the IAGG Asia/Oceania 2015 Congress. Chiang Mai, Thailand, October 19-22, 2015.
10. **Ahn, S.**, Smith, M. L., Kulinski, K., & Ory, M. G. (2014). Estimating CDSMP health cost savings: A new tool for program implementers. Presented at the American Society on Aging (ASA)'s Annual Conference, March 11 – March 15, 2014, San Diego, CA.
11. Towne, S. D., Smith, M. L., **Ahn, S.**, Ory, M. G. (2014). The reach of Chronic Disease Self-Management Education Programs to rural populations. Presented at the Gerontological Society of America Annual Conference, November 5-9, 2014, Washington, DC.
12. Salvatore, A.L., **Ahn, S.**, Jiang, L., Lorig, K., Ory, M.G. (2014). National Study of Chronic Disease Self-Management: Six- and twelve-month findings among cancer survivors and non-cancer survivors. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. April 2014. Philadelphia, PA.
13. Pettus, J., Smith, M. L., **Ahn, S.**, Mendez-Luck, C., Towne, S. D., & Ory, M. G. (2014). Internet use and utilization of internet-based resources for disease self-care among women with chronic conditions. Presented the Southeastern Student Mentoring Conference in Gerontology and Geriatrics, April 11-12, 2014, Athens, GA.
14. **Ahn, S.**, Ory, M.G., Smith, M. L., Lorig, K., & Whitelaw, N. (2013). Influence of Chronic Disease Self-Management Programs (CDSMP) on healthcare outcomes and costs: Findings from the National Study of CDSMP. Presented at the Gerontological Society of America Annual Conference, November 20-24, 2013, New Orleans, LA.
15. Ory, M. G., Smith, M. L., **Ahn, S.**, Luohua, J., & Lorig, K. (2013). Promoting chronic disease self-management in the U.S.: Meeting the challenges of an aging society. Presented at the Gerontological Society of America's 66th Annual Scientific Meeting, November 20-24, 2013, New Orleans, LA.
16. Cho, J., Smith, M. L., **Ahn, S.**, & Ory, M.G. (2013). Health-related quality of life, depression, and overall quality of life among Chronic Disease Self-Management Program participants: Findings from the National Study of CDSMP. Poster presented at the Gerontological Society of America Annual Conference, November 20-24, 2013, New Orleans, LA.
17. **Ahn, S.**, Cooper, C., Smith, M. L., & Ory, M. G. (2013). Impact of a master gardener program on health outcomes among middle-aged and older adults: A pilot study. Poster

presented at the 141st American Public Health Association Annual Conference, November 2 – 6, 2013, Boston, MA.

18. **Ahn, S.**, Smith, M. L., Cho, J., Jiang, L., & Ory, M. G. (2013). Factors associated with successful completion of chronic disease self-management program (CDSMP) among Asian participants. Presented at the 141st American Public Health Association Annual Conference, November 2 – 6, 2013, Boston, MA.
19. **Ahn, S.**, Lee, J., Smith, M. L., Bartlett-Prescott, J., & Ory, M.G. (2013). Factors associated with weight loss pilot program among middle-aged and older minority adults with obesity or diabetes. Poster presented at the 141st American Public Health Association Annual Conference, November 2 – 6, 2013, Boston, MA.
20. Smith, M. L., Ory, M. G., **Ahn, S.**, Kulinski, K., Lorig, K., & Whitelaw, N. (2013). National growth and sustainability of the Chronic Disease Self-Management Program (CDSMP): An incremental examination of delivery characteristics. Presented at the 141st American Public Health Association Annual Conference, November 2-6, 2013, Boston, MA.
21. Smith, M. L., Cho, J., **Ahn, S.**, Prizer, L. P., Graham, K. C., & Ory, M. G. (2013). Health indicators associated with falls among older women enrolled in an evidence-based program. Presented at the 141st American Public Health Association Annual Conference, November 2-6, 2013, Boston, MA.
22. Ory, M.G., **Ahn, S.**, Jiang, L., Whitelaw, N., Lorig, K., and Smith, M.L. National Study of Chronic Disease Self-Management Program: One year changes in health outcomes for older adults. Presented at the 141st Annual Meeting of the Public Health Association. Boston, MA. November 2013.
23. Ory, M. G., **Ahn, S.**, Smith, M. L., Jiang, J., Lorig, K., & Whitelaw N. (2013). National Study of Chronic Disease Self-Management among older adults: 12-month outcome findings. Presented at the 20<sup>th</sup> International Association of Gerontology and Geriatrics, June 23 – 27, 2013, Seoul, Korea.
24. Ory, M. G., Smith, M. L., **Ahn, S.**, Jiang, L., Whitelaw, N. Lorig, K. (2013). National Study of Chronic Disease Self-Management Programs (CDSMP). Presented at the 2013 Aging in America Conference, March 12 – 16, 2013, Chicago, IL.
25. Smith, M. L., Ory, M. G., Kulinski, K., **Ahn, S.**, Lorig, K., Whitelaw, N. (2013). Nationwide delivery infrastructure of CDSMP: A tale of 2 studies. Presented at the 2013 Aging in America Conference, March 12 – 16, 2013, Chicago, IL.
26. Smith, M. L., Ory, M. G., Jiang, L., Lorig, K., Kulinski, K., Zenker, W., **Ahn, S.**, Whitelaw, N. (2013). Participant & workshop characteristics related to Chronic Disease Self-Management Program attendance: Associations of class size & intervention dose. Poster presented at the 2013 Aging in America Conference, March 12 – 16, 2013, Chicago, IL.
27. Smith, M. L., Belza, B., Altpeter, M., Dickerson, J. B., **Ahn, S.**, & Ory, M. G. (2012). Reaching diverse CDSMP participants utilizing diverse delivery infrastructure. Presented at the Gerontological Society of America Annual Conference, November 14-18, 2012, San Diego, CA.
28. Cho, J., Smith, M. L., **Ahn, S.**, Quinn, C., Wilson, A., & Ory, M. G. (2012). Gait speed among older participants enrolled in an evidence-based falls-risk reduction program: A subgroup analysis. Presented at the Gerontological Society of America Annual Conference, November 14-18, 2012, San Diego, CA.

29. **Ahn, S.**, Smith, M. L., Lorig, K., Ritter P., & Ory, M. G. (2012). Pain and quality of life: exploring factors contributing to a paradoxical relationship. Poster presented at the 140th American Public Health Association Annual Conference, October 27 – 31, 2012, San Francisco, CA.
30. Smith, M. L., Ory, M. G., Zenker, W., Patton, K., **Ahn, S.**, Lorig, K., & Whitelaw, N. (2012). Participant and delivery site characteristics associated with attending a Spanish-language disease self-management program among Hispanic adults. Poster presented at the 140th American Public Health Association Annual Conference, October 27 – 31, 2012, San Francisco, CA.
31. Smith, M. L., Ory, M. G., **Ahn, S.**, Miles, T. P., & Whitelaw, N. (2012). Factors associated with women's chronic disease management: Associations of healthcare frustrations, physician support, and self-care knowledge. Presented at the 140th American Public Health Association Annual Conference, October 27 – 31, 2012, San Francisco, CA.
32. Smith, M. L., Dickerson, J. B., Wendel, M. L., **Ahn, S.**, Pulczinski, J. C., & Ory, M. G. (2012). Utility of rural designation in geospatial assessments of distance traveled to healthcare services. Poster presented at the 140th American Public Health Association Annual Conference, October 27 – 31, 2012, San Francisco, CA.
33. Cho, J., Smith, M. L., **Ahn, S.**, Kim, K., & Ory, M. G. (2012). Effects of an evidence-based falls-risk reduction program on physical activity and falls efficacy among oldest-old adults. Presented at the 140th American Public Health Association Annual Conference, October 27 – 31, 2012, San Francisco, CA.
34. **Ahn, S.**, Smith, M. L., & Ory, M. G. (2012). Associations of food insecurity with dietary behaviors and body mass index among baby boomers and older adults. Presented at the Southern Gerontological Society's Annual Meeting, April 19 – 22, 2012, Nashville, TN.
35. Smith, M. L., Goltz, H. H., **Ahn, S.**, Dickerson, J.B., Ory, M. G. (2012). Correlates of cardiovascular disease and discussing sexual issues with physicians among male military veterans. Poster presented at the American Society on Aging (ASA)'s Annual Conference, March 28 – April 1, 2012, Washington, DC.
36. Ory, M.G., **Ahn, S.**, Smith, M.L., Dickerson, J.B., & Kim, K. (2011). Diabetes in an aging society: Is it underreported by seniors? Presented at the Gerontological Society of America's 64th Annual Scientific Meeting (GSA), November 18 – 22, 2011, Boston, MA.
37. Smith, M.L., Wilson, A. Salge, L., **Ahn, S.**, & Ory, M.G. (2011). Texas healthy lifestyles: Geographic reach and dissemination of disease self-management programs. Presented at the Gerontological Society of America's 64th Annual Scientific Meeting (GSA), November 18 – 22, 2011, Boston, MA.
38. Smith, M.L., Ory, M.G., **Ahn, S.**, Dickerson, J.B., & Whitelaw, N. (2011). Internet use and issues of self-care among middle-aged and older adults with chronic conditions. Presented at the Gerontological Society of America's 64th Annual Scientific Meeting (GSA), November 18 – 22, 2011, Boston, MA.
39. **Ahn, S.**, Dickerson, J.B., Smith, M.L., & Ory, M.G. (2011). Health and healthcare utilization correlates among baby boomers and seniors: Factors associated with obesity and diabetes. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 – November 2, 2011, Washington, DC.
40. **Ahn, S.**, Martinez, J.G., Smith, M.L., & Ory, M.G. (2011). Underreporting of hypertension among older Chinese adults. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 – November 2, 2011, Washington, DC.

41. Smith, M.L., **Ahn, S.**, Goltz, H.H., Menn, M., Dickerson, J.B., & Ory, M.G. (2011). Correlates of chronic disease and patient-provider discussions among middle-aged and older adult males: Associations with sexual dysfunction. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 – November 2, 2011, Washington, DC.
42. Smith, M.L., Dickerson, J.B., Wilson, K., **Ahn, S.**, Smith, H.A., Menn, M., & Ory, M.G. (2011). Snoring and obesity: Awareness and perceived severity of conditions related to obstructive sleep apnea among late adolescents. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 – November 2, 2011, Washington, DC.
43. Phillips, K., Smith, M.L., **Ahn, S.**, & Ory, M.G. (2011). Colorectal cancer screening practices among middle-aged and older adults. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 – November 2, 2011, Washington, DC.
44. **Ahn, S.**, Smith, M. L., & Ory, M. G. (2011). Physician communication of body weight, healthy diets, and physical activity with overweight or obese older adults. Presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 27 – 30, 2011, Washington, DC.
45. Smith, M. L., Ory, M., McKinley, A., **Ahn, S.**, Ribardo, J., Burdine, J., & Wendel, M. (2011). Using community-based participatory research to address obesity issues in the Brazos Valley, Texas. Presented at the 2011 American Academy of Health Behavior Meeting, March 20 – 23, 2011, Hilton Head, SC.
46. **Ahn, S.**, Smith, M. L., & Ory, M. G. (2011). Does mental health mediate spiritual and physical health among older adults? Presented at the American Society on Aging (ASA)'s Annual Conference, April 26 – 30, 2011, San Francisco, CA.
47. Dickerson J.B., Smith M.L., **Ahn S.**, & Ory M.G. (2011). The influences of a sedentary lifestyle on the self-reported mental health status of seniors diagnosed with depression. Poster presented at the 2011 Texas Conference on Aging, June 14, 2011, San Antonio, TX.
48. Dickerson J.B., **Ahn S.**, Smith M.L., McKinley A., & Ory M.G. (2011). The intention of advanced practice nurses in senior care settings to refer patients to Chronic Disease Self-Management Programs. Poster presented at the 2011 Texas Conference on Aging, June 14, 2011, San Antonio, TX.
49. Smith, M. L., Colwell, B., **Ahn, S.**, & Ory, M. G. (2011). Correlates of smoking in Texas: Smoking status, physician interaction, & daily cigarette consumption. Presented at the 2011 Society for Research on Nicotine and Tobacco, February 16-19, 2011, Toronto, Canada.
50. **Ahn, S.**, Hochhalter, A., Stevens, A., Covin, J., Smith, M. L., & Ory, M. G. (2010). Resources preparedness and caregiving self-rating among older informal caregivers. Presented at the Gerontological Society of America (GSA)'s 63rd Annual Scientific Meeting, November 19 – 23, 2010, New Orleans, LA.
51. Salazar, C., Smith, M. L., Perez, A. G., **Ahn, S.**, Wilson, A., & Ory, M. G. (2010). An evidence-based chronic disease program for seniors in San Antonio, Texas: Geospatial Characteristics of Program Participation and Outcomes. Presented at the Gerontological Society of America (GSA)'s 63rd Annual Scientific Meeting, November 19 – 23, 2010, New Orleans, LA.

52. **Ahn, S.**, Zhao, H., Smith, M. L., Ory, M. G., & Phillips, C. D. (2010). The longitudinal effects of body mass index on chronic diseases and functional decline among Chinese older adults. Presented at the 138th Annual Meeting of the American Public Health Association (APHA), November 6 – 10, 2010, Denver, CO.
53. **Ahn, S.**, Tai-Seale, M., Huber Jr., C., Smith, M. L., & Ory, M. G., (2010). Psychotropic medication discussion among older adults in primary care office visits. Presented at the 138th Annual Meeting of the American Public Health Association (APHA), November 6 – 10, 2010, Denver, CO.
54. Ory, M. G., **Ahn, S.**, Smith, M. L., Angelica, P., & Karon, Phillips. (2010). Volunteering as a major component of aging well: Examining minority participation. Presented at the 138th Annual Meeting of the American Public Health Association (APHA), November 6 – 10, 2010, Denver, CO.
55. Smith, M. L., Herrera, A. P., Hochhalter, A. K., **Ahn, S.**, & Ory, M. G. (2010). Positive attitudes and social activities among post-menopausal women: Determinants of successful aging through the 60s, 70s, and 80s. Presented at the American Public Health Association (APHA) Annual Conference, November 6 – 10, 2010, Denver, CO.
56. Smith, M. L., Colwell, B., **Ahn, S.**, Johnson, K., & Ory, M. G. (2010). Tobacco use among middle-aged and older women in Texas: Factors influencing current smoking and cessation behaviors. Presented at the American Public Health Association (APHA) Annual Conference, November 6 – 10, 2010, Denver, CO.
57. Ory, M. G., Smith, M. L., **Ahn, S.**, Hochhalter, A. K., Wernicke, M. M., & Wilson, A. (2010). Cancer survivors dealing with late life issues: Findings from an evidence-based falls prevention program. Presented at the 5th Biennial Cancer Survivorship Research Conference, June 17 – 19, 2010, Washington, DC.
58. Smith, M. L., Ory, M. G., **Ahn, S.**, Dean, W. R., & Sharkey, J. R. (2010). Influences of food insecurity on eating behaviors among impoverished older women. Presented at the Joint Annual Conference of the Association for the Study of Food and Society (ASFS), Agriculture, Food and Human Values Society (AFHVS) and joined by the Society for the Anthropology of Food and Nutrition (SAFN), June 2 – 5, 2010, Bloomington, IN.
59. Smith, M. L., Ory, M. G., Resnick, B., **Ahn, S.**, & Bazzarre, T. L. (2010). Utility of the EASY tool screening for evidence-based intervention enrollment: Assessment of program completion and outcomes among older adults in Texas. Presented at the 22nd REVES Annual Conference, May 19 – 21, 2010, Havana, Cuba.
60. Smith, M. L., Ory, M. G., Hochhalter, A. K., Stevens, A., & **Ahn, S.** (2010). Factors associated with cardiovascular disease risk and events in the Brazos Valley. Presented at the Annual HMO Research Network Conference, March 22 – 24, 2010, Austin, TX.
61. Ory, M. G., Smith, M. L., Hochhalter, A. K., Wernicke, M. M., & **Ahn, S.** (2010). Indicators of lifetime and annual mammography screening in the Brazos Valley. Presented at the Annual HMO Research Network Conference, March 22 – 24, 2010, Austin, TX.
62. **Ahn, S.**, Park B., Zhao, H., Tai-Seale, M., Huber, C., & Phillips, C. D. (2009). Longitudinal effects of body mass index on chronic diseases and functional limitations among Chinese elderly. Poster presented at the American Public Health Association Annual Conference, November 7 – 11, 2009, Philadelphia, PA.
63. **Ahn, S.**, Phillips, C. D., & Sharkey, J. (2008). Relationship of socioeconomic status, caloric intake, and physical activity on body composition among U.S. elderly. Presented

at the Gerontological Society of America (GSA), November 21 – 25, 2008, National Harbor, MD.

64. **Ahn, S.**, Phillips, C. D., & Sharkey, J. (2008). Effects of socioeconomic status, caloric intake, and physical activity on body composition among U.S. elderly. Presented at the U.S. – Korea Conference (UKC), August 14 – 16, 2008, San Diego, CA.
65. **Ahn, S.**, Huber, C., & Phillips, C. D. (2007). Predictors of overweight and obesity among low-income community-dwelling seniors. Presented at the U.S. – Korea Conference (UKC), August 9 – 12, 2007, Washington, DC.

## WHITE PAPERS, RESEARCH REPORTS, & TECHNICAL REPORTS

1. Ory, M. G., Altpeter, M., Belza, B., Smith, L. M., & **Ahn, S.** (2011). Planning a nationwide evaluation of evidence-based disease prevention programs for seniors (Final Report to the U.S. Administration on Aging).
2. **Ahn, S.**, Wilson, A., & Ory, M. G. (2010). Texas Healthy Lifestyles: Chronic Disease Self-Management Program (CDSMP)/Diabetes Self-Management Program (DSMP) – Data collection protocols and guide to forms. College Station: Texas A&M University Health Science Center.
3. Hawes, C., Kimbell A., **Ahn, S.**, & Moudouni, D. (2008). Detecting, addressing and preventing elder abuse in residential care facilities (Report to the National Institute of Justice, U.S. Department of Justice) (Draft Final Report). College Station: Texas A&M University Health Science Center.
4. Burdine, J. N. & **Ahn, S.** (2007). Summary of findings related to mental health/mental retardation from the Brazos Valley Health Status Assessment – 2006. College Station: Texas A&M University Health Science Center.
5. **Ahn, S.**, Alaniz, A., Burdine, J., Clark, H., Knitt, E., Kosteka, R., et al. (2006). 2006 Brazos Valley Health Status Assessment: Executive report. College Station: Texas A&M University Health Science Center.
6. **Ahn, S.**, Du, J., Garret, R., Martinez, E., Miller, C., Needham, M. et al. (2006). Outside participation in the development of proposal rules: Exploratory research of rule proposal development in government agencies – A report to the Congressional Research Service (CRS). College Station: The Bush School of Government and Public Service at Texas A&M University.

## TEACHING

### COURSE CREATED & TAUGHT:

Instructor, Spring 2016, Spring 2015, Spring 2012, **Aging, Public Health, and Health Services (PUBH 7505)** at the University of Memphis School of Public Health, Division of Health Systems Management and Policy. The graduate seminar introduces students to population aging and the current U.S. infrastructure designed to provide health services to the aging. It also focuses on federal and state policies that affect the health of the older citizens as well as the systems designed to meet their health care needs.

### COURSES TAUGHT:

Instructor, Spring 2016, Fall 2015, Spring 2015, Fall 2014, Spring 2014, Fall 2013, Spring 2013, **Health Policy and the Organization of Health Services (HADM 7105/8105)** at the University of Memphis School of Public Health, Division of Health Systems Management and Policy. This course covers the history and development of health

policy and organization in the U.S., the forces affecting health policy, the impact of policy on health services delivery, and the most recent health care reform efforts.

Instructor, Fall 2012, **Health Systems (HADM 6101)** at the University of Memphis School of Public Health, Division of Health Systems Management and Policy. This graduate-level course in Health Services Administration is designed as an introductory course with a systematic overview of the U.S. health services system. Emphasis is on the health policy, population health, medical care delivery, and support for medical care delivery. The main purpose of the course is to acquaint students with the various mechanisms through which health care services are delivered in the United States.

Co-Instructor, 2007, of **Rural Public Health System (PHPM 601)**; Primary Instructor: Dr. Craig Blakely) at Texas A&M University Health Science Center School of Public Health. The class introduces the field of public health and rural health conditions, issues, professions, organizations, and policies relevant to the health of rural communities.

### **GUEST LECTURES:**

Guest Lecturer, 2016, an invited seminar entitled, “Affordable Care Act: Past, Present, and Future,” at Kyungpook National University Graduate School of Public Health.

Guest Lecturer, 2014, an invited seminar entitled, “Successful Delivery of Chronic Disease Self-Management Program,” at Seoul National University School of Public Health.

Guest Lecturer, 2014, an invited seminar entitled, “Successful Delivery of Chronic Disease Self-Management Program,” at Kyungpook National University Graduate School of Public Health.

Guest Lecturer, 2013, an invited Grand Round Talk entitled, “Patient Protection and Affordable Care Act & Obstetricians/Gynecologists” at the University of Tennessee Health Science Center Department of OB/GYN.

Guest Lecturer, 2012, an invited seminar entitled, “Obesity among Older Adults” at the doctoral seminar at The University of Tennessee Health Science Center College of Pharmacy.

Guest Lecturer, 2012, an invited seminar entitled, “Associations of Food Insecurity with Dietary Behaviors and Body Mass Index Among Baby Boomers and Older Adults” at the Health Systems Research Conference (University of Tennessee/University of Memphis) sponsored by HRSA Lifepath Public Health Workforce Training Grant.

Guest Lecturer, 2011, an invited seminar entitled, “Obesity among Older Adults: A Scholarly Pathway of a Young Researcher” at the University of Tennessee Health Science Center Department of Preventive Medicine.

Guest Lecturer, 2011, invited seminar series regarding issues of alcohol, tobacco, and other drug use across the life course; correlates of chronic conditions; and healthy aging from a global perspective for the U.S. – China Federal Association of Business Councils (USCFABC) scholars at Texas A&M University Health Science Center, College Station, TX.

Guest Lecturer, 2011, an invited seminar at the Korea Centers for Disease Control and Prevention. The lecture introduced the global burden and policy implication of obesity among older adults.

Guest Lecturer, 2011, an invited seminar at Seoul National University School of Public Health. The lecture introduced the global burden and epidemiology of obesity among older adults.

Mentor, 2010-2011. Part of a mentoring Group in Aging and Health Care. Texas A&M University Health Science Center and Scott and White Health Care. Provide assistance and guidance to doctoral students and junior clinical faculty and postdoctoral scientists with less quantitative skills.

Post-Doctoral Facilitator, 2010, of doctoral seminar in Public Health Intervention (PHSB 672) at Texas A&M University Health Science Center School of Public Health. The class focused on the examination of the theoretical foundation, implementation, and effectiveness of public health interventions from a multi-level approach.

Guest Lecturer, 2010, of a statistical seminar at Texas A&M University Health Science Center School of Public Health sponsored by the Center for Community Health Development, the Program for Rural and Minority Health Disparities Research, the Program on Aging and Health, the Child and Adolescent Health Research Lab (CAHRL), and the Institute for Obesity Research and Program Evaluation. The seminar introduced generalized ordered logistic regression (gologit2) when violating the proportional odds assumption.

Guest Lecturer, 2009, of Global Health (PHPM 639) at Texas A&M University Health Science Center School of Public Health. The lecture introduced the global epidemic of obesity among community-dwelling elderly: the case of the United States and China.

## **STUDENT ADVISING/MENTORING**

### **PhD Programs**

1. Ms. Sandra Bailey-DeLeeuw, 2016—Present, Health Systems & Policy PhD Dissertation Chair
2. Mr. Asos Mahmood, 2016—Present, Health Systems & Policy PhD Dissertation Chair
3. Ms. Prachi Chavan, 2016—Present, Epidemiology PhD Dissertation Committee.

### **MPH/MHA**

1. Mr. Emmanuel Spence, 2016—Present, MPH, advisor
2. Mr. Uchenna Anunobi, 2016, MPH, advisor
3. Mr. Anand Saha, 2016—Present, MPH, advisor
4. Ms. Ripal Patel, 2016—Present, MHA, advisor
5. Ms. Morgan McClendon, 2016—Present, MHA, advisor
6. Ms. Jennifer Sykes, 2015—Present, MPH, advisor
7. Ms. Irem Khan, 2014—2016, MHA graduated, advisor
8. Ms. Manoella Pacheco, 2014—2016, MHA graduated, advisor
9. Ms. Bianca Jackson, 2014—2015, MPH graduated, thesis committee member
10. Ms. Brittany Coole, 2013—2015, MHA graduated, advisor
11. Ms. Iman McGhee, 2013—2015, MHA graduated, advisor
12. Ms. Brandi Kachouri, 2013—2015, MPH graduated, advisor
13. Mr. Austin Hudson, 2011—2013, MHA graduated, advisor
14. Ms. Porsha Love, 2011—2013, MHA graduated, advisor
15. Ms. Jeneba Porter, 2011—2013, MHA graduated, advisor
16. Ms. Kasey Skinner, 2011—2013, MHA graduated, advisor
17. Mr. Bradley Ward, 2011—2013, MHA graduated, advisor

## **PROFESSIONAL EXPERIENCE**

### **WORK EXPERIENCE**

Librarian, September 2005 to May 2006, Texas A&M University Policy Sciences and Economics Library, College Station, TX: assisted patrons to find needed books or periodicals and set up online course websites for faculty members. Worked with Ms. Gail Macmillan.

Medical Representative, February 2001 to June 2004, SeongNam City Territory Manager, GlaxoSmithKline (GSK), Seoul, South Korea: educating healthcare providers in benefits and characteristics of the GSK products (e.g., Advair, Avandia, 3TC, and Vaccines) and collaborating with the GSK marketing department. Worked with Mr. Yongchae Chung.

## **MILITARY EXPERIENCE**

KATUSA Sergeant, December 1998 to February 2001, (E-5, MOS-92Y: Unit Supply Specialist), United States Army in Korea (USFK), Camp Colbern, Hanam, South Korea: aided in communication and interpretation between members of the USFK and the Republic of Korea (ROK) Army and managed Logistics and Arms Room of the 304th Battalion, 1st Signal Brigade. Worked with LTC. David A. Scarbalis.

Attendee, February 2000, U.S. Army Primary Leadership Development Course (PLDC)

Attendee, U.S. Army Combat Life Saver Certificate Course, November 1999

## **GRANT REVIEW ACTIVITIES**

Paper and Grant Reviewer, the Conditions Affecting Neurocognitive Development and Learning in Early Childhood (CANDLE), the University of Tennessee Health Science Center. May 2016—Present

## **JOURNAL REVIEW ACTIVITIES**

### **GUEST REVIEW ACTIVITIES**

Ad Hoc Reviewer. *American Journal of Public Health*, July 2016—Present

Ad Hoc Reviewer. *International Review of Public Administration*, October 2014—Present

Ad Hoc Reviewer. *The Aging Male*, March 2013—Present

Ad Hoc Reviewer. Risk Management and Healthcare Policy, March 2013—Present

Ad Hoc Reviewer. American Academy of Health Behavior Annual Meeting Abstract Review, November 2012—Present

Ad Hoc Reviewer. *Journal of the American Aging Association*, September 2012—Present

Ad Hoc Reviewer. *Journal of Primary Prevention*, April 2012—Present

Ad Hoc Reviewer. *International Journal of Public Health*, June 2011—Present

Ad Hoc Reviewer. American Public Health Association (APHA) Aging & Public Health Section Rural and Environment Award, April 2011—Present

Ad Hoc Reviewer. *Journal of Health Care of the Poor and Underserved*, November 2010—Present

Ad Hoc Reviewer. *Family and Community Health*, August 2010—Present

Ad Hoc Reviewer. *Journal of Rural Health*, January 2010—Present

Ad Hoc Reviewer. *The Gerontologist*, January 2010—Present

Ad Hoc Reviewer. *Journal of Applied Gerontology*, December 2009—Present

## **PROFESSIONAL MEMBERSHIPS**

American Academy of Health Behavior [FULL MEMBERSHIP], 2012 to present

Association of University Programs in Health Administration, 2012 – Present

Society of Behavioral Medicine, 2011 – Present

American Society on Aging, 2010 – Present

The Gerontological Society of America, 2008 – Present

American Public Health Association, 2006 – Present

Global Health Initiatives, 2006 – Present

## **LANGUAGE SKILLS**

Korean (mother tongue), English (fluent), French and Japanese (Beginning)

## **SERVICE & VOLUNTEER EXPERIENCE**

### **SERVICE IN THE UNIVERSITY OF MEMPHIS**

1. Graduate Faculty Member in Public Health (Full Member, 2012-2018), The University of Memphis School of Public Health Division of Health Systems Management and Policy
2. Search Committee Member for Faculty of Division of Health Systems Management and Policy, 2014-2015, The University of Memphis School of Public Health Division of Health Systems Management and Policy
3. Health Systems and Policy Ph.D. Program Admission, 2013 – Present, The University of Memphis School of Public Health Division of Health Systems Management and Policy
4. Health Systems and Policy Ph.D. Program Work Group, 2013, The University of Memphis School of Public Health Division of Health Systems Management and Policy
5. Search Committee Member for Faculty of Division of Health Systems Management and Policy, 2013-2014, The University of Memphis School of Public Health Division of Health Systems Management and Policy
6. Search Committee Member for Faculty of Division of Social and Behavioral Health, 2012-2013, The University of Memphis School of Public Health Division of Health Systems Management and Policy
7. Search Committee Member for Division Director, 2011-2012, The University of Memphis School of Public Health Division of Health Systems Management and Policy
8. Master of Public Health Curriculum Committee, 2012, The University of Memphis School of Public Health
9. Master of Health Administration Curriculum Committee, 2011 – Present, The University of Memphis School of Public Health
10. Master of Health Administration Admission Committee, 2011 – Present, The University of Memphis School of Public Health

11. Committee Member for Faculty Affairs and Development (COFAD), 2011 – Present, The University of Memphis School of Public Health

### **SERVICE OUTSIDE THE UNIVERSITY OF MEMPHIS**

1. Master Gardener Intern, University of Tennessee Extension, 2013.
2. Committee Member, Memphis Healthy Shelby-Chronic Disease Team, 2012 – 2013.
3. Director of Research and Development Team, Center to Enact Change, 2008 – 2011, Colorado Springs, CO: Empowering communities in developing poverty-stricken areas worldwide to enact real change by providing resources and sustainable solutions. Work with Mr. Jason Hayes.
4. Certified Trainer (Group Leader), 2010, the Diabetes Self-Management Program (DSMP), Texas: Led a DSMP class to empower diabetic patients with self-management skills.
5. Certified Trainer (Group Leader), 2010, the Chronic Disease Self-Management Program (CDSMP), Texas: Led a CDSMP class to empower chronic disease patients with self-management skills.
6. Principal, Vice-principal, General manager, 2008 – 2011, Vision Korean School at College Station, TX: managing the church-affiliated school to teach the Korean language to both second-generation Koreans and Americans.
7. President, 2007 – 2008, Texas A&M University International Graduate Student Association: helping international graduate students at Texas A&M University by advocating for their rights and facilitating networking.
8. Student Representative, 2008, Texas A&M University Graduate Student Council Health Insurance Advisory Board.
9. Student Representative, 2007, Texas A&M University School of Public Health Faculty Search Committee.
10. Student Representative, 2007 – 2008, Texas A&M University Student Advisory Board for Facilities.
11. Student Representative, 2006 – 2008, Texas A&M University Health Science Center President's Student Advisory Board.
12. Volunteer, 2005, Texas Department of Health Protect Texas.
13. Attendee, 2005, Brazos County, Texas, Disaster Volunteer Academy.
14. Student Member, 1997, Kim Dae Jung Peace Foundation Youth Academy.

## REFERENCE LIST

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