



PH-CARES Changemakers

Mini Grants | Up to \$750

Turning Innovative Ideas into Public Health Impact

The University of Memphis School of Public Health is excited to launch the second cohort of **PH-CARES Changemakers**. Building on the momentum of the inaugural year, this initiative empowers students to develop innovative ideas and solutions that address pressing public health challenges in Memphis and beyond.

Through **mini-grant support, hands-on workshops, research mentorship, and personalized guidance**, students can think creatively, challenge conventional approaches, and move innovative ideas from concept to implementation while building valuable skills in leadership, project management, stakeholder engagement, and community engagement.

PH-CARES Changemakers encourages innovative, data-driven, and evidence-informed approaches to improving population health and creating meaningful community impact.

What Could Your Project Look Like?

Projects may include developing a public health data visualization tool or digital health solution, producing a health-focused podcast or blog, designing a preventive health or public awareness campaign, organizing a health fair or community event, conducting focus groups, or pursuing other creative approaches to improving population health.

These examples are intended to inspire ideas and are not an exhaustive list of eligible projects.

Who Can Participate?

This opportunity is open to all **undergraduate, graduate, and doctoral students within the University of Memphis School of Public Health.**

We are eager to hear your ideas for addressing critical public health needs and advancing community well-being.

Bring your ideas, explore what is possible and turn public health knowledge into meaningful action.

Together, we can translate excellence in public health education into meaningful and lasting community impact.



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