

Digital Connectivity and Healthy Cognitive Aging in Rural Older Adults

RURAL STRENGTHS



Resilient communities.
Strong values.
Aging with purpose.

KEY BARRIERS IN RURAL COMMUNITIES



Limited Broadband
Unreliable or slow internet limits access.



Long Travel Distances
Greater time and cost to reach care and services.

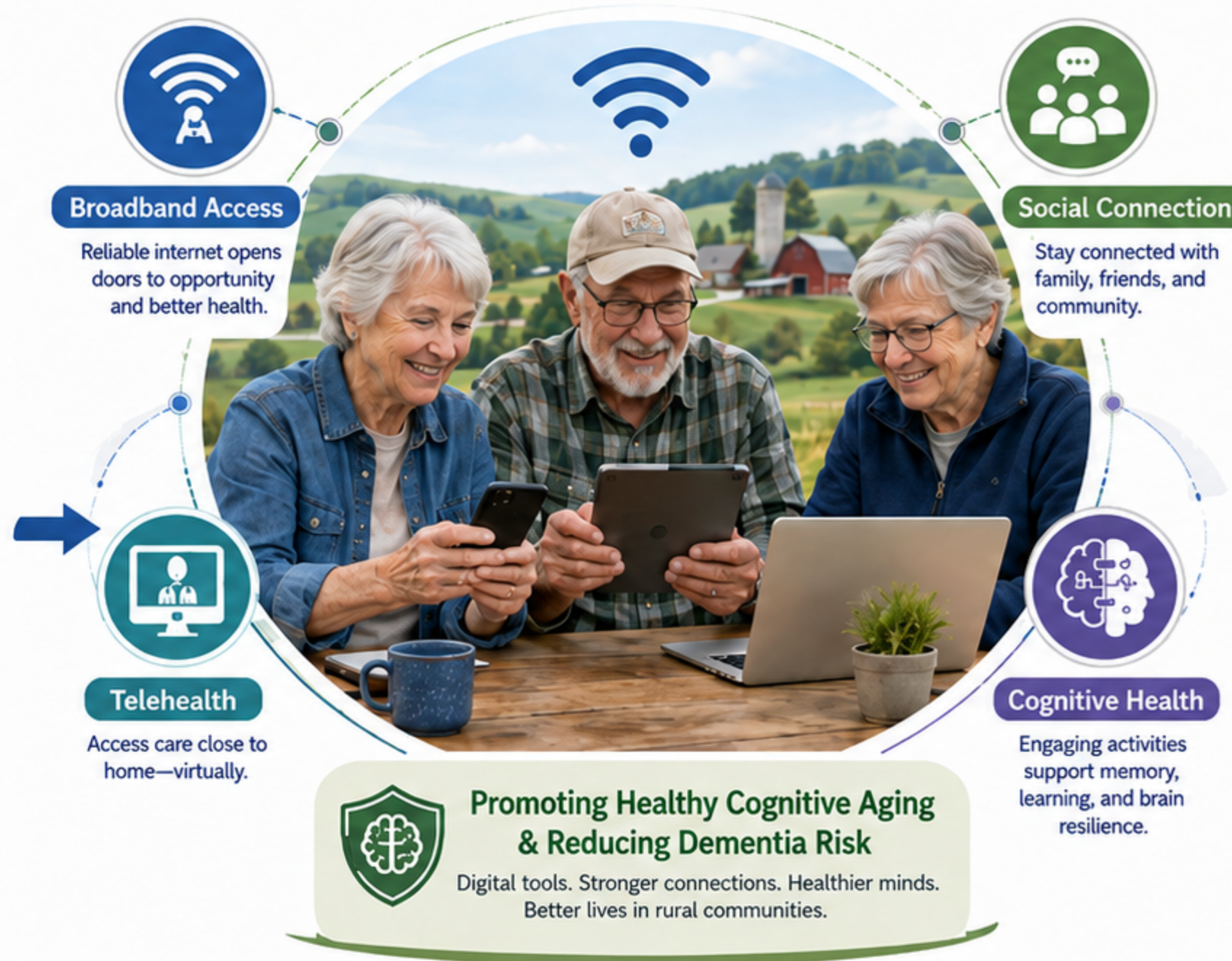


Affordability
High costs of internet devices and service.



Fewer Healthcare Resources
Provider shortages and fewer specialized services.

Connecting Rural Communities. Supporting Brain Health. Building a Healthier Future.



POSITIVE OUTCOMES



Healthier Aging
Support physical, mental, and emotional well-being.



Lower Dementia Risk
Evidence-based digital engagement supports brain health.



Aging in Place
Stay independent and connected in the community you call home.



Stronger Communities
Better health, greater connection, brighter futures for rural generations.



Digital connectivity today. Healthier tomorrows for rural older adults.