

# B.S. Health Studies

## Exercise Sport and Movement Sciences

The Exercise, Sport and Movement Sciences introduces students to the theoretical concepts and practical skills associated with preventive health, exercise and disease management, physical fitness, exercise program design and sports conditioning. It also provides an overview of mechanical aspects of human movement, as well as, physiological systems including anatomical, musculoskeletal, neural, cardiovascular, metabolic and respiratory; inclusive of both lecture and laboratory experiences.

### Career Planning

Each program within the School of Health Studies requires a 240- or 360-hour internship during the student's senior year. The internship experience allows students to apply what they learn in the classroom to the workplace.

The School of Health Studies Career Specialist, Fonda Fracchia, provides students with professional career counseling/coaching, resume critiques, mock interviews, job search strategies, career events, networking opportunities and more. Contact Fonda to set up an appointment, 901.678.5160, [ffacchia@memphis.edu](mailto:ffacchia@memphis.edu).

### Internship and Employment Locations of Recent Alumni

Campbell Clinic

Campbell Clinic Spine Center

Apex Physical Therapy

Rehab Etc.

Kinetics Physical Therapy

Memphis Physical Therapy

PhysioPlus, Memphis

Musculoskeletal Analysis Laboratory

Select Physical Therapy

I Am Fitness Memphis

The Smith Clinic - Physical Therapy

Wings Gymnastics

Memphis Jewish Home & Rehab

Fed Ex

St. Jude Children's Research Hospital

UT Health Sciences Center

Smith and Nephew



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