





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2	3	4	5	6	Give someone a care package 7
Babysit for someone	9	Buy someone coffee	Write a positive review for a business 11	Offer a hug	Donate a turkey	Bring breakfast for a friend
Call a friend	Listen to a podcast 16	Thank a veteran for their service	Make a list of what you are grateful for 18	Offer a hug	Donate no longer needed books to a library 20	Pay for someone's lunch 21
Send postcards	Volunteer at a shelter 23	Donate to local food bank 24	Share encouragement 25	Handmake a gift for a friend 26	Support local farmers 27	Leave a positive note for someone 28
Share a receipe	Donate to charity 30	Show a friend appreciation	Volunteer in the community	Bake someone a pie	Do extra chores	Run errands for a neighbor
Help someone with a task						